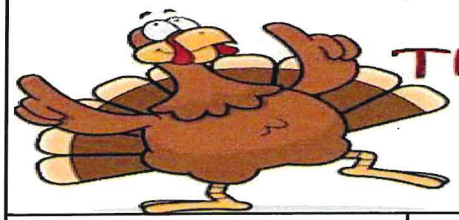
# Nuestro Supper November 2026



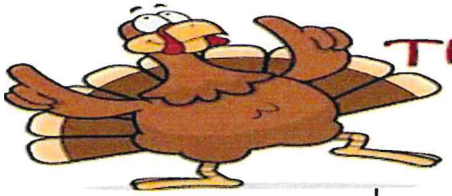

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>Hot Dog 2(WG) 2(MMA)<br>Potato Salad 1/2c (V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c<br>*Lays Potato Chip | 3<br>Nachos w/ Beans & Cheese<br>2(MMA) 2(WG)<br>Garden Salad 1/2c(V)<br>Bananas 1/2c (F)<br>Milk 1c | 4<br>Taquitos (2 MMA) 2(WG)<br>Cucumber Slices 1/2c (V)<br>Pineapple w/ Tajin 1/2c (F)<br>Milk 1c | 5<br>Grilled Cheese Sandwich<br>2(MMA) 2(WG)<br>Potato Smiles 1/2c(V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c | 6<br>Cereal 2(WG)<br>Yogurt & Cheese Stick 2 (MMA)<br>Sliced Cucumbers 1/2c(V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c |
| 9<br>Mozzarella Cheese Quesadilla<br>(2 MMA) 2(WG)<br>Salsa 1/2c (V)<br>Jalapeño Peppers 1/2c (V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c | 10<br>Chicken Tenders<br>2(MMA) 2(WG)<br>Dinner Roll 1 (WG)<br>Potato Smiles 1/2c (V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c | 11<br> | 12<br>Chicken Sandwich<br>(2 MMA) 2(WG)<br>Dinner Roll 1(WG)<br>French Fries 1/2c (V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c | 13<br>Cheese Pull A Part<br>2(MMA) 2(WG)<br>Green Salad 1/2c (V)<br>Oranges 1/2c (F)<br>Milk 1c |
| 16<br>Mini Potato Tacos<br>1(WG) 3(MMA)<br>Corn Salsa 1/2c (V)<br>Orange Wedges 1/2c (F)<br>Milk 1c | 17<br>Pepperoni Hot Pocket<br>3(MMA) 2(WG)<br>Green Salad 1/2c(V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c | 18<br>Chicken Nuggets<br>2(MMA) 2(WG)<br>Dinner Roll 1 (WG)<br>Green Salad 1/2c (V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c | 19<br>Pizza (2 MMA) 2(WG)<br>Tater Tots 1/2c(V)<br>Fresh Fruit1/2c (F)<br>Milk 1c<br>*Rice Crispy Treat | 20<br>P.J or Sun Butter<br>Sandwich w/ Cheese<br>1(WG) 2(MMA)<br>Baby Carrots 1/2c(V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c |
| 23<br> | 24<br>**Thanksgiving Break**<br>**No School**<br>No School Monday November 23rd – November 27th<br>School Resumes on Monday November 30th | 25 | 26<br> | 27<br> |
| 30<br>Cereal 2(WG)<br>Yogurt & Cheese Stick 2 (MMA)<br>Sliced Cucumbers 1/2c(V)<br>Fresh Fruit 1/2c (F)<br>Milk 1c |  | **Minimum Meal Components Offered Daily:**<br>Milk 1 Cup (F) Fruit 1/4C (V) Veggies 1/2C (WG) Grains/Bread<br>1WG (MMA) Meat/Meat Alternate 2M/MA C= Cup<br>* Garden Salad 1C Serving Equivalent to 1/2C V<br>* Box Raisins/dried mixed fruit 1/4C serving Equivalent to 1/2C F<br>* Choose **3 out of the 5** Components to make a complete meal! | | **Offered with each choice:**<br>**Non-Fat Chocolate Milk**<br>**or**<br>**1% White Milk** |

