



The Bluffer



Advisory makes another change to the format in order to better serve students

Savannah Osborn
Staff Writer

Red Bluff High's junior class is set to benefit from a slight restructuring of their advisory this year, driven directly by feedback from both students and staff. The main goal of this change is to foster a stronger sense of community and provide more robust support for all juniors.

As a result of this restructuring, students will now rotate between just two teachers, a significant shift from the four teachers that last year's juniors rotated between. This change addresses not only students' desires to remain with familiar faces and avoid

constant room changes, but teachers' desires to nurture preexisting relationships with their students as well. Teachers will now have more consistent time with their homeroom students. This extended interaction is designed to build stronger student-teacher relationships, making it easier for educators to connect with the class and give their students the support they need in their most developmental year of high school. The new advisory format also carves out dedicated time for one on one conversations for students to get the help they need, whether it's about grades or other concerns.

These sessions will focus on academic support, helping students identify campus resources, and develop effective strategies for managing their workload and recognizing opportunities.

To have a better understanding of these changes and their impacts, we spoke with Ms. Bliss, an English teacher who also oversees the advisory program. "Being able to have that conversation with staff about knowing where your resources are, and bringing things like that to the student's forefront gives them an opportunity to think about tasks and recognize when they can make time for them instead of forgetting,"

Bliss said, hoping to help students be more mindful of their responsibilities and time.

Ms. Bliss also described the ultimate goal of the new advisory system as "...to help students feel more connected on campus, to give them a better support network, and to ensure they will have every opportunity available to them when they leave Red Bluff High School." We also asked Junior Klowey Johnson, experiencing the new system firsthand, how she felt about the changes made. "It's more personal compared to last year," she said, expressing how "last year felt like a scavenger hunt."



Kylie Arrowsmith and Olivia Owens make nametags in advisory

Society questions the benefits of technology in the classroom

Konlen Burns
Staff Writer

Graduation rates in California are around 85%, and have stuck around this number for most of the last 50 years. However, only 48% of students are proficient in English and even less at 37% are proficient in Math, according to the latest CAASPP scores. This number has not been stagnant for the last 50 years, and it has significantly lowered over time. This obviously means that new graduates are not as proficient in English and Math than students in the past.

Furthermore, Gen Z (1997 to 2012 ages 14 to 29) is the

first generation to score lower on standardized tests than the previous year, ever since standardizing and measuring cognitive development, Gen Z is the first generation to score lower than the last, despite the generation's access to technology. According to Fortune.com, Horvath is a neuroscientist that stated the following in a written testimony before the US Senate, "Horvath noted not only dipping test scores, but also a stark correlation in scores and time spent on computers in school, such that more screen time was related to worse scores." This shows that lower test

scores correlate with more screen time during class.

That said, Red Bluff High School has been considering the following policy change regarding students' individual chromebooks. They are considering no longer giving new students new individual chromebooks, and making classes who need chromebooks have chromebook carts. Before covid, there were no individual chromebooks, and the chromebook carts were the norm. Covid caused students to need individual chromebooks for distant learning, so the school paid for all of the students' chromebooks. Also, over the past few years chromebooks have increased in price. This is causing the school to look for other ways to better and more efficiently spend this money.

Some Red Bluff High teachers agree that chromebooks should not be individual but in the carts. They believe access to computers may cause grades to drop because students have become reliant on technology like AI or Google for help on assignments,

thesis building, and math problems. "In class there has been more learning but there has been a drop in grades because students became reliant on chromebooks," said an anonymous Red Bluff High School teacher whose program has pushed away chromebooks almost entirely. English Teacher Mr. Dais agreed that, "We as educators, see value in education and want to help our students see that value as well. Students, and humans in general, are prone to trying to find the easy way out of a situation. Rarely does taking the easy way out (Cheating via copying, assignment sharing, AI usage, etc.) benefit the individual. This is an unfortunate conversation to have that all revolves around laziness. If we can't fix student apathy, this is all for naught."

Principal Hassay hopes that Chromebooks are used less frequently. "I personally feel that always being on chromebooks in class is similar to being on your phone. It can be good for information and education, but it isn't used responsibly," said Hassay.

This potential policy change is still being considered, and is not in any planning phases.

Destiny Drum
Staff Writer

A new school year at RBHS brings new faces, new classes, and, this year, several new teachers to get to know. These teachers are bringing their own experiences, teaching styles, and personalities to the school community.

This year, Red Bluff High School welcomes nine new teachers across several different departments. Jasmine Atencio is the new yearbook, film, and theater arts teacher, while Brooke Brown joins the special education department. Kamille Delgado and Jessalyn Magana are new math teachers, with Magana replacing Wheeler.

Margaret Ferris is the new performing arts teacher, Stacy Hardesty joins the agriculture department, Synthia Karobi is the new CTE teacher, and last but not least, Eric Willard joins the science department.

With teachers joining subjects ranging from math and science to agriculture and performing arts, students will have opportunities to learn from educators with different backgrounds and experiences. Each of these teachers brings something new to their classroom, whether it's

a different way of teaching or a new perspective. One of the new teachers at RBHS is Atencio, who is teaching three different subjects, which are yearbook, film, and theater arts. Before she became a teacher, Atencio studied theater and film in college. She said she wanted to find a way to share her interest in the arts with students.

Atencio grew up around education, with both of her parents working as teachers. She has always had a leadership personality and knew from a young age that she wanted to become a teacher or coach. As the new teachers settle, they will have the chance to become familiar faces around campus and build relationships with their students and other teachers at RBHS. Atencio encourages students to take advantage of new opportunities and get involved. "My advice I would give to students would be to get involved and don't be afraid to try new things," Atencio said.

