

Behavioral Health

Counseling

Sutter Health Grief and Bereavement Support:

For adults and children

530-749-3460

Monday – Friday, 9:00AM – 5:00PM

Sutter Yuba Behavioral Health:

Youth Services,

Monday – Friday, 8:00AM – 5:00PM

Adult Services (new clients),

Monday – Wednesday, 8:00AM – 5:00PM

1445 Veteran’s Memorial Circle, Ste. B, YC

530-822-7513

1965 Live Oak Blvd., YC

530-822-7200

Latino Outreach Center

(Sutter Yuba Behavioral Health):

For Spanish speaking adults, children, and families

545 Garden Hwy, Ste. B, YC

530-674-1885

Monday through Thursday, 8:00AM – 5:00PM for information, registration, and intake

Sutter Yuba Behavioral Health Hmong Outreach Center

The Hmong Outreach Center serves bilingual and Hmong speaking only adults and families

4830 Olivehurst Ave Olivehurst, CA

530-749-2746

Hot Lines

Hope Heaven Counseling & Support Center:

Serve survivors of all ages affected by domestic violence, sexual assault, child abuse, elder abuse, and human trafficking.

103 D street, Marysville, CA 95901

(530) 674-5400

Adolescent/ Youth Counseling

Trained listeners help callers clarify their concerns and define and discuss available options

800-852-8336

California Parent & Youth Hotline

(855) 427-2736

<p><u>National Institute of Mental Health:</u></p> <p>Crisis Text Line: Text HELLO to 741741</p> <p>National Suicide Prevention Lifeline:</p> <p>Disaster Distress Helpline:</p> <p>Text TalkWithUs to 66746</p>	<p>Text HELLO to 741741</p> <p>1-800-273-TALK (8255)</p> <p>1-800-985-5990</p> <p>800-852-8336</p>
<p><u>California Peer-Run Warm Line:</u> “a highly accessible low-threshold mental health resource that people can use to seek support before they’ve reached the crisis point, in the hope that support now will prevent crisis later. All calls are free and confidential.”</p>	<p>Open 24/7, 1-855-845-7415 (toll free) or CHAT mentalhealthsf.org</p>
<p><u>Casa de Esperanza:</u></p> <p>Crisis line for help with domestic violence</p>	<p>530-674-2040</p> <p>24 hours/day, 7days/week</p>
<p><u>Cal HOPE:</u></p> <p>Support for emotional stress, including COVID related stress</p>	<p>833-317-4673</p>
<p><u>Care Solace</u></p>	<p>www.caresolace.com/ycusd or 1-888-515-0595</p>
<p><u>Yuba-Sutter Resiliency Connection Building Community by Healing</u></p> <p>A free community social network site to connect members who are implementing or wanting to implement trauma-informed and resilience-building practices</p>	<p>click here</p>

Childcare & Youth Services

<p><u>Children’s Home Society:</u></p> <p>Income eligible parents can apply for funding to cover or subsidize cost of childcare. CHS also provides referrals to local early education and childcare programs and other services.</p>	<p>1650 Sierra Avenue, Ste 102, Yuba City, 530-645-6298.</p>
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<u>Childcare Funding</u>	
<p><u>E Center Head Start Programs Services:</u> Provide comprehensive early childhood education, health, nutrition, and parent involvement for children ages 0-5 and their families at no cost to the participants.</p>	<p>1003 Stabler Lane Yuba City, CA 95993 530-634-1200</p>
<p><u>Live Oak Child Development Center:</u> The Live Oak Child Care Center, a non -profit, secular and non-discriminatory state funded childcare facility has been in operation since 1977</p>	<p>1990 Archer Ave, Live Oak, CA 95953 530-695-2372</p>
<p><u>Transitional Age Youth Program (TAY)/ Children's System of Care (CSOC)</u></p>	<p>809 Plumas St, Yuba City Ca 95991 Josh Thomas LCSW 530-822-7478 ext. 122</p>
<p><u>Youth Urgent Services:</u> Youth Urgent Services provides expedited access to youth outpatient services for youth who have been taken to Psychiatric Emergency Services (PES) experiencing suicidal or homicidal ideation, and for youth who are hospitalized and need urgent follow up services post-hospitalization.</p>	<p>1445 Veterans Memorial Circle, Ste B, Yuba City Ca 95991 Darrin Whittaker LMFT 530-822-7513 Ext 414</p>
<p><u>Tri-County Diversity:</u> As the only 2SLGBTQIA+ non-profit in Yuba-Sutter and Colusa counties; we strive to provide community resources, education, peer support, & social events to fulfill the mission of: “Uniting Our Community”</p>	<p>201 D St Suite L, Marysville, Ca 95901 530-763-2116</p>

