

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru Jun 5, 2026

Menu Name: ELEMENTARY LUNCH K-5

Include Cost: Yes

Site:

Use Alternate Menu Name: No

Friday - 05/01/2026

Reimbursable Meal Total 3000

|   | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS | 1 TAMALES      | 1500      | 309                      | 6.53                   | 622                    | 1.06             | 0.00                          | 13.76     | 0.00       | 56          | 28.40    | 2.70      | 17.27     | *N/A*           | 202.6                  | 3.59       | 1.37      | \$0.000 |
| 003330 POTATO & CHEESE MINI TACOS (4 COUNT)         | SERVING (4 EA) | 1500      | 300                      | 6.00                   | 310                    | 1.00             | 0.00                          | 11.00     | 0.00       | 25          | 41.00    | 5.00      | 11.00     | *N/A*           | 260.0                  | *N/A*      | 1.10      | \$0.000 |
| 002673 VEG, CORN CANNED - SYSCO                     | #8 SCOOP       | 3000      | 54                       | 0.00                   | 152                    | 5.42             | *N/A*                         | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2                    | 0.00       | 0.00      | \$0.000 |
| 003347 LETTUCE SHREDDED (1/4") FRESH                | SERVINGS       | 1500      | 15                       | 0.00                   | 10                     | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0                   | *N/A*      | 0.36      | \$0.000 |
| 003348 SALSA MILD RED GOLD (SYSCO)                  | SERVING 2 TBSP | 1500      | 10                       | 0.00                   | 70                     | 1.00             | 1.00                          | 0.00      | 0.00       | 0           | 2.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | *N/A*      | 0.00      | \$0.000 |
| 000630 VEG, JALAPENO PEPPERS                        | #30 SCOOP      | 1500      | 5                        | 0.00                   | 290                    | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 1.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                            | .25 CUP        | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*                         | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003160 BAR, PINTO BEAN (COLD)                       | #8 SCOOP       | 1500      | 148                      | 0.00                   | 404                    | *0.18            | *0.18                         | 1.50      | *0.00      | 0           | 27.27    | 9.03      | 9.02      | *0              | 0.4                    | 0.02       | 0.02      | \$0.000 |
| 003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO)  | 1/4 CUPS       | 1500      | 110                      | 5.00                   | 180                    | 0.00             | 0.00                          | 9.00      | 0.00       | 30          | 1.00     | 0.00      | 6.00      | *N/A*           | 200.0                  | *N/A*      | 0.00      | \$0.000 |
| 003138 PINEAPPLE RAW                                | 1/2C SERVING   | 3000      | 60                       | 0.00                   | 1                      | 11.40            | 0.00                          | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0                   | 5806.00    | 0.05      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH         | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                         | EACH           | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                         | EACH           | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 000230 MILK,1% WHITE                          | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 802                      | 8.83                   | 1387                   | *46.44           | *0.95                         | 21.69     | *0.00      | 63          | 115.30   | 15.77     | 33.89     | *4              | *712.9                 | *5841.56   | *1.99     | \$0.000 |
| % of Calories                                 |              |           |                          | 9.91%                  |                        | *23.16 %         | *0.47%                        | 24.3%     | *0.0%      |             | 57.5%    |           | 16.9%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

## Monday - 05/04/2026

Reimbursable Meal Total 3000

|  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003202 WRAP SPINACH, CHICKEN HONEY MUSTARD | EACH         | 1500      | 684                      | 14.26                  | 1403                   | *11.00           | *2.00                         | 40.54     | *0.00      | 100         | 48.79    | 3.40      | 36.39     | *0              | 331.0                  | 4.80       | 3.93      | \$0.000 |
| 002189 BREADSTICK, CHEESE 4 BITES          | 4 EACH       | 1500      | 280                      | 4.00                   | 540                    | 0.00             | *N/A*                         | 12.00     | 0.00       | 20          | 28.00    | 4.00      | 16.00     | *N/A*           | 240.0                  | 0.00       | 1.44      | \$0.000 |
| 000391 POTATO, SMILES                      | SERVINGS (6) | 3000      | 130                      | 0.50                   | 180                    | 0.00             | *N/A*                         | 4.50      | 0.00       | 0           | 20.00    | 2.00      | 2.00      | *N/A*           | 0.0                    | 2.40       | 0.36      | \$0.000 |
| 003064 LETTUCE GREEN LEAF                  | 1/2 cup      | 1500      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000 |
| 000042 VEG, PICKLES DILL                   | 8 each       | 1500      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES            | SERVING      | 1000      | 92                       | 0.00                   | 2                      | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002752 FRUIT, RAISINS UNSWEETENED          | BOX          | 1000      | 114                      | 0.00                   | 4                      | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 30.00    | 1.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 000776 VEG, TOMATO FRESH                            | 4 SLICES     | 1500      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000  |
| 000450 VEG, CARROTS BABY                            | BAG          | 1000      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1                   | 6.19       | 0.66      | \$0.000  |
| 003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)      | SERVINGS     | 500       | 125                      | 0.00                   | 0                      | 27.00            | *N/A*                         | 0.00      | 0.00       | 0           | 32.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.540 |
| 002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)      | SERVING      | 500       | 90                       | 0.00                   | 0                      | 16.00            | *N/A*                         | 0.00      | 0.00       | 0           | 20.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$11.400 |
| 002187 FRUIT, PEACH CUP FROZEN (USDA 100241)        | SERVING      | 500       | 90                       | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS     | 500       | 80                       | 0.00                   | 0                      | 16.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.825 |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000  |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000  |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000  |
| 000230 MILK,1% WHITE                                | CARTON       | 500       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000  |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000  |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000  |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)       | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000  |
| Weighted Daily Average                              |              |           | 932                      | 9.67                   | 1503                   | *57.54           | *1.37                         | 31.41     | *0.00      | *66         | 130.05   | 11.49     | 37.87     | *47             | *590.0                 | *32.02     | *3.95     | \$8.218  |
| % of Calories                                       |              |           |                          | 9.34%                  |                        | *24.70 %         | *0.59%                        | 30.3%     | *0.0%      |             | 55.8%    |           | 16.3%     |                 |                        |            |           |          |
| Weekly Nutrient Guideline                           |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |          |

Tuesday - 05/05/2026

Reimbursable Meal Total 3000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 001862 PIZZA PEPPERONI 5" WG (WILD MIKES)           | EACH         | 1500      | 417                      | 8.13                   | 640                    | 5.08             | 0.00                          | 17.28     | 0.00       | 41          | 36.60    | 1.02      | 19.32     | *N/A*           | 374.1                  | 6.10       | 2.03      | \$0.000   |
| 003379 PIZZA, PEPPERONI WG (SCHWAN'S)               | EACH         | 750       | 310                      | 5.01                   | 511                    | 8.01             | 2.00                          | 13.02     | 0.00       | 35          | 33.04    | 3.00      | 17.02     | 70              | 240.3                  | 0.00       | 2.20      | \$287.540 |
| 001861 PIZZA CHEESE 5" WG (WILD MIKES)              | EACH         | 750       | 360                      | 8.00                   | 510                    | 4.00             | *N/A*                         | 17.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*           | 450.0                  | 6.00       | 2.70      | \$0.000   |
| 000424 VEG, GREEN BEANS                             | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 003286 FRUIT ROLL UP CRAZY COLOR 0.5 OZ             | EACH         | 3000      | 50                       | 0.50                   | 55                     | 4.00             | 4.00                          | 1.00      | *N/A*      | *N/A*       | 11.00    | 2.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000   |
| 003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE | SERVINGS     | 2000      | 69                       | 2.83                   | 130                    | 0.64             | 0.64                          | 5.18      | 0.00       | 11          | 2.30     | 0.00      | 3.59      | *N/A*           | 80.8                   | *N/A*      | 0.05      | \$0.000   |
| 002481 SALAD, SPINACH & ROMAINE                     | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000   |
| 003165 BAR VEG, PEAS FROZEN SYSCO                   | .5 CUP       | 2000      | 46                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*           | 9.2                    | 0.00       | 0.66      | \$0.000   |
| 002957 PEPPERONCINI WHOLE                           | SERVING (3)  | 2000      | 5                        | 0.00                   | 620                    | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     | 1.00      | *N/A*     | *N/A*           | 250.0                  | 0.00       | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                                | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000  |
| Weighted Daily Average                        |              |           | 737                      | 9.77                   | 1430                   | *38.97           | *5.29                         | 21.66     | *0.00      | *53         | 98.69    | 12.39     | *35.16    | *21             | *954.2                 | *44.88     | *3.65     | \$71.885 |
| % of Calories                                 |              |           |                          | 11.93 %                |                        | *21.15 %         | *2.87%                        | 26.5%     | *0.0%      |             | 53.6%    |           | *19.1%    |                 |                        |            |           |          |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |          |

