



Buena Vista Middle School Breakfast and Lunch Menu

Week of March 30th-April 3rd (Free for Students)

Menu created by Ordo - Made fresh daily - On the Roll Catering (Week1)



Lunch 1
Grilled Cheese with Potato Wedges & Apple (K-8)
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Sesame free Whole Grain



Lunch 2
Cheeseburger with Potato Wedges & Apple (K-8)
 Peanut free Seafood free
 Tree-nut free Egg free
 Whole Grain



Breakfast 1
Cheerios & String Cheese with Applesauce
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Soy free Egg free Sesame free
 Whole Grain



Breakfast 2
Rice Chex with Applesauce
 Vegan Peanut free Vegetarian
 Gluten free Seafood free
 Tree-nut free Soy free
 Dairy free Egg free
 Sesame free Whole Grain



Breakfast 3
Whole Grain Bagel & Cream Cheese with Applesauce
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Soy free Egg free Sesame free
 Whole Grain



Lunch 1
Cheese Quesadilla with Southwest Pinto Beans & Orange Wedges (K-8)
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Egg free Sesame free
 Whole Grain



Lunch 2
Beef Soft Taco with Southwest Pinto Beans & Orange Wedges (K-8)
 Peanut free Seafood free
 Tree-nut free Egg free
 Sesame free Whole Grain



Breakfast 1
Housemade Choco Chip Granola Bar with Pear
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Sesame free Whole Grain



Breakfast 2
Rice Chex with Pear
 Vegan Peanut free Vegetarian
 Gluten free Seafood free
 Tree-nut free Soy free
 Dairy free Egg free
 Sesame free Whole Grain



Breakfast 3
Cheerios & String Cheese with Pear
 Peanut free Vegetarian
 Seafood free Tree-nut free
 Soy free Egg free Sesame free
 Whole Grain

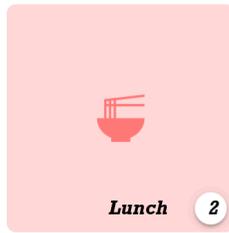


Lunch 1

☰ Lunch

Chicken Nuggets & Creamy Cheddar Mac with Steamed Broccoli & Apple (K-8)

Peanut free Seafood free
Tree-nut free Egg free
Sesame free Whole Grain



Lunch 2

☰ Lunch

Creamy Cheddar Mac & Whole Grain Roll with Steamed Broccoli & Apple (K-8)

Peanut free Vegetarian
Tree-nut free Whole Grain

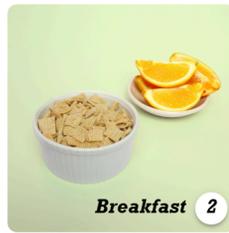


Breakfast 1

☰ Breakfast

Cheerios & String Cheese with Orange Wedges

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Egg free Sesame free
Whole Grain



Breakfast 2

☰ Breakfast

Rice Chex with Orange Wedges

Vegan Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain

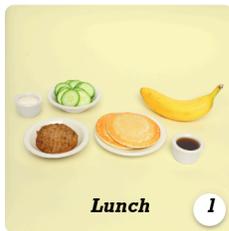


Breakfast 3

☰ Breakfast

Whole Grain Blueberry Muffin with Orange Wedges

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Sesame free
Whole Grain



Lunch 1

☰ Lunch

Turkey Sausage & Cinnamon Pancakes with Cucumber Coins & Banana (K-8)

Peanut free Seafood free
Tree-nut free Soy free
Egg free Sesame free
Whole Grain



Lunch 2

☰ Lunch

Scrambled Egg & Cinnamon Pancakes with Cucumber Coins & Banana (K-8)

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Sesame free
Whole Grain



Breakfast 1

☰ Breakfast

Rice Chex with Apple

Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain



Breakfast 2

☰ Breakfast

Whole Grain Cinnamon Crumb Muffin with Apple

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Sesame free
Whole Grain



Breakfast 3

☰ Breakfast

Cheerios & String Cheese with Apple

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Egg free Sesame free
Whole Grain



Lunch 1

☰ Lunch

Cheese Pizza Calzone with Baby Carrots & Pear (K-8)

Peanut free Vegetarian
Seafood free Tree-nut free
Egg free Sesame free
Whole Grain



Lunch 2

☰ Lunch

BBQ Chicken Calzone with Baby Carrots & Pear (K-8)

Peanut free Seafood free
Tree-nut free Egg free
Sesame free Whole Grain



Breakfast 1

☰ Breakfast

Protein Choco Chip Mini Muffins with Banana

Peanut free Vegetarian
Seafood free Tree-nut free
Sesame free Whole Grain

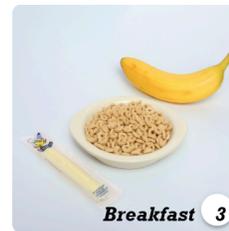


Breakfast 2

☰ Breakfast

Rice Chex with Banana

Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain



Breakfast 3

☰ Breakfast

Cheerios & String Cheese with Banana

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Egg free Sesame free
Whole Grain

All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by On the Roll Catering.. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.