Clothing Closets

<p><u>Society of St. Vincent De Paul:</u> Provides food pantry-Once a month C.A.N Affiliate Sutter County Residents 9a -11:15a</p>	<p>222 Clark Avenue Yuba City, CA 95991 530-671-5154</p>
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<p><u>Crossroads Community Church:</u> Monday- Friday 10a-2p or until supplies last</p>	<p>529 Plumas Street Suite D 530-751-9168 www.crossroadsyubacity.org/Contact</p>
<p><u>Christian Assistance Network:</u></p>	<p><i>By referral only</i> 232 Teegarden Ave. Yuba City</p>

Employment

<p><u>Sutter Estates Independent Living:</u> Retirement Community gives our residents every opportunity to keep active, stay involved and age gracefully.</p>	<p>1230 Plumas St, Yuba City, CA 95991 530-755-2820</p>
<p><u>Express Personnel:</u> Professional staffing company providing temporary, part-time, and full-time hiring solutions for a range of industries.</p>	<p>870 W Onstott Frontage Rd E, Yuba City, CA 95991 530-671-9202</p>
<p><u>Pridestaff:</u> Light industrial, warehouse, production, manufacturing, food processing, clerical.</p>	<p>2568 Industrial Blvd Suite 105, West Sacramento, CA 95691 530-661-3405</p>
<p><u>Rush Personnel:</u> Employment agency in Yuba City</p>	<p>650 N Walton Ave, YC, CA 95993 530-770-3790</p>
<p><u>Sutter County Employment Services: CalWORKs and Employment Services</u></p>	<p>539 Garden Hwy A, Yuba City, CA 9599 530-822-7133</p>
<p><u>The Plus Group:</u> Employment agency in Yuba City</p>	<p>855 Harter Pkwy. Ste 370. 530-671-1111</p>
<p><u>Yuba County Employment Services:</u> CalWORKs and Employment Services</p>	<p>1114 Yuba St # 218, Marysville, 530-749-6311</p>
<p><u>Department of Rehabilitation:</u> Provides employment rehabilitation to disabled persons in achieving employment goals.</p>	<p>1237 Live Oak Blvd. #B 530-822-4591</p>

Ric Teagarden Life Building Center: Housing cooperative in.	131 F Street, Marysville 530-749-6811
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Financial Assistance

US Social Security Administration: Information about retirement benefits, survivor's benefits, Medicare, and benefits for the elders, blind or disabled.	355 Percy Ave, Yuba City, CA 95991 866-331-5449 Open Monday-Friday 9am-4pm
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General

Sutter County Health and Human Services: Provides temporary financial relief for county residents who have exhausted all other means of support.	190 Garden Hwy. Yuba City 877-652-0735
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Yuba County Health and Human Services: Provides temporary financial relief for county residents who have exhausted all other means of support.	5730 Packard Ave., Suite 100 530-749-6311
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Food

Deliveries

Yuba-Sutter Food Bank: Delivery Deliveries to seniors & vulnerable Call Day before delivery	530-673-3834 yubasutterfoodbank@gmail.com
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Financial Assistance

Cal Fresh:

Provides assistance to qualified households to purchase healthy and nutritious foods through monthly electronic benefits.

Monday-Friday 8am-5pm

Sutter County Health and Human Serv.	190 Garden Hwy. Yuba City 877-652-0735
Yuba County Health and Human Serv.	5730 Packard Ave., Suite 100 Marysville 530-749-6311
<u>WIC:</u>	
<p>WIC, the Women, Infants, and Children program is a nutrition program that helps pregnant women, new mothers and young children eat well and stay healthy.</p>	
<u>WIC-Sutter County</u>	
Sutter County Public Health (Main Office):	1445 Veterans Memorial Circle Yuba City
Monday - Thursday 8:00 a.m. - 5:30 p.m. Friday 8:00 a.m. - 5:00 p.m.	530-822-7224
<u>Live Oak Boy Scout Building:</u>	2670 Myrtle Street Live Oak, CA
2nd Thursday of the month 9:00 a.m. - 4:30 p.m.	530-822-7224
<u>Richland Neighborhood Center:</u>	420 Miles Avenue Yuba City, CA 95591
1st Thursday of the month 9:00 a.m. - 4:30 p.m.	
<u>WIC Yuba County</u>	
<u>One Stop</u>	1114 Yuba St. Suite 217 Marysville
(530)749-4830 Monday – Friday: 8:00-6:30 p.m.	(530)749-4830
<u>Ampla Health WIC:</u>	4957 Olivehurst Ave.
Monday – Thursday: 8:00am – 6:30 pm	(530) 743-1678 Fax (530) 743-3461
<u>Ampla Health -Beale</u>	17800 13th St., Suite 400 Beale AFB CA 95903
9:00am – 5:00 pm (By Appointment Only)	
<u>Meals</u>	
<u>River Bottoms Ministry</u>	2nd St., Yuba City
Mondays and Fridays at 11am	

