



Menu for September 2025

Offered Daily
With each meal.....

White Milk Lowfat 1%
Chocolate Milk Nonfat

This institution is an equal opportunity provider.
Menus are subject to change.

**HAPPY
LABOR DAY!**



*Try not to be **BLUE**
about Summer's end –
enjoy the last sweet
days of the season
BERRY much!*



Monday, September 1

**LABOR
DAY**

**NO
SCHOOL!**

Tuesday, September 2

Breakfast

Honey Wheat Bar
OR
Cereal
Diced Mixed Fruit
Breakfast Fruit Bar

Lunch

Chicken Tenders
OR
Cheese Pillows w/
Marinara

Served with

Crinkle Fries
Garden Bar

Wednesday, September 3

Breakfast

Mini Waffles & Bacon
OR
Cereal
Applesauce
Breakfast Fruit Bar

Lunch

Chicken Taquitos
OR
Cheese Quesadilla

Served with

Refried Beans
Garden Bar

Thursday, September 4

Breakfast

Sausage & Egg
Breakfast Sandwich
OR
Cereal
Sliced Peaches
Breakfast Fruit Bar

Lunch

Taco Meat & Cheese
Nachos
OR
Bean & Cheese Nachos

Served with

Salsa Cup
Garden Bar

Friday, September 5

Breakfast

Homemade
Cinnamon Roll
OR
Cereal
100% Fruit Juice
Breakfast Fruit Bar

Lunch

Pepperoni Pizza
OR
Cheese Pizza

Served with

Garden Salad
Garden Bar

Monday, September 8

Breakfast

Bagel w/Jelly or
Cream Cheese
OR
Cereal
Sliced Pears
Breakfast Fruit Bar

Lunch

Chicken & Cheese
Quesadilla
OR
Chimi Nada

Served with

Salsa
Garden Bar

Tuesday, September 9

Breakfast

Cheese Omelet
w/Sausage Links
OR
Cereal
Diced Mixed Fruit
Breakfast Fruit Bar

Lunch

Corn Dog
OR
Macaroni & Cheese

Served with

Green Beans
Garden Bar

Wednesday, September 10

Breakfast

Sweet Bread
OR
Cereal
Applesauce
Breakfast Fruit Bar

Lunch

Oven Baked Chicken
WG Roll
OR
Veggie Wrap

Served with

Corn
Garden Bar

Thursday, September 11

Breakfast

Scrambled Eggs &
Cinnamon Toast
OR
Cereal
Sliced Peaches
Breakfast Fruit Bar

Lunch

Orange Chicken
OR
Veggie Egg Rolls
w/Cheese Stick

Served with

WG Rice/Broccoli
Garden Bar

Friday, September 12

Breakfast

Pizza Pinwheels
OR
Cereal
100% Fruit Juice
Breakfast Fruit Bar

Lunch

Cheeseburger Sliders
OR
Toasted Cheese
Sandwich

Served with

Potato Wedges
Garden Bar

Monday, September 15

Breakfast

Muffin
OR
Cereal
Sliced Pears
Breakfast Fruit Bar

Lunch

Hot Dog
OR
Veggie Chili Beans
w/Wheat Crackers

Served with

Frozen Fruit Cup
Garden Bar

Tuesday, September 16

Breakfast

Mini Pancakes &
Sausage
OR
Cereal
Diced Mixed Fruit
Breakfast Fruit Bar

Lunch

Popcorn Chicken
OR
EZ Jammer Sandwich

Served with

Crinkle Cut Fries
Garden Bar

Wednesday, September 17

Breakfast

French Toast Sticks
OR
Cereal
Applesauce
Breakfast Fruit Bar

Lunch

Deli Sandwich
OR
Veggie Sub Sandwich

Served with

Mini Carrots
Garden Bar

Thursday, September 18

Breakfast

Bacon, Eggs &
Hashbrowns
OR
Cereal
Sliced Peaches
Breakfast Fruit Bar

Lunch

Chicken Alfredo
OR
Alfredo Pasta
w/Sunflower Seeds

Served with

WG Roll
Broccoli
Garden Bar

Friday, September 19

Breakfast

Homemade Cinnamon
Roll
OR
Cereal
100% Fruit Juice
Breakfast Fruit Bar

Lunch

Pepperoni Pizza
OR
Cheese Pizza

Served with

Garden Salad
Garden Bar

BREAKFAST FRUIT BAR/GARDEN BAR

Monday

Breakfast

Plums (**HOM**)
Dried Fruit
Applesauce
100% Fruit Juice

Lunch

Garden Salad
Garbanzo Beans (**HOM**)
Sunflower Seeds
Sliced Peaches
Kiwi
Frozen Fruit Cup (**HOM**)