The new teachers bring a variety of interests and experiences to RBHS, giving students new opportunities to learn and connect throughout the year. As the year continues, these teachers will become more involved and an important part of our community.



Rosali Hogan (11) and Tony Zamora (10) working on chromebooks



Photos/Bluffer



Photo/Bluffer

1st Rally of the Year!

- Will be held on September 4th Friday Night Lights themed
- In celebration of our first football game!
- Wear your green & gold!

Academic Awards

- The academic award ceremony will be on the 27th starting at 7:00
- Be there or be square!

Senior Paint Your Spot

- Applications available TODAY!
- Dates are Sept. 19 & 20th \$25
- Paints must be OUTDOOR specific, and you must bring your own!

Students proficiency suffers from technology...

As of late, many questions have been raised regarding the reliance of technology in our education system. Today, a large portion of students’ curriculum is integrated with the use of digital platforms. Personal school lap tops and other forms of tech have been established as standard tools in the school system. At first, many professionals and educators saw this as an opportunity and a way to expand their teaching platforms. They could assign more interactive and engaging assignments that could further help their students learn in a meaningful manner. It was an easy way to expand their students’ access to materials that allowed their creativity to flourish without certain constraints that traditional teaching methods couldn’t offer.

While the use of tech in schools may have its many advantages, several concerns have been raised to the attention of both professionals and school educators. As technology usage was further solidified in students’ curriculum, literacy, and proficiency rates amongst students began to decline steadily. The benefits that come with access to technology in school are exponential, students nowadays have greater access to online resources, and support. It’s widely accessible to all students at all levels, which makes it a perfect tool. It’s functional and rather vital to the way schools operate and function today, but unfortunately it’s commonly misused. Artificial intelligence, in its generative forms, can be extremely harmful. While it may seem silly to say that, AI can do actual damage.

It’s something that we are gambling with in today’s world scheme. Not only is it threatening our ability to think critically, it often spreads false information and misshapen news which can easily hinder one’s perspective. The use of AI in school has become a pressing issue, instead of engaging academically many students nowadays are using AI as a shortcut and crutch. Reliance on AI should bring up questions on technology’s role in schools. Should educators try to mitigate this issue, or continue to let students use these platforms freely? Personally, I think that certain restraints should be put in place in order to diminish this problem.

The use of AI isn’t the only pressing issue. Several studies have come out with data that shows that the general use of technology for extended periods of time during the school day is also negatively affecting students. Students are losing core foundational skills. Attention spans are declining, test scores are dropping, yet schools continue to use technology despite the research proving its negative effects. It is our responsibility to redirect our educational paths if problems arise. If that means reducing the use of technology in schools, then we should act appropriately. The benefits do not outweigh the detrimental effect that it has on our critical thinking skills. Finding a balance between the two is highly important, which means reducing the use of tech when it can be replaced with a more meaningful alternative. By doing so we can ensure that students receive an education that’s worthwhile.

Capitalism drives decisions of the govt

Carson White

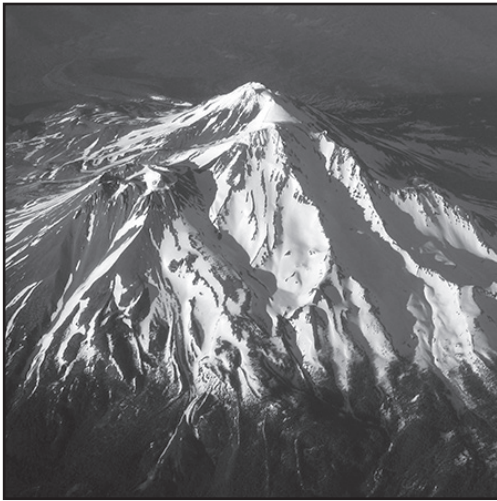
Staff Writer

During a city council meeting, Todd Juhasz (City manager) announced that he had been approached by a company seeking permission to build a data center in the former Crystal Geyser Bottling Plant of Mt. Shasta. Juhasz stated that the company promised just 15 new jobs as a deflection from questions about strenuous water use.

Soon after the announcement, a petition was filed and amassed thousands of signatures, including my own. This proposal had widespread backlash, promoting threats of protest and violence.

Now, I’m not claiming that violence is the answer, but it would be idiotic to call it unprecedented or a disproportionate reaction. It’s a well-known pattern in

history: when the working class is pushed past their limits. There will be violence that follows. Despite the backlash, the company, which wasn’t publicly revealed by the city council, still expressed interest in the space. Luckily,



the members of the city council clearly conveyed the people’s lack of interest. What I’m still thinking about is the statement issued by the chief of police. Instead of validating the fears and

anxieties of his townspeople, he issues a statement declaring that he will arrest anyone making threats related to the data center.

While threats of violence shouldn’t be ignored, the priority in a situation such as this shouldn’t be calling out ‘threats of violence’ from facebook posts. People were uncertain if the proposal would be denied for several weeks. The thought of frightened people being the main topic of the police statement instead of the, to put it bluntly, water-draining warehouse from hell?

It’s more than frustrating, it’s anger inducing. It’s humorous at this point to call them “Protectors of the people.” The Chief of police is just proving once again that their goal will always be prosecution of the people and not the capitalistic monsters that actually cause the problems in today’s America.

ICE raids Sacramento and causes chaos

Anais Estrella

Staff Writer

Ever since President Donald Trump has been in office for his second term, there has been a significant rise in ICE detentions. Recently, as of March 31, there has been a 260% increase of ICE arrests in the Sacramento County area alone. This has been the highest percentage that most, if not all, people have ever heard of.