St. Andrew Presbyterian: Provides community lunch at 1pm the last Friday of the month; coat closet	1390 Franklin Road, Yuba City 530-673-7353 www.standrewpcusa.org
First United Methodist Church: Provides travel lunches a few times a month	3101 Colusa Highway, Yuba City 530-673-5858 www.fumcyubacity.com
First Lutheran Church: Provides dinner every Wednesday at 5:30pm	Corner of Cooper & Forbes Ave. YC 530-673-8894 www.flcyc.org/
A Hand Up Ministry: Breakfast-10:40am Lunch/Dinner 12pm Tuesday-Saturday	1297 Market St STE B , Yuba City 530-671-1260
Yuba-Sutter Food Bank: Food distributions throughout the area. Please ask about the Brown Bag Program.	760 Stafford Way Yuba City Brown Bag Program 530-673-3834 Ext. 8

Pantries

Society of St. Vincent De Paul: Provides food pantry-Once a month, clothing, rent, utility bill, furniture and household goods. C.A.N Affiliate Sutter County Residents	222 Clark Avenue Yuba City, CA 95991 530-671-5154
Loma Rica Community Church: Please call to schedule appointment <i>Loma Rica residents only</i>	111234 Loma Rica Road, Loma Rica 530-743-1880
St. Andrew Presbyterian: Monday-Friday 1:15pm-3:15pm (Once a month) C.A.N Affiliate	1390 Franklin Road, Yuba City 530-673-7353 www.standrewpcusa.org
Yuba City Seventh Day Adventist: 2nd and 4th Tuesday 11am-12:30pm	1460 Richland Road, Yuba City 530-788-6136 or 916-860-9836
The Salvation Army: Monday-Thursday 9-11:30am Homeless: 1 per month, Resident: 1 every 3 months	401 Del Norte Ave., Yuba City 530-216-4530

<p><u>Crossroads Community Church:</u> Tuesdays & Thursday Breakfast-8am; Lunch-1pm; Dinner 7pm</p>	<p>445 B Street, Yuba City 530-751-9168 www.crossroadsyubacity.org/Contact</p>
<p><u>Riverside Restoration Center</u></p>	<p>5825 Riverside Dr. Olivehurst 530-742-4673</p>
<p><u>Agape Food Closet:</u> Sundays only beginning at 12pm</p>	<p>10615 Live Oak Blvd., Live Oak 530-695-0610 or 530-300-4497</p>
<p><u>Christian Assistance Network (C.A.N.):</u> Monday-Thursday 1pm-2:45pm Must have a referral from Church/Agency</p>	<p>232 Teegarden, Yuba City 530-671-7344</p>
<p><u>First United Methodist Church:</u> Monday-Friday & Sunday 9am-5pm</p>	<p>3101 Colusa Highway, Yuba City 530-673-5858 www.fumcyubacity.com</p>
<p><u>First United Methodist Church:</u> Sack lunch-Monday, Tuesdays, Thursday & Friday, 10- 12pm (May receive Once every 2 weeks)</p>	<p>730 D Street Marysville 530-743-3007</p>
<p><u>Glad Tidings Church:</u> Call for referral assistance</p>	<p>1179 Eager Road, Yuba City 530-671-3160</p>
<p><u>Hope Point Nazarene Church</u> Wednesdays 6:30-8pm</p>	<p>2727 Fir Street, Live Oak 530-695-3956</p>
<p><u>Wheatland Baptist Church</u></p>	<p>712 Olive Street, Wheatland</p>
<p><u>Calvary Christian Center:</u> Bread only Saturday at noon</p>	<p>4902 Powerline Road Olivehurst, CA 95961 530-415-0578</p>
<p><u>St. Joseph Church:</u> Food pantry open every Wednesday and Friday 10:15am-11:15am (Once a month)</p>	<p>8th & B Streets, Marysville 530-742-6461 www.stjoseph-marysville.org</p>
<p><u>St. John's Episcopal Church:</u> Food pantry and coat closet: Mondays & Thursdays 9:15am-11:15am food distribution <i>Yuba County ONLY</i></p>	<p>800 D Street Marysville 530-742-8829 www.saintjohnsepiscopal.org</p>