# Nuestro Lunch November 2026

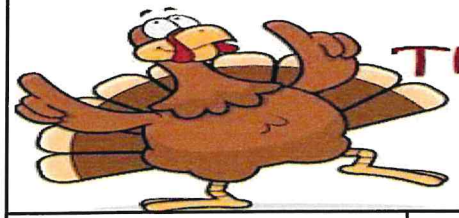


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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>Pepperoni Stuffed Sandwich<br>or<br>Grilled Cheese Sandwich<br>Offered with each Choice:<br>Steamed Mixed Veggies | 3<br>Orange Chicken & Noodles<br>or<br>Veggie Egg Roll w/ Rice<br>Offered with each Choice:<br>Steamed Broccoli<br>Fortune Cookie | 4<br>Bacon Cheeseburger<br>or<br>Black Bean Burger<br>Offered with each Choice:<br>French Fries | 5<br>Meat Sheet-Pan Lasagna<br>or<br>Mac & Cheese<br>Offered with each Choice:<br>Steamed Carrots<br>Dinner Rolls | 6<br>Chicken Tamale<br>or<br>Cheese Quesadilla<br>Offered with each Choice:<br>Steamed Corn |
| 9<br>Pepperoni Pizza<br>or<br>Cheese Pizza<br>Offered with each Choice:<br>Steamed Mixed Veggies | 10<br>Teriyaki Chicken w/ Noodles<br>or<br>Teriyaki Tofu w/ Noodles<br>Offered with each Choice: Steamed Broccoli<br>Fortune Cookie | 11<br> | 12<br>Salsbury Steak w/ White Rice<br>or<br>Veggie Stacker Sandwich<br>Offered with each Choice:<br>Steamed Green Beans | 13<br>Chicken Quesadilla<br>or<br>Bean & Cheese Burrito<br>Offered with each Choice:<br>Steamed Corn |
| 16<br>Chicken Tenders<br>or<br>Italian Pull-A-Part<br>Offered with each Choice:<br>Potato Wedges | 17<br>Chicken Fried Rice<br>w/ Chicken Egg Roll<br>or<br>Asian Tofu Wrap<br>Offered with each Choice:<br>Steamed Broccoli<br>Fortune Cookie | 18<br>Mini Corn Dogs<br>or<br>Cheese Bites<br>Offered with each Choice:<br>French Fries | 19<br>Turkey & Gravy w/<br>Mashed Potatoes & Dinner Roll<br>or<br>PBJ Or Wow Butter w/ Cheese Sticks<br>Offered with each Choice:<br>Steamed Green beans | 20<br>Soft Turkey Taco<br>or<br>Cheese Tamale<br>Offered with each Choice:<br>Steamed Corn |
| 23<br> | 24<br>**Thanksgiving Break**<br>**No School**<br>No School Monday November 23rd – November 27th<br>School Resumes on Monday November 30th | 25 | 26<br> | 27<br> |
| 30<br>Pepperoni Pizza<br>or<br>Cheese Pizza<br>Offered with each Choice:<br>Steamed Mixed Veggies |  |  | **Offered with each choice:**<br>**Non-Fat Chocolate Milk**<br>**or**<br>**1% White Milk** |  |