## Wednesday - 05/06/2026

Reimbursable Meal Total 3000

|  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 001488 CHICKEN, ORANGE MANDARIN NOODLE | SERVING         | 1500      | 350                      | 0.83                   | 489                    | *N/A*            | *N/A*                         | 7.87      | *0.00      | 40          | 54.16    | 3.45      | 18.00     | *N/A*           | 18.0                   | 1.28       | 3.08      | \$0.000 |
| 003059 TOFU NOODLE BOWL GENERAL TSO    | 4OZ. HEAP SPOOD | 1500      | 219                      | 0.22                   | 125                    | *2.80            | *N/A*                         | 7.49      | 0.00       | 0           | 27.28    | 2.01      | 14.54     | *N/A*           | 58.0                   | 0.00       | 2.88      | \$0.000 |
| 002476 VEG, BROCCOLI STEAMED           | .5 CUP          | 3000      | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000607 COOKIE, FORTUNE                 | COOKIE          | 3000      | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE        | 1EA #8 SCOOP    | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000 |
| 003309 NOODLE, CHOW MEIN LA CHOY - DRY | #8 SCOOP        | 2000      | 130                      | 1.50                   | 250                    | 0.00             | 0.00                          | 5.00      | *N/A*      | 0           | 19.01    | 2.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 1.60      | \$0.000 |
| 002197 VEG, KIDNEY BEANS               | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2.00             | *N/A*                         | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003137 CUCUMBER RAW                    | 1/2C SERVING    | 2000      | 8                        | 0.00                   | 1                      | 0.90             | 0.00                          | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003163 BAR, MANGO (FRESH 4OZ PK)       | cup             | 2000      | 136                      | 0.21                   | 2                      | 30.87            | 0.00                          | 0.86      | 0.00       | 0           | 33.85    | 3.62      | 1.85      | 122             | 24.9                   | 82.26      | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE        | 1 EACH          | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH            | EACH            | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 795                      | 1.73                   | 753                    | *54.56           | *0.37                         | 12.72     | *0.00      | 28          | 141.82   | 18.29     | 38.36     | *85             | *422.4                 | *95.81     | *5.22     | \$0.000 |
| % of Calories                                 |              |           |                          | 1.96%                  |                        | *27.45 %         | *0.19%                        | 14.4%     | *0.0%      |             | 71.4%    |           | 19.3%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

Thursday - 05/07/2026

Reimbursable Meal Total 3000

|  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003333 CHICKEN DOUBLE DOGS IW              | SERVING      | 1500      | 251                      | 2.51                   | 713                    | 4.01             | 4.01                          | 9.03      | 0.00       | 20          | 32.11    | 2.01      | 12.04     | *N/A*           | 80.3                   | *N/A*      | 1.71      | \$0.000 |
| 003220 MAC & CHEESE JTM (W/MILK)           | 6 OZ SERVING | 1500      | 327                      | 9.01                   | 793                    | 4.13             | *N/A*                         | 16.19     | 0.00       | 47          | 29.21    | 2.00      | 15.75     | *N/A*           | 398.1                  | 0.09       | 1.00      | \$0.000 |
| 003260 BREAD DINNER ROLL WG FRANZ (1 ROLL) | 1 EACH       | 1500      | 70                       | 0.00                   | 90                     | 1.00             | *N/A*                         | 0.50      | 0.00       | 0           | 13.00    | 1.00      | 3.00      | *N/A*           | 14.0                   | 0.00       | 1.00      | \$0.000 |
| 002987 POTATO MCCAIN REG CRINKLE FRY       | SERVINGS     | 3000      | 120                      | 0.50                   | 35                     | 0.00             | *N/A*                         | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0                   | 0.00       | 0.30      | \$0.000 |
| 003064 LETTUCE GREEN LEAF                  | 1/2 cup      | 2000      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000 |
| 000042 VEG, PICKLES DILL                   | 8 each       | 2000      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 000776 VEG, TOMATO FRESH                      | 4 SLICES       | 2000      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000 |
| 002279 VEG, ONION SLICED                      | 2 SLICES       | 2000      | 36                       | 0.00                   | 9                      | *N/A*            | *N/A*                         | 0.09      | 0.00       | 0           | 8.56     | 1.02      | 0.91      | *N/A*           | 22.7                   | 5.44       | 0.30      | \$0.000 |
| 003346 COLESLAW                               | SERVING (5CUP) | 2000      | 151                      | 2.00                   | 291                    | 11.20            | *8.00                         | 11.00     | *0.00      | 10          | 13.34    | 2.14      | 1.07      | *N/A*           | 0.0                    | *0.00      | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH         | 750       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH           | 750       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH           | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON         | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON         | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING        | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING        | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |                |           | 774                      | 7.65                   | 1452                   | *37.55           | *7.71                         | 26.27     | *0.00      | *48         | 111.81   | 8.91      | 28.39     | *62             | *628.1                 | *38.22     | *3.12     | \$0.000 |
| % of Calories                                 |                |           |                          | 8.90%                  |                        | *19.41 %         | *3.98%                        | 30.5%     | *0.0%      |             | 57.8%    |           | 14.7%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |                |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

Friday - 05/08/2026

Reimbursable Meal Total 3000

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS | 1 BURRITO    | 1500      | 331                      | 3.73                   | 452                    | 1.37             | 0.00                          | 10.60     | 0.00       | 23          | 42.03    | 7.57      | 16.81     | *N/A*           | 111.0                  | 1.34       | 3.89      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|  | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003075 BURRITO BEAN AND CHEESE LOS CABOS           | 1 BURRITO      | 1500      | 321                      | 3.54                   | 475                    | 1.75             | 0.00                          | 8.79      | 0.00       | 15          | 44.17    | 8.17      | 16.71     | *N/A*           | 171.1                  | 1.64       | 3.85      | \$0.000 |
| 002673 VEG, CORN CANNED - SYSCO                    | #8 SCOOP       | 3000      | 54                       | 0.00                   | 152                    | 5.42             | *N/A*                         | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2                    | 0.00       | 0.00      | \$0.000 |
| 003347 LETTUCE SHREDDED (1/4") FRESH               | SERVINGS       | 1500      | 15                       | 0.00                   | 10                     | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0                   | *N/A*      | 0.36      | \$0.000 |
| 003348 SALSA MILD RED GOLD (SYSCO)                 | SERVING 2 TBSP | 1500      | 10                       | 0.00                   | 70                     | 1.00             | 1.00                          | 0.00      | 0.00       | 0           | 2.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | *N/A*      | 0.00      | \$0.000 |
| 000630 VEG, JALAPENO PEPPERS                       | #30 SCOOP      | 1500      | 5                        | 0.00                   | 290                    | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 1.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                           | .25 CUP        | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*                         | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003160 BAR, PINTO BEAN (COLD)                      | #8 SCOOP       | 1500      | 148                      | 0.00                   | 404                    | *0.18            | *0.18                         | 1.50      | *0.00      | 0           | 27.27    | 9.03      | 9.02      | *0              | 0.4                    | 0.02       | 0.02      | \$0.000 |
| 003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO) | 1/4 CUPS       | 1500      | 110                      | 5.00                   | 180                    | 0.00             | 0.00                          | 9.00      | 0.00       | 30          | 1.00     | 0.00      | 6.00      | *N/A*           | 200.0                  | *N/A*      | 0.00      | \$0.000 |
| 003138 PINEAPPLE RAW                               | 1/2C SERVING   | 3000      | 60                       | 0.00                   | 1                      | 11.40            | 0.00                          | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0                   | 5806.00    | 0.05      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH         | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                        | EACH           | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                        | EACH           | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE                               | CARTON         | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                      | CARTON         | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)        | SERVING        | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 824                      | 6.20                   | 1385                   | *46.97           | *0.95                         | 19.00     | *0.00      | 42          | 123.70   | 19.79     | 36.51     | *4              | *622.7                 | *5841.25   | *4.63     | \$0.000 |
| % of Calories                                 |              |           |                          | 6.77%                  |                        | *22.80 %         | *0.46%                        | 20.8%     | *0.0%      |             | 60.0%    |           | 17.7%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

## Monday - 05/11/2026

Reimbursable Meal Total 3000

|  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 003074 Homestyle Chicken Nugget (GK)           | 5 Each       | 1500      | 182                      | 1.62                   | 328                    | 0.00             | *N/A*                         | 9.90      | 0.00       | 34          | 9.50     | 0.00      | 13.50     | *N/A*           | 22.0                   | 87.00      | 1.00      | \$0.000  |
| 000392 SANDWICH, GRILLED CHEESE                | EACH         | 1500      | 537                      | 16.33                  | 1038                   | *4.00            | *N/A*                         | 31.83     | *0.00      | 80          | 36.00    | 4.00      | 28.00     | *N/A*           | 70.0                   | 0.00       | 1.80      | \$0.000  |
| 002676 POTATO, TATER BARRELS SYSCO             | 10 BARRELS   | 3000      | 170                      | 1.50                   | 360                    | 0.00             | *N/A*                         | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*           | 0.0                    | 3.60       | 0.36      | \$0.000  |
| 003064 LETTUCE GREEN LEAF                      | 1/2 cup      | 1500      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000  |
| 000042 VEG, PICKLES DILL                       | 8 each       | 1500      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000  |
| 002587 FRUIT, DRIED CRANBERRIES                | SERVING      | 1000      | 92                       | 0.00                   | 2                      | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000  |
| 002752 FRUIT, RAISINS UNSWEETENED              | BOX          | 1000      | 114                      | 0.00                   | 4                      | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 30.00    | 1.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000  |
| 000776 VEG, TOMATO FRESH                       | 4 SLICES     | 1500      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000  |
| 000450 VEG, CARROTS BABY                       | BAG          | 1000      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1                   | 6.19       | 0.66      | \$0.000  |
| 003207 FRUIT, APRICOT CUP FROZEN (USDA 100261) | SERVINGS     | 500       | 125                      | 0.00                   | 0                      | 27.00            | *N/A*                         | 0.00      | 0.00       | 0           | 32.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.540 |