Foster

Family Urgent Response System (FURS):

A free 24/7/365 hotline for current or former foster youth and their caregivers to call and get immediate help from a trained counselor or peer

call or text **1-833-939-3877**

or go to CAL-FURS.ORG

Youth For Change

1525 Plumas St, YC, CA 95991
530-418-1002

Health

Crisis

Sutter Yuba Behavioral Health:

Crisis Response and Evaluation Monday-Friday 8:00am-5:00pm (office) 24-hour care

1965 Live Oak Blvd YC, CA 95991

530-673-8255

Toll Free 888-923-3800

Covid

COVID-19 TESTING Sites and information:

<https://www.suttercounty.org/community/coronavirus-updates/coronavirus-testing>

Free At-Home COVID-19 Tests
(federal government)

<https://special.usps.com/testkits>

COVID-19 VACCINATIONS

Vaccines are available at most local health clinics and pharmacies. Call for availability and appointments.

Find a vaccine by phone:

1-800-232-0233

Find a vaccine online at

<https://www.vaccines.gov/search/>

Immunizations

Sutter County Public Health:

Mondays 1st - 4th Wednesdays 1st - 4th and Fridays
8:00am-11:00am for families and children, limited vaccines for adults

1445 Veterans Memorial Circle

530-822-7215

Medical & Dental

Ampla Health:

1000 Sutter St. Yuba City

530-674-4261

Provides comprehensive medical, dental, mental health services.	
<u>Ampla Health:</u> Transportation services available for established patients	4941 Olivehurst Ave Olivehurst Medical 530-743-4611 Dental 530-743-4614
<u>Mobile Dental Clinic (Happy Tooth Mobile)</u>	1114 Yuba Street, Suite 220 530-788-3578
<u>Smile:</u> California-Medi-Cal Dental Provides free or low-cost dental services to children and adults who receive Medi-Cal.	1-800-322-6384
<u>The California Dental Grants:</u> Program Apply for financial assistance for dental work through the California Dental Grant (CDG Grant) without cost.	866-670-9381 View application: here
<u>All Dental and Orthodontics:</u> Provides general dentistry services including the prevention, diagnosis, and treatment of a wide variety of conditions and diseases that affect your teeth, gums, and oral health.	1222 Colusa Ave, # H YC, CA 530-673-3684
<u>Cosmetic Dentistry Grants (CDG):</u> Program Apply to receive financial assistance for cosmetic dentistry treatment plans such as implants, bridges, or a re-transformation of your smile.	866-670-9381 View application: here
<u>Dr. Genobaga, James, DDS, INC.</u>	866 Plumas St # H Yuba City 530-763-4231
<u>Happy tooth Mobile:</u> Various locations in Yuba County Ages 0-18	(530)788-3578
<u>Ampla Lindhurst Clinic</u>	4941 Olivehurst Ave (530)743-4614
Medical Clinics	
<u>A Women's Friend</u>	961 Live Oak Blvd, YC, CA 95991

	(530) 741-0556
<u>American Red Cross</u>	2125 East Onstott Road YC 530-673-1460
<u>Health Ampla Xpress Care</u>	1000 Sutter St YC, CA 95991 530-673-9420
<u>Ampla Health Richland Medical</u>	334 Samuel Dr Yuba City, CA 530-674-9200
<u>Ampla Health Yuba City Pediatrics</u>	931 Sutter St Yuba City, CA 530-671-8820
<u>Harmony Health Medical Clinic:</u> Provides full-service clinic	908 N. Beale Rd Marysville www.myharmonyhealth.org
<u>Harmony Health Medical Clinic</u>	1930 N Beale Rd, Marysville 530-743-6888
<u>Harmony Health</u>	1215 Plumas Street YC 530-742-5049
<u>Peach Tree Health:</u> Provides full-service clinic for individuals and families. Locations in Yuba City and Olivehurst for individuals and families.	YC 530-749-3232 530-743-6888
<u>Marysville Immediate Care Clinic: Provides urgent care services</u>	5730 Packard Ave #500, Marysville 530-749-3242
<u>Kick it California</u>	5730 Packard Ave Marysville (800)300-8086
<u>Families First: familiesfirsthealth.com insurance not required \$85 doctor visits</u>	466 Del Norte Ave. Yuba City Ca 95991 530-751-9355
<u>Yuba/Sutter Children's type 1 Diabetes Support Group & Resource Center</u>	990 Klamath Ln Suite 1 YC 530-763-4171

