

STRAND CAFE LUNCH MENU



OCTOBER 6TH - DECEMBER 5TH

Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!



Breakfast & Lunch Meals are **FREE** to all students in the 2025-26 School Year. No application needed!

MONDAY

Crispy Chicken Sandwich



BBQ Meatballs,
Mashed Potatoes &
Garlic Bread

Bean & Cheese
Burrito 

TUESDAY

Papa John's
Pepperoni Pizza



Papa John's
Cheese Pizza 

Chicken Caesar
Salad with Roll

WEDNESDAY

Orange Chicken
(with brown rice)



Uncured
Corn Dog

Islander Pizza
Lunchable 
(Vegetarian Available
Upon Request)

THURSDAY

100% Beef 
Hamburger

Breaded Chicken
Drumstick
(with biscuit honey)

Islander Yogurt
Flips 
(with graham crackers,
white chocolate chips, &
organic strawberries)

FRIDAY

Brunch 4 Lunch
(Mini dutch pancakes &
turkey sausage patty)

Buffalo Chicken
Fries with roll



Mozzarella Stuffed
Breadsticks 
(with marinara cup)

 = VEGETARIAN ENTREES

 = GLUTEN FREE ENTREES

Menu subject to change.

Students must select a 1/2 cup of fruit and/or vegetable with each meal.



We're Going
ORGANIC!



This school year, we're increasing the amount of organic & California produce on our salad bars to provide even more fresh, healthy, and sustainable options for your child. With locally-sourced, pesticide-free ingredients, every bite supports better nutrition and a greener planet.

What's Included

All lunch meals include an entrée, unlimited fresh fruits and vegetables, and choice of 1% white or non-fat milk.



Healthy Selections Daily

A selection of fruits & vegetables will be offered daily: Oranges, Bananas, Apples, Blueberries, Raisins, Dried Cranberries, Pears, Nectarines, Applesauce, Romaine Lettuce, Spinach, Cherry Tomatoes, Carrots, Zucchini, Jicama, Cauliflower, Celery, Broccoli, and Cucumbers



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