STRAND CAFE LUNCH MENU







OCTOBER 6TH - DECEMBER 5TH

Let's Go L cal!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!





Breakfast & Lunch Meals are **FREE** to all students in the 2025-26 School Year. No application needed!

MONDAY

Crispy Chicken Sandwich



BBQ Meatballs. **Mashed Potatoes & Garlic Bread**

> **Bean & Cheese** Burrito \checkmark



Menu subject to change.

TUESDAY

Papa John's Pepperoni Pizza



Chicken Caesar Salad with Roll



GLUTEN FREE ENTREES

WEDNESDAY

Orange Chicken (with brown rice)

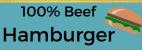


Uncured Corn Dog

Islander Pizza Lunchable

(Vegetarian Available **Upon Request)**

THURSDAY



Breaded Chicken Drumstick

(with biscuit honey)

Islander Yogurt Flips V

(with graham crackers, white chocolate chips, & organic strawberries)

FRIDAY

Brunch 4 Lunch

(Mini dutch pancakes & turkey sausage patty)

Buffalo Chicken Fries with roll



Mozzarella Stuffed **Breadsticks** \square

(with marinara cup)

Students must select a 1/2 cup of fruit and/or vegetable with each meal.

We're Going **USDA** ORGANIC



This school year, we're increasing the amount of organic & Caifornia produce on our salad bars to provide even more fresh, healthy, and sustainable options for your child. With locally-sourced, pesticide- free ingredients, every bite supports better nutrition and a greener planet.

What's Included

All lunch meals include an entrée, unlimited fresh fruits and vegetables, and choice of 1% white or non-fat milk. • • •

Healthy Selections Daily

A selection of fruits & vegetables will be offered daily: Oranges, Bananas, Apples, Blueberries, Raisins, Dried Cranberries, Pears, Nectarines, Applesauce, Romaine Lettuce, Spinach, Cherry Tomatoes, Carrots, Zucchini, Jicama, Cauliflower, Celery, Broccoli, and Cucumbers