Housing

Affordable

<p><u>Regional Housing Authority for Colusa, Nevada, Sutter & Yuba</u></p> <p>Low-income housing for singles, families, and seniors 1455 Butte House Rd.</p>	<p>1455 Butte House Rd. YC 95993</p> <p>530-671-0220</p>
<p><u>Clean & Sober Living</u></p>	
<p><u>Feather River Men's Center:</u></p> <p>Drug & Alcohol Rehabilitation Facility for MEN</p>	<p>2465 Birch St, Live Oak, CA 95953</p> <p>530-695-800</p>
<p><u>Chico Rescue Mission:</u></p> <p>Sober living with shared areas.</p>	<p>2612 Esplanade, Chico, CA 95973</p> <p>530-343-1935</p>
<p><u>Deborah's House:</u></p> <p>Sober living with shared areas for WOMEN</p>	<p>1212 J St, Marysville, CA 95901</p> <p>530-635-0941</p>
<p><u>Lydia's House (narcotics):</u></p> <p>Clean and sober living, 9-month program for WOMEN</p>	<p>Yuba City, CA 95993</p> <p>530-645-7823</p>
<p><u>Coordinated Entry</u></p>	
<p><u>Hands of Hope:</u></p> <p>Life Building Center Entry point for homeless services for individuals and families. Showers, laundry, case management, referrals.</p>	<p>131 F St Marysville, CA</p> <p>530-749-6811</p> <p>Monday-Friday 9am 3:30pm</p>
<p><u>Hands of Hope:</u></p> <p>Entry point for homeless services for individuals and families. Showers, laundry, case management, referrals.</p>	<p>909 Spiva Ave Yuba City, CA</p> <p>Monday-Friday 9am-3:30pm</p>
<p><u>Rapid Rehousing</u></p>	
<p><u>Bridges to Housing:</u></p> <p>Financial assistance with deposits</p>	<p>909 Spiva Ave Yuba City CA 95991</p> <p>530-755-3414</p>
<p><u>The Salvation Army:</u></p> <p>Yuba Financial assistance with deposits</p>	<p>408 J Street Marysville 95901</p> <p>530-216-4530 Yubasalarmy.org</p>
<p><u>Yuba County Health and Human Services (HSP) Provides housing assistance to CalWORKs eligible clients (first month rent, security deposit) and comprehensive supportive services.</u></p>	<p>5730 Packard Ave, Suite 100</p> <p>Marysville, CA</p> <p>530-749-6838</p>
<p><u>Sutter County Health and Human Services (HSP) Provides housing assistance to CalWORKs eligible clients (first</u></p>	<p>190 Garden Hwy Yuba City, CA</p> <p>530-822-7133</p>

month rent, security deposit) and comprehensive supportive services	
The Salvation Army: Financial assistance and case management to obtain and sustain permanent housing (application fees, rent, deposit)	401 Del Norte Ave YC, CA 95991 530-216-4530
<u>Permanent</u>	
Habitat for Humanity: Provides assistance to build sustainable housing	202 D St, Marysville, CA 95901 530-742-2727
Pathways Residential Program: Residential treatment for drug and alcohol abuse, detoxification, residential short- or long-term care.	2 -9th St, Marysville 530-742-6670 430 Teegarden Ave, YC 530-674-4530
Marymead Park Housing	530-743-5482 marymead@chiphousing.org
<u>Permanent Subsidized</u>	
Alberta Gardens: Subsidized housing, ready to help improve growth	6024 Alberta Ave Marysville 530-749-6811
<u>Transitional</u>	
Buddy's House: 180 beds-sites throughout Sutter & Yuba Counties sober living housing with shared areas.	1770 Magnolia Dr, Yuba City, CA 95991-7588 530-674-1049
Joshua House: Sober living.	4004 Hammonton Smartsville Rd, 530-742-7771
Teen Challenge: Residential treatment for drug and alcohol abuse, detoxification, residential short- or long-term care.	916-645-3807
<u>Shelters</u>	
<u>Cold Weather Emergency</u>	
Regional Emergency Shelter Team:	909 Spiva Ave Yuba city, Ca 95993 530-755-3491

