

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                          |                            |               |     |
|--------------------------|----------------------------|---------------|-----|
| Menu Name:               | HIGH SCHOOL BREAKFAST YCHS | Include Cost: | Yes |
| Site:                    |                            |               |     |
| Use Alternate Menu Name: | No                         |               |     |

Monday - 01/05/2026                      Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 48        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 48        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 001124 HS-SAUSAGE, EGG BISCUIT                            | EACH         | 16        | 350                      | 7.50                   | 690                    | *0.00            | *N/A*                         | 20.00     | 0.00       | 155         | 29.00    | 2.00      | 14.00     | *N/A*       | 100.0                  | 0.00       | 1.44      | \$0.000 |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 16        | 390                      | 8.50                   | 680                    | 3.00             | *0.00                         | 22.00     | 0.00       | 175         | 31.00    | 2.00      | 19.00     | *N/A*       | 81.0                   | 0.00       | 1.36      | \$0.000 |
| 003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO         | SERVINGS     | 16        | 10                       | 0.25                   | 29                     | 0.14             | 0.00                          | 0.42      | 0.00       | 2           | 1.16     | 0.04      | 0.28      | *N/A*       | 3.2                    | 0.00       | 0.11      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                                    | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calc <sup>m</sup><br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|----------------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------------------|---------------|--------------|---------|
| 002060 POP TART,<br>STRAWBERRY (2)WG               | PASTRY          | 48           | 360                         | 1.50                      | 360                       | *N/A*                  | *N/A*                               | 5.00         | 0.00          | 0              | 74.00       | 6.00         | 4.00         | *N/A*          | 200.0                     | 0.00          | 3.60         | \$0.000 |
| 002059 POP TART, BRN<br>SUGAR CINN (2)WG           | PASTRY          | 48           | 370                         | 2.00                      | 380                       | *N/A*                  | *N/A*                               | 6.00         | 0.00          | 0              | 74.00       | 6.00         | 5.00         | *N/A*          | 200.0                     | 0.00          | 3.60         | \$0.000 |
| 003108 DONUT WG<br>CHOCOLATE SINGLE                | SERVINGS        | 18           | 330                         | 11.00                     | 240                       | 22.00                  | 22.00                               | 18.00        | 0.00          | 20             | 41.00       | 3.00         | 3.00         | *N/A*          | 30.0                      | 0.00          | 2.00         | \$0.000 |
| 003236 DONUT<br>CHOCOLATE CAKE WG<br>MINI (SYSCO)  | EACH            | 18           | 320                         | 9.00                      | 310                       | 19.00                  | 18.00                               | 16.00        | 0.00          | 0              | 42.00       | 3.00         | 5.00         | *N/A*          | 31.0                      | 0.00          | 2.00         | \$0.000 |
| 003109 DONUT<br>POWDERED SUGAR<br>SINGLE           | SERVINGS        | 18           | 320                         | 5.00                      | 260                       | 24.00                  | 23.00                               | 12.00        | 0.00          | 5              | 49.00       | 3.00         | 4.00         | *N/A*          | 120.0                     | 0.00          | 1.50         | \$0.000 |
| 003237 DONUT POWDER<br>SUGAR WG MINI<br>(SYSCO)    | SERVING         | 18           | 270                         | 4.50                      | 290                       | 19.00                  | 19.00                               | 11.00        | 0.00          | 0              | 41.00       | 2.00         | 4.00         | *N/A*          | 27.0                      | 0.00          | 1.00         | \$0.000 |
| 002468 BRKFST, MINI<br>GLAZED BITES WG             | PACKAGE         | 36           | 260                         | 4.50                      | 190                       | 14.00                  | *N/A*                               | 10.00        | 0.00          | 0              | 38.00       | 3.00         | 5.00         | *N/A*          | 80.0                      | 1.20          | 1.44         | \$0.000 |
| 002839 CEREAL COCOA<br>PUFFS 2OZ                   | EA              | 15           | 230                         | 0.00                      | 220                       | 15.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 47.00       | 3.00         | 3.00         | *N/A*          | 150.0                     | 9.00          | 5.40         | \$0.000 |
| 002637 CEREAL,<br>CINNTOASTERS 2GB                 | BOWL            | 18           | 240                         | 0.50                      | 270                       | 19.00                  | *N/A*                               | 7.00         | 0.00          | 0              | 44.00       | 3.00         | 3.00         | *N/A*          | 200.0                     | 0.00          | 9.00         | \$0.000 |
| 002840 CEREAL LUCKY<br>CHARMS 2OZ                  | EA              | 20           | 210                         | 0.00                      | 440                       | 12.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 45.00       | 5.00         | 5.00         | *N/A*          | 200.0                     | 0.00          | 5.60         | \$0.000 |
| 002573 CEREAL,<br>FROSTEDSHREDWHEAT<br>2GB         | BOWL            | 15           | 190                         | 0.00                      | 5                         | 11.00                  | *N/A*                               | 1.00         | 0.00          | 0              | 46.00       | 6.00         | 5.00         | *N/A*          | 0.0                       | 0.00          | 16.20        | \$0.000 |
| 003255 CEREAL<br>BLUEBERRY CHEX<br>GLUTEN FREE 2OZ | CUP 2OZ.        | 15           | 240                         | 0.50                      | 320                       | 11.00                  | *N/A*                               | 5.00         | 0.00          | 0              | 46.00       | 1.00         | 3.00         | *N/A*          | 130.0                     | 0.00          | 16.20        | \$0.000 |
| 003256 CEREAL<br>CINNAMON CHEX<br>GLUTEN FREE 2OZ  | CUP 2OZ.        | 15           | 170                         | 0.00                      | 250                       | 8.00                   | *N/A*                               | 4.00         | 0.00          | 0              | 33.00       | 2.00         | 2.00         | *N/A*          | 130.0                     | 0.00          | 10.80        | \$0.000 |
| 003118 SCONE, WG<br>CHOCOLATE CHIP 3OZ             | SERVING         | 12           | 320                         | 3.60                      | 197                       | 29.02                  | 25.31                               | 8.80         | 0.00          | 9              | 58.33       | 3.70         | 4.00         | *N/A*          | 118.7                     | 0.00          | 1.71         | \$0.000 |
| 003121 SCONE, WG<br>LEMON DROP 3OZ                 | SERVING         | 12           | 301                         | 3.30                      | 199                       | 22.71                  | 12.21                               | 8.50         | 0.00          | 12             | 53.53       | 3.50         | 4.30         | *N/A*          | 104.4                     | 0.00          | 1.81         | \$0.000 |
| 001108 HS-HAM & EGG<br>ON A BAGEL                  | EACH            | 50           | 250                         | 2.15                      | 515                       | 5.65                   | *N/A*                               | 8.80         | 0.00          | 143            | 32.65       | 4.00         | 13.56        | *N/A*          | 54.0                      | 0.00          | *1.00        | \$0.000 |
| 003282 MUFFIN, WG<br>APPLE CINNAMON 2G             | #8 SCOOP        | 5            | 266                         | 1.29                      | 167                       | 15.09                  | 13.98                               | 11.06        | 0.00          | 32             | 38.92       | 2.74         | 4.29         | *N/A*          | 113.3                     | 0.00          | 1.50         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9       | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5      | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0      | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 665                      | 3.45                   | 536                    | *73.23           | *3.87                         | 10.25     | *0.00      | 30          | 129.69   | 6.47      | 16.45     | *2          | 507.5      | 77.69      | *3.38     | \$0.000 |
| % of Calories             |              |           |                          | 4.67%                  |                        | *44.05 %         | *1.38%                        | 13.9%     | *0.0%      |             | 78.0%    |           | 9.9%      |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 01/06/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0       | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