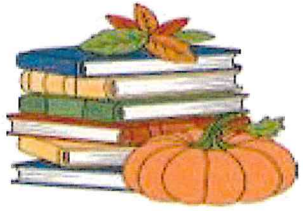
# Nuestro Breakfast November 2026

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>Maple Pancakes<br>or<br>Cereal<br>Offered with each choice<br>Chilled Peaches & Juice | 3<br>Cheese Egg English Muffin<br>w/ Tater Tots<br>or<br>Cereal<br>Offered with each choice<br>Orange Wedges & Juice | 4<br>Loaded Breakfast Burrito<br>or<br>Cereal<br>Offered with each choice<br>Frozen Fruit Cup & Juice | 5<br>Muffin Bread & Raspberry Peach Yogurt<br>or<br>Cereal<br>Offered with each choice<br>Bananas & Juice | 6<br>Pizza Puffs<br>or<br>Cereal<br>Offered with each choice<br>Fresh Fruit Choice & Juice |
| 9<br>Trix French Toast w/ Trix Yogurt<br>or<br>Cereal<br>Offered with each choice<br>Chilled Peaches & Juice | 10<br>Sausage & Cheese Bagel<br>w/ Tater Tots<br>or<br>Cereal<br>Offered with each choice<br>Orange Wedges & Juice | 11<br> | 12<br>Strawberry Bagel w/ Danimal Yogurt Cup<br>or<br>Cereal<br>Offered with each choice<br>Bananas & Juice | 13<br>Cinnamon Rolls<br>or<br>Cereal<br>Offered with each choice<br>Fresh Fruit Choice & Juice |
| 16<br>Chicken Waffle Sandwich<br>or<br>Cereal<br>Offered with each choice<br>Chilled Peaches & Juice | 17<br>Cheese Egg Bacon Croissant<br>w/ Tater Tots<br>or<br>Cereal<br>Offered with each choice<br>Orange Wedges & Juice | 18<br>Breakfast Pizza<br>or<br>Cereal<br>Offered with each choice<br>Frozen Fruit Cup & Juice | 19<br>Scone w/ Greek Yogurt<br>or<br>Cereal<br>Offered with each choice<br>Bananas & Juice | 20<br>Pizza Puffs<br>or<br>Cereal<br>Offered with each choice<br>Fresh Fruit Choice & Juice |
| 23<br> | 24<br>**Thanksgiving Break**<br>**No School**<br>No School Monday November 23rd – November 27th<br>School Resumes on Monday November 30th | 25 | 26<br> | 27<br> |
| 30<br>. Trix French Toast w/ Trix Yogurt<br>or<br>Cereal<br>Offered with each choice<br>Chilled Peaches & Juice |  |  |  | **Offered with each choice:**<br>**Non-Fat Chocolate Milk**<br>**or**<br>**1% White Milk** |

# Nuestro After School Snack November 2026

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| 2<br>Garden Salsa Sun Chips 2(WG)<br>Juice 3/4c (F) | 3<br>Pretzel Sticks 1(WG)<br>Whole Apple 1c (F) | 4<br>Cheddar Popcorn 1(WG)<br>Juice 3/4c (F) | 5<br>Sports Bite Crackers 1(WG)<br>Whole Banana 1c (F) | 6<br>Cereal 1(WG)<br>Juice 3/4c (F) |
| 9<br>Cheeze-It's 1(WG)<br>Juice 3/4c (F) | 10<br>Chocolate Chip Waffle Crackers 2(WG)<br>Whole Banana 1c (F) | 11<br> | 12<br>Multigrain Sun Chips 2 (WG)<br>Whole Apple 1c (F) | 13<br>Wheat Thin Crackers 2(WG)<br>Juice 3/4c (F) |
| 16<br>Chex Mix Cheddar Cheese 1(WG)<br>Juice 3/4c (F) | 17<br>Animal Crackers Berry 1(WG)<br>Juice 3/4c (F) | 18<br>Cheddar Sun Chips 2 (WG)<br>Juice 3/4c (F) | 19<br>Cheetos Puffs 1(WG)<br>Juice 3/4c (F) | 20<br>Blueberry Lemon Crispy Bites 1(WG)<br>Apple Slices 1c (F) |
| 23<br> | 24<br>Thanksgiving Break<br>No School<br>No School Monday November 23rd – November 27th<br>School Resumes on Monday November 30th | 25 | 26<br> | 27<br> |
| 30<br>Cheeze-It's 1(WG)<br>Juice 3/4c (F)<br>. |  |  |  | <br> |