<p>Cold weather shelter for homeless in Yuba-Sutter Counties/check in at 5pm (no waiting list) Single women, families, and couples. <i>No single men.</i></p>	
<p><u>Domestic Violence</u></p>	
<p><u>Casa de Esperanza:</u> Emergency safe shelter for domestic violence victims, sexual assault and child abuse/counseling and case management.</p>	<p>Crisis Line 674-2040 Office 674-5400</p>
<p><u>Temporary Housing/ Shelter</u></p>	
<p><u>14 Forward:</u> 40 bed temporary shelter for men and women-Provides intensive case management</p>	<p>1212 J St, Marysville, CA 95901 530-749-6811</p>
<p><u>Sutter County Homeless Hotline</u></p>	<p>909 Spiva Ave Yuba City, CA 95991 530-822-5999</p>
<p><u>Twin Cities Rescue Mission:</u> Provides food & showers check in at 5pm, MEN age 18+</p>	<p>940 14th St, Marysville, CA 95901 530-743-8777</p>

<p><u>Legal</u></p>	
<p><u>Family Law Facilitator:</u></p>	<p>215 5th St, Marysville (530) 749-7685</p>
<p><u>YS Legal Center for Seniors:</u> We provide FREE legal services and community education to residents of Yuba and Sutter Counties who are 60 and over.</p>	<p>866 Plumas St suite i, Yuba City, CA 95991 725 D St, Marysville, CA 95901 530-742-8289</p>
<p><u>Sutter County Court (Self-Help):</u> The Self-Help Center offers self-help manuals, computer access to online applications for filling out forms.</p>	<p>1175 Civic Center Blvd. Yuba City Ca. 95991 530-822-3300 suttercourts.com</p>

<p><u>Yuba County Court (Self-Help): The Self-Help Center</u> offers self-help manuals, computer access to online applications for filling out forms.</p>	<p>215 5th St. Suite 318 Marysville Ca. 95901 530-740-1850 yubacourts.org/self-help</p>
<p><u>Regional Child Support Agency</u></p>	<p>1007 Live Oak Blvd., Suite B2 Yuba City, CA 95991 https://www.colusasutterylolochildsupport.gov/</p>
<p><u>California Rural Legal Assistance</u> M-F 9AM-12PM & 1PM-4PM</p>	<p>Local Office: 511 D Street, Marysville; 530-742-5191 x2800, (for low income & Section 8 housing) If not low income, call Tenant Justice Project (part of CRLA), 800-356-6173 www.crla.org</p>
<p><u>Ca Courts Tenant Rights Checklist for Eviction</u></p>	<p>https://www.courts.ca.gov/44660.htm#tenants</p>
<p><u>Legal Services of Northern Ca:</u> What to do with court eviction papers</p>	<p>Link</p>
<p><u>Legal Services of Northern Ca – Answer to Eviction Instruction Packet</u></p>	<p>Link</p>
<p><u>Legal Services of Northern California Health Hotline:</u> The LSNC Health program assists clients throughout Northern California with legal problems related to obtaining and keeping health-care services.</p>	<p>515 - 12th Street Sacramento, CA 95814 1(888) 354-4474</p>

Movement

<p>California Mental Health Movement</p>	<p>1965 Live Oak Blvd Yuba City, CA 95991</p>
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Payee

<u>Benefits Management Corporation:</u> Provides financial structure to manage client's benefits	1176 Live Oak Boulevard Suite A YC, CA 95991 916-340-7000
<u>C & J Services:</u> Provides financial structure to manage client's benefits	2186 Roberta Avenue Marysville, CA 95901 530-743-3017
<u>Northern California People's Advocate:</u> Provides financial structure to manage client's benefits.	Penn Valley, CA 95946 530-272-7771

Recreational

<u>Playzeum</u>	1980 S Walton Ave, YC, CA 95993 530-763-5134 yubasutterplay.org
<u>Yuba City Parks and Recreation</u>	1201 Civic Center Blvd. 530-822-4650 yubacity.net
<u>4-H Club</u>	530-822-7515 Website
<u>OPUD</u>	1966 9th Ave Olivehurst Ca 95961 530-933-9423

Senior

<u>Sutter Estates Independent Living :</u> Retirement Community gives our residents every opportunity to keep active, stay involved and age gracefully.	1230 Plumas St, Yuba City, CA 95991 530-755-2820
<u>Area Resources for Seniors</u>	Link
<u>Yuba/Sutter Legal Center for Seniors:</u>	866 Plumas St suite i, Yuba City, CA 95991 725 D St, Marysville, CA 95901 530-742-8289

