













# RIVERSIDE MEADOWS

All students are eligible to receive one lunch at no cost every school day. Each lunch includes: ✓ An entrée choice (as listed on the menu) ✓ Fruit ✓ Vegetables ✓ Milk

Per USDA guidelines, students must select at least ½ cup of fruit or vegetables for the meal to qualify as free. If the minimum fruit or vegetable portion is not selected, à la carte pricing will apply.

# **MONDAY**

- Domino's Smart Slice Cheese or Pepperoni Pizza
  - Chimi Nada
  - Chicken Caesar Wrap Chicken Caesar Salad Fresh Baked Cookie

### **TUESDAY**

- Hamburger or Cheeseburger
- Grilled Cheese Sandwich Fruit and Yogurt Parfait with Granola Chef Salad

  Tater Tots

# WEDNESDAY

- Orange Chicken Bowl Teriyaki Chicken Bowl
  - Edamame Bowl Asian Chicken Wrap
    - Asian Chicken Salad
       Brown Rice or Chow Mein

#### **THURSDAY**

- Chicken or Cheese Quesadillas
  - Chicken or Beef Tacos
- Bean & Cheese Burrito Taco Salad Spanish Rice and Black Beans

#### **FRIDAY**

- Chicken Drumstick w/ Dinner Roll
  - Spicy Chicken Sandwich
  - Chicken Strips w/ Dinner Roll
- Fruit and Yogurt Parfait with Granola Chef Salad Mashed Potatoes and Steamed Corn