Despite there being 118 reported arrests in Sacramento County alone, there have been much more reported in other counties, with San Diego reported to have roughly 8,800 arrests. California is known for having many immigrants come here, as we share a border with Mexico. Knowing that California has an extremely high population of immigrants from not only Mexico but around the world, I believe it is unprecedented that our state is in the top 3 of all states in the country that

have the most ICE agents.

I feel that they are taking advantage of the state we are in to “catch” more immigrants, especially hispanic people. As of April 2026, 71% of people that are held in ICE detention centers have no recorded criminal conviction.

To me, this proves that the motives behind these agents are not just to “make the country safer”, but instead with racist intent to “get rid”

of the immigrants. It does not make sense at all to detain people who are not criminals, especially if immigrants here are often working extremely hard to make a living for themselves and their family.

I believe that there are significantly better ways to go about deporting immigrants who ACTUALLY have a criminal record, instead of racially profiling people based on their ethnic features



Too many people discredit Pluto

Tyson OReiley Walters

Staff Writer

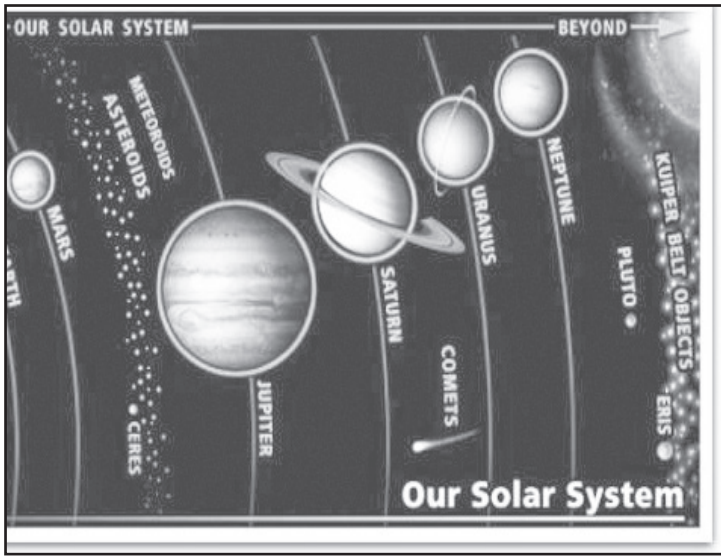
Why was Pluto’s title as a planet taken from it? Pluto was the ninth planet from 1930 to 2006. A planet must have three things to be classified as a planet: orbit the Sun, be big enough for its own gravity to make it round, and clear its neighborhood around its orbit. Pluto does orbit the Sun and is big enough for its gravity to make it round.

Many people and astronomers think the neighborhood rule is restrictive and leaves out planets like Pluto. In 2017, a group of scientists found a different definition of a planet, only making it so a planet would have to be round and orbit the Sun. Pluto also has five known moons orbiting it. Pluto has a very long orbit, taking 248 years to orbit the Sun. As of now, Pluto is considered a dwarf planet, which has grown

to be a very controversial topic.

I believe Pluto is a planet, and its title should have never been changed. It orbits the Sun, it is also big enough to be round and it has five known moons. And how many astronomers have said the clear-its-neighborhood rule is too restrictive. Pluto also has an atmosphere with mountains, glaciers, and even valleys.

It even has seasonal changes.



It even has evidence of ice movement, just like Earth. So after all this information, from being two of 3 requirements to be a planet and how astronomers agree that the rules are restrictive, it’s a planet, like ours, just a lot colder and far away, even having five moons. So I fully believe that Pluto is a planet and should be given its title back.

Tiktok spreads frivolous ideas and ruins professionalism

Daisy Bentley

Staff Writer

TikTok has been anything but professional ever since being viral is easy, especially nowadays. What makes TikTok unserious is the fact that the platform is too chaotic and unhinged to hold something critical.

TikTok has been so normalized that 70% of teens know it, over half of them do trends religiously in their daily lives.

Not only has TikTok been worldwide and top five used platforms, it basically desensitized and brainwashed the internet.

I believe that TikTok has ruined the idea of professionalism and the idea of having your own creativity. Almost every teen is getting the same haircuts, wearing the same clothes and getting the backpacks and the same humor. It’s

getting bad to the point that everyone is starting to look identical with appearance and unoriginal thoughts. As for professionalism, nothing is taken seriously on the internet.

Everything political and propaganda we see now is being faced with ignorance and skepticism, if not arrogance.

People use propaganda for views and clickbait, obviously to be famous and seen.

Some people use TikTok to reach out and understand yes, but on a disorganized platform it gets tangled with everyone’s algorithm making it harder to deliver the right message to the right crowd.

If you want to discuss serious topics or like to address political opinions, then it should be in person rather than a screen in front of you.

That way shows you’re actually willing to have an argument about your

statement and getting a clear message put out there. The reason why a lot of people don’t do that anymore is because it’s a slower process and doing something as simple as posting is much easier.

Everybody is easily distracted on their devices especially having TikTok to amuse themselves almost all day, which is why I encourage you to have a serious discussion in person so you aren’t hiding behind a camera or just speaking your statement to be famous.

Phones are a great tool to have with you at all times, but to this point, phones are more for entertainment than something you truly need other such as emergencies and stay in touch with your contacts.

I understand the enjoyment of having Tiktok, but it’s becoming more of a cognitive garbage than it being a trend.