<p>We provide FREE legal services and community education to residents of Yuba and Sutter Counties who are 60 and over.</p>	
<p><u>Willow Glen Care Center:</u> Willow Glen Care Center operates 24-hour residential care facilities for adults and the elderly with severe and persistent mental health conditions.</p>	<p>1547 Plumas Court, Yuba City Ca 95991 530-751-9900</p>

Different Needs

<p><u>Alta California Regional Center:</u> Alta California Regional Center creates partnerships to support all eligible individuals with developmental disabilities, children at risk, and their families in choosing services and supports through individual lifelong planning to achieve healthy and productive lives in their own communities.</p>	<p>950 Tharp Road, Suite 202 YC 530-674-3070</p>
<p><u>California State Department of Rehabilitation: Employment and Independent Living for Californians with Disabilities since 1963</u></p>	<p>1237-B Live Oak Blvd. C, CA 530-822-4591 https://www.dor.ca.gov/</p>
<p><u>Childcare Planning Council:</u> Plans for and promotes the highest quality and accessible services for the care of all children and youth.</p>	<p>935 14th St Marysville, CA 530-749-404</p>
<p><u>Children’s Home Society:</u> Children’s Home Society of California (CHS) helps families find and pay for childcare and offers programs and services to support families and the childcare community so that children can thrive in their development.</p>	<p>1650 Sierra Avenue, Suite 102 530-673-7503</p>
<p><u>Disabled Students Programs & Services:</u> Disabled Students Programs and Services (DSPS) provides support services and academic accommodations to ensure</p>	<p>1585 Butte House Rd D 530-741-6795</p>

access for students with disabilities consistent with the educational offerings and mission of Yuba College.	
<u>Family Soup:</u> Empower families of children with special needs through support and education to reach their full potential as members of the community	1650 Sierra Avenue Suite 106. Yuba City, CA 95993 530-751-1925
<u>Freed:</u> FREED has a variety of programs centering around issues that arise with aging and disabilities.	1100 Butte House Rd Suite 120 530-742-4474
<u>NorCal Services for Deaf & Hard of Hearing NorCal: Services for Deaf & Hard of Hearing</u> is a non-profit community-based organization serving Deaf & Hard of Hearing individuals.	1521 Butte House Rd, YC, CA 530-763-1537
<u>Pride Industries:</u> Competitive business services to fuel our mission of creating employment for people with disabilities.	950 Tharp Rd # 601, YC, CA 530-755-1736
<u>Quality Education Services and Training:</u> QuEST provides vocational training and employment services to individuals with disabilities	935 B Spiva Ave, YC, CA 95991 530-751-1652
<u>Yuba/Sutter Diabetes Support and Resource Center:</u>	990 Klamath Ln #1, YC, CA 95993 530-763-4171
<u>In Home Support Services (IHSS)</u>	
The In-Home Supportive Services (IHSS) program provides in-home assistance to eligible aged, blind, and disabled individuals as an alternative to out-of-home care and enables recipients to remain safely in their own homes.	
(Yuba) IHSS	5730 Packard Ave, Marysville, CA 530-749-6471
(Sutter) IHSS	1445 Veterans Memorial Circle, YC 530-822-5990

<p><u>Tri-County Caregiver Respite:</u></p> <p>Temporary family support through specialized care to individuals of all ages with developmental disabilities, brain impaired adults and persons designated as “at risk” while combining the principles of mainstreaming, normalization, and self-reliance.</p>	<p>1215 Plumas St. #1600 YC 530-755-3500 tricityrespitecare.org</p>
<p><u>Public Guardian:</u></p> <p>To create a golden future for Yuba County by inspiring a community of participation, embracing our unique history and discovering the wealth of our untapped potential.</p>	<p>215 5th Street, Suite 215 P.O. Box 225 Marysville, CA 95901 (530) 749-6306 Website</p>
<p><u>Mental Health America Yuba Sutter (MHAYS)</u></p> <p>Promoting the wellness and recovery of individuals with mental health and substance abuse conditions through prevention, advocacy, education, employment, and service</p>	<p>1965 Live Oak Blvd YC, CA 916-505-4419</p>