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)      | SERVING      | 500       | 90                       | 0.00                   | 0                      | 16.00            | *N/A*                         | 0.00      | 0.00       | 0           | 20.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$11.400 |
| 002187 FRUIT, PEACH CUP FROZEN (USDA 100241)        | SERVING      | 500       | 90                       | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS     | 500       | 80                       | 0.00                   | 0                      | 16.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.825 |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000  |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000  |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000  |
| 000230 MILK,1% WHITE                                | CARTON       | 500       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000  |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000  |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000  |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)       | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000  |
| Weighted Daily Average                              |              |           | 849                      | 10.52                  | 1394                   | *54.04           | *0.37                         | 30.51     | *0.00      | *63         | 113.40   | 8.79      | 32.43     | *47             | *350.5                 | *74.32     | *2.66     | \$8.218  |
| % of Calories                                       |              |           |                          | 11.15 %                |                        | *25.46 %         | *0.17%                        | 32.3%     | *0.0%      |             | 53.4%    |           | 15.3%     |                 |                        |            |           |          |
| Weekly Nutrient Guideline                           |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |          |

Tuesday - 05/12/2026

Reimbursable Meal Total 3000

|   | Portion Size     | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|------------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003335 CHEESY CHICKEN PENNE PASTA BAKE (LAND-O-LAKES) | HEAPING #8 SCOOP | 1500      | 390                      | 3.21                   | 349                    | *2.77            | *0.52                         | 7.91      | *0.00      | 24          | 60.47    | 4.06      | 17.32     | *0              | 98.6                   | *2.00      | 2.06      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 002847 PULL-APART ITALIAN GARLIC                    | PACKAGES     | 1500      | 304                      | 6.08                   | 527                    | 5.06             | *N/A*                         | 13.16     | 0.00       | 30          | 32.40    | 2.02      | 14.18     | *N/A*           | 344.3                  | 0.00       | 1.82      | \$0.000 |
| 000424 VEG, GREEN BEANS                             | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003123 BREAD GARLIC KNOT WG 2OZ                     | SERVINGS     | 3000      | 180                      | 1.50                   | 190                    | 4.00             | 3.00                          | 5.00      | 0.00       | 0           | 27.00    | 3.00      | 5.00      | *N/A*           | 20.0                   | 0.00       | 1.60      | \$0.000 |
| 003299 CRISPY RICE CONFETTI SNACK BAR               | BAR          | 3000      | 170                      | 1.50                   | 115                    | 13.00            | 13.00                         | 4.50      | *N/A*      | *N/A*       | 32.00    | *N/A*     | 2.00      | *N/A*           | *N/A*                  | *N/A*      | 2.50      | \$0.000 |
| 003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE | SERVINGS     | 2000      | 69                       | 2.83                   | 130                    | 0.64             | 0.64                          | 5.18      | 0.00       | 11          | 2.30     | 0.00      | 3.59      | *N/A*           | 80.8                   | *N/A*      | 0.05      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE                     | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000 |
| 003165 BAR VEG, PEAS FROZEN SYSCO                   | .5 CUP       | 2000      | 46                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*           | 9.2                    | 0.00       | 0.66      | \$0.000 |
| 002957 PEPPERONCINI WHOLE                           | SERVING (3)  | 2000      | 5                        | 0.00                   | 620                    | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     | 1.00      | *N/A*     | *N/A*           | 250.0                  | 0.00       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                                | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)       | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                              |              |           | 1008                     | 9.60                   | 1543                   | *50.34           | *17.05                        | 24.55     | *0.00      | *42         | 158.07   | *14.42    | *38.99    | *4              | *836.0                 | *41.33     | *7.45     | \$0.000 |
| % of Calories                                       |              |           |                          | 8.57%                  |                        | *19.98 %         | *6.77%                        | 21.9%     | *0.0%      |             | 62.7%    |           | *15.5%    |                 |                        |            |           |         |
| Weekly Nutrient Guideline                           |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

# Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

Wednesday - 05/13/2026

Reimbursable Meal Total 3000

|   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS | SERVINGS        | 1500      | 330                      | 1.33                   | 689                    | *9.00            | *9.00                         | 8.37      | *0.00      | 70          | 45.16    | 3.45      | 22.00     | *N/A*           | 28.0                   | *0.08      | 3.06      | \$0.000 |
| 002070 QUESADILLA, CHEESE(SCRATCH)2/2             | EACH            | 1500      | 570                      | 17.50                  | 1160                   | 0.00             | *0.00                         | 32.50     | *0.00      | 80          | 40.00    | 1.00      | 25.00     | *N/A*           | 160.0                  | *0.00      | 2.30      | \$0.000 |
| 002476 VEG, BROCCOLI STEAMED                      | .5 CUP          | 3000      | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000607 COOKIE, FORTUNE                            | COOKIE          | 3000      | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE                   | 1EA #8 SCOOP    | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000 |
| 003309 NOODLE, CHOW MEIN LA CHOY - DRY            | #8 SCOOP        | 2000      | 130                      | 1.50                   | 250                    | 0.00             | 0.00                          | 5.00      | *N/A*      | 0           | 19.01    | 2.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 1.60      | \$0.000 |
| 002197 VEG, KIDNEY BEANS                          | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2.00             | *N/A*                         | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003137 CUCUMBER RAW                               | 1/2C SERVING    | 2000      | 8                        | 0.00                   | 1                      | 0.90             | 0.00                          | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003163 BAR, MANGO (FRESH 4OZ PK)                  | cup             | 2000      | 136                      | 0.21                   | 2                      | 30.87            | 0.00                          | 0.86      | 0.00       | 0           | 33.85    | 3.62      | 1.85      | 122             | 24.9                   | 82.26      | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                   | 1 EACH          | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                       | EACH            | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                       | EACH            | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                              | CARTON          | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                     | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)       | SERVING         | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 961                      | 10.62                  | 1371                   | *57.66           | *4.87                         | 25.47     | *0.00      | 83          | 143.68   | 17.79     | 45.59     | *85             | *478.4                 | *95.21     | *4.92     | \$0.000 |
| % of Calories                                 |              |           |                          | 9.95%                  |                        | *24.00 %         | *2.03%                        | 23.9%     | *0.0%      |             | 59.8%    |           | 19.0%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

Thursday - 05/14/2026

Reimbursable Meal Total 3000

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003259 FRENCH TOAST STICKS WG                 | 3 STICKS     | 3000      | 210                      | 2.50                   | 310                    | 9.00             | 8.00                          | 7.00      | 0.00       | 125         | 29.00    | 2.00      | 8.00      | *N/A*           | 52.0                   | 0.00       | 2.00      | \$191.455 |
| 003258 EGG, HARDCOOKED AND PEELED (SYSCO)     | EACH         | 1500      | 70                       | 1.50                   | 55                     | 0.00             | 0.00                          | 5.00      | 0.00       | 165         | 0.00     | 0.00      | 6.00      | *N/A*           | 22.0                   | *N/A*      | 0.50      | \$0.000   |
| 000349 SYRUP, PANCAKE                         | TABLESPOON   | 3000      | 50                       | 0.00                   | 22                     | 6.50             | *N/A*                         | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 001917 CHEESE, MOZZARELLA STRING LAND O LAKES | EACH         | 750       | 80                       | 3.00                   | 200                    | 0.00             | 0.00                          | 6.00      | 0.00       | 20          | 1.00     | 0.00      | 6.00      | *N/A*           | 220.0                  | 0.00       | 0.00      | \$0.000   |
| 003383 CHEESE STICK COLBY JACK (LAND O LAKES) | SERVING      | 750       | 110                      | 6.00                   | 190                    | 0.00             | 0.00                          | 9.00      | 0.00       | 25          | 0.00     | 0.00      | 7.00      | *N/A*           | 200.0                  | 0.00       | 0.00      | \$0.000   |
| 000837 YOGURT, RASP/PEACH 4 OZ                | SERVING      | 3000      | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*           | 100.0                  | 0.00       | 0.00      | \$0.000   |
| 001501 POTATO, HASHBROWN OVAL PATTY           | SERVING      | 3000      | 140                      | 1.50                   | 290                    | *N/A*            | *N/A*                         | 8.00      | 0.00       | 0           | 15.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | 1.20       | 0.00      | \$0.000   |
| 001001 JUICE, APPLE 4.23 OZ SUNCUP            | EACH         | 1000      | 60                       | 0.00                   | 5                      | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*           | 100.0                  | 0.00       | 0.00      | \$0.000   |
| 003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP        | EACH         | 1000      | 60                       | 0.00                   | 10                     | 12.00            | *N/A*                         | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*           | *N/A*                  | 0.00       | 0.00      | \$0.000   |
| 000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP        | EACH         | 1000      | 60                       | 0.00                   | 10                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 15.00    | 0.00      | 0.00      | *N/A*           | 190.0                  | 0.00       | 0.00      | \$0.000   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003064 LETTUCE GREEN LEAF                     | 1/2 cup         | 2000      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000   |
| 000042 VEG, PICKLES DILL                      | 8 each          | 2000      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000   |
| 000776 VEG, TOMATO FRESH                      | 4 SLICES        | 2000      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000   |
| 002279 VEG, ONION SLICED                      | 2 SLICES        | 2000      | 36                       | 0.00                   | 9                      | *N/A*            | *N/A*                         | 0.09      | 0.00       | 0           | 8.56     | 1.02      | 0.91      | *N/A*           | 22.7                   | 5.44       | 0.30      | \$0.000   |
| 003346 COLESLAW                               | SERVING (.5CUP) | 2000      | 151                      | 2.00                   | 291                    | 11.20            | *8.00                         | 11.00     | *0.00      | 10          | 13.34    | 2.14      | 1.07      | *N/A*           | 0.0                    | *0.00      | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH          | 750       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH            | 750       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH            | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON          | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING         | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000   |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING         | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000   |
| Weighted Daily Average                        |                 |           | 982                      | 8.89                   | 1430                   | *61.15           | *13.70                        | 30.65     | *0.00      | *237        | 148.22   | 9.41      | 33.24     | *62             | *736.6                 | *39.37     | *3.21     | \$191.455 |
| % of Calories                                 |                 |           |                          | 8.15%                  |                        | *24.91 %         | *5.58%                        | 28.1%     | *0.0%      |             | 60.4%    |           | 13.5%     |                 |                        |            |           |           |
| Weekly Nutrient Guideline                     |                 |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |           |