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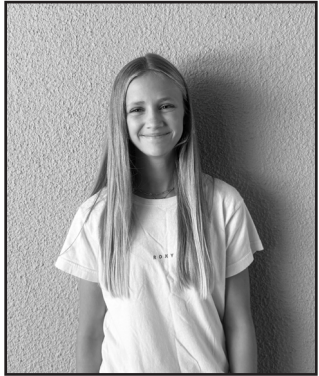
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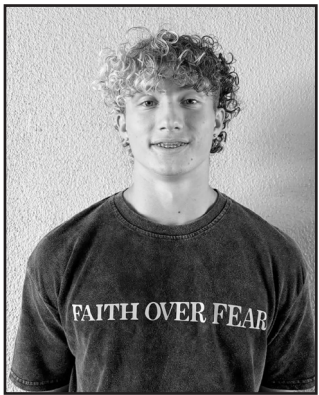
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What are you looking forward to this year?



Brielle Morehouse (9)
“The sports, clubs, and activities”



Zayden Daricek (10)
“Football season”



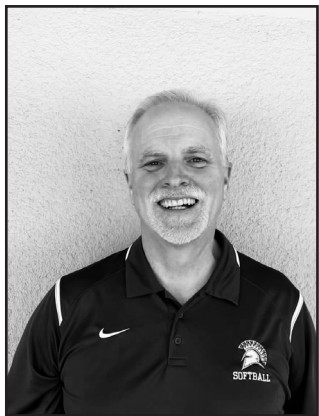
Maya Slaughaupt (11)
“The football games”



Emilliano Ortega (12)
“Being apart of school events”



Mrs. Damonte
“For the positivity for this school year ”



Mr. Wagner
“To see how our athletic teams do this year.”

Red Bluff High introduces new ☆ 2026-2027 ASB officers ☆

Alberto Garcia
Staff Writer

The 2026/2027 ASB officers have set their goals and jumped right into meeting them. Brendon McNulty is ASB President, Elli Nolan is ASB Vice President, Kayla Troberg is Treasurer, and Tate Morehouse is Secretary. ASB Vice President Elli Nolan said she feels good and excited about this year. She also said, “I think it is good and fun because I am able to help translate what students want from the faculty.” Her main goal as an officer is to give students a voice. Nolan said, “I think everybody deserves to be heard and nobody should be left out.” Troberg said she is the treasurer, “so that’s like, if you want to do like a fundraiser, buy anything, so like football, if you want to buy new helmets, it goes through me and I have to approve it in the classes to vote on if it is a good spend. We can deny it and choose what people do.” She said she was inspired because she remembers before “the girl that did it last year was good

at it and I really was inspired and it looked like it was something I wanted to do” Kayla Troberg said “It feels really good. I like that I know I can have a voice to help other people on campus.” every minority and group on campus has reached and feels like they belong and that they enjoy everything here. In her position, she is vice president, and her role specifically is to go to



Photo Credits/Bluffer
She said her main goal was to make sure schools are as fun as it can be and she just wants to make sure the school board meetings and represent the school, and when there’s an issue that comes up, she’s the

one that tells the higher ups. “I remember in my freshman year, I looked up towards the ASB Officers at the time and just seeing my friends made me know I was going to enjoy it, and I enjoy knowing that I excited. Really optimistic and hopeful.” “I’m here because I want to make the school better, and I’m hoping me and my ASB Team are able to make a difference.” His goal is to make the school more engaged, make people feel included, make people feel heard and put on events. As senior class president, he is to make sure that any action he takes can benefit the school. He said I really do care about how people feel and I want to make the whole school a fun experience. McNulty said he wanted to do this, and said “I remember watching the people doing the presidency and I thought it was really cool and maybe it was something I would love and enjoy doing.” I have a lot of hope in this years ASB team. I think that they are going to help plan so many fun events to make school a fun and intriguing. The ASB officers are ready to turn their ideas into actions. With new leadership, fresh ideas, and lots of school spirit, the ASB officers will leave their mark! matter and making decisions for people who can’t.” Brendon McNulty began with “Honestly, I’m really

FFA picks officers

Iris Neevel
Staff Writer

The Red Bluff FFA chapter has introduced a new officer team of eight members that each take a leadership role to help run the organization. Abby Nixon (11) is the president and is in charge of monitoring and facilitating the meeting room. Within FFA, she takes market hogs to the fair and works with the breeding sow, Chloe. This is Nixon’s second year as an officer serving as Sentinel last year. Iris Neevel (11) is the vice president, she assists in place of the president and works on organization in the chapter. She is a twice regional public speaker and this is her third year as an officer serving as reporter two years in a row. Zach Pearson (12) is the secretary. He takes detailed notes for each meeting. Within FFA he has done floral, welding, and taken a market hog. Lily Novak (11) is the treasurer; she is in charge of keeping track of the chapter’s funds and to organize such details. She has shown dairy goats, chickens, and hogs at the fair through FFA. Last year, Novak served as a committee

chair for the chapter. Lillie Wooden (11) serves as the reporter and must write articles and photograph the socials and events the chapter participates in. In FFA, she took rabbits and a hog to the fair, and is on the Forestry team. Titus Surber (12) is the sentinel; his job is to keep the meeting room organized and welcome members. In FFA, he welds and is on the Ag Mechanics team. Surber has been a part of the Ag Leadership team since his sophomore year. Aaron Sixto-Reyes (11) is the historian which means he works closely with the reporter to document all that happens in the chapter. Within FFA, he does welding and competed in the Opening and Closing speaking contest. Carole Hays (12) is the greenhand advisor which means she works to help new members or greenhands understand the ins and outs of FFA. She has competed on the Floral Team for the chapter. “We are looking forward to a solid team of 8 kids that I think are going to make the year really pleasurable and exciting for our chapter,” said Mrs. Svejda, the Ag Leadership advisor.