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Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002060 POP TART, STRAWBERRY (2)WG            | PASTRY       | 33        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG        | PASTRY       | 33        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE             | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)  | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0       | 0.00       | 2.00      | \$0.000 |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)      | SERVING      | 10        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*       | 32.0       | *N/A*      | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0       | 0.00       | 1.00      | \$0.000 |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)   | SERVING      | 10        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*       | 26.0       | *N/A*      | 1.00      | \$0.000 |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)      | SERVING      | 10        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*       | 37.0       | *N/A*      | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0      | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0      | 0.00       | 10.80     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ           | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7      | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ               | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4      | 0.00       | 1.81      | \$0.000 |
| 001180 HS-BREAKFAST BOWL                      | SERVING      | 50        | 486                      | 12.54                  | 1458                   | *0.00            | *N/A*                         | 26.80     | 0.03       | 261         | 46.03    | 3.00      | 18.92     | *N/A*       | 146.7      | 0.30       | 1.65      | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G           | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3      | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9       | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5      | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0      | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 688                      | 4.42                   | 622                    | *73.74           | *4.61                         | 11.76     | *0.00      | 34          | 131.05   | 6.24      | 17.43     | *2          | 532.8      | *77.88     | 3.48      | \$0.000 |
| % of Calories                   |              |           |                          | 5.78%                  |                        | *42.87 %         | *1.33%                        | 15.4%     | *0.0%      |             | 76.2%    |           | 10.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 01/07/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002023 SANDWICH, PB & STRAW WG 2.8OZ         | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                   | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                  | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS             | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG            | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG        | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE             | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)  | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0                  | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0                  | 0.00       | 10.80     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ           | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7                  | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ               | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4                  | 0.00       | 1.81      | \$0.000 |
| 001573 HS PIZZA BREAKFAST                     | SLICES       | 50        | 411                      | *4.80                  | 807                    | *0.12            | *0.00                         | 10.80     | *0.05      | 23          | 57.55    | 6.17      | 19.95     | *1          | 45.8                   | 0.00       | *3.10     | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G           | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3                  | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4                  | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0                  | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9                   | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 687                      | *3.86                  | 587                    | *73.11           | *4.00                         | 10.57     | *0.00      | 20          | 133.00   | 6.55      | 17.50     | *2          | 532.8      | 77.86      | *3.65     | \$0.000 |
| % of Calories                   |              |           |                          | *5.06%                 |                        | *42.57 %         | *1.34%                        | 13.8%     | *0.0%      |             | 77.4%    |           | 10.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 01/08/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002023 SANDWICH, PB & STRAW WG 2.8OZ        | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                  | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                 | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS            | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 33        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 33        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)     | SERVING      | 10        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*       | 32.0                   | *N/A*      | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)  | SERVING      | 10        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*       | 26.0                   | *N/A*      | 1.00      | \$0.000 |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)     | SERVING      | 10        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*       | 37.0                   | *N/A*      | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|-----------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB          | BOWL            | 15           | 190                         | 0.00                      | 5                         | 11.00                  | *N/A*                               | 1.00         | 0.00          | 0              | 46.00       | 6.00         | 5.00         | *N/A*          | 0.0           | 0.00          | 16.20        | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ  | CUP 2OZ.        | 15           | 240                         | 0.50                      | 320                       | 11.00                  | *N/A*                               | 5.00         | 0.00          | 0              | 46.00       | 1.00         | 3.00         | *N/A*          | 130.0         | 0.00          | 16.20        | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ   | CUP 2OZ.        | 15           | 170                         | 0.00                      | 250                       | 8.00                   | *N/A*                               | 4.00         | 0.00          | 0              | 33.00       | 2.00         | 2.00         | *N/A*          | 130.0         | 0.00          | 10.80        | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ           | SERVING         | 12           | 320                         | 3.60                      | 197                       | 29.02                  | 25.31                               | 8.80         | 0.00          | 9              | 58.33       | 3.70         | 4.00         | *N/A*          | 118.7         | 0.00          | 1.71         | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ               | SERVING         | 12           | 301                         | 3.30                      | 199                       | 22.71                  | 12.21                               | 8.50         | 0.00          | 12             | 53.53       | 3.50         | 4.30         | *N/A*          | 104.4         | 0.00          | 1.81         | \$0.000 |
| 001103 HS-BREAKFAST BURRITO                   | EACH            | 50           | 525                         | 10.67                     | 1033                      | *0.74                  | *N/A*                               | 27.16        | *0.00         | 94             | 44.27       | 6.63         | 28.23        | *0             | 4.4           | 2.46          | *2.88        | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G           | #8 SCOOP        | 5            | 266                         | 1.29                      | 167                       | 15.09                  | 13.98                               | 11.06        | 0.00          | 32             | 38.92       | 2.74         | 4.29         | *N/A*          | 113.3         | 0.00          | 1.50         | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP        | 5            | 381                         | 3.10                      | 195                       | 20.60                  | 15.00                               | 19.80        | 0.00          | 36             | 49.10       | 4.30         | 5.70         | *N/A*          | 112.4         | 0.00          | 2.36         | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP        | 5            | 368                         | 3.24                      | 199                       | 22.07                  | 16.20                               | 15.59        | 0.00          | 44             | 53.26       | 3.64         | 5.67         | *N/A*          | 140.0         | 0.00          | 2.22         | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP        | 5            | 244                         | 1.13                      | 160                       | 21.14                  | 14.18                               | 9.96         | 0.00          | 29             | 36.13       | 3.00         | 3.97         | *N/A*          | 75.9          | 0.00          | 1.66         | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP        | 4            | 328                         | 2.13                      | 200                       | 26.32                  | 19.34                               | 13.77        | 0.00          | 39             | 47.99       | 3.44         | 5.06         | *N/A*          | 111.5         | 0.00          | 1.86         | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ        | 48           | 80                          | 0.00                      | 65                        | 13.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 16.00       | 0.00         | 4.00         | *N/A*          | 150.0         | 0.00          | 0.00         | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON          | 325          | 90                          | 0.00                      | 10                        | 21.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 23.00       | 0.00         | 0.00         | *N/A*          | 17.0          | 0.00          | 0.00         | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH            | 300          | 100                         | 0.00                      | 10                        | 23.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 25.00       | 0.00         | 0.00         | *N/A*          | 30.0          | 0.00          | 0.00         | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON          | 200          | 100                         | 0.00                      | 20                        | 24.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 26.00       | 0.00         | 0.00         | *N/A*          | 17.0          | 0.00          | 0.00         | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH            | 225          | 90                          | 0.00                      | 5                         | 18.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 21.00       | 0.00         | 0.00         | *N/A*          | 100.0         | 60.00         | 0.00         | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH            | 200          | 100                         | 0.00                      | 25                        | 21.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 24.00       | 0.00         | 0.00         | *N/A*          | 0.0           | 0.00          | 0.00         | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                        | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                        |              |           | 690                      | 4.31                   | 596                    | *73.79           | *4.61                         | 11.78     | *0.00      | 24          | 130.94   | 6.46      | 18.00     | *2          | 524.2      | *78.01     | *3.55     | \$0.000 |
| % of Calories                                 |              |           |                          | 5.62%                  |                        | *42.78 %         | *1.33%                        | 15.4%     | *0.0%      |             | 75.9%    |           | 10.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 01/09/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ) | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH            | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ          | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ          | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ          | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                    | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                   | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS              | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG             | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG         | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE              | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)   | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE            | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)     | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG           | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                 | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ                | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0                  | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0                  | 0.00       | 10.80     | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ          | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7                  | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ              | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4                  | 0.00       | 1.81      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD         | ROLL         | 50        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6                   | 0.01       | 2.02      | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G          | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3                  | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G            | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4                  | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G        | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0                  | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G           | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9                   | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G          | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP            | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP           | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP     | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP      | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE      | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                        | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                        |              |           | 679                      | 3.75                   | 581                    | *73.64           | *4.00                         | 10.49     | *0.00      | 19          | 132.01   | 6.30      | 16.74     | *2          | 534.4      | 77.86      | 3.58      | \$0.000 |
| % of Calories                                 |              |           |                          | 4.97%                  |                        | *43.38 %         | *1.35%                        | 13.9%     | *0.0%      |             | 77.8%    |           | 9.9%      |             |            |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 01/12/2026