Friday - 05/15/2026

Reimbursable Meal Total 3000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|  | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003358 NACHOS, BEEF BEAN & CHEESE                  | SERVING        | 1500      | 672                      | 16.54                  | 1530                   | *3.61            | *0.00                         | 34.53     | *0.00      | 136         | 49.24    | 10.29     | 43.18     | *0              | 483.2                  | 6.12       | 1.93      | \$0.000 |
| 003332 BEAN & CHEESE TAMALES (GLUTEN FREE)         | SERVING        | 1500      | 290                      | 8.00                   | 870                    | 0.00             | 0.00                          | 18.00     | 0.00       | 25          | 25.00    | 3.00      | 12.00     | *N/A*           | 290.0                  | *N/A*      | 0.20      | \$0.000 |
| 002673 VEG, CORN CANNED - SYSCO                    | #8 SCOOP       | 3000      | 54                       | 0.00                   | 152                    | 5.42             | *N/A*                         | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2                    | 0.00       | 0.00      | \$0.000 |
| 003347 LETTUCE SHREDDED (1/4") FRESH               | SERVINGS       | 1500      | 15                       | 0.00                   | 10                     | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0                   | *N/A*      | 0.36      | \$0.000 |
| 003348 SALSA MILD RED GOLD (SYSCO)                 | SERVING 2 TBSP | 1500      | 10                       | 0.00                   | 70                     | 1.00             | 1.00                          | 0.00      | 0.00       | 0           | 2.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | *N/A*      | 0.00      | \$0.000 |
| 000630 VEG, JALAPENO PEPPERS                       | #30 SCOOP      | 1500      | 5                        | 0.00                   | 290                    | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 1.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                           | .25 CUP        | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*                         | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003160 BAR, PINTO BEAN (COLD)                      | #8 SCOOP       | 1500      | 148                      | 0.00                   | 404                    | *0.18            | *0.18                         | 1.50      | *0.00      | 0           | 27.27    | 9.03      | 9.02      | *0              | 0.4                    | 0.02       | 0.02      | \$0.000 |
| 003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO) | 1/4 CUPS       | 1500      | 110                      | 5.00                   | 180                    | 0.00             | 0.00                          | 9.00      | 0.00       | 30          | 1.00     | 0.00      | 6.00      | *N/A*           | 200.0                  | *N/A*      | 0.00      | \$0.000 |
| 003138 PINEAPPLE RAW                               | 1/2C SERVING   | 3000      | 60                       | 0.00                   | 1                      | 11.40            | 0.00                          | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0                   | 5806.00    | 0.05      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH         | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                        | EACH           | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                        | EACH           | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000230 MILK, 1% WHITE                              | CARTON         | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                      | CARTON         | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)        | SERVING        | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 979                      | 14.83                  | 2121                   | *47.21           | *0.95                         | 35.57     | *0.00      | 103         | 117.73   | 18.56     | 47.34     | *4              | *868.2                 | *5842.82   | *1.82     | \$0.000 |
| % of Calories                                 |              |           |                          | 13.63 %                |                        | *19.29 %         | *0.39%                        | 32.7%     | *0.0%      |             | 48.1%    |           | 19.3%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

Monday - 05/18/2026

Reimbursable Meal Total 3000

|  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003351 HOT DOG PORK & BEEF 6" ON A BUN (K-5) | SERVING      | 1500      | 290                      | 4.00                   | 680                    | 5.00             | *N/A*                         | 12.50     | 0.00       | 34          | 30.00    | 3.00      | 13.00     | *N/A*           | *63.0                  | *0.00      | *2.00     | \$0.000 |
| 002763 SANDWICH, VEGGIE STACKER              | SANDWICH     | 1500      | 518                      | 16.00                  | 994                    | *3.00            | *N/A*                         | 30.50     | *0.00      | 80          | 32.75    | 4.46      | 27.46     | *N/A*           | 55.3                   | 3.70       | 1.16      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO           | 10 BARRELS   | 3000      | 170                      | 1.50                   | 360                    | 0.00             | *N/A*                         | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*           | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 003373 POTATO CHIPS 0.5 OZ (LAYS)            | BAG          | 3000      | 81                       | 0.51                   | 71                     | 0.00             | 0.00                          | 5.06      | *N/A*      | 0           | 8.10     | *N/A*     | 0.00      | *N/A*           | 0.0                    | *N/A*      | 0.30      | \$0.000 |
| 003064 LETTUCE GREEN LEAF                    | 1/2 cup      | 1500      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000 |
| 000042 VEG, PICKLES DILL                     | 8 each       | 1500      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES              | SERVING      | 1000      | 92                       | 0.00                   | 2                      | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002752 FRUIT, RAISINS UNSWEETENED            | BOX          | 1000      | 114                      | 0.00                   | 4                      | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 30.00    | 1.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000776 VEG, TOMATO FRESH                     | 4 SLICES     | 1500      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000 |
| 000450 VEG, CARROTS BABY                     | BAG          | 1000      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1                   | 6.19       | 0.66      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)      | SERVINGS     | 500       | 125                      | 0.00                   | 0                      | 27.00            | *N/A*                         | 0.00      | 0.00       | 0           | 32.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.540 |
| 002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)      | SERVING      | 500       | 90                       | 0.00                   | 0                      | 16.00            | *N/A*                         | 0.00      | 0.00       | 0           | 20.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$11.400 |
| 002187 FRUIT, PEACH CUP FROZEN (USDA 100241)        | SERVING      | 500       | 90                       | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS     | 500       | 80                       | 0.00                   | 0                      | 16.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.825 |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000  |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000  |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000  |
| 000230 MILK,1% WHITE                                | CARTON       | 500       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000  |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000  |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000  |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)       | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000  |
| Weighted Daily Average                              |              |           | 975                      | 12.05                  | 1619                   | *56.04           | *0.37                         | 36.20     | *0.00      | *63         | 130.12   | *10.52    | 31.91     | *47             | *363.6                 | *32.67     | *3.15     | \$8.218  |
| % of Calories                                       |              |           |                          | 11.12 %                |                        | *22.99 %         | *0.15%                        | 33.4%     | *0.0%      |             | 53.4%    |           | 13.1%     |                 |                        |            |           |          |
| Weekly Nutrient Guideline                           |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |          |

Tuesday - 05/19/2026

Reimbursable Meal Total 3000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003379 PIZZA, PEPPERONI WG (SCHWAN'S)               | EACH         | 1500      | 310                      | 5.01                   | 511                    | 8.01             | 2.00                          | 13.02     | 0.00       | 35          | 33.04    | 3.00      | 17.02     | 70              | 240.3                  | 0.00       | 2.20      | \$287.540 |
| 001861 PIZZA CHEESE 5" WG (WILD MIKES)              | EACH         | 1500      | 360                      | 8.00                   | 510                    | 4.00             | *N/A*                         | 17.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*           | 450.0                  | 6.00       | 2.70      | \$0.000   |
| 000424 VEG, GREEN BEANS                             | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE | SERVINGS     | 2000      | 69                       | 2.83                   | 130                    | 0.64             | 0.64                          | 5.18      | 0.00       | 11          | 2.30     | 0.00      | 3.59      | *N/A*           | 80.8                   | *N/A*      | 0.05      | \$0.000   |
| 002481 SALAD, SPINACH & ROMAINE                     | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000   |
| 003165 BAR VEG, PEAS FROZEN SYSCO                   | .5 CUP       | 2000      | 46                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*           | 9.2                    | 0.00       | 0.66      | \$0.000   |
| 002957 PEPPERONCINI WHOLE                           | SERVING (3)  | 2000      | 5                        | 0.00                   | 620                    | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     | 1.00      | *N/A*     | *N/A*           | 250.0                  | 0.00       | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                                | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000   |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)       | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000   |
| Weighted Daily Average                              |              |           | 646                      | 8.46                   | 1310                   | *35.43           | *1.79                         | 19.52     | *0.00      | 50          | 86.15    | 11.38     | *34.76    | *39             | *939.7                 | *43.33     | *3.85     | \$143.770 |
| % of Calories                                       |              |           |                          | 11.79 %                |                        | *21.94 %         | *1.11%                        | 27.2%     | *0.0%      |             | 53.3%    |           | *21.5%    |                 |                        |            |           |           |
| Weekly Nutrient Guideline                           |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |           |

# Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

Wednesday - 05/20/2026

Reimbursable Meal Total 3000

|   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003339 RICE CHICKEN FRIED                   | 3/4 Cup         | 1500      | 249                      | 0.38                   | 322                    | *0.50            | *N/A*                         | 2.67      | *0.00      | 17          | 47.27    | 2.94      | 9.73      | *N/A*           | 18.0                   | 3.60       | 1.17      | \$0.000 |
| 003341 ASIAN TOFU WRAP                      | SERVINGS        | 1500      | 527                      | 4.50                   | 1751                   | *12.62           | *12.62                        | 22.37     | *0.00      | 0           | 66.70    | 5.00      | 18.10     | *N/A*           | 318.4                  | 0.00       | 5.39      | \$0.000 |
| 002476 VEG, BROCCOLI STEAMED                | .5 CUP          | 3000      | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000607 COOKIE, FORTUNE                      | COOKIE          | 3000      | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE             | 1EA #8 SCOOP    | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000 |
| 003309 NOODLE, CHOW MEIN LA CHOY - DRY      | #8 SCOOP        | 2000      | 130                      | 1.50                   | 250                    | 0.00             | 0.00                          | 5.00      | *N/A*      | 0           | 19.01    | 2.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 1.60      | \$0.000 |
| 002197 VEG, KIDNEY BEANS                    | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2.00             | *N/A*                         | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003137 CUCUMBER RAW                         | 1/2C SERVING    | 2000      | 8                        | 0.00                   | 1                      | 0.90             | 0.00                          | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003163 BAR, MANGO (FRESH 4OZ PK)            | cup             | 2000      | 136                      | 0.21                   | 2                      | 30.87            | 0.00                          | 0.86      | 0.00       | 0           | 33.85    | 3.62      | 1.85      | 122             | 24.9                   | 82.26      | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH          | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                 | EACH            | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                 | EACH            | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                        | CARTON          | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE               | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING         | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 899                      | 3.65                   | 1483                   | *59.72           | *6.67                         | 17.55     | *0.00      | 17          | 158.08   | 19.53     | 36.00     | *85             | *552.6                 | *96.97     | *5.52     | \$0.000 |
| % of Calories                                 |              |           |                          | 3.65%                  |                        | *26.57 %         | *2.97%                        | 17.6%     | *0.0%      |             | 70.3%    |           | 16.0%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

Thursday - 05/21/2026

Reimbursable Meal Total 3000

|                                      | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 002678 BURGER, CHEESE                | EACH            | 1500      | 339                      | 6.50                   | 559                    | 3.00             | *N/A*                         | 15.50     | 0.00       | 47          | 29.00    | 5.00      | 22.00     | *N/A*           | 63.0                   | 0.00       | 2.00      | \$0.000 |
| 001036 BURGER, VEGGIE CHEESE         | EACH            | 1500      | 420                      | 5.00                   | 840                    | 5.00             | *0.00                         | 16.50     | 0.00       | 20          | 42.00    | 10.00     | 26.00     | *N/A*           | 52.0                   | 0.00       | 9.00      | \$0.000 |
| 002987 POTATO MCCAIN REG CRINKLE FRY | SERVINGS        | 3000      | 120                      | 0.50                   | 35                     | 0.00             | *N/A*                         | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0                   | 0.00       | 0.30      | \$0.000 |
| 003064 LETTUCE GREEN LEAF            | 1/2 cup         | 2000      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000 |
| 000042 VEG, PICKLES DILL             | 8 each          | 2000      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH             | 4 SLICES        | 2000      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000 |
| 002279 VEG, ONION SLICED             | 2 SLICES        | 2000      | 36                       | 0.00                   | 9                      | *N/A*            | *N/A*                         | 0.09      | 0.00       | 0           | 8.56     | 1.02      | 0.91      | *N/A*           | 22.7                   | 5.44       | 0.30      | \$0.000 |
| 003346 COLESLAW                      | SERVING (.5CUP) | 2000      | 151                      | 2.00                   | 291                    | 11.20            | *8.00                         | 11.00     | *0.00      | 10          | 13.34    | 2.14      | 1.07      | *N/A*           | 0.0                    | *0.00      | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH          | 750       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH            | 750       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH            | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 000230 MILK,1% WHITE                          | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 830                      | 7.64                   | 1353                   | *36.98           | *5.70                         | 29.41     | *0.00      | *48         | 110.15   | 13.91     | 36.99     | *62             | *439.4                 | *38.17     | *6.76     | \$0.000 |
| % of Calories                                 |              |           |                          | 8.28%                  |                        | *17.82 %         | *2.75%                        | 31.9%     | *0.0%      |             | 53.1%    |           | 17.8%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

## Friday - 05/22/2026

Reimbursable Meal Total 3000

|   | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS | 1 TAMALES      | 1500      | 309                      | 6.53                   | 622                    | 1.06             | 0.00                          | 13.76     | 0.00       | 56          | 28.40    | 2.70      | 17.27     | *N/A*           | 202.6                  | 3.59       | 1.37      | \$0.000 |
| 003330 POTATO & CHEESE MINI TACOS (4 COUNT)         | SERVING (4 EA) | 1500      | 300                      | 6.00                   | 310                    | 1.00             | 0.00                          | 11.00     | 0.00       | 25          | 41.00    | 5.00      | 11.00     | *N/A*           | 260.0                  | *N/A*      | 1.10      | \$0.000 |
| 002673 VEG, CORN CANNED - SYSCO                     | #8 SCOOP       | 3000      | 54                       | 0.00                   | 152                    | 5.42             | *N/A*                         | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2                    | 0.00       | 0.00      | \$0.000 |
| 003347 LETTUCE SHREDDED (1/4") FRESH                | SERVINGS       | 1500      | 15                       | 0.00                   | 10                     | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0                   | *N/A*      | 0.36      | \$0.000 |
| 003348 SALSA MILD RED GOLD (SYSCO)                  | SERVING 2 TBSP | 1500      | 10                       | 0.00                   | 70                     | 1.00             | 1.00                          | 0.00      | 0.00       | 0           | 2.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | *N/A*      | 0.00      | \$0.000 |
| 000630 VEG, JALAPENO PEPPERS                        | #30 SCOOP      | 1500      | 5                        | 0.00                   | 290                    | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 1.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                            | .25 CUP        | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*                         | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

|  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003160 BAR, PINTO BEAN (COLD)                      | #8 SCOOP     | 1500      | 148                      | 0.00                   | 404                    | *0.18            | *0.18                         | 1.50      | *0.00      | 0           | 27.27    | 9.03      | 9.02      | *0              | 0.4                    | 0.02       | 0.02      | \$0.000 |
| 003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO) | 1/4 CUPS     | 1500      | 110                      | 5.00                   | 180                    | 0.00             | 0.00                          | 9.00      | 0.00       | 30          | 1.00     | 0.00      | 6.00      | *N/A*           | 200.0                  | *N/A*      | 0.00      | \$0.000 |
| 003138 PINEAPPLE RAW                               | 1/2C SERVING | 3000      | 60                       | 0.00                   | 1                      | 11.40            | 0.00                          | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0                   | 5806.00    | 0.05      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                        | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                        | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE                               | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                      | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)        | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)      | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                             |              |           | 802                      | 8.83                   | 1387                   | *46.44           | *0.95                         | 21.69     | *0.00      | 63          | 115.30   | 15.77     | 33.89     | *4              | *712.9                 | *5841.56   | *1.99     | \$0.000 |
| % of Calories                                      |              |           |                          | 9.91%                  |                        | *23.16 %         | *0.47%                        | 24.3%     | *0.0%      |             | 57.5%    |           | 16.9%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                          |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

Tuesday - 05/26/2026

Reimbursable Meal Total 3000

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 001862 PIZZA PEPPERONI 5" WG (WILD MIKES) | EACH         | 1500      | 417                      | 8.13                   | 640                    | 5.08             | 0.00                          | 17.28     | 0.00       | 41          | 36.60    | 1.02      | 19.32     | *N/A*           | 374.1                  | 6.10       | 2.03      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | CalcM (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003379 PIZZA, PEPPERONI WG (SCHWAN'S)               | EACH         | 750       | 310                      | 5.01                   | 511                    | 8.01             | 2.00                          | 13.02     | 0.00       | 35          | 33.04    | 3.00      | 17.02     | 70              | 240.3      | 0.00       | 2.20      | \$287.540 |
| 001861 PIZZA CHEESE 5" WG (WILD MIKES)              | EACH         | 750       | 360                      | 8.00                   | 510                    | 4.00             | *N/A*                         | 17.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*           | 450.0      | 6.00       | 2.70      | \$0.000   |
| 000424 VEG, GREEN BEANS                             | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 003286 FRUIT ROLL UP CRAZY COLOR 0.5 OZ             | EACH         | 3000      | 50                       | 0.50                   | 55                     | 4.00             | 4.00                          | 1.00      | *N/A*      | *N/A*       | 11.00    | 2.00      | 0.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$0.000   |
| 003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE | SERVINGS     | 2000      | 69                       | 2.83                   | 130                    | 0.64             | 0.64                          | 5.18      | 0.00       | 11          | 2.30     | 0.00      | 3.59      | *N/A*           | 80.8       | *N/A*      | 0.05      | \$0.000   |
| 002481 SALAD, SPINACH & ROMAINE                     | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0       | 9.87       | 0.62      | \$0.000   |
| 003165 BAR VEG, PEAS FROZEN SYSCO                   | .5 CUP       | 2000      | 46                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*           | 9.2        | 0.00       | 0.66      | \$0.000   |
| 002957 PEPPERONCINI WHOLE                           | SERVING (3)  | 2000      | 5                        | 0.00                   | 620                    | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     | 1.00      | *N/A*     | *N/A*           | 250.0      | 0.00       | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                                | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0      | 0.00       | 1.10      | \$0.000   |