Courtesy Photo

RBHS first ☆ rally ☆

Kayden Lyon
Staff Writer

Do you enjoy showing your school spirit? It’s not all about dressing up, you can show your spirit by going to the school sporting events, and even participating in school lunch activities. But, one place where the school spirit is at the highest level and the most important is at the school rallies! Today after school, leadership and student government are putting on the first rally of the school year. That’s right, the Friday night lights rally is today after school. Student government and leadership has been planning for the rally since the very first week of school. Our very own ASB President Brendon McNulty says “There’s a lot more planning to rallies then people think.” which can be very true. For example student government and leadership have been splitting up and conquering on all of the planning to make sure the rally today goes perfect and brings together all of the grades. They’ve been working on games, decor, posters, scripts, publicity and more to make

sure the whole school has a great time. Coming together and representing our school is very important. Alyssa Dausee, a student enrolled in student government, told me that they just “hope everyone dresses up and is showing their green and gold.” Not only am I here to remind you about the first rally of the year this afternoon but, to also reassure you that each and everyone is truly over the top and filled with entertainment and excitement. The student government works really hard and puts their heart and soul into all of it. Not only do the rallies do a great job at involving each grade and the school’s staff members but, they also showcase sporting events and different clubs and groups here at red bluff high school. Such as the cheer teams, the dance groups, and band. Luke Bliss a student here involved in student government said during our interview that “It’s all going to be amazing, one to remember, I’m super excited to see everybody.” Remember the rally this afternoon will be the very first one of the school year, make sure you’re there!

Spartan Student Feature: Hannah Sudquist

Ancksunamun Soto
Staff Writer

Introducing Hannah Sudquist, she is a sophomore this year. She is a great academic student, Hannah has been getting better and better each year. She has accomplished a lot throughout her high school years at red bluff high school. She has a great work ethic, and she is hardworking and always arrives on time. She pays attention to her tasks. And she does work without being told, and always goes the extra mile to solve problems and she cares deeply about doing the right thing. She is an amazing team player. But what does Hannah Sudquist

want to say? What are you looking forward to this year? “I am looking forward to all the opportunities this year from the school.” said Hannah Sudquist. What are your goals? “My goals this year are to pass all my classes with a C or higher.” said Hannah Sudquist. What are you doing this year that was different from last year? “I am looking forward to getting to know my new teachers. And having a better connection with my teachers than last year”. Said Hannah Sudquist. How do you feel about the new school year? “I am very excited for the football games and going with my friends” said Hannah Sudquist. What are your strengths and weaknesses and how do you work past that weakness? “My strengths are communication. My weakness is that I am a little deaf.” Said Hannah Sudquist. What do you expect to accomplish in the first ninety days. “I expected to join clubs on club day and be an active school member.” Are you a morning person or a night person? “I am probably a night person who is really not okay with waking up early, it’s just not my thing”. What did you do this summer and did you enjoy it? “I went out with my friends this summer and I enjoyed

it a lot it was really fun.” Said Hannah Sudquist. How do you handle your classes and all your new teachers? “I handle my classes with grace and continuity. And I handle my new teachers with understanding.” Said Hannah Sudquist. How do you handle stress in school and not burn out? “I set clear boundaries between school and my home life. And if I don’t feel well I don’t go to school for my health.” said Hannah Sudquist. Rate the food on a rate from one to ten rate the school food? “I would say eight point nine.” said Hannah Sudquist.

Photo Credits/Bluffer



‘Spider-Man: Brand New Day’: a brand new hit

Teagan Hatfield
Staff Writer

The new Spider-Man movie, Spider-Man: Brand New Day, is catching people’s attention as it’s already grossed over 2 billion dollars worldwide after being in theaters for only 3 weeks. It is starring Tom Holland as Spider-Man and Zendaya as MJ. It features Black Widow, Hulk from Avengers: Endgame, and The Punisher from The Punisher. It picks up where the last movie (No Way Home) ended. After Peter Parker lost his aunt, the world forgot about his identity, including his best friend Ned and his girlfriend, MJ. This leaves Peter all alone with no one to talk to. This movie dives into his battles being alone and shows the emotional stress Peter faces and how his body reacts to coping with it all. It also faces his battle with Jean Grey. She is a teenager who has telekinesis powers and is trying to get something. Peter can’t figure out what she wants but try’s his

best to find out what she wants. I’m sure you’ve seen the hype around it and thought to yourself, is it really worth watching? Honestly, yes, it is worth watching if you’ve watched the past Spider-Man movies starring Tom Holland. You can watch it without any background; however, it might not make sense to you. I found it really interesting and thought that it was very well made. I especially enjoyed seeing The Hulk in it, as I think he added the touch that the movie needed. I do think combining the Punisher and Spider-Man



was odd, as The Punisher (also known as Frank Castle) is a character made for a different audience. His character has a darker past and is very violent, however, they tied together very well. They somehow were able to make his character PG. I really enjoyed the songs featured in the movie. The soundtrack included the song, ‘Oh Yeah’ By Steve Lacy and ‘Loser’ By Tame Impala. I think these songs were perfect choices for the Spiderman movie as they added to the emotions that Peter was feeling. Jean Grey was a great character and the actor Sadie Sink, did a great job portraying her correctly. I could feel all of her emotions throughout the movie and it really made the experience of watching Spider-Man even better. Along with MJ character made me really emotional to watch because her actor (Zendaya) did such a great job with making the audience feel the emotions. At the end of the movie, it featured a post credit scene, so if you plan on watching Spider-Man: Brand New Day I’d recommend waiting til the end to see it since it’s very worth it!