Reimbursable Meal Total 825

|                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF | EACH         | 48        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                                                    | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|--------------------------------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| 003181 CHEESE, SAUCE<br>NACHO DIP -JTM<br>JALAPENO CHEESE<br>SAUCE | CUP 2OZ.        | 48           | 119                         | 5.05                      | 434                       | 1.10                   | *N/A*                               | 8.79         | 0.00          | 31             | 2.20        | 0.00         | 7.69         | *N/A*          | 223.1         | 0.00          | 0.00         | \$0.000 |
| 000929 PIZZA NADA<br>(POCKET, TURKEY PIZZA<br>4 OZ)                | EACH            | 22           | 240                         | 1.50                      | 340                       | 2.00                   | *N/A*                               | 7.00         | 0.00          | 20             | 32.00       | 4.00         | 12.00        | *N/A*          | 40.0          | 2.40          | 2.70         | \$0.000 |
| 001124 HS-SAUSAGE,<br>EGG BISCUIT                                  | EACH            | 16           | 350                         | 7.50                      | 690                       | *0.00                  | *N/A*                               | 20.00        | 0.00          | 155            | 29.00       | 2.00         | 14.00        | *N/A*          | 100.0         | 0.00          | 1.44         | \$0.000 |
| 001109 HS-SAUGE,<br>EGG,CHEESE<br>CROISSANT                        | EACH            | 16           | 390                         | 8.50                      | 680                       | 3.00                   | *0.00                               | 22.00        | 0.00          | 175            | 31.00       | 2.00         | 19.00        | *N/A*          | 81.0          | 0.00          | 1.36         | \$0.000 |
| 003081 BREAKFAST<br>BISCUIT SAUSAGE EGG<br>CHEESE SYSCO            | SERVINGS        | 16           | 10                          | 0.25                      | 29                        | 0.14                   | 0.00                                | 0.42         | 0.00          | 2              | 1.16        | 0.04         | 0.28         | *N/A*          | 3.2           | 0.00          | 0.11         | \$0.000 |
| 000626 BREAD, BAGEL<br>PLAIN W/CRM CH                              | BAGEL           | 16           | 201                         | 3.04                      | 382                       | 6.01                   | *N/A*                               | 6.06         | 0.00          | 15             | 33.02       | 4.00         | 8.02         | *N/A*          | 94.5          | 0.00          | 1.00         | \$0.000 |
| 000781 BRKFST, BAR<br>GLAZ BTRMLK 2.5OZ                            | BAR             | 32           | 249                         | 0.80                      | 225                       | 15.00                  | *N/A*                               | 7.30         | 0.00          | 14             | 43.00       | 2.70         | 2.60         | *N/A*          | 4.5           | 0.00          | 1.10         | \$0.000 |
| 002022 SANDWICH, PB &<br>GRAPE WG 2.8OZ                            | EACH            | 45           | 310                         | 2.50                      | 300                       | *N/A*                  | *N/A*                               | 16.00        | 0.00          | 0              | 35.00       | 4.00         | 10.00        | *N/A*          | 60.0          | 0.00          | 1.08         | \$0.000 |
| 002023 SANDWICH, PB &<br>STRAW WG 2.8OZ                            | EACH            | 45           | 300                         | 2.00                      | 310                       | *N/A*                  | *N/A*                               | 16.00        | 0.00          | 0              | 34.00       | 4.00         | 10.00        | *N/A*          | 40.0          | 0.00          | 1.08         | \$0.000 |
| 001869 BRKFST, MINI<br>CINNIS                                      | EACH            | 60           | 230                         | 1.50                      | 280                       | 14.00                  | 13.00                               | 7.00         | 0.00          | 0              | 41.00       | 3.00         | 5.00         | *N/A*          | 30.0          | 0.00          | 1.40         | \$0.000 |
| 002771 BRKFST, APPLE<br>FRUDEL                                     | EACH            | 48           | 210                         | 1.00                      | 250                       | 10.00                  | *N/A*                               | 6.00         | 0.00          | 0              | 36.00       | 2.00         | 4.00         | *N/A*          | 0.0           | 0.00          | 1.44         | \$0.000 |
| 002772 BRKFST, STRAW<br>MINI BAGELS                                | EACH            | 36           | 230                         | 2.00                      | 190                       | 13.00                  | *N/A*                               | 6.00         | 0.00          | 10             | 42.00       | 2.00         | 6.00         | *N/A*          | 20.0          | 0.00          | 1.44         | \$0.000 |
| 002060 POP TART,<br>STRAWBERRY (2)WG                               | PASTRY          | 48           | 360                         | 1.50                      | 360                       | *N/A*                  | *N/A*                               | 5.00         | 0.00          | 0              | 74.00       | 6.00         | 4.00         | *N/A*          | 200.0         | 0.00          | 3.60         | \$0.000 |
| 002059 POP TART, BRN<br>SUGAR CINN (2)WG                           | PASTRY          | 48           | 370                         | 2.00                      | 380                       | *N/A*                  | *N/A*                               | 6.00         | 0.00          | 0              | 74.00       | 6.00         | 5.00         | *N/A*          | 200.0         | 0.00          | 3.60         | \$0.000 |
| 003108 DONUT WG<br>CHOCOLATE SINGLE                                | SERVINGS        | 18           | 330                         | 11.00                     | 240                       | 22.00                  | 22.00                               | 18.00        | 0.00          | 20             | 41.00       | 3.00         | 3.00         | *N/A*          | 30.0          | 0.00          | 2.00         | \$0.000 |
| 003236 DONUT<br>CHOCOLATE CAKE WG<br>MINI (SYSCO)                  | EACH            | 18           | 320                         | 9.00                      | 310                       | 19.00                  | 18.00                               | 16.00        | 0.00          | 0              | 42.00       | 3.00         | 5.00         | *N/A*          | 31.0          | 0.00          | 2.00         | \$0.000 |
| 003109 DONUT<br>POWDERED SUGAR<br>SINGLE                           | SERVINGS        | 18           | 320                         | 5.00                      | 260                       | 24.00                  | 23.00                               | 12.00        | 0.00          | 5              | 49.00       | 3.00         | 4.00         | *N/A*          | 120.0         | 0.00          | 1.50         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 18        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0                  | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0                  | 0.00       | 10.80     | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ          | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7                  | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ              | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4                  | 0.00       | 1.81      | \$0.000 |
| 001108 HS-HAM & EGG ON A BAGEL               | EACH         | 50        | 250                      | 2.15                   | 515                    | 5.65             | *N/A*                         | 8.80      | 0.00       | 143         | 32.65    | 4.00      | 13.56     | *N/A*       | 54.0                   | 0.00       | *1.00     | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G          | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3                  | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G            | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4                  | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G        | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0                  | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G           | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9                   | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G          | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP            | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                        | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                        |              |           | 665                      | 3.45                   | 536                    | *73.23           | *3.87                         | 10.25     | *0.00      | 30          | 129.69   | 6.47      | 16.45     | *2          | 507.5                  | 77.69      | *3.38     | \$0.000 |
| % of Calories                                 |              |           |                          | 4.67%                  |                        | *44.05 %         | *1.38%                        | 13.9%     | *0.0%      |             | 78.0%    |           | 9.9%      |             |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |         |

