



North East ISD Athletic Department

VIRGIL T. BLOSSOM ATHLETIC CENTER

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NEISD Middle School Return to Play Guidelines (Parent/Guardian)

Anyone suspected of a head injury must be removed immediately from activity and be evaluated by a physician.

PARENT/GUARDIAN

- ✓ If you suspect your child of a head injury/concussion, or after being contacted by their coach, they must be removed from activity and evaluated by a physician of your choice.
- ✓ Your coach will give you the NEISD Return to Play (RTP) protocol paperwork. Take these forms to the doctor to sign and return. Most doctors will oblige and/or give you their specific documentation.
- ✓ Following clearance (Phase 1 and within 48 hours) contact your feeder high school Athletic Trainer by email, office phone or coordinate with your middle school coach to setup a RTP **initial** meeting (Phase 1.5).
- ✓ Phases 2-5 (at 48 hour intervals) will be completed between the student-athlete and a middle school coach not responsible for the in-season athletic activity.
- ✓ Upon completion of Phase 5, and within 48 hours, contact your feeder high school Athletic Trainer by email, office phone or coordinate with your middle school coach to setup a RTP **review** meeting (Phase 5.5) to document the completion of previous phases and to ensure return to full activity is in the best interest of the student-athlete.
- ✓ Student-athlete may progress into full game activity after review meeting. Documentation, in the form of UIL and NEISD RTP paperwork should be kept at both middle school and high school campuses to provide a means of tracking head injuries/concussions for every student-athlete.