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000  |
| Weighted Daily Average                        |              |           | 737                      | 9.77                   | 1430                   | *38.97           | *5.29                         | 21.66     | *0.00      | *53         | 98.69    | 12.39     | *35.16    | *21             | *954.2                 | *44.88     | *3.65     | \$71.885 |
| % of Calories                                 |              |           |                          | 11.93 %                |                        | *21.15 %         | *2.87%                        | 26.5%     | *0.0%      |             | 53.6%    |           | *19.1%    |                 |                        |            |           |          |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |          |

### Wednesday - 05/27/2026

Reimbursable Meal Total 3000

|  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 001488 CHICKEN, ORANGE MANDARIN NOODLE | SERVING         | 1500      | 350                      | 0.83                   | 489                    | *N/A*            | *N/A*                         | 7.87      | *0.00      | 40          | 54.16    | 3.45      | 18.00     | *N/A*           | 18.0                   | 1.28       | 3.08      | \$0.000 |
| 003059 TOFU NOODLE BOWL GENERAL TSO    | 4OZ. HEAP SPOOD | 1500      | 219                      | 0.22                   | 125                    | *2.80            | *N/A*                         | 7.49      | 0.00       | 0           | 27.28    | 2.01      | 14.54     | *N/A*           | 58.0                   | 0.00       | 2.88      | \$0.000 |
| 002476 VEG, BROCCOLI STEAMED           | .5 CUP          | 3000      | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000607 COOKIE, FORTUNE                 | COOKIE          | 3000      | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE        | 1EA #8 SCOOP    | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000 |
| 003309 NOODLE, CHOW MEIN LA CHOY - DRY | #8 SCOOP        | 2000      | 130                      | 1.50                   | 250                    | 0.00             | 0.00                          | 5.00      | *N/A*      | 0           | 19.01    | 2.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 1.60      | \$0.000 |
| 002197 VEG, KIDNEY BEANS               | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2.00             | *N/A*                         | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003137 CUCUMBER RAW                    | 1/2C SERVING    | 2000      | 8                        | 0.00                   | 1                      | 0.90             | 0.00                          | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003163 BAR, MANGO (FRESH 4OZ PK)       | cup             | 2000      | 136                      | 0.21                   | 2                      | 30.87            | 0.00                          | 0.86      | 0.00       | 0           | 33.85    | 3.62      | 1.85      | 122             | 24.9                   | 82.26      | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE        | 1 EACH          | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH            | EACH            | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 795                      | 1.73                   | 753                    | *54.56           | *0.37                         | 12.72     | *0.00      | 28          | 141.82   | 18.29     | 38.36     | *85             | *422.4                 | *95.81     | *5.22     | \$0.000 |
| % of Calories                                 |              |           |                          | 1.96%                  |                        | *27.45 %         | *0.19%                        | 14.4%     | *0.0%      |             | 71.4%    |           | 19.3%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

Thursday - 05/28/2026

Reimbursable Meal Total 3000

|  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003333 CHICKEN DOUBLE DOGS IW              | SERVING      | 1500      | 251                      | 2.51                   | 713                    | 4.01             | 4.01                          | 9.03      | 0.00       | 20          | 32.11    | 2.01      | 12.04     | *N/A*           | 80.3                   | *N/A*      | 1.71      | \$0.000 |
| 003220 MAC & CHEESE JTM (W/MILK)           | 6 OZ SERVING | 1500      | 327                      | 9.01                   | 793                    | 4.13             | *N/A*                         | 16.19     | 0.00       | 47          | 29.21    | 2.00      | 15.75     | *N/A*           | 398.1                  | 0.09       | 1.00      | \$0.000 |
| 003260 BREAD DINNER ROLL WG FRANZ (1 ROLL) | 1 EACH       | 1500      | 70                       | 0.00                   | 90                     | 1.00             | *N/A*                         | 0.50      | 0.00       | 0           | 13.00    | 1.00      | 3.00      | *N/A*           | 14.0                   | 0.00       | 1.00      | \$0.000 |
| 002987 POTATO MCCAIN REG CRINKLE FRY       | SERVINGS     | 3000      | 120                      | 0.50                   | 35                     | 0.00             | *N/A*                         | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0                   | 0.00       | 0.30      | \$0.000 |
| 003064 LETTUCE GREEN LEAF                  | 1/2 cup      | 2000      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000 |
| 000042 VEG, PICKLES DILL                   | 8 each       | 2000      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 000776 VEG, TOMATO FRESH                      | 4 SLICES        | 2000      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000 |
| 002279 VEG, ONION SLICED                      | 2 SLICES        | 2000      | 36                       | 0.00                   | 9                      | *N/A*            | *N/A*                         | 0.09      | 0.00       | 0           | 8.56     | 1.02      | 0.91      | *N/A*           | 22.7                   | 5.44       | 0.30      | \$0.000 |
| 003346 COLESLAW                               | SERVING (.5CUP) | 2000      | 151                      | 2.00                   | 291                    | 11.20            | *8.00                         | 11.00     | *0.00      | 10          | 13.34    | 2.14      | 1.07      | *N/A*           | 0.0                    | *0.00      | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH          | 750       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                   | EACH            | 750       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                   | EACH            | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                          | CARTON          | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING         | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING         | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |                 |           | 774                      | 7.65                   | 1452                   | *37.55           | *7.71                         | 26.27     | *0.00      | *48         | 111.81   | 8.91      | 28.39     | *62             | *628.1                 | *38.22     | *3.12     | \$0.000 |
| % of Calories                                 |                 |           |                          | 8.90%                  |                        | *19.41 %         | *3.98%                        | 30.5%     | *0.0%      |             | 57.8%    |           | 14.7%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |                 |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

Friday - 05/29/2026

Reimbursable Meal Total 3000

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS | 1 BURRITO    | 1500      | 331                      | 3.73                   | 452                    | 1.37             | 0.00                          | 10.60     | 0.00       | 23          | 42.03    | 7.57      | 16.81     | *N/A*           | 111.0                  | 1.34       | 3.89      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|  | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003075 BURRITO BEAN AND CHEESE LOS CABOS           | 1 BURRITO      | 1500      | 321                      | 3.54                   | 475                    | 1.75             | 0.00                          | 8.79      | 0.00       | 15          | 44.17    | 8.17      | 16.71     | *N/A*           | 171.1                  | 1.64       | 3.85      | \$0.000 |
| 002673 VEG, CORN CANNED - SYSCO                    | #8 SCOOP       | 3000      | 54                       | 0.00                   | 152                    | 5.42             | *N/A*                         | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2                    | 0.00       | 0.00      | \$0.000 |
| 003347 LETTUCE SHREDDED (1/4") FRESH               | SERVINGS       | 1500      | 15                       | 0.00                   | 10                     | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0                   | *N/A*      | 0.36      | \$0.000 |
| 003348 SALSA MILD RED GOLD (SYSCO)                 | SERVING 2 TBSP | 1500      | 10                       | 0.00                   | 70                     | 1.00             | 1.00                          | 0.00      | 0.00       | 0           | 2.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | *N/A*      | 0.00      | \$0.000 |
| 000630 VEG, JALAPENO PEPPERS                       | #30 SCOOP      | 1500      | 5                        | 0.00                   | 290                    | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 1.00     | 1.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                           | .25 CUP        | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*                         | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003160 BAR, PINTO BEAN (COLD)                      | #8 SCOOP       | 1500      | 148                      | 0.00                   | 404                    | *0.18            | *0.18                         | 1.50      | *0.00      | 0           | 27.27    | 9.03      | 9.02      | *0              | 0.4                    | 0.02       | 0.02      | \$0.000 |
| 003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO) | 1/4 CUPS       | 1500      | 110                      | 5.00                   | 180                    | 0.00             | 0.00                          | 9.00      | 0.00       | 30          | 1.00     | 0.00      | 6.00      | *N/A*           | 200.0                  | *N/A*      | 0.00      | \$0.000 |
| 003138 PINEAPPLE RAW                               | 1/2C SERVING   | 3000      | 60                       | 0.00                   | 1                      | 11.40            | 0.00                          | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0                   | 5806.00    | 0.05      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH         | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                        | EACH           | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                        | EACH           | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE                               | CARTON         | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                      | CARTON         | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)        | SERVING        | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 824                      | 6.20                   | 1385                   | *46.97           | *0.95                         | 19.00     | *0.00      | 42          | 123.70   | 19.79     | 36.51     | *4              | *622.7                 | *5841.25   | *4.63     | \$0.000 |
| % of Calories                                 |              |           |                          | 6.77%                  |                        | *22.80 %         | *0.46%                        | 20.8%     | *0.0%      |             | 60.0%    |           | 17.7%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