Wednesday

Breakfast

Bananas
Strawberries (**HOM**)
Orange Wedges
100% Fruit Juice

Lunch

Garden Salad
Grape Tomatoes
Cucumber Slices (**HOM**)
Nectarines (**HOM**)
Bananas
Sliced Pears

Friday

Breakfast

Assorted Fresh Fruit
Diced Fruit Cups

Lunch

Garden Salad
Broccoli
Carrots
Chilled Peaches
Jello
Assorted Fresh Fruit

Tuesday

Breakfast

Kiwi
Apples
Mandarin Orange Slices
100% Fruit Juice

Lunch

Spinach Salad
Zucchini Coins (**HOM**)
Jicama w/Tajin
Fresh Peaches (**HOM**)
Melon Chunks (**HOM**)
Bananas

Thursday

Breakfast

Grapes (**HOM**)
Bananas
Apples (**HOM**)
100% Fruit Juice

Lunch

Romaine Salad
Corn w/Tajin
Sweet Peppers (**HOM**)
Strawberries(**HOM**)
Apple Slices
w/ WOWButter
Blueberries (**HOM**)

**HOM=
HARVEST OF
THE MONTH**

Monday, September 22

Breakfast

Pop Tart & Yogurt
OR
Cereal
Sliced Pears
Breakfast Fruit Bar

Lunch

Hamburger
OR
Grilled Cheese
Sandwich

Served with

Tator Tots
Garden Bar

Tuesday, September 23

Breakfast

Stuffed Breakfast
Sandwich
OR
Cereal
Diced Mixed Fruit
Breakfast Fruit Bar

Lunch

Shredded Chicken Taco
OR
Bean & Cheese Burrito

Served with

Salsa
Garden Bar

Wednesday, September 24

Breakfast

Cinnamon Churros
OR
Cereal
Applesauce
Breakfast Fruit Bar

Lunch

BBQ Pulled Pork
Sandwich
OR
Veggie Burger

Served with

Baked Beans
Garden Bar

Thursday, September 25

Breakfast

Sausage Breakfast
Pizza
OR
Cereal
Sliced Peaches
Breakfast Fruit Bar

Lunch

Spaghetti w/meat sauce
OR
Spaghetti w/Cheese
Cheese Stick

Served with

WG Roll
Garden Salad
Garden Bar

Friday, September 26

Breakfast

Chocolate Chip
Banana Bread
OR
Cereal
100% Fruit Juice
Breakfast Fruit Bar

Lunch

Chicken Fries
OR
Cheese Sticks w/
Marinara

Served with

Potato Smiles
Garden Bar

Monday, September 29

Breakfast

Breakfast Benefit Bar
OR
Cereal
Sliced Pears
Breakfast Fruit Bar

Lunch

Pizza Crunchers
OR
Lasagna Casserole

Served with

Mixed Veggies
Garden Bar

Tuesday, September 30

Breakfast

Froot Loop Waffles
With Bacon
OR
Cereal
Diced Mixed Fruit
Breakfast Fruit Bar

Lunch

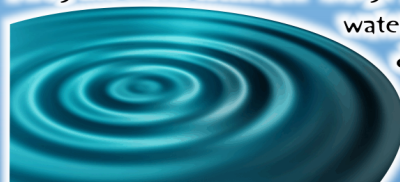
Crispy Chicken
Sandwich
OR
Veggie Wrap

Served with

Potato Wedges
Garden Bar

RIPPLE EFFECT.

Water aids digestion, keeps your skin and other organs healthy, and helps regulate your body temperature. So what's the best way to give your body the water it needs? Easy. Drink fresh, pure water throughout the day, and try to make a habit of choosing water instead of soda.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!