Tuesday - 01/13/2026

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0       | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 33        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 33        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)               | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0       | 0.00       | 2.00      | \$0.000 |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)                   | SERVING      | 10        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*       | 32.0       | *N/A*      | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0       | 0.00       | 1.00      | \$0.000 |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)   | SERVING      | 10        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*       | 26.0       | *N/A*      | 1.00      | \$0.000 |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)      | SERVING      | 10        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*       | 37.0       | *N/A*      | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0      | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0      | 0.00       | 10.80     | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ          | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7      | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ              | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4      | 0.00       | 1.81      | \$0.000 |
| 001180 HS-BREAKFAST BOWL                     | SERVING      | 50        | 486                      | 12.54                  | 1458                   | *0.00            | *N/A*                         | 26.80     | 0.03       | 261         | 46.03    | 3.00      | 18.92     | *N/A*       | 146.7      | 0.30       | 1.65      | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G          | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3      | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G            | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G        | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G           | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9       | 0.00       | 1.66      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 688                      | 4.42                   | 622                    | *73.74           | *4.61                         | 11.76     | *0.00      | 34          | 131.05   | 6.24      | 17.43     | *2          | 532.8      | *77.88     | 3.48      | \$0.000 |
| % of Calories             |              |           |                          | 5.78%                  |                        | *42.87 %         | *1.33%                        | 15.4%     | *0.0%      |             | 76.2%    |           | 10.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 01/14/2026                      Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0       | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                                    | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|----------------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| 002060 POP TART,<br>STRAWBERRY (2)WG               | PASTRY          | 48           | 360                         | 1.50                      | 360                       | *N/A*                  | *N/A*                               | 5.00         | 0.00          | 0              | 74.00       | 6.00         | 4.00         | *N/A*          | 200.0         | 0.00          | 3.60         | \$0.000 |
| 002059 POP TART, BRN<br>SUGAR CINN (2)WG           | PASTRY          | 48           | 370                         | 2.00                      | 380                       | *N/A*                  | *N/A*                               | 6.00         | 0.00          | 0              | 74.00       | 6.00         | 5.00         | *N/A*          | 200.0         | 0.00          | 3.60         | \$0.000 |
| 003108 DONUT WG<br>CHOCOLATE SINGLE                | SERVINGS        | 18           | 330                         | 11.00                     | 240                       | 22.00                  | 22.00                               | 18.00        | 0.00          | 20             | 41.00       | 3.00         | 3.00         | *N/A*          | 30.0          | 0.00          | 2.00         | \$0.000 |
| 003236 DONUT<br>CHOCOLATE CAKE WG<br>MINI (SYSCO)  | EACH            | 18           | 320                         | 9.00                      | 310                       | 19.00                  | 18.00                               | 16.00        | 0.00          | 0              | 42.00       | 3.00         | 5.00         | *N/A*          | 31.0          | 0.00          | 2.00         | \$0.000 |
| 003109 DONUT<br>POWDERED SUGAR<br>SINGLE           | SERVINGS        | 18           | 320                         | 5.00                      | 260                       | 24.00                  | 23.00                               | 12.00        | 0.00          | 5              | 49.00       | 3.00         | 4.00         | *N/A*          | 120.0         | 0.00          | 1.50         | \$0.000 |
| 003237 DONUT POWDER<br>SUGAR WG MINI<br>(SYSCO)    | SERVING         | 18           | 270                         | 4.50                      | 290                       | 19.00                  | 19.00                               | 11.00        | 0.00          | 0              | 41.00       | 2.00         | 4.00         | *N/A*          | 27.0          | 0.00          | 1.00         | \$0.000 |
| 002468 BRKFST, MINI<br>GLAZED BITES WG             | PACKAGE         | 36           | 260                         | 4.50                      | 190                       | 14.00                  | *N/A*                               | 10.00        | 0.00          | 0              | 38.00       | 3.00         | 5.00         | *N/A*          | 80.0          | 1.20          | 1.44         | \$0.000 |
| 002839 CEREAL COCOA<br>PUFFS 2OZ                   | EA              | 15           | 230                         | 0.00                      | 220                       | 15.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 47.00       | 3.00         | 3.00         | *N/A*          | 150.0         | 9.00          | 5.40         | \$0.000 |
| 002840 CEREAL LUCKY<br>CHARMS 2OZ                  | EA              | 18           | 210                         | 0.00                      | 440                       | 12.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 45.00       | 5.00         | 5.00         | *N/A*          | 200.0         | 0.00          | 5.60         | \$0.000 |
| 002637 CEREAL,<br>CINNTOASTERS 2GB                 | BOWL            | 20           | 240                         | 0.50                      | 270                       | 19.00                  | *N/A*                               | 7.00         | 0.00          | 0              | 44.00       | 3.00         | 3.00         | *N/A*          | 200.0         | 0.00          | 9.00         | \$0.000 |
| 002573 CEREAL,<br>FROSTEDSHREDWHEAT<br>2GB         | BOWL            | 15           | 190                         | 0.00                      | 5                         | 11.00                  | *N/A*                               | 1.00         | 0.00          | 0              | 46.00       | 6.00         | 5.00         | *N/A*          | 0.0           | 0.00          | 16.20        | \$0.000 |
| 003255 CEREAL<br>BLUEBERRY CHEX<br>GLUTEN FREE 2OZ | CUP 2OZ.        | 15           | 240                         | 0.50                      | 320                       | 11.00                  | *N/A*                               | 5.00         | 0.00          | 0              | 46.00       | 1.00         | 3.00         | *N/A*          | 130.0         | 0.00          | 16.20        | \$0.000 |
| 003256 CEREAL<br>CINNAMON CHEX<br>GLUTEN FREE 2OZ  | CUP 2OZ.        | 15           | 170                         | 0.00                      | 250                       | 8.00                   | *N/A*                               | 4.00         | 0.00          | 0              | 33.00       | 2.00         | 2.00         | *N/A*          | 130.0         | 0.00          | 10.80        | \$0.000 |
| 003118 SCONE, WG<br>CHOCOLATE CHIP 3OZ             | SERVING         | 12           | 320                         | 3.60                      | 197                       | 29.02                  | 25.31                               | 8.80         | 0.00          | 9              | 58.33       | 3.70         | 4.00         | *N/A*          | 118.7         | 0.00          | 1.71         | \$0.000 |
| 003121 SCONE, WG<br>LEMON DROP 3OZ                 | SERVING         | 12           | 301                         | 3.30                      | 199                       | 22.71                  | 12.21                               | 8.50         | 0.00          | 12             | 53.53       | 3.50         | 4.30         | *N/A*          | 104.4         | 0.00          | 1.81         | \$0.000 |
| 001573 HS PIZZA<br>BREAKFAST                       | SLICES          | 50           | 411                         | *4.80                     | 807                       | *0.12                  | *0.00                               | 10.80        | *0.05         | 23             | 57.55       | 6.17         | 19.95        | *1             | 45.8          | 0.00          | *3.10        | \$0.000 |
| 003282 MUFFIN, WG<br>APPLE CINNAMON 2G             | #8 SCOOP        | 5            | 266                         | 1.29                      | 167                       | 15.09                  | 13.98                               | 11.06        | 0.00          | 32             | 38.92       | 2.74         | 4.29         | *N/A*          | 113.3         | 0.00          | 1.50         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4                  | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0                  | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9                   | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 687                      | *3.86                  | 587                    | *73.11           | *4.00                         | 10.57     | *0.00      | 20          | 133.00   | 6.55      | 17.50     | *2          | 532.8      | 77.86      | *3.65     | \$0.000 |
| % of Calories             |              |           |                          | *5.06%                 |                        | *42.57 %         | *1.34%                        | 13.8%     | *0.0%      |             | 77.4%    |           | 10.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 01/15/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0       | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002060 POP TART, STRAWBERRY (2)WG            | PASTRY       | 33        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG        | PASTRY       | 33        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE             | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)  | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)      | SERVING      | 10        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*       | 32.0                   | *N/A*      | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)   | SERVING      | 10        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*       | 26.0                   | *N/A*      | 1.00      | \$0.000 |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)      | SERVING      | 10        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*       | 37.0                   | *N/A*      | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0                  | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0                  | 0.00       | 10.80     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ           | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7      | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ               | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4      | 0.00       | 1.81      | \$0.000 |
| 001103 HS-BREAKFAST BURRITO                   | EACH         | 50        | 525                      | 10.67                  | 1033                   | *0.74            | *N/A*                         | 27.16     | *0.00      | 94          | 44.27    | 6.63      | 28.23     | *0          | 4.4        | 2.46       | *2.88     | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G           | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3      | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9       | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5      | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0      | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 690                      | 4.31                   | 596                    | *73.79           | *4.61                         | 11.78     | *0.00      | 24          | 130.94   | 6.46      | 18.00     | *2          | 524.2      | *78.01     | *3.55     | \$0.000 |
| % of Calories                   |              |           |                          | 5.62%                  |                        | *42.78 %         | *1.33%                        | 15.4%     | *0.0%      |             | 75.9%    |           | 10.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 01/16/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002023 SANDWICH, PB & STRAW WG 2.8OZ         | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                   | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                  | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS             | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG            | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG        | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE             | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)  | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0                  | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0                  | 0.00       | 10.80     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ           | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7      | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ               | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4      | 0.00       | 1.81      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD          | ROLL         | 50        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6       | 0.01       | 2.02      | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G           | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3      | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9       | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5      | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0      | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 679                      | 3.75                   | 581                    | *73.64           | *4.00                         | 10.49     | *0.00      | 19          | 132.01   | 6.30      | 16.74     | *2          | 534.4      | 77.86      | 3.58      | \$0.000 |
| % of Calories                   |              |           |                          | 4.97%                  |                        | *43.38 %         | *1.35%                        | 13.9%     | *0.0%      |             | 77.8%    |           | 9.9%      |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 01/20/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002023 SANDWICH, PB & STRAW WG 2.8OZ        | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                  | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                 | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS            | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG           | PASTRY       | 33        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG       | PASTRY       | 33        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE            | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO) | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)     | SERVING      | 10        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*       | 32.0                   | *N/A*      | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE          | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)   | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)  | SERVING      | 10        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*       | 26.0                   | *N/A*      | 1.00      | \$0.000 |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)     | SERVING      | 10        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*       | 37.0                   | *N/A*      | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG         | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ               | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ              | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calc <sup>m</sup><br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|-----------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------------------|---------------|--------------|---------|
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB          | BOWL            | 15           | 190                         | 0.00                      | 5                         | 11.00                  | *N/A*                               | 1.00         | 0.00          | 0              | 46.00       | 6.00         | 5.00         | *N/A*          | 0.0                       | 0.00          | 16.20        | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ  | CUP 2OZ.        | 15           | 240                         | 0.50                      | 320                       | 11.00                  | *N/A*                               | 5.00         | 0.00          | 0              | 46.00       | 1.00         | 3.00         | *N/A*          | 130.0                     | 0.00          | 16.20        | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ   | CUP 2OZ.        | 15           | 170                         | 0.00                      | 250                       | 8.00                   | *N/A*                               | 4.00         | 0.00          | 0              | 33.00       | 2.00         | 2.00         | *N/A*          | 130.0                     | 0.00          | 10.80        | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ           | SERVING         | 12           | 320                         | 3.60                      | 197                       | 29.02                  | 25.31                               | 8.80         | 0.00          | 9              | 58.33       | 3.70         | 4.00         | *N/A*          | 118.7                     | 0.00          | 1.71         | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ               | SERVING         | 12           | 301                         | 3.30                      | 199                       | 22.71                  | 12.21                               | 8.50         | 0.00          | 12             | 53.53       | 3.50         | 4.30         | *N/A*          | 104.4                     | 0.00          | 1.81         | \$0.000 |
| 001180 HS-BREAKFAST BOWL                      | SERVING         | 50           | 486                         | 12.54                     | 1458                      | *0.00                  | *N/A*                               | 26.80        | 0.03          | 261            | 46.03       | 3.00         | 18.92        | *N/A*          | 146.7                     | 0.30          | 1.65         | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G           | #8 SCOOP        | 5            | 266                         | 1.29                      | 167                       | 15.09                  | 13.98                               | 11.06        | 0.00          | 32             | 38.92       | 2.74         | 4.29         | *N/A*          | 113.3                     | 0.00          | 1.50         | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP        | 5            | 381                         | 3.10                      | 195                       | 20.60                  | 15.00                               | 19.80        | 0.00          | 36             | 49.10       | 4.30         | 5.70         | *N/A*          | 112.4                     | 0.00          | 2.36         | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP        | 5            | 368                         | 3.24                      | 199                       | 22.07                  | 16.20                               | 15.59        | 0.00          | 44             | 53.26       | 3.64         | 5.67         | *N/A*          | 140.0                     | 0.00          | 2.22         | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP        | 5            | 244                         | 1.13                      | 160                       | 21.14                  | 14.18                               | 9.96         | 0.00          | 29             | 36.13       | 3.00         | 3.97         | *N/A*          | 75.9                      | 0.00          | 1.66         | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP        | 4            | 328                         | 2.13                      | 200                       | 26.32                  | 19.34                               | 13.77        | 0.00          | 39             | 47.99       | 3.44         | 5.06         | *N/A*          | 111.5                     | 0.00          | 1.86         | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ        | 48           | 80                          | 0.00                      | 65                        | 13.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 16.00       | 0.00         | 4.00         | *N/A*          | 150.0                     | 0.00          | 0.00         | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON          | 325          | 90                          | 0.00                      | 10                        | 21.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 23.00       | 0.00         | 0.00         | *N/A*          | 17.0                      | 0.00          | 0.00         | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH            | 300          | 100                         | 0.00                      | 10                        | 23.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 25.00       | 0.00         | 0.00         | *N/A*          | 30.0                      | 0.00          | 0.00         | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON          | 200          | 100                         | 0.00                      | 20                        | 24.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 26.00       | 0.00         | 0.00         | *N/A*          | 17.0                      | 0.00          | 0.00         | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH            | 225          | 90                          | 0.00                      | 5                         | 18.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 21.00       | 0.00         | 0.00         | *N/A*          | 100.0                     | 60.00         | 0.00         | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH            | 200          | 100                         | 0.00                      | 25                        | 21.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 24.00       | 0.00         | 0.00         | *N/A*          | 0.0                       | 0.00          | 0.00         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                        | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                        |              |           | 688                      | 4.42                   | 622                    | *73.74           | *4.61                         | 11.76     | *0.00      | 34          | 131.05   | 6.24      | 17.43     | *2          | 532.8      | *77.88     | 3.48      | \$0.000 |
| % of Calories                                 |              |           |                          | 5.78%                  |                        | *42.87 %         | *1.33%                        | 15.4%     | *0.0%      |             | 76.2%    |           | 10.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 01/21/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ) | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH            | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ          | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ          | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ          | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                    | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                   | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS              | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG             | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG         | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE              | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)   | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE            | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)     | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG           | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                 | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ                | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0                  | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0                  | 0.00       | 10.80     | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ          | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7                  | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ              | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4                  | 0.00       | 1.81      | \$0.000 |
| 001573 HS PIZZA BREAKFAST                    | SLICES       | 50        | 411                      | *4.80                  | 807                    | *0.12            | *0.00                         | 10.80     | *0.05      | 23          | 57.55    | 6.17      | 19.95     | *1          | 45.8                   | 0.00       | *3.10     | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G          | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3                  | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G            | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4                  | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G        | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0                  | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G           | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9                   | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G          | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP            | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP           | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP     | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP      | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE      | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                        | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                        |              |           | 687                      | *3.86                  | 587                    | *73.11           | *4.00                         | 10.57     | *0.00      | 20          | 133.00   | 6.55      | 17.50     | *2          | 532.8      | 77.86      | *3.65     | \$0.000 |
| % of Calories                                 |              |           |                          | *5.06%                 |                        | *42.57 %         | *1.34%                        | 13.8%     | *0.0%      |             | 77.4%    |           | 10.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 01/22/2026