## Monday - 06/01/2026

Reimbursable Meal Total 3000

|  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 003074 Homestyle Chicken Nugget (GK)           | 5 Each       | 1500      | 182                      | 1.62                   | 328                    | 0.00             | *N/A*                         | 9.90      | 0.00       | 34          | 9.50     | 0.00      | 13.50     | *N/A*           | 22.0                   | 87.00      | 1.00      | \$0.000  |
| 000392 SANDWICH, GRILLED CHEESE                | EACH         | 1500      | 537                      | 16.33                  | 1038                   | *4.00            | *N/A*                         | 31.83     | *0.00      | 80          | 36.00    | 4.00      | 28.00     | *N/A*           | 70.0                   | 0.00       | 1.80      | \$0.000  |
| 002676 POTATO, TATER BARRELS SYSCO             | 10 BARRELS   | 3000      | 170                      | 1.50                   | 360                    | 0.00             | *N/A*                         | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*           | 0.0                    | 3.60       | 0.36      | \$0.000  |
| 003064 LETTUCE GREEN LEAF                      | 1/2 cup      | 1500      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000  |
| 000042 VEG, PICKLES DILL                       | 8 each       | 1500      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000  |
| 002587 FRUIT, DRIED CRANBERRIES                | SERVING      | 1000      | 92                       | 0.00                   | 2                      | 22.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000  |
| 002752 FRUIT, RAISINS UNSWEETENED              | BOX          | 1000      | 114                      | 0.00                   | 4                      | 23.00            | *N/A*                         | 0.00      | 0.00       | 0           | 30.00    | 1.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000  |
| 000776 VEG, TOMATO FRESH                       | 4 SLICES     | 1500      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000  |
| 000450 VEG, CARROTS BABY                       | BAG          | 1000      | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1                   | 6.19       | 0.66      | \$0.000  |
| 003207 FRUIT, APRICOT CUP FROZEN (USDA 100261) | SERVINGS     | 500       | 125                      | 0.00                   | 0                      | 27.00            | *N/A*                         | 0.00      | 0.00       | 0           | 32.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.540 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)      | SERVING      | 500       | 90                       | 0.00                   | 0                      | 16.00            | *N/A*                         | 0.00      | 0.00       | 0           | 20.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$11.400 |
| 002187 FRUIT, PEACH CUP FROZEN (USDA 100241)        | SERVING      | 500       | 90                       | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 1.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$12.540 |
| 003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256) | SERVINGS     | 500       | 80                       | 0.00                   | 0                      | 16.00            | *N/A*                         | 0.00      | 0.00       | 0           | 21.00    | 2.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$12.825 |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000  |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 500       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000  |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 500       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000  |
| 000230 MILK,1% WHITE                                | CARTON       | 500       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000  |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000  |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000  |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)       | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000  |
| Weighted Daily Average                              |              |           | 849                      | 10.52                  | 1394                   | *54.04           | *0.37                         | 30.51     | *0.00      | *63         | 113.40   | 8.79      | 32.43     | *47             | *350.5                 | *74.32     | *2.66     | \$8.218  |
| % of Calories                                       |              |           |                          | 11.15 %                |                        | *25.46 %         | *0.17%                        | 32.3%     | *0.0%      |             | 53.4%    |           | 15.3%     |                 |                        |            |           |          |
| Weekly Nutrient Guideline                           |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |          |

Tuesday - 06/02/2026

Reimbursable Meal Total 3000

|   | Portion Size     | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|------------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003335 CHEESY CHICKEN PENNE PASTA BAKE (LAND-O-LAKES) | HEAPING #8 SCOOP | 1500      | 390                      | 3.21                   | 349                    | *2.77            | *0.52                         | 7.91      | *0.00      | 24          | 60.47    | 4.06      | 17.32     | *0              | 98.6                   | *2.00      | 2.06      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 002847 PULL-APART ITALIAN GARLIC                    | PACKAGES     | 1500      | 304                      | 6.08                   | 527                    | 5.06             | *N/A*                         | 13.16     | 0.00       | 30          | 32.40    | 2.02      | 14.18     | *N/A*           | 344.3                  | 0.00       | 1.82      | \$0.000 |
| 000424 VEG, GREEN BEANS                             | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003123 BREAD GARLIC KNOT WG 2OZ                     | SERVINGS     | 3000      | 180                      | 1.50                   | 190                    | 4.00             | 3.00                          | 5.00      | 0.00       | 0           | 27.00    | 3.00      | 5.00      | *N/A*           | 20.0                   | 0.00       | 1.60      | \$0.000 |
| 003299 CRISPY RICE CONFETTI SNACK BAR               | BAR          | 3000      | 170                      | 1.50                   | 115                    | 13.00            | 13.00                         | 4.50      | *N/A*      | *N/A*       | 32.00    | *N/A*     | 2.00      | *N/A*           | *N/A*                  | *N/A*      | 2.50      | \$0.000 |
| 003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE | SERVINGS     | 2000      | 69                       | 2.83                   | 130                    | 0.64             | 0.64                          | 5.18      | 0.00       | 11          | 2.30     | 0.00      | 3.59      | *N/A*           | 80.8                   | *N/A*      | 0.05      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE                     | 1EA #8 SCOOP | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000 |
| 003165 BAR VEG, PEAS FROZEN SYSCO                   | .5 CUP       | 2000      | 46                       | 0.00                   | 0                      | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 7.92     | 2.64      | 3.30      | *N/A*           | 9.2                    | 0.00       | 0.66      | \$0.000 |
| 002957 PEPPERONCINI WHOLE                           | SERVING (3)  | 2000      | 5                        | 0.00                   | 620                    | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 0.00     | 1.00      | *N/A*     | *N/A*           | 250.0                  | 0.00       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                                | CARTON       | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                       | CARTON       | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)         | SERVING      | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)       | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                              |              |           | 1008                     | 9.60                   | 1543                   | *50.34           | *17.05                        | 24.55     | *0.00      | *42         | 158.07   | *14.42    | *38.99    | *4              | *836.0                 | *41.33     | *7.45     | \$0.000 |
| % of Calories                                       |              |           |                          | 8.57%                  |                        | *19.98 %         | *6.77%                        | 21.9%     | *0.0%      |             | 62.7%    |           | *15.5%    |                 |                        |            |           |         |
| Weekly Nutrient Guideline                           |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

# Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

Wednesday - 06/03/2026

Reimbursable Meal Total 3000

|   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS | SERVINGS        | 1500      | 330                      | 1.33                   | 689                    | *9.00            | *9.00                         | 8.37      | *0.00      | 70          | 45.16    | 3.45      | 22.00     | *N/A*           | 28.0                   | *0.08      | 3.06      | \$0.000 |
| 002070 QUESADILLA, CHEESE(SCRATCH)2/2             | EACH            | 1500      | 570                      | 17.50                  | 1160                   | 0.00             | *0.00                         | 32.50     | *0.00      | 80          | 40.00    | 1.00      | 25.00     | *N/A*           | 160.0                  | *0.00      | 2.30      | \$0.000 |
| 002476 VEG, BROCCOLI STEAMED                      | .5 CUP          | 3000      | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000607 COOKIE, FORTUNE                            | COOKIE          | 3000      | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE                   | 1EA #8 SCOOP    | 2000      | 7                        | 0.01                   | 14                     | *N/A*            | *N/A*                         | 0.07      | *0.00      | 0           | 1.30     | 0.77      | 0.68      | *N/A*           | 22.0                   | 9.87       | 0.62      | \$0.000 |
| 003309 NOODLE, CHOW MEIN LA CHOY - DRY            | #8 SCOOP        | 2000      | 130                      | 1.50                   | 250                    | 0.00             | 0.00                          | 5.00      | *N/A*      | 0           | 19.01    | 2.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 1.60      | \$0.000 |
| 002197 VEG, KIDNEY BEANS                          | 1/2 CUP#8 SCOOP | 2000      | 104                      | 0.00                   | 140                    | 2.00             | *N/A*                         | 0.00      | 0.00       | 0           | 19.00    | 7.00      | 7.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003137 CUCUMBER RAW                               | 1/2C SERVING    | 2000      | 8                        | 0.00                   | 1                      | 0.90             | 0.00                          | 0.10      | 0.00       | 0           | 1.90     | 0.30      | 0.30      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003163 BAR, MANGO (FRESH 4OZ PK)                  | cup             | 2000      | 136                      | 0.21                   | 2                      | 30.87            | 0.00                          | 0.86      | 0.00       | 0           | 33.85    | 3.62      | 1.85      | 122             | 24.9                   | 82.26      | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                   | 1 EACH          | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                       | EACH            | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                       | EACH            | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000230 MILK,1% WHITE                              | CARTON          | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                     | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)       | SERVING         | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000 |

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 961                      | 10.62                  | 1371                   | *57.66           | *4.87                         | 25.47     | *0.00      | 83          | 143.68   | 17.79     | 45.59     | *85             | *478.4                 | *95.21     | *4.92     | \$0.000 |
| % of Calories                                 |              |           |                          | 9.95%                  |                        | *24.00 %         | *2.03%                        | 23.9%     | *0.0%      |             | 59.8%    |           | 19.0%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