Fans seem pretty in love with Olivia’s new Album

Alan Cedillo
Staff-Writer

You seem pretty sad for a girl so in love. This is the name of the third album in the discography of Olivia Rodrigo. This album shows the transition from love to heartbreak bringing a melancholic feeling to whomever listens to it, this album also shows levels of maturity, not many would think that someone who is only 23 years old would be able to reach. Some of the most streamed songs on this album are “Drop Dead”, “The Cure”, and “Stupid Song”. This album has various perspectives on what one will think of it, there are many positive reviews but there are also reviews that critique it for the flaws that one might see in it. Positive things that are taken away from this album are how Olivia portrays her feelings, it is said that she encapsulates that love is not just a feeling, she considers it as an illness and she portrays this throughout the album and each song crushing ones heart due to it

making you feel the motions that are said to be felt throughout a breakup. Many praise Olivia Rodrigo for her work on this album because of how it sounds and how it makes one feel, they say that it is a huge step for her career and it will help shape her future as she is only 23 years old. As for the opposite, parts that are being critiqued are that some of the songs slow down the pace of the album because some fit in but not as much as others, there is clearly some songs that had to be change due to the shift in the relationship during the making of this album, switching from being in a happy relationship to being broken up with. One other thing to be critiqued by many is that a couple of the songs had strange beats and couldn’t necessarily find its place within types of music, it is also said to the point where some of Olivia Rodrigo’s takes on certain aspects during this album aren’t blowing many away and they don’t stand out as much as other of her takes on certain aspects she did in this album.

Overall, this album is seen to be amazing by many, it only being Olivia Rodrigo’s album showing she has a bright future ahead of her and how this album is just the beginning of it.

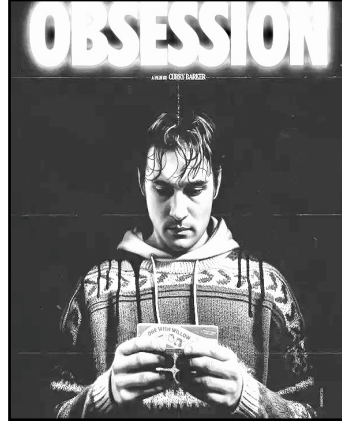


Critics are obsessed with the new movie ‘Obsession’

Ivy Anaya
Staff Writer

Among the numerous movie releases this year, the latest supernatural horror film, Obsession, has made history as one of the best-performing films of 2026. Exploding in theaters and sparking online discussion, Obsession was written, directed, and edited by one man, Curry Barker. This independent film is leaving a mark on film history as its never seen before concept has captivated audiences all around the world, who have been hungry for new, enticing ideas in the psychological horror genre. Here’s a brief summary of the plot, avoiding any major spoilers. The story follows Bear (Michael Johnston), a sentimentalist music shop employee who attempts to win over his friend and crush Nikki (Inde Navarette) through a store-bought wishing toy. Unexpectedly, his wish is granted, leading to

Nikki’s infatuation with Bear. Specifically, the flick focuses on themes of control, unrequited love, and toxicity. Although Barker utilized some well-known tropes such as be careful what you wish for, and a character’s loss of agency, he ultimately spun them into an intriguing



storyline which was equally disturbing and darkly humorous. This is especially impressive as the feature had a budget equating to less than one million dollars yet managed to gross nearly five hundred million since its theater release this past

May. Which, of course, was thanks to the expert cinematography and writing. With such popularity, it should be no surprise that the film has garnered so much online attention, sparking discussions on underlying messages and theories. For example, numerous fans claim the scariest part of the film isn’t exactly the gore and jumpscare, but the idea of Nikki losing her autonomy and the following effects. This shared opinion has promoted deeper conversations surrounding toxic relationships and has driven analysis on the reality of disturbing topics similar to the ones displayed in Obsession. Ultimately, the independent film is a great example of how low-budget movies can make a lasting impression on audiences. The cinematography and mix of humor and dark reality definitely sparks some interesting conversations and opportunities for discussion.

Starbuck’s Unicorn frap hits the head on the horn

Nahyelli Rogers
Staff Writer

The Starbucks unicorn frappuccino made its long awaited comeback on August 15-16 as a very short promotional event. This was a big deal among users, since the last time this drink has ever been made was back in 2017. This promotion stemmed from constant user demand for the unicorn frappuccino, largely due to the fact that it has become a massive viral trend on social media platforms. Reviews on this heavily sought-after drink are mixed. Many people were upset by the odd taste since the color scheme much more resembled cotton candy rather than tart mango. While some people enjoyed the taste, the majority did not. The mango flavouring is described as sweet

and fruity, whereas the blue raspberry drizzle is said to be very sour. The combination of the two made for an odd and unexpected taste. It is said that if you enjoy sour candy then this is a drink that you’d like. Although the unicorn frappuccino was described as gross by many users, people still flocked to Starbucks to get their hands on one. The publicity around this drink



is heavily based on the 2016 aesthetic. The vibrant colors and design bring back feelings of nostalgia for many people who lived through the 2017

time period. Those who never got to try the drink back then were now given a chance to taste the drink they missed out on. For many people, getting one of these drinks was more about the experience rather than the taste. Although the unicorn frappuccino received lots of love and popularity, it unfortunately cannot stay due to how difficult it is to make. Not only does it use ingredients that Starbucks does not always have on hand, but it puts pressure on the baristas who make the drinks as well. It will never be a permanent menu item, but now that people have been given the chance to try the viral unicorn frappuccino, they are satisfied and have moved on to mourning other exclusive Starbucks drinks.