Reimbursable Meal Total 825

|                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 33        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 33        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)               | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)                   | SERVING      | 10        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*       | 32.0                   | *N/A*      | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE                        | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)                 | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)                | SERVING      | 10        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*       | 26.0                   | *N/A*      | 1.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                                    | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vit-A<br>(RAE) | Calc<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|----------------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|--------------|---------------|--------------|---------|
| 003246 DONUT HOLES<br>BLUEBERRY WG<br>(SYSCO)      | SERVING         | 10           | 260                         | 4.00                      | 230                       | 18.00                  | 17.00                               | 11.00        | 0.00          | 0              | 39.00       | 2.00         | 4.00         | *N/A*          | 37.0         | *N/A*         | 1.00         | \$0.000 |
| 002468 BRKFST, MINI<br>GLAZED BITES WG             | PACKAGE         | 36           | 260                         | 4.50                      | 190                       | 14.00                  | *N/A*                               | 10.00        | 0.00          | 0              | 38.00       | 3.00         | 5.00         | *N/A*          | 80.0         | 1.20          | 1.44         | \$0.000 |
| 002839 CEREAL COCOA<br>PUFFS 2OZ                   | EA              | 15           | 230                         | 0.00                      | 220                       | 15.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 47.00       | 3.00         | 3.00         | *N/A*          | 150.0        | 9.00          | 5.40         | \$0.000 |
| 002840 CEREAL LUCKY<br>CHARMS 2OZ                  | EA              | 18           | 210                         | 0.00                      | 440                       | 12.00                  | *N/A*                               | 2.50         | 0.00          | 0              | 45.00       | 5.00         | 5.00         | *N/A*          | 200.0        | 0.00          | 5.60         | \$0.000 |
| 002637 CEREAL,<br>CINNTOASTERS 2GB                 | BOWL            | 20           | 240                         | 0.50                      | 270                       | 19.00                  | *N/A*                               | 7.00         | 0.00          | 0              | 44.00       | 3.00         | 3.00         | *N/A*          | 200.0        | 0.00          | 9.00         | \$0.000 |
| 002573 CEREAL,<br>FROSTEDSHREDWHEAT<br>2GB         | BOWL            | 15           | 190                         | 0.00                      | 5                         | 11.00                  | *N/A*                               | 1.00         | 0.00          | 0              | 46.00       | 6.00         | 5.00         | *N/A*          | 0.0          | 0.00          | 16.20        | \$0.000 |
| 003255 CEREAL<br>BLUEBERRY CHEX<br>GLUTEN FREE 2OZ | CUP 2OZ.        | 15           | 240                         | 0.50                      | 320                       | 11.00                  | *N/A*                               | 5.00         | 0.00          | 0              | 46.00       | 1.00         | 3.00         | *N/A*          | 130.0        | 0.00          | 16.20        | \$0.000 |
| 003256 CEREAL<br>CINNAMON CHEX<br>GLUTEN FREE 2OZ  | CUP 2OZ.        | 15           | 170                         | 0.00                      | 250                       | 8.00                   | *N/A*                               | 4.00         | 0.00          | 0              | 33.00       | 2.00         | 2.00         | *N/A*          | 130.0        | 0.00          | 10.80        | \$0.000 |
| 003118 SCONE, WG<br>CHOCOLATE CHIP 3OZ             | SERVING         | 12           | 320                         | 3.60                      | 197                       | 29.02                  | 25.31                               | 8.80         | 0.00          | 9              | 58.33       | 3.70         | 4.00         | *N/A*          | 118.7        | 0.00          | 1.71         | \$0.000 |
| 003121 SCONE, WG<br>LEMON DROP 3OZ                 | SERVING         | 12           | 301                         | 3.30                      | 199                       | 22.71                  | 12.21                               | 8.50         | 0.00          | 12             | 53.53       | 3.50         | 4.30         | *N/A*          | 104.4        | 0.00          | 1.81         | \$0.000 |
| 001103 HS-BREAKFAST<br>BURRITO                     | EACH            | 50           | 525                         | 10.67                     | 1033                      | *0.74                  | *N/A*                               | 27.16        | *0.00         | 94             | 44.27       | 6.63         | 28.23        | *0             | 4.4          | 2.46          | *2.88        | \$0.000 |
| 003282 MUFFIN, WG<br>APPLE CINNAMON 2G             | #8 SCOOP        | 5            | 266                         | 1.29                      | 167                       | 15.09                  | 13.98                               | 11.06        | 0.00          | 32             | 38.92       | 2.74         | 4.29         | *N/A*          | 113.3        | 0.00          | 1.50         | \$0.000 |
| 003277 MUFFIN, WG<br>DOUBLE COCOA 2G               | #8 SCOOP        | 5            | 381                         | 3.10                      | 195                       | 20.60                  | 15.00                               | 19.80        | 0.00          | 36             | 49.10       | 4.30         | 5.70         | *N/A*          | 112.4        | 0.00          | 2.36         | \$0.000 |
| 002646 MUFFIN, WG<br>COWGIRL CINNAMON 2G           | #8 SCOOP        | 5            | 368                         | 3.24                      | 199                       | 22.07                  | 16.20                               | 15.59        | 0.00          | 44             | 53.26       | 3.64         | 5.67         | *N/A*          | 140.0        | 0.00          | 2.22         | \$0.000 |
| 003283 MUFFIN, WG<br>PUMPKIN SPICE 2G              | #8 SCOOP        | 5            | 244                         | 1.13                      | 160                       | 21.14                  | 14.18                               | 9.96         | 0.00          | 29             | 36.13       | 3.00         | 3.97         | *N/A*          | 75.9         | 0.00          | 1.66         | \$0.000 |
| 003278 MUFFIN, WG<br>WILD BLUEBERRY 2G             | #8 SCOOP        | 4            | 328                         | 2.13                      | 200                       | 26.32                  | 19.34                               | 13.77        | 0.00          | 39             | 47.99       | 3.44         | 5.06         | *N/A*          | 111.5        | 0.00          | 1.86         | \$0.000 |
| 001410 YOGURT,<br>DANIMALS CRUSH CUP               | EACH 4OZ        | 48           | 80                          | 0.00                      | 65                        | 13.00                  | *N/A*                               | 0.00         | 0.00          | 0              | 16.00       | 0.00         | 4.00         | *N/A*          | 150.0        | 0.00          | 0.00         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                        | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                        |              |           | 690                      | 4.31                   | 596                    | *73.79           | *4.61                         | 11.78     | *0.00      | 24          | 130.94   | 6.46      | 18.00     | *2          | 524.2                  | *78.01     | *3.55     | \$0.000 |
| % of Calories                                 |              |           |                          | 5.62%                  |                        | *42.78 %         | *1.33%                        | 15.4%     | *0.0%      |             | 75.9%    |           | 10.4%     |             |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |         |

