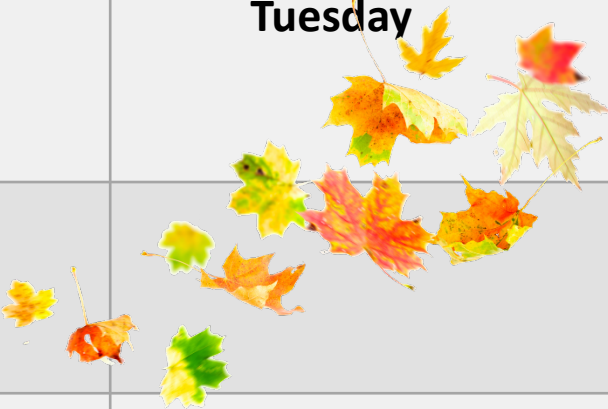


Meridian Elementary School Breakfast/Lunch Menu October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				
		1 <u>Breakfast</u> Assorted Muffins <u>Lunch</u> Fish Sticks Pasta Salad	2 <u>Breakfast</u> Lucky Parfait <u>Lunch</u> Corn Dogs French Fries	3 <u>Breakfast</u> Bagels and Gogurt <u>Lunch</u> Turkey Ranch Wrap Doritos
6 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Cheeseburgers French Fries	7 <u>Breakfast</u> Cowboy Bread <u>Lunch</u> Pizza Rounds Graham Crackers	8 <u>Breakfast</u> Scrambled Eggs <u>Lunch</u> Chicken Nuggets Mashed Potatoes	9 <u>Breakfast</u> French Toast Sticks <u>Lunch</u> Mac N' Cheese Bread Sticks	10 <u>Breakfast</u> Breakfast Burrito <u>Lunch</u> Turkey Sandwich Doritos
13 <u>No School</u> Teachers in-service day	14 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Spaghetti Bread Sticks	15 <u>Breakfast</u> Assorted Muffins <u>Lunch</u> Nachos Refried Beans	16 <u>Breakfast</u> Yogurt Parfait <u>Lunch</u> Hot Dogs Macaroni Salad	17 <u>Breakfast</u> Bagels and Gogurt <u>Lunch</u> Tuna Salad Doritos
20 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Chicken Alfredo Bread Sticks	21 <u>Breakfast</u> Cowboy Bread <u>Lunch</u> French Bread Pizza Graham Crackers	22 <u>Breakfast</u> Scrambled Eggs <u>Lunch</u> Chicken Noodle Soup Rolls	23 <u>Breakfast</u> French Toast Sticks <u>Lunch</u> Bean Burrito Mexican Rice	24 <u>Breakfast</u> Breakfast Burrito <u>Lunch</u> Corn Dogs French Fries
27 <u>Breakfast</u> Assorted Cereal <u>Lunch</u> Turkey Tacos Mexican Rice	28 <u>Breakfast</u> Assorted Muffins <u>Lunch</u> Grilled Cheese Tomato Soup	29 <u>Breakfast</u> Lucky Parfait <u>Lunch</u> Fish Sticks Pasta Salad	30 <u>Breakfast</u> Cowboy Bread <u>Lunch</u> Pizza Squares Graham Crackers	31 <u>Breakfast</u> Bagels and gogurt <u>Lunch</u> Turkey Sandwich Doritos

ALL MEALS ARE FREE TO STUDENTS DAILY!

¡TODAS LAS COMIDAS SON GRATIS PARA LOS ESTUDIANTES TODOS LOS DÍAS!

Breakfast is served daily starting at 7:30 a.m. and Lunch starting at 11:45 a.m. Cafeteria doors will remain locked until 7:30 a.m. Breakfast includes an entrée, fresh fruit, milk, and fruit juice. Lunch includes an entrée, fresh vegetable, fruit, and milk. Peanut butter and jelly sandwiches are available as a substitute daily. Tuesdays, Thursdays, and Fridays the salad bar is open. If you have any questions or concerns please contact Ms. Amanda at (530) 696-2604 ext. 104.

El desayuno se sirve todos los días a partir de las 7:30 a.m. y el almuerzo a partir de las 11:45 a.m. Las puertas de la cafetería permanecerán cerradas hasta las 7:30 a.m. El desayuno incluye un plato principal, fruta fresca, leche y zumo de frutas. El almuerzo incluye un plato principal, verduras frescas, fruta y leche. Los sándwiches de mantequilla de maní y mermelada están disponibles como sustituto todos los días. Los martes, jueves y viernes está abierto el bar de ensaladas. Si tiene alguna pregunta o inquietud, comuníquese con la Sra. Amanda al (530) 696-2604 ext. 104.

This institution is an equal opportunity provider. Menu is subject to change.

