

## Wellness Committee Meeting #5 – School Year 2025-2026

**Date:** Monday, February 2, 2026

**Time:** 11:30 AM

**Location:** Silver Strand Elementary School, Classroom #403

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### Attendance

- Amanda Tarantino – CNS Supervisor/RD
  - Kristen Schaffer – CNS Dietetic Intern
  - Ellie Bright, student
  - Elsie Steffer, student
  - Lucille Valley, student
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### Meeting Summary

#### Current Local School Wellness Committee Goal:

To increase student meal satisfaction by empowering student leadership and voice through the creation of the **Student Nutrition Advisory Committee (SNAC)**.

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### Discussion Topics

#### 1. Assessment of Strand Elementary School Lunch Survey Results

- Reviewed results from recent customer service survey administered to 150 students.
  - Round table discussion on strengths and opportunities:
    - Many students want more pizza, strawberries, and ice cream for midweek munchies.
    - Some kids don't like chicken & waffles together.
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#### 2. Discussion of potential changes that can be made to cafeteria

- Reviewed ways to ensure students eat their main meal before consuming mid-week treat
- Students would like to see sushi added, but this is hard with CNS staffing constraints

- Would like to serve dirt & works dessert on earth day (April 22)
- Student's would like a change from the brown rice to the vegetarian fried rice on orange chicken days.

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### **3. Discussion about taste test for new menu item: Crispy Vegetarian Spring Rolls**

- SNAC committee to help with taste-test stations for Crispy Vegetarian Spring Rolls next Monday, February 9<sup>th</sup>, during lunch

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#### **Next Meeting**

Sometime in March/April during the lunch period

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**Meeting Adjourned:** 12:00 PM on February 2, 2026