Friday - 01/23/2026

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                                                    | Portion<br>Size | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars <sup>1</sup><br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calc<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|--------------------------------------------------------------------|-----------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|-------------------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|--------------|---------------|--------------|---------|
| 002883 HS PIZZA, PUFF                                              | EACH            | 96           | 348                         | 4.62                      | 608                       | *3.30                  | *2.30                               | 8.55         | *0.00         | 26             | 49.13       | 0.63         | 14.86        | *7             | 281.6        | 2.94          | 3.34         | \$0.000 |
| 003181 CHEESE, SAUCE<br>NACHO DIP -JTM<br>JALAPENO CHEESE<br>SAUCE | CUP 2OZ.        | 96           | 119                         | 5.05                      | 434                       | 1.10                   | *N/A*                               | 8.79         | 0.00          | 31             | 2.20        | 0.00         | 7.69         | *N/A*          | 223.1        | 0.00          | 0.00         | \$0.000 |
| 000929 PIZZA NADA<br>(POCKET, TURKEY PIZZA<br>4 OZ)                | EACH            | 22           | 240                         | 1.50                      | 340                       | 2.00                   | *N/A*                               | 7.00         | 0.00          | 20             | 32.00       | 4.00         | 12.00        | *N/A*          | 40.0         | 2.40          | 2.70         | \$0.000 |
| 000626 BREAD, BAGEL<br>PLAIN W/CRM CH                              | BAGEL           | 16           | 201                         | 3.04                      | 382                       | 6.01                   | *N/A*                               | 6.06         | 0.00          | 15             | 33.02       | 4.00         | 8.02         | *N/A*          | 94.5         | 0.00          | 1.00         | \$0.000 |
| 000781 BRKFST, BAR<br>GLAZ BTRMLK 2.5OZ                            | BAR             | 32           | 249                         | 0.80                      | 225                       | 15.00                  | *N/A*                               | 7.30         | 0.00          | 14             | 43.00       | 2.70         | 2.60         | *N/A*          | 4.5          | 0.00          | 1.10         | \$0.000 |
| 002022 SANDWICH, PB &<br>GRAPE WG 2.8OZ                            | EACH            | 45           | 310                         | 2.50                      | 300                       | *N/A*                  | *N/A*                               | 16.00        | 0.00          | 0              | 35.00       | 4.00         | 10.00        | *N/A*          | 60.0         | 0.00          | 1.08         | \$0.000 |
| 002023 SANDWICH, PB &<br>STRAW WG 2.8OZ                            | EACH            | 45           | 300                         | 2.00                      | 310                       | *N/A*                  | *N/A*                               | 16.00        | 0.00          | 0              | 34.00       | 4.00         | 10.00        | *N/A*          | 40.0         | 0.00          | 1.08         | \$0.000 |
| 001869 BRKFST, MINI<br>CINNIS                                      | EACH            | 60           | 230                         | 1.50                      | 280                       | 14.00                  | 13.00                               | 7.00         | 0.00          | 0              | 41.00       | 3.00         | 5.00         | *N/A*          | 30.0         | 0.00          | 1.40         | \$0.000 |
| 002771 BRKFST, APPLE<br>FRUDEL                                     | EACH            | 48           | 210                         | 1.00                      | 250                       | 10.00                  | *N/A*                               | 6.00         | 0.00          | 0              | 36.00       | 2.00         | 4.00         | *N/A*          | 0.0          | 0.00          | 1.44         | \$0.000 |
| 002772 BRKFST, STRAW<br>MINI BAGELS                                | EACH            | 36           | 230                         | 2.00                      | 190                       | 13.00                  | *N/A*                               | 6.00         | 0.00          | 10             | 42.00       | 2.00         | 6.00         | *N/A*          | 20.0         | 0.00          | 1.44         | \$0.000 |
| 002060 POP TART,<br>STRAWBERRY (2)WG                               | PASTRY          | 48           | 360                         | 1.50                      | 360                       | *N/A*                  | *N/A*                               | 5.00         | 0.00          | 0              | 74.00       | 6.00         | 4.00         | *N/A*          | 200.0        | 0.00          | 3.60         | \$0.000 |
| 002059 POP TART, BRN<br>SUGAR CINN (2)WG                           | PASTRY          | 48           | 370                         | 2.00                      | 380                       | *N/A*                  | *N/A*                               | 6.00         | 0.00          | 0              | 74.00       | 6.00         | 5.00         | *N/A*          | 200.0        | 0.00          | 3.60         | \$0.000 |
| 003108 DONUT WG<br>CHOCOLATE SINGLE                                | SERVINGS        | 18           | 330                         | 11.00                     | 240                       | 22.00                  | 22.00                               | 18.00        | 0.00          | 20             | 41.00       | 3.00         | 3.00         | *N/A*          | 30.0         | 0.00          | 2.00         | \$0.000 |
| 003236 DONUT<br>CHOCOLATE CAKE WG<br>MINI (SYSCO)                  | EACH            | 18           | 320                         | 9.00                      | 310                       | 19.00                  | 18.00                               | 16.00        | 0.00          | 0              | 42.00       | 3.00         | 5.00         | *N/A*          | 31.0         | 0.00          | 2.00         | \$0.000 |
| 003109 DONUT<br>POWDERED SUGAR<br>SINGLE                           | SERVINGS        | 18           | 320                         | 5.00                      | 260                       | 24.00                  | 23.00                               | 12.00        | 0.00          | 5              | 49.00       | 3.00         | 4.00         | *N/A*          | 120.0        | 0.00          | 1.50         | \$0.000 |
| 003237 DONUT POWDER<br>SUGAR WG MINI<br>(SYSCO)                    | SERVING         | 18           | 270                         | 4.50                      | 290                       | 19.00                  | 19.00                               | 11.00        | 0.00          | 0              | 41.00       | 2.00         | 4.00         | *N/A*          | 27.0         | 0.00          | 1.00         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB               | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0      | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0      | 0.00       | 10.80     | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ          | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7      | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ              | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4      | 0.00       | 1.81      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD         | ROLL         | 50        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6       | 0.01       | 2.02      | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G          | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3      | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G            | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G        | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G           | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9       | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G          | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5      | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP            | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP           | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP     | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0      | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                        | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                        |              |           | 679                      | 3.75                   | 581                    | *73.64           | *4.00                         | 10.49     | *0.00      | 19          | 132.01   | 6.30      | 16.74     | *2          | 534.4      | 77.86      | 3.58      | \$0.000 |
| % of Calories                                 |              |           |                          | 4.97%                  |                        | *43.38 %         | *1.35%                        | 13.9%     | *0.0%      |             | 77.8%    |           | 9.9%      |             |            |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 01/26/2026

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 48        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 48        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 001124 HS-SAUSAGE, EGG BISCUIT                            | EACH         | 16        | 350                      | 7.50                   | 690                    | *0.00            | *N/A*                         | 20.00     | 0.00       | 155         | 29.00    | 2.00      | 14.00     | *N/A*       | 100.0                  | 0.00       | 1.44      | \$0.000 |
| 001109 HS-SAUGE, EGG,CHEESE CROISSANT                     | EACH         | 16        | 390                      | 8.50                   | 680                    | 3.00             | *0.00                         | 22.00     | 0.00       | 175         | 31.00    | 2.00      | 19.00     | *N/A*       | 81.0                   | 0.00       | 1.36      | \$0.000 |
| 003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO         | SERVINGS     | 16        | 10                       | 0.25                   | 29                     | 0.14             | 0.00                          | 0.42      | 0.00       | 2           | 1.16     | 0.04      | 0.28      | *N/A*       | 3.2                    | 0.00       | 0.11      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)               | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0       | 0.00       | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 18        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 20        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0      | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0      | 0.00       | 10.80     | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ          | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7      | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ              | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4      | 0.00       | 1.81      | \$0.000 |
| 001108 HS-HAM & EGG ON A BAGEL               | EACH         | 50        | 250                      | 2.15                   | 515                    | 5.65             | *N/A*                         | 8.80      | 0.00       | 143         | 32.65    | 4.00      | 13.56     | *N/A*       | 54.0       | 0.00       | *1.00     | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G          | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3      | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G            | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G        | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G           | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9       | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G          | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5      | 0.00       | 1.86      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET                        | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4                    | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average                        |              |           | 665                      | 3.45                   | 536                    | *73.23           | *3.87                         | 10.25     | *0.00      | 30          | 129.69   | 6.47      | 16.45     | *2          | 507.5                  | 77.69      | *3.38     | \$0.000 |
| % of Calories                                 |              |           |                          | 4.67%                  |                        | *44.05 %         | *1.38%                        | 13.9%     | *0.0%      |             | 78.0%    |           | 9.9%      |             |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |                        |            |           |         |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