Bluffer’s TOP TEN movies:

1. Star Wars

2.Tangled

3. The Notebook

4. Interstellar

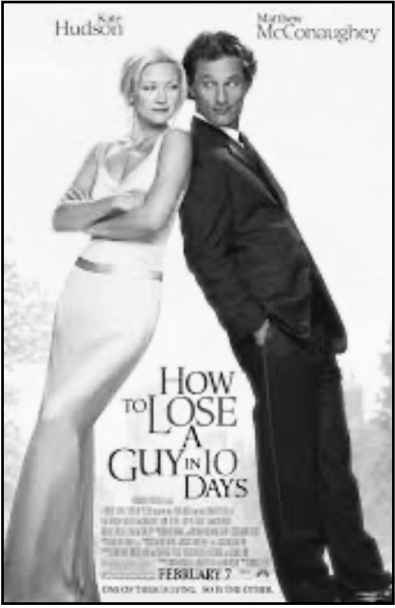
5. American Psycho
6. The Last Unicorn

7. How to Lose a Guy in 10 Days

8. 21 Jump Street

9. Happy Gilmore

10. Fantastic Mr. Fox



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Friday Night Lights: Football team ready to make its mark

Mariah Craig
Staff Writer

Ready for a good year, because I know the Red Bluff Spartan Football team is!

Adan Rodriguez, a senior at Red Bluff has been on varsity since his freshman year.

Over the summer Adan stayed busy working on changing direction and lifting weights. Within the team they would work on sprints and training their ability to change up their speed. They also attended many scrimmages.

Going against schools like Orland, Lassen, PV, and Foothill. Adan's position on the team is left guard on offense, being a personal protector of the Quarterback and Running Back, making blocks and doing



Photo/Wendi Eden

Spartans make the first tackle of the year

"nose and 3 tech" on defense to help stop the run. Adan is looking forward to the big game in Texas, he has never been over there and is ready to see what they have to throw at him.

William Mansfeild, a sophomore at Red Bluff has been on the team jv since fresh-

man year. Over the summer he did a lot of conditioning and base work outs with Coach Darieck mainly evolving agility. Also playing in some scrimmages with Orland, Foothill, Lassen, Corning and others.

Williams' position on the team is running back, and free

safety. Being a free safety he has to read the offense and decide if it is a pass or a run. This season William is looking forward to playing Orland and winning more games than last year.

Joseph Brent, a freshman at Red Bluff is on the freshman team.

Along with the others, over the summer Joe got training in, Monday through Friday doing work outs in the morning.

Some of those days they would go do drills on the football field for an hour, then go into the weight room and lift for about an hour. The other times were just out on

the field for two hours going over plays and practice.

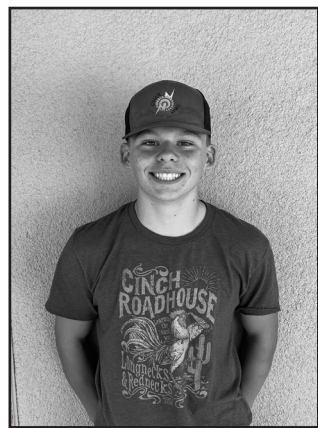
Attending some scrimmages, playing against Foothill and Lassen,

Joe had a competitive but fun time. Joe's position is playing quarterback and running back.

With these positions they are pretty fun for him, but a bit challenging because he has a pretty big role to fulfill.

Joe is looking forward to playing against Foothill. Along with playing up against PV, they are going to be a good squad of players to go against, also having a few friends on that team will make it fun.

However, playing against Lassen will be interesting, because they were talking a bit of trash at the jamboree.



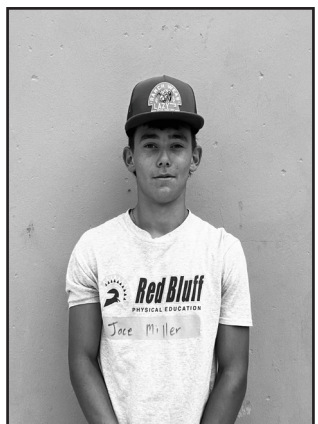
Corbin Eggleston(9)

"They taught me to work with my team."



Kylee Ellie (10)

"Trust your teammates."



Jace Miller(11)

"You always have to work hard and give 100%."



Emery Plemons(12)

"How to deal with teammates and manage my schedule."



Mr. Weston

"As a coach, I learned the importance of preparation and how that carries into life."



Mrs. Montandon

"The importance of working hard and woring with teammates."

RBHS volleyball team looks forward to new season

Myah Wiedel
Staff Writer

The 2026 Red Bluff High School Volleyball season has begun. They have been practicing and playing games since August 17 where they played Lassen High School.

This year's freshmen include Emilia Austin, Ana Bernal, Maci Bond, Ayla Branton, Madilynn Duckworth, Marissa Martinez, Maycee Martinovich, Brielle Morehouse, Sam Poppic, Myl Rainwater, Lyra Surngur, and Rihanna Valencia.

They are a great addition to the Red Bluff team and will continue to play when they advance grades.

JV consists of Maggie Cahoon, Jocelyn Clonts, Finley Dominick, Riley Gleason, Ziva Hart, Kiley Lincoln, Bobbylee O'Hara, Matilynn Ryant, Regan Troberg, Emily Villarreal, and Lydia White. The Varsity team is Ava Alvarez, Kylie Arrowsmith, Ryder Casteel, Tay-

lor Cox, Destiny Drum, Ellie Ellis Voth, Addison Mahoney, Cassidy Merkle, Olivia Owens, Maya Slaugenhaupt, and Claire Stringer. This year's seniors are



Freshman team wins Orland tournament

playing their last year of high school volleyball and Ava Alvarez, a member of Varsity and a volleyball player since her freshman year, is "looking forward to senior night" because she will be able to celebrate with her team.

She is also excited for "her last few games." Some of the younger team members such as Ziva Hart, a JV member who has been playing for the high school for two years, is most excited for "playing games" which she

wishes to "get better at passes." Many of the team members are still working together so they can have great chemistry which will help them have an amazing season in general.