**Thursday - 06/04/2026**

**Reimbursable Meal Total 3000**

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003259 FRENCH TOAST STICKS WG                 | 3 STICKS     | 3000      | 210                      | 2.50                   | 310                    | 9.00             | 8.00                          | 7.00      | 0.00       | 125         | 29.00    | 2.00      | 8.00      | *N/A*           | 52.0                   | 0.00       | 2.00      | \$191.455 |
| 003258 EGG, HARDCOOKED AND PEELED (SYSCO)     | EACH         | 1500      | 70                       | 1.50                   | 55                     | 0.00             | 0.00                          | 5.00      | 0.00       | 165         | 0.00     | 0.00      | 6.00      | *N/A*           | 22.0                   | *N/A*      | 0.50      | \$0.000   |
| 000349 SYRUP, PANCAKE                         | TABLESPOON   | 3000      | 50                       | 0.00                   | 22                     | 6.50             | *N/A*                         | 0.00      | 0.00       | 0           | 13.00    | 0.00      | 0.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 001917 CHEESE, MOZZARELLA STRING LAND O LAKES | EACH         | 750       | 80                       | 3.00                   | 200                    | 0.00             | 0.00                          | 6.00      | 0.00       | 20          | 1.00     | 0.00      | 6.00      | *N/A*           | 220.0                  | 0.00       | 0.00      | \$0.000   |
| 003383 CHEESE STICK COLBY JACK (LAND O LAKES) | SERVING      | 750       | 110                      | 6.00                   | 190                    | 0.00             | 0.00                          | 9.00      | 0.00       | 25          | 0.00     | 0.00      | 7.00      | *N/A*           | 200.0                  | 0.00       | 0.00      | \$0.000   |
| 000837 YOGURT, RASP/PEACH 4 OZ                | SERVING      | 3000      | 110                      | 0.50                   | 55                     | *N/A*            | *N/A*                         | 1.00      | *N/A*      | 4           | 22.00    | 0.00      | 4.00      | *N/A*           | 100.0                  | 0.00       | 0.00      | \$0.000   |
| 001501 POTATO, HASHBROWN OVAL PATTY           | SERVING      | 3000      | 140                      | 1.50                   | 290                    | *N/A*            | *N/A*                         | 8.00      | 0.00       | 0           | 15.00    | 2.00      | 3.00      | *N/A*           | 0.0                    | 1.20       | 0.00      | \$0.000   |
| 001001 JUICE, APPLE 4.23 OZ SUNCUP            | EACH         | 1000      | 60                       | 0.00                   | 5                      | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*           | 100.0                  | 0.00       | 0.00      | \$0.000   |
| 003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP        | EACH         | 1000      | 60                       | 0.00                   | 10                     | 12.00            | *N/A*                         | 0.00      | 0.00       | 0           | 14.00    | 0.00      | 0.00      | *N/A*           | *N/A*                  | 0.00       | 0.00      | \$0.000   |
| 000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP        | EACH         | 1000      | 60                       | 0.00                   | 10                     | 13.00            | *N/A*                         | 0.00      | 0.00       | 0           | 15.00    | 0.00      | 0.00      | *N/A*           | 190.0                  | 0.00       | 0.00      | \$0.000   |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003064 LETTUCE GREEN LEAF                     | 1/2 cup         | 2000      | 4                        | 0.00                   | 7                      | 0.19             | 0.00                          | 0.04      | 0.00       | 0           | 0.69     | 0.31      | 0.33      | 89              | 8.6                    | 2.21       | 0.21      | \$0.000   |
| 000042 VEG, PICKLES DILL                      | 8 each          | 2000      | 5                        | 0.00                   | 390                    | *N/A*            | *N/A*                         | 0.00      | *N/A*      | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000   |
| 000776 VEG, TOMATO FRESH                      | 4 SLICES        | 2000      | 16                       | 0.00                   | 4                      | *N/A*            | *N/A*                         | 0.00      | *N/A*      | 0           | 3.69     | 0.74      | 0.74      | *N/A*           | 7.4                    | 11.51      | 0.27      | \$0.000   |
| 002279 VEG, ONION SLICED                      | 2 SLICES        | 2000      | 36                       | 0.00                   | 9                      | *N/A*            | *N/A*                         | 0.09      | 0.00       | 0           | 8.56     | 1.02      | 0.91      | *N/A*           | 22.7                   | 5.44       | 0.30      | \$0.000   |
| 003346 COLESLAW                               | SERVING (.5CUP) | 2000      | 151                      | 2.00                   | 291                    | 11.20            | *8.00                         | 11.00     | *0.00      | 10          | 13.34    | 2.14      | 1.07      | *N/A*           | 0.0                    | *0.00      | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH          | 750       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH            | 750       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH            | 750       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000230 MILK,1% WHITE                          | CARTON          | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000228 MILK, NONFAT CHOCOLATE                 | CARTON          | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0                  | 0.00       | 0.36      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING         | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0                  | 0.00       | 1.10      | \$0.000   |
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING         | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000   |
| Weighted Daily Average                        |                 |           | 982                      | 8.89                   | 1430                   | *61.15           | *13.70                        | 30.65     | *0.00      | *237        | 148.22   | 9.41      | 33.24     | *62             | *736.6                 | *39.37     | *3.21     | \$191.455 |
| % of Calories                                 |                 |           |                          | 8.15%                  |                        | *24.91 %         | *5.58%                        | 28.1%     | *0.0%      |             | 60.4%    |           | 13.5%     |                 |                        |            |           |           |
| Weekly Nutrient Guideline                     |                 |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |           |

Friday - 06/05/2026

Reimbursable Meal Total 3000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

|  | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | VIt-A (mcg RAE) | CalcM (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|---------|
| 003358 NACHOS, BEEF BEAN & CHEESE                  | SERVING        | 1500      | 672                      | 16.54                  | 1530                   | *3.61            | *0.00                         | 34.53     | *0.00      | 136         | 49.24    | 10.29     | 43.18     | *0              | 483.2      | 6.12       | 1.93      | \$0.000 |
| 003332 BEAN & CHEESE TAMALE (GLUTEN FREE)          | SERVING        | 1500      | 290                      | 8.00                   | 870                    | 0.00             | 0.00                          | 18.00     | 0.00       | 25          | 25.00    | 3.00      | 12.00     | *N/A*           | 290.0      | *N/A*      | 0.20      | \$0.000 |
| 002673 VEG, CORN CANNED - SYSCO                    | #8 SCOOP       | 3000      | 54                       | 0.00                   | 152                    | 5.42             | *N/A*                         | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2        | 0.00       | 0.00      | \$0.000 |
| 003347 LETTUCE SHREDDED (1/4") FRESH               | SERVINGS       | 1500      | 15                       | 0.00                   | 10                     | 0.00             | *N/A*                         | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 26.0       | *N/A*      | 0.36      | \$0.000 |
| 003348 SALSA MILD RED GOLD (SYSCO)                 | SERVING 2 TBSP | 1500      | 10                       | 0.00                   | 70                     | 1.00             | 1.00                          | 0.00      | 0.00       | 0           | 2.00     | 1.00      | 0.00      | *N/A*           | 0.0        | *N/A*      | 0.00      | \$0.000 |
| 000630 VEG, JALAPENO PEPPERS                       | #30 SCOOP      | 1500      | 5                        | 0.00                   | 290                    | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 1.00     | 1.00      | 0.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                           | .25 CUP        | 1500      | 60                       | 0.00                   | 280                    | *N/A*            | *N/A*                         | 5.01      | 0.00       | 0           | 2.00     | 0.00      | 0.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003160 BAR, PINTO BEAN (COLD)                      | #8 SCOOP       | 1500      | 148                      | 0.00                   | 404                    | *0.18            | *0.18                         | 1.50      | *0.00      | 0           | 27.27    | 9.03      | 9.02      | *0              | 0.4        | 0.02       | 0.02      | \$0.000 |
| 003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO) | 1/4 CUPS       | 1500      | 110                      | 5.00                   | 180                    | 0.00             | 0.00                          | 9.00      | 0.00       | 30          | 1.00     | 0.00      | 6.00      | *N/A*           | 200.0      | *N/A*      | 0.00      | \$0.000 |
| 003138 PINEAPPLE RAW                               | 1/2C SERVING   | 3000      | 60                       | 0.00                   | 1                      | 11.40            | 0.00                          | 0.00      | 0.00       | 0           | 9.69     | 1.38      | 0.46      | *N/A*           | 12.0       | 5806.00    | 0.05      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH         | 1000      | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                        | EACH           | 1000      | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                        | EACH           | 1000      | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000230 MILK,1% WHITE                               | CARTON         | 900       | 130                      | 0.00                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE                      | CARTON         | 2000      | 120                      | 0.00                   | 150                    | 19.00            | *N/A*                         | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*           | 300.0      | 0.00       | 0.36      | \$0.000 |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)        | SERVING        | 50        | 130                      | 0.50                   | 110                    | 11.00            | 10.00                         | 4.50      | 0.00       | 0           | 13.00    | 2.00      | 8.00      | 150             | 300.0      | 0.00       | 1.10      | \$0.000 |

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru Jun 5, 2026

|   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|---------|
| 003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ) | SERVING      | 50        | 150                      | 1.00                   | 30                     | 12.00            | 12.00                         | 4.50      | 0.00       | 0           | 18.00    | 4.00      | 8.00      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$0.000 |
| Weighted Daily Average                        |              |           | 979                      | 14.83                  | 2121                   | *47.21           | *0.95                         | 35.57     | *0.00      | 103         | 117.73   | 18.56     | 47.34     | *4              | *868.2                 | *5842.82   | *1.82     | \$0.000 |
| % of Calories                                 |              |           |                          | 13.63 %                |                        | *19.29 %         | *0.39%                        | 32.7%     | *0.0%      |             | 48.1%    |           | 19.3%     |                 |                        |            |           |         |
| Weekly Nutrient Guideline                     |              |           | 550 - 650                | <10                    | 1110                   |                  | <10                           |           |            |             |          |           |           |                 |                        |            |           |         |

|                   | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|-------------------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| Weighted Averages | 868                      | 8.75                   | 1432                   | *49.42           | *4.81                         | 25.21     | *0.00      | *71         | 126.38   | *14.20    | *36.69    | *41             | *644.2                 | *1446.11   | *4.02     | \$28.133 |
| % of Calories     |                          | 9.07%                  |                        | *22.77 %         | *2.22%                        | 26.1%     | *0.0%      |             | 58.2%    |           | *16.9%    |                 |                        |            |           |          |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.