Substance Supports

<p><u>Aegis Medical Systems</u> Our goal is to help each of our patients heal so they can return to their lives, families, and communities healthier and full of lasting hope.</p>	<p>201 D St. Suite D Marysville Ca 95901 530-418-0952 or 530-742-7747 PinnacleTreatment.com</p>
<p><u>Addiction Resource Center:</u></p> <p>Intensive Outpatient Program (IOP) in Yuba City, and partner with a Detox/Residential clinic, Ona Treatment Center, in Browns Valley CA, providing medication assisted treatment services onsite 24/7, and offer inpatient treatment for patients 18 and older.</p>	<p>1002 Live Oak Blvd Suite A, Yuba City, CA 95991 Call or Text 24/7: 530-625-7910 sayarc.com</p>
<p><u>First Steps Provides intensive day: treatment for substance abuse - Women Only</u></p>	<p>1251 E Onstott Rd, Yuba City, 530-822-7263</p>
<p><u>Pathways:</u></p>	<p>430 Teegarden Ave, Yuba City, CA 95991</p>

Residential treatment for drug and alcohol abuse, detoxification, residential short- or long-term care.	530-674-4530 2 9th St, Marysville, CA 95901 530-742-6670
<u>Sutter/Yuba Behavioral Health</u>	1965 Live Oak Blvd, Yuba City, 530-822-7200
<u>The Recovery Village:</u> Support in finding Rehab Facilities in your area 24 hours a day, 7 days a week.	Call (855) 399-1095 or 866-235-4572
<u>The Salvation Army Depot Family Crisis Center:</u> The Salvation Army Depot Family Crisis Center is an intensive transitional shelter program for homeless families and individuals.	408 J St, Marysville, CA 95901 530-216-4530
<u>Wellpath Community Care Centers: Devoted to treating opioid addiction and other substance use disorders.</u>	1352 Colusa Ave Suite C YC 530-618-8167
<u>First Steps Perinatal Treatment Program:</u> The First steps Perinatal Program provides SUD outpatient and Intensive outpatient and intensive outpatient treatment services to pregnant or parenting women struggling with a substance use disorder.	545 Garden Highway YC (530)822-7263
<u>Fathers FIRST</u>	5206 Tulip Rd. Marysville Ca John Floe 530-218-6742
<u>Options for Change:</u> Intensive outpatient treatment program providing services at SYBH, CalWORKs, Drug Court and the Choices Program at Sutter County Probation	1965 Live Oak Blvd. YC 530-822-7200
<u>Hotlines</u>	
Narcotics Anonymous Hotline	818-377-4366
Alcoholic Anonymous Hotline	530-673-9380

Transportation

Anthem Blue Cross Medi-Cal:

877-931-4755

Call well in advance to schedule transportation (Medi-Cal Managed care only)	
California Health and Wellness: Call well in advance to schedule transportation (Medi-Cal Managed care only)	877-658-0305
Yuba/Sutter Transit: Discount fares for children and seniors.	2100 B Street Marysville, CA 95901 (530) 742-2877 & TTY (530) 634-6889
Grey Hound Bus Station	905 5th St. Marysville Ca 95901 530-742-7121 greyhound.com

Utilities

Community Resource Project	201 D St, Marysville, CA 95901 (530) 671-7590
Life Wireless	1215 Colusa Ave Yuba City, CA 95991 1(888) 543-3620 www.lifewireless.com
Rural Opportunities Resource Center	P.O. BOX 2147, MARYSVILLE, CA 95901 530-742-7806
Relief for Energy Assistance through Community Help (REACH)	231 D St, Marysville Ca 95901 800-743-5000
California Alternate Rates for Energy (CARE) Program	231 D St, Marysville Ca 95901 866-743-2273

Veteran

Disabled American Veterans	1425 Veterans Cir Yuba City, CA, 95993 530-741-0878
Central Valley Homeless Veterans Assistance Program	604 D St., Marysville, CA 95901 (530) 749-4889 or (530) 741-4153

<u>Sutter/Yuba VA HUD VASH</u>	425 Plumas Blvd, Yuba City, CA 95991 530-751-4529
<u>VA Northern California Health Care System & Veterans Clinic</u>	425 Plumas Blvd, Yuba City, CA 95991 530-751-4500
<u>Veterans Crisis Line</u>	1 (800) 273-8255
<u>Veterans Employment Assistance</u>	5730 Packard Avenue Suite 100 Marysville, CA 95901 530-749-4891
<u>Fathers FIRST</u>	604 D St, Marysville, CA 95901 530-749-1036
<u>Yuba/Sutter Counties Veteran Service Office</u>	5730 Packard Ave #300, Marysville 530-749-6710

Vote

Voter registration, filing for county office and elections

<u>Sutter County</u>	530-822-7122
<u>Yuba County</u>	530-749-7855