



October is National Farm-to-School Month, a wonderful time to celebrate the connections between schools and fresh, local food from California farms! Throughout this month, be on the lookout for delicious, locally grown fruits brought to us by our featured farmers.

October 16th is California Crunch Day. Caff.org/crunch



MONDAY



Breakfast: Cereal Day! w/
String Cheese or Seeds
Lunch: BBQ Chicken Drumstick
w/ Corn Bread or Cheese
Pizza Bagel Bites

06

TUESDAY



Breakfast: Egg & Fiesta Cheese
Croissant or Sunrise Muffin Top
Lunch: Chicken Salad w/ Pita or
Cheese Pizza

07

WEDNESDAY

Breakfast: Orange Creamsicle
Smoothie w/ Graham Crackers
Lunch: Turkey & Cheese Sub or
Southwest Quinoa Salad

01

Breakfast: Very Berry Yogurt
Parfait w/ Granola
Lunch: Chicken Sandwich or
Bagel Bistro Box

08

THURSDAY

Breakfast: Breakfast Taco Crisp-
Up or Chocolate Crescent
Lunch: Mandarin Chicken Salad
or Cheesy Breadstick w/
Marinara Sauce

02

Breakfast: Pancake & Chicken
Sausage Sandwich or Berry Scone
Lunch: Chicken Quesadilla or
Cuban Black Beans &
Rice

09

FRIDAY

Breakfast: Pancake Bites
Lunch: Spaghetti and Meat
Sauce or Bean and
Cheese Burrito

03

Breakfast: Maple Waffle
Lunch: Beef Meatballs and
Garlic Knot or
Korean Tofu Rice Bowl

10

No School

13

Breakfast: Breakfast Pizza or
Cereal Day! w/ String Cheese or
Seeds
Lunch: Chicken Nuggets w/
Dinner Roll or Yogurt Power Pack

14

Breakfast: Blueberry Muffin
Lunch: Cheeseburger or
Impossible Burger

15

Breakfast: Breakfast Taco Crisp-
Up or Chocolate Crescent
Lunch: Mandarin Chicken Salad
or Cheesy Breadstick w/
Marinara Sauce

16

Breakfast: Pancake Bites
Lunch: Spaghetti and Meat
Sauce or Bean and
Cheese Burrito

17

Breakfast: Cereal Day! w/
String Cheese or Seeds
Lunch: BBQ Chicken Drumstick
w/ Corn Bread
or Impossible Nuggets

20

Breakfast: Egg & Fiesta Cheese
Croissant or Sunrise Muffin Top
Lunch: Chicken Salad w/ Pita or
Cheese Pizza

21

Breakfast: Very Berry Yogurt
Parfait w/ Granola
Lunch: Chicken Sandwich or
Bagel Bistro Box

22

Breakfast: Pancake & Chicken
Sausage Sandwich or Berry Scone
Lunch: Chicken Quesadilla or
Cuban Black Beans &
Rice

23

Breakfast: Maple Waffle
Lunch: Beef Meatballs and
Garlic Knot or
Korean Tofu Rice Bowl

24

Breakfast: Cereal Day! w/
String Cheese or Seeds
Lunch: Chicken Nuggets w/
Dinner Roll or
Yogurt Power Pack

27

Breakfast: Breakfast Pizza or
Blueberry Muffin
Lunch: Cheeseburger or
Impossible Burger

28

Breakfast: Orange Creamsicle
Smoothie w/ Graham Crackers
Lunch: Turkey & Cheese Sub or
Southwest Quinoa Salad

29

Breakfast: Breakfast Taco Crisp-
Up or Chocolate Crescent
Lunch: Mandarin Chicken Salad
or Cheesy Breadstick w/
Marinara Sauce

30

Breakfast: Pancake Bites
Lunch: Beef Pretzel Dog or Bean
and
Cheese Burrito

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Menu items are subject to change.

Fruits and milk are offered at breakfast daily. Fruits, vegetables, and milk are offered at lunch daily.

"This institution is an equal opportunity provider."

OCTOBER 2025