The Varsity team "is still shaping the edges" this is primarily due to the addition of "new girls on the team" according to Ava. While this is a majority team sport, the individual playing will help boost the whole team. The Varsity player, Ava, believes that her greatest individual strength is "definitely my height it always has been,"

but the idea that the team steps onto the volleyball court and loves it definitely helps with the passion and desire to succeed. Ava also trusts that "we love it, we love this game and we are confident about it."

This is telling when it comes to the play style and abilities all of the teams can accomplish. While there may be struggles here and there, the team always comes together in order to perform to the best that they can.

Girls tennis brings the power to the court

Destiny Drum
Staff Writer

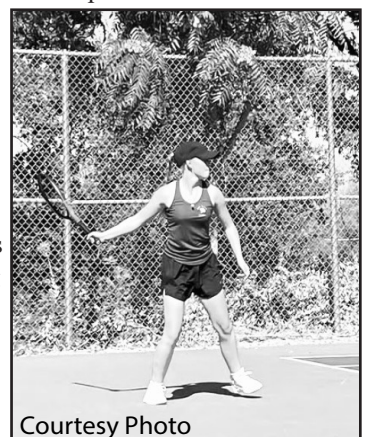
As the girls tennis season rolls in at RBHS, players are getting ready for another season of competition and improve-

ment, continuing to build on the school's athletic program. To play tennis, you have to be resilient and consistent. The players will be spending time developing these skills, from their serves to their strategy.

With each practice and match, the players will continue to grow throughout the season. This year, the tennis team has one senior, four juniors, three sophomores, and three freshmen. The senior is Nishtha Bhavsar, while the juniors are Rileigh Day, Madison Harris, Teagan Hatfield, and Anna Palermo. The sophomores are Violet Cook, Navleen Deol, and Breanna Ramirez. The freshmen are Madilyn

Mishoe, Sophia Stroing, and Addison Thomas. For Nishtha, one of the best parts of being on the tennis team is the people around her. "My favorite thing about tennis is the team. I

think there are a lot of good people there, and playing doesn't feel like I'm performing. It just feels like I'm doing it for fun," said Nishtha, a member of the team. For Navleen Deol, a



Courtesy Photo

Madison Harris ready to swing

sophomore, one of the most enjoyable parts of playing tennis is the competition. After two years of playing tennis at the high school, Navleen has learned the importance of staying focused. "The best piece of advice a coach has given me is to not over think too much, try my best, and aim for the ball," she said. This season, Navleen hopes to improve her serves and continue developing her skills on the court.

Lady Spartans take the green

Diana Martinez Lopez
Staff Writer

The 2026-2027 Red Bluff High School Golf Team swings into action! This year, the team is led by coach Ryland Sanders who will help the players prepare for a season filled with challenges, competition and new opportunities to improve their skills.

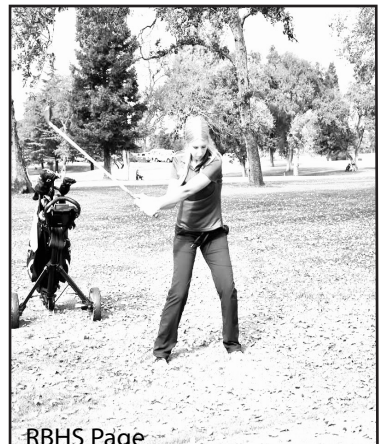
The team's first game is taking place at Butte Creek September 9th beginning at 2 o'clock. The players are excited to get on the course and put their hard work into action.

Although golf is an individual sport, you are still competing against other teams making every shot important and contributing to the teams overall score. Each player has an opportunity to make a difference while also working toward personal improvement and growth throughout the season. Joslyn Owen (10), a member of the golf team states "hitting the ball" is the hardest part of golf while Ceinna Owens

(11) states "being able to have the right mindset on the course" is the hardest part. Both of these perspectives show that golf requires not just physical ability, mental focus, patience but also confidence and a positive mindset which are all important parts of succeeding on the course.

This season Red Bluff High School golf team consists of

Cienna Owens (11), Charlotte Dent (12), Ella Mattingly (11), Ellie Eggleston (11), Harper Sutfin (9), Joslynn Owen (10), Macie Peterson (9), Taylor Pitner (10), Vera Gonczerek (10), and Pia



RBHS Page

Joslynn Owen hitting

Lewandowski(11). These players are getting ready for another season on the course and striving to improve with every practice and game. With the season beginning at Butte Creek, the team is looking forward to putting in the work, learning from each game and continuing to strive for improvement throughout the season. The players are ready to swing into another successful year of Red Bluff High School golf.

Advice for the New School Year

FRESHMEN

Your first year of high school is exciting and can be quite the adjustment! Some academic advice would be to "always be nice to your teachers", you never know what kind of connections you could make! Also, "stay on top of your work". Remember, "be nice to everyone you meet, and stay out of the drama!"

-Sophomore Avery Glenn

SOPHOMORES

Sophomores! You are almost half way through! "make sure to stay focused in school, even when it's hard, try your best not to get behind. If you need help with math, Mr. Penner is great. Don't be afraid to expand your circle; be open to making new friends!"

-Junior Olivia Owens

JUNIORS

Junior year can be challenging, but "don't forget to give yourself a break sometimes, maintain your friendships! Remember to work hard in your classes. It can be really beneficial to keep a list of the assignments/tasks you need to get done!"

-Senior Alyssa Dausse

SENIORS

Seniors! It's your final year! "Stay focused in school, but still have fun and live in the moment. The hard work definitely pays off! Keep applying for scholarships! Surround yourself with the people you love, and have fun while you're all still together".

-Kylie Kupfer Class of 2026

