



MIDDLE SCHOOL MENU CHOICES

BREAKFAST: Entrée,
Fruit, Juice, Milk

LUNCH: Entrée,
Veggie (Pick 2), Fruit, Milk

* Indicates pork product
+ Possible trace of sesame due to manufacturer
++ Possible trace of peanuts/tree nuts due to manufacturer

Choice of milk with breakfast & lunch
• 1% White • Fat-Free Chocolate
• Lactose-Free • Soy Milk

MONDAY

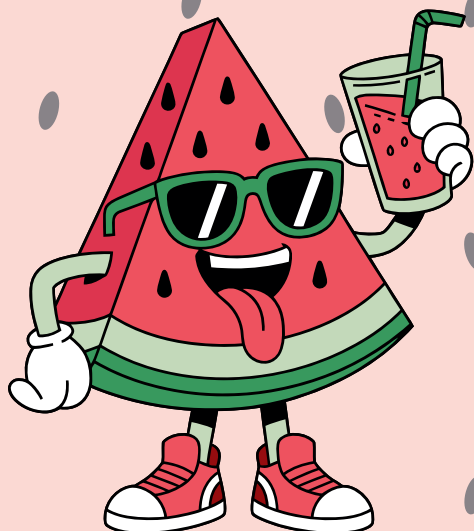
TUESDAY

WEDNESDAY

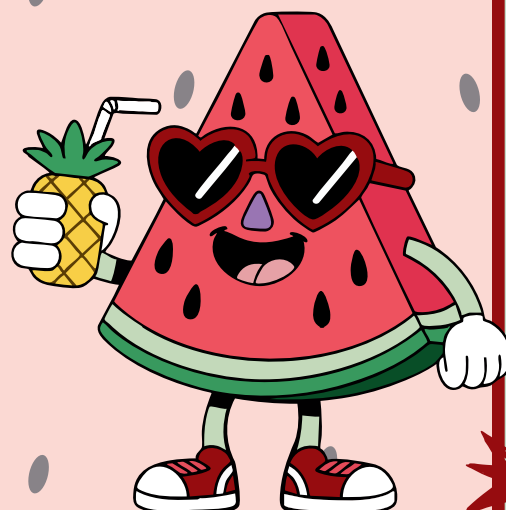
THURSDAY

FRIDAY

Let's Make This School Year



ONE IN A MELON



17

Sausage & Cheese Flatbread OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Nuggets w/Homemade Roll
Italian Salad*
Yogurt Combo
Nacho Box

Mashed Potatoes w/Gravy
Cucumber Slices w/Tajin
Celery Sticks & Grape Tomatoes
Fresh Watermelon OR Natural Applesauce

18

Bacon & Egg Taco OR
Bean & Cheese Taco OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Meatza Pizza* OR Cheese Pizza
Crispy Chicken Salad
WOW Sandwich Combo+
Breaded Chicken Wrap w/Boss Sauce

Savory Green Beans
Tossed Salad w/Ranch
Celery Sticks w/Hummus
Seedless Grapes OR Sliced Pears

19

Biscuit & Sausage* OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Crispy Beef Tacos w/Spanish Rice
Italian Salad*
Yogurt Combo
WOW Sandwich Combo+

Ranchero Beans
Taco Trimmings
Crispy Carrots & Grape Tomatoes
Sliced Apples OR Sour Lemon Raisins

20

Pumpkin Bread OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice
Spicy Tender Salad
WOW Sandwich Combo+
Spicy Chicken Wrap w/Ranch

Savory Green Peas
Cucumber & Jicama Sticks w/Tajin
Celery Sticks & Crispy Carrots
Fresh Banana OR Strawberry Applesauce

21

Sausage Kolache* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BYO Beef or Chicken Burrito Bowl
Asian Chicken Salad
Yogurt Combo
Nacho Box

Mexican Street Corn
Zesty Tomatoes & Cucumbers
Crispy Carrots w/Dip
Gala Apple OR Fruit Cocktail

24

Pancake Sausage Wraps OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Chicken Tenders w/Cornbread
Italian Salad*
Yogurt Combo
Nacho Box

Mashed Potatoes w/Gravy
Broccoli Salad*
Crispy Carrots w/Dip
Orange Smiles OR Sliced Pears

25

Slush Day!

Sausage* Potato & Egg Taco OR
Bean & Cheese Taco OR
Pick 2: Cereal, Yogurt or Cereal Bar
Fruit, Juice & Milk

Fettuccine Chicken Alfredo w/Garlic Bread
Crispy Chicken Salad
WOW Sandwich Combo+
Breaded Chicken Wrap w/Boss Sauce

Savory Green Beans
Mixed Green Salad w/Ranch
Red Bell Peppers & Crispy Carrots
Fresh Watermelon OR **Paradise Punch Slush**

26

Biscuit & Chicken OR
Pick 2: Cereal, Yogurt or NutriGrain Bar
Fruit, Juice & Milk

Beef & Cheese or Cheese Nachos
Italian Salad*
Yogurt Combo
WOW Sandwich Combo+

Ranchero Beans
Mexican Street Corn
Celery Sticks & Grape Tomatoes
Seedless Grapes OR Natural Applesauce

27

National Peach Day!

Homemade Cinnamon Roll OR
Pick 2: Cereal, Yogurt or Banana Muffin
Fruit, Juice & Milk

Asian Noodle Bowl+ w/Egg Roll
Spicy Tender Salad
WOW Sandwich Combo+
Spicy Chicken Wrap w/Ranch

Stir Fry Vegetables
Zesty Tomatoes & Cucumbers
Tossed Salad w/Ranch
Fresh Banana OR **Sliced Peaches**

28

Donut Holes & Sausage* OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

BBQ or Buffalo Boneless Wings w/Mac N Chz
Asian Chicken Salad
Yogurt Combo
Nacho Box

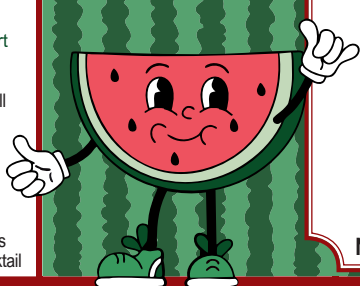
Savory Green Peas
Celery Sticks & Crispy Carrots
Cucumber Slices w/Tajin
Orange Smiles OR Sliced Pears

31

Confetti Pancakes OR
Pick 2: Cereal, Yogurt or Pop Tart
Fruit, Juice & Milk

Steak Fingers w/Homemade Roll
Italian Salad*
Yogurt Combo
Nacho Box

Mashed Potatoes w/Gravy
Raw Vegetable Medley w/Dip
Celery Sticks & Grape Tomatoes
Fresh Watermelon OR Fruit Cocktail



**School Nutrition
Services is hiring
\$14.11 hour starting**



Visit: schoolcafe.com/
NorthEastISD or download the
School Café App to access
meal account information,
make payments & apply for
free or reduced-price meals.

Menu subject to change
No fees for cash or checks paid directly to the cafeteria

