

October 2026 Farms Intermediate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 A. Sweet & Sour Chicken & Rice B. Chicken Caesar Salad Fruit & Veggie Bar Milk	2 A. Bosco Sticks with Marinara Sauce B. Italian Sub Fruit & Veggie Bar Milk
5 A. Pizza Variety B. Taco Salad Fruit & Veggie Bar Milk	6 A. Popcorn Chicken with a Whole Grain Breadstick B. Chicken Caesar Salad Fruit & Veggie Bar Milk	7 A. Grilled Cheese & Sweet Potato Waffle Fries B. Turkey and American Cheese Sub Fruit & Veggie Bar Milk	8 A. French Toast Sticks & Sausage B. Chicken Caesar Salad Fruit & Veggie Bar Milk	9 A. Pasta & Meat Sauce with Garlic Toast B. Italian Sub Fruit & Veggie Bar Milk
12 A. Pizza Variety B. Taco Salad Fruit & Veggie Bar Milk	13 A. Chicken Nuggets Whole Grain Pretzel Rod B. Chicken Caesar Salad Fruit & Veggie Bar Milk	14 A. Hot Dog on a Whole Grain Bun B. Turkey and American Cheese Sub Fruit & Veggie Bar Milk	15 A. Dorito Walking Taco B. Chicken Caesar Salad Fruit & Veggie Bar Milk	16 A. Alfredo Penne Pasta Whole Grain Garlic Toast B. Italian Sub Fruit & Veggie Bar Milk
19 A. Pizza Variety B. Taco Salad Fruit & Veggie Bar Milk	20 A. Chicken Drumstick Whole Grain Roll B. Chicken Caesar Salad Fruit & Veggie Bar Milk	21 A. Cheeseburger on a Whole Grain Bun B. Turkey and American Cheese Sub Fruit & Veggie Bar Milk	22 A. Mini Pancakes Sausage B. Chicken Caesar Salad Fruit & Veggie Bar Milk	23 A. Cheesy Bread B. Italian Sub Fruit & Veggie Bar Milk
26 No School!	27 A. Homestyle Chicken Patty on a Whole Grain Bun B. Chicken Caesar Salad Fruit & Veggie Bar Milk	28 A. Mini Corn Dogs B. Turkey and American Cheese Sub Fruit & Veggie Bar Milk	29 A. Sweet & Sour Chicken & Rice B. Chicken Caesar Salad Fruit & Veggie Bar Milk	30 A. Bosco Sticks with B. Italian Sub Fruit & Veggie Bar Milk

Lunch Choices available daily:

- C. Yogurt, Muffin, Cheese stick, Fruit, Veggie & Milk
D. Ez-Jammer Sandwich (soy butter and jelly), Fruit, Veggie & Milk

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel & Cream Cheese, Fruit & Milk	Banana Bread, Fruit & Milk	Yogurt, Mini Muffin, Fruit & Milk	Fruit Smoothie, Fruit & Milk	Whole Grain Breakfast Bun, Fruit & Milk

School Meal Update for 2026-27

All students will continue to receive breakfast and lunch at school at no charge for the 2026-27 school year. Please remind your student that for a meal to be free, they must choose a fruit or vegetable every time. Each student may only have 1 free breakfast and 1 free lunch per school day. All students will continue to pay for ala carte items, second servings and ala carte milk. Students only get 1 milk free when it is part of a complete meal. Even though meals will be provided for free, it is important for families to continue to fill out the Education and Nutrition Benefits Application. An approved application may allow families to receive additional assistance. If you have additional questions, please call our Student Nutrition office at 810-626-2868. This institution is an equal opportunity provider.