Tuesday - 01/27/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6                  | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1                  | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0                   | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5                   | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5                    | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0                   | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG                         | PASTRY       | 33        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG                     | PASTRY       | 33        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE                          | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)               | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)                   | SERVING      | 10        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*       | 32.0                   | *N/A*      | 2.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0       | 0.00       | 1.00      | \$0.000 |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)   | SERVING      | 10        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*       | 26.0       | *N/A*      | 1.00      | \$0.000 |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)      | SERVING      | 10        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*       | 37.0       | *N/A*      | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB               | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0      | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0      | 0.00       | 10.80     | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ          | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7      | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ              | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4      | 0.00       | 1.81      | \$0.000 |
| 001180 HS-BREAKFAST BOWL                     | SERVING      | 50        | 486                      | 12.54                  | 1458                   | *0.00            | *N/A*                         | 26.80     | 0.03       | 261         | 46.03    | 3.00      | 18.92     | *N/A*       | 146.7      | 0.30       | 1.65      | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G          | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3      | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G            | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G        | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9                   | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 688                      | 4.42                   | 622                    | *73.74           | *4.61                         | 11.76     | *0.00      | 34          | 131.05   | 6.24      | 17.43     | *2          | 532.8      | *77.88     | 3.48      | \$0.000 |
| % of Calories             |              |           |                          | 5.78%                  |                        | *42.87 %         | *1.33%                        | 15.4%     | *0.0%      |             | 76.2%    |           | 10.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 01/28/2026                      Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0       | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002060 POP TART, STRAWBERRY (2)WG            | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG        | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE             | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)  | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOSTERS 2GB               | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0                  | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0                  | 0.00       | 10.80     | \$0.000 |
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ          | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7                  | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ              | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4                  | 0.00       | 1.81      | \$0.000 |
| 001573 HS PIZZA BREAKFAST                    | SLICES       | 50        | 411                      | *4.80                  | 807                    | *0.12            | *0.00                         | 10.80     | *0.05      | 23          | 57.55    | 6.17      | 19.95     | *1          | 45.8                   | 0.00       | *3.10     | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G          | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3                  | 0.00       | 1.50      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4                  | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0                  | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9                   | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET                     | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8                    | 1.62       | 0.02      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET    | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average    |              |           | 687                      | *3.86                  | 587                    | *73.11           | *4.00                         | 10.57     | *0.00      | 20          | 133.00   | 6.55      | 17.50     | *2          | 532.8      | 77.86      | *3.65     | \$0.000 |
| % of Calories             |              |           |                          | *5.06%                 |                        | *42.57 %         | *1.34%                        | 13.8%     | *0.0%      |             | 77.4%    |           | 10.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 01/29/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |
| 002023 SANDWICH, PB & STRAW WG 2.8OZ                      | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0       | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                                | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0       | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                               | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0        | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS                          | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0       | 0.00       | 1.44      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002060 POP TART, STRAWBERRY (2)WG            | PASTRY       | 33        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG        | PASTRY       | 33        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE             | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0       | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)  | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0       | 0.00       | 2.00      | \$0.000 |
| 003247 DONUT HOLES CHOCOLATE WG (SYSCO)      | SERVING      | 10        | 270                      | 5.00                   | 260                    | 14.00            | 13.00                         | 12.00     | 0.00       | 0           | 38.00    | 4.00      | 5.00      | *N/A*       | 32.0       | *N/A*      | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0      | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0       | 0.00       | 1.00      | \$0.000 |
| 003245 DONUT HOLES POWDER SUGAR WG (SYSCO)   | SERVING      | 10        | 280                      | 4.50                   | 230                    | 21.00            | 20.00                         | 12.00     | 0.00       | 0           | 42.00    | 2.00      | 4.00      | *N/A*       | 26.0       | *N/A*      | 1.00      | \$0.000 |
| 003246 DONUT HOLES BLUEBERRY WG (SYSCO)      | SERVING      | 10        | 260                      | 4.00                   | 230                    | 18.00            | 17.00                         | 11.00     | 0.00       | 0           | 39.00    | 2.00      | 4.00      | *N/A*       | 37.0       | *N/A*      | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0       | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0      | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0      | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0      | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0        | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0      | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0      | 0.00       | 10.80     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ           | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7      | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ               | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4      | 0.00       | 1.81      | \$0.000 |
| 001103 HS-BREAKFAST BURRITO                   | EACH         | 50        | 525                      | 10.67                  | 1033                   | *0.74            | *N/A*                         | 27.16     | *0.00      | 94          | 44.27    | 6.63      | 28.23     | *0          | 4.4        | 2.46       | *2.88     | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G           | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3      | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4      | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0      | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9       | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5      | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0      | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0       | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0       | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0      | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0      | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 690                      | 4.31                   | 596                    | *73.79           | *4.61                         | 11.78     | *0.00      | 24          | 130.94   | 6.46      | 18.00     | *2          | 524.2      | *78.01     | *3.55     | \$0.000 |
| % of Calories                   |              |           |                          | 5.62%                  |                        | *42.78 %         | *1.33%                        | 15.4%     | *0.0%      |             | 75.9%    |           | 10.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 01/30/2026

Reimbursable Meal Total 825

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002883 HS PIZZA, PUFF                                     | EACH         | 96        | 348                      | 4.62                   | 608                    | *3.30            | *2.30                         | 8.55      | *0.00      | 26          | 49.13    | 0.63      | 14.86     | *7          | 281.6      | 2.94       | 3.34      | \$0.000 |
| 003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE | CUP 2OZ.     | 96        | 119                      | 5.05                   | 434                    | 1.10             | *N/A*                         | 8.79      | 0.00       | 31          | 2.20     | 0.00      | 7.69      | *N/A*       | 223.1      | 0.00       | 0.00      | \$0.000 |
| 000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)             | EACH         | 22        | 240                      | 1.50                   | 340                    | 2.00             | *N/A*                         | 7.00      | 0.00       | 20          | 32.00    | 4.00      | 12.00     | *N/A*       | 40.0       | 2.40       | 2.70      | \$0.000 |
| 000626 BREAD, BAGEL PLAIN W/CRM CH                        | BAGEL        | 16        | 201                      | 3.04                   | 382                    | 6.01             | *N/A*                         | 6.06      | 0.00       | 15          | 33.02    | 4.00      | 8.02      | *N/A*       | 94.5       | 0.00       | 1.00      | \$0.000 |
| 000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ                      | BAR          | 32        | 249                      | 0.80                   | 225                    | 15.00            | *N/A*                         | 7.30      | 0.00       | 14          | 43.00    | 2.70      | 2.60      | *N/A*       | 4.5        | 0.00       | 1.10      | \$0.000 |
| 002022 SANDWICH, PB & GRAPE WG 2.8OZ                      | EACH         | 45        | 310                      | 2.50                   | 300                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 35.00    | 4.00      | 10.00     | *N/A*       | 60.0       | 0.00       | 1.08      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                              | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002023 SANDWICH, PB & STRAW WG 2.8OZ         | EACH         | 45        | 300                      | 2.00                   | 310                    | *N/A*            | *N/A*                         | 16.00     | 0.00       | 0           | 34.00    | 4.00      | 10.00     | *N/A*       | 40.0                   | 0.00       | 1.08      | \$0.000 |
| 001869 BRKFST, MINI CINNIS                   | EACH         | 60        | 230                      | 1.50                   | 280                    | 14.00            | 13.00                         | 7.00      | 0.00       | 0           | 41.00    | 3.00      | 5.00      | *N/A*       | 30.0                   | 0.00       | 1.40      | \$0.000 |
| 002771 BRKFST, APPLE FRUDEL                  | EACH         | 48        | 210                      | 1.00                   | 250                    | 10.00            | *N/A*                         | 6.00      | 0.00       | 0           | 36.00    | 2.00      | 4.00      | *N/A*       | 0.0                    | 0.00       | 1.44      | \$0.000 |
| 002772 BRKFST, STRAW MINI BAGELS             | EACH         | 36        | 230                      | 2.00                   | 190                    | 13.00            | *N/A*                         | 6.00      | 0.00       | 10          | 42.00    | 2.00      | 6.00      | *N/A*       | 20.0                   | 0.00       | 1.44      | \$0.000 |
| 002060 POP TART, STRAWBERRY (2)WG            | PASTRY       | 48        | 360                      | 1.50                   | 360                    | *N/A*            | *N/A*                         | 5.00      | 0.00       | 0           | 74.00    | 6.00      | 4.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 002059 POP TART, BRN SUGAR CINN (2)WG        | PASTRY       | 48        | 370                      | 2.00                   | 380                    | *N/A*            | *N/A*                         | 6.00      | 0.00       | 0           | 74.00    | 6.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 3.60      | \$0.000 |
| 003108 DONUT WG CHOCOLATE SINGLE             | SERVINGS     | 18        | 330                      | 11.00                  | 240                    | 22.00            | 22.00                         | 18.00     | 0.00       | 20          | 41.00    | 3.00      | 3.00      | *N/A*       | 30.0                   | 0.00       | 2.00      | \$0.000 |
| 003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)  | EACH         | 18        | 320                      | 9.00                   | 310                    | 19.00            | 18.00                         | 16.00     | 0.00       | 0           | 42.00    | 3.00      | 5.00      | *N/A*       | 31.0                   | 0.00       | 2.00      | \$0.000 |
| 003109 DONUT POWDERED SUGAR SINGLE           | SERVINGS     | 18        | 320                      | 5.00                   | 260                    | 24.00            | 23.00                         | 12.00     | 0.00       | 5           | 49.00    | 3.00      | 4.00      | *N/A*       | 120.0                  | 0.00       | 1.50      | \$0.000 |
| 003237 DONUT POWDER SUGAR WG MINI (SYSCO)    | SERVING      | 18        | 270                      | 4.50                   | 290                    | 19.00            | 19.00                         | 11.00     | 0.00       | 0           | 41.00    | 2.00      | 4.00      | *N/A*       | 27.0                   | 0.00       | 1.00      | \$0.000 |
| 002468 BRKFST, MINI GLAZED BITES WG          | PACKAGE      | 36        | 260                      | 4.50                   | 190                    | 14.00            | *N/A*                         | 10.00     | 0.00       | 0           | 38.00    | 3.00      | 5.00      | *N/A*       | 80.0                   | 1.20       | 1.44      | \$0.000 |
| 002839 CEREAL COCOA PUFFS 2OZ                | EA           | 15        | 230                      | 0.00                   | 220                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 0           | 47.00    | 3.00      | 3.00      | *N/A*       | 150.0                  | 9.00       | 5.40      | \$0.000 |
| 002840 CEREAL LUCKY CHARMS 2OZ               | EA           | 18        | 210                      | 0.00                   | 440                    | 12.00            | *N/A*                         | 2.50      | 0.00       | 0           | 45.00    | 5.00      | 5.00      | *N/A*       | 200.0                  | 0.00       | 5.60      | \$0.000 |
| 002637 CEREAL, CINNTOASTERS 2GB              | BOWL         | 20        | 240                      | 0.50                   | 270                    | 19.00            | *N/A*                         | 7.00      | 0.00       | 0           | 44.00    | 3.00      | 3.00      | *N/A*       | 200.0                  | 0.00       | 9.00      | \$0.000 |
| 002573 CEREAL, FROSTEDSHREDWHEAT 2GB         | BOWL         | 15        | 190                      | 0.00                   | 5                      | 11.00            | *N/A*                         | 1.00      | 0.00       | 0           | 46.00    | 6.00      | 5.00      | *N/A*       | 0.0                    | 0.00       | 16.20     | \$0.000 |
| 003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ | CUP 2OZ.     | 15        | 240                      | 0.50                   | 320                    | 11.00            | *N/A*                         | 5.00      | 0.00       | 0           | 46.00    | 1.00      | 3.00      | *N/A*       | 130.0                  | 0.00       | 16.20     | \$0.000 |
| 003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ  | CUP 2OZ.     | 15        | 170                      | 0.00                   | 250                    | 8.00             | *N/A*                         | 4.00      | 0.00       | 0           | 33.00    | 2.00      | 2.00      | *N/A*       | 130.0                  | 0.00       | 10.80     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003118 SCONE, WG CHOCOLATE CHIP 3OZ           | SERVING      | 12        | 320                      | 3.60                   | 197                    | 29.02            | 25.31                         | 8.80      | 0.00       | 9           | 58.33    | 3.70      | 4.00      | *N/A*       | 118.7                  | 0.00       | 1.71      | \$0.000 |
| 003121 SCONE, WG LEMON DROP 3OZ               | SERVING      | 12        | 301                      | 3.30                   | 199                    | 22.71            | 12.21                         | 8.50      | 0.00       | 12          | 53.53    | 3.50      | 4.30      | *N/A*       | 104.4                  | 0.00       | 1.81      | \$0.000 |
| 000380 BRKFST, CINN ROLL 5 OZ BRGFRD          | ROLL         | 50        | 278                      | 3.05                   | 717                    | *8.88            | *0.00                         | 9.47      | *0.00      | 14          | 41.29    | 2.02      | 7.49      | *0          | 71.6                   | 0.01       | 2.02      | \$0.000 |
| 003282 MUFFIN, WG APPLE CINNAMON 2G           | #8 SCOOP     | 5         | 266                      | 1.29                   | 167                    | 15.09            | 13.98                         | 11.06     | 0.00       | 32          | 38.92    | 2.74      | 4.29      | *N/A*       | 113.3                  | 0.00       | 1.50      | \$0.000 |
| 003277 MUFFIN, WG DOUBLE COCOA 2G             | #8 SCOOP     | 5         | 381                      | 3.10                   | 195                    | 20.60            | 15.00                         | 19.80     | 0.00       | 36          | 49.10    | 4.30      | 5.70      | *N/A*       | 112.4                  | 0.00       | 2.36      | \$0.000 |
| 002646 MUFFIN, WG COWGIRL CINNAMON 2G         | #8 SCOOP     | 5         | 368                      | 3.24                   | 199                    | 22.07            | 16.20                         | 15.59     | 0.00       | 44          | 53.26    | 3.64      | 5.67      | *N/A*       | 140.0                  | 0.00       | 2.22      | \$0.000 |
| 003283 MUFFIN, WG PUMPKIN SPICE 2G            | #8 SCOOP     | 5         | 244                      | 1.13                   | 160                    | 21.14            | 14.18                         | 9.96      | 0.00       | 29          | 36.13    | 3.00      | 3.97      | *N/A*       | 75.9                   | 0.00       | 1.66      | \$0.000 |
| 003278 MUFFIN, WG WILD BLUEBERRY 2G           | #8 SCOOP     | 4         | 328                      | 2.13                   | 200                    | 26.32            | 19.34                         | 13.77     | 0.00       | 39          | 47.99    | 3.44      | 5.06      | *N/A*       | 111.5                  | 0.00       | 1.86      | \$0.000 |
| 001410 YOGURT, DANIMALS CRUSH CUP             | EACH 4OZ     | 48        | 80                       | 0.00                   | 65                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 16.00    | 0.00      | 4.00      | *N/A*       | 150.0                  | 0.00       | 0.00      | \$0.000 |
| 002857 JUICE, APPLE 6.75 OZ SUNCUP            | CARTON       | 325       | 90                       | 0.00                   | 10                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 23.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP      | EACH         | 300       | 100                      | 0.00                   | 10                     | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 0.00      | *N/A*       | 30.0                   | 0.00       | 0.00      | \$0.000 |
| 002859 JUICE, BERRY VERY 6.75 OZ SUNCUP       | CARTON       | 200       | 100                      | 0.00                   | 20                     | 24.00            | *N/A*                         | 0.00      | 0.00       | 0           | 26.00    | 0.00      | 0.00      | *N/A*       | 17.0                   | 0.00       | 0.00      | \$0.000 |
| 003230 JUICE, APPLE 6.75 OZ APPLE & EVE       | EACH         | 225       | 90                       | 0.00                   | 5                      | 18.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 0.00      | 0.00      | *N/A*       | 100.0                  | 60.00      | 0.00      | \$0.000 |
| 003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 25                     | 21.00            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE  | EACH         | 200       | 100                      | 0.00                   | 15                     | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 24.00    | 0.00      | 0.00      | *N/A*       | 20.0                   | 60.00      | 0.00      | \$0.000 |
| 002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE | EACH         | 200       | 100                      | 0.00                   | 20                     | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 0.00      | 1.00      | *N/A*       | 100.0                  | 60.00      | 0.72      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 400       | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Jan 1, 2026 thru Jan 31, 2026

|                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 250       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3           | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 250       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000677 TACO, SAUCE PACKET       | PACKET       | 200       | 4                        | 0.00                   | 59                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 0.72     | 0.00      | 0.09      | *N/A*       | 1.8        | 1.62       | 0.02      | \$0.000 |
| 000222 KETCHUP, PACKET          | PACKET       | 200       | 9                        | 0.00                   | 82                     | 1.91             | *N/A*                         | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | 2           | 1.4        | 0.37       | 0.03      | \$0.000 |
| Weighted Daily Average          |              |           | 679                      | 3.75                   | 581                    | *73.64           | *4.00                         | 10.49     | *0.00      | 19          | 132.01   | 6.30      | 16.74     | *2          | 534.4      | 77.86      | 3.58      | \$0.000 |
| % of Calories                   |              |           |                          | 4.97%                  |                        | *43.38 %         | *1.35%                        | 13.9%     | *0.0%      |             | 77.8%    |           | 9.9%      |             |            |            |           |         |
| Weekly Nutrient Guideline       |              |           | 450 - 600                | <10                    | 640                    |                  | <10                           | <=0       |            |             |          |           |           |             |            |            |           |         |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| Weighted Averages |  | 683                      | *3.98                  | 587                    | *73.52           | *4.24                         | 11.01     | *0.00      | 25          | 131.42   | 6.40      | 17.26     | *2          | 527        | *77.87     | *3.54     | \$0.000 |
| % of Calories     |  |                          | *5.24%                 |                        | *43.06 %         | *1.34%                        | 14.5%     | *0.0%      |             | 77.0%    |           | 10.1%     |             |            |            |           |         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values  
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.