

Menu Name: BREAKFAST BRUNCH 6-8

Include Cost: Yes

Site:

Use Alternate Menu Name: No

Tuesday - 09/02/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	1000	47	0.00	67	2	*N/A*	1.00	0.00	0	9.33	0.67	1.33	*N/A*	0.0	0.00	0.48	\$0.000
002825 FRUIT, MIXED BERRY FROZEN	SERVING	500	15	0.00	0	3	*N/A*	0.00	0.00	0	3.33	0.33	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002187 FRUIT, PEACH CUP FROZEN	SERVING	500	13	0.00	0	*N/A*	*N/A*	0.00	0.00	0	3.17	0.17	0.17	*N/A*	0.0	27.00	0.06	\$0.000
000349 SYRUP, PANCAKE	FL OZ	500	17	0.00	8	2	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	20	0.00	2	4	*N/A*	0.00	0.00	0	5.00	0.67	0.00	*N/A*	2.7	0.83	0.08	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
Weighted Daily Average			473	1.12	414	*44	*N/A*	5.70	0.00	9	93.45	4.92	13.48	0	481.0	29.43	4.19	\$0.000
% of Calories				2.13%		*37.2%	*N/A*	10.8%	0.0%		79.0%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 09/03/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000354 POCKET, PIZZA 4.5 OZ	EACH	1000	83	0.67	137	1	*N/A*	2.67	0.00	10	10.67	1.33	4.67	*N/A*	20.0	0.80	0.90	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	11	0.07	13	1	*N/A*	0.33	0.00	0	1.82	0.09	0.23	*N/A*	1.9	0.00	0.07	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	12	0.05	10	*N/A*	*N/A*	0.33	0.00	1	2.01	0.14	0.14	*N/A*	0.0	0.00	0.05	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	18	0.08	18	*N/A*	*N/A*	0.25	0.00	0	3.70	0.30	0.20	*N/A*	10.0	0.00	0.18	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	18	0.10	19	*N/A*	*N/A*	0.30	0.00	0	3.70	0.30	0.25	*N/A*	10.0	0.00	0.18	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	15	0.23	12	1	1	0.56	0.00	0	2.29	0.14	0.19	*N/A*	5.6	0.00	0.07	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	15	0.51	11	1	1	0.84	0.00	1	1.91	0.14	0.14	*N/A*	1.4	0.00	0.09	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	14	0.28	12	1	1	0.56	0.00	0	2.19	0.14	0.19	*N/A*	7.0	0.00	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	46	0.00	1	*N/A*	*N/A*	0.00	0.00	0	11.88	2.26	1.13	*N/A*	39.6	55.32	0.10	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	20	0.00	2	4	*N/A*	0.00	0.00	0	4.67	0.00	0.00	*N/A*	33.3	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	20	0.00	3	4	*N/A*	0.00	0.00	0	4.67	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.50	0.00	0.00	*N/A*	31.7	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	10	0.00	0	*N/A*	*N/A*	0.00	0.00	0	2.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			546	2.60	478	*49	*3	8.45	0.00	20	102.70	6.52	17.70	0	539.5	57.72	4.48	\$0.000
% of Calories				4.29%		*35.9%	*2.2%	13.9%	0.0%		75.2%		13.0%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 09/04/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001956 SMOOTHIE, STRAWBERRY FROZEN	16 OZ	1000	162	1.08	110	*15	*N/A*	2.25	*0.00	7	30.72	1.33	5.50	*N/A*	187.9	19.40	1.24	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	11	0.07	13	1	*N/A*	0.33	0.00	0	1.82	0.09	0.23	*N/A*	1.9	0.00	0.07	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	12	0.05	10	*N/A*	*N/A*	0.33	0.00	1	2.01	0.14	0.14	*N/A*	0.0	0.00	0.05	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	18	0.08	18	*N/A*	*N/A*	0.25	0.00	0	3.70	0.30	0.20	*N/A*	10.0	0.00	0.18	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	18	0.10	19	*N/A*	*N/A*	0.30	0.00	0	3.70	0.30	0.25	*N/A*	10.0	0.00	0.18	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	15	0.51	11	1	1	0.84	0.00	1	1.91	0.14	0.14	*N/A*	1.4	0.00	0.09	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	15	0.23	12	1	1	0.56	0.00	0	2.29	0.14	0.19	*N/A*	5.6	0.00	0.07	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	14	0.28	12	1	1	0.56	0.00	0	2.19	0.14	0.19	*N/A*	7.0	0.00	0.08	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			669	3.13	450	*74	*3	8.36	*0.00	17	134.20	6.88	18.50	0	679.4	29.79	4.99	\$0.000
% of Calories				4.21%		*44.2%	*1.8%	11.2%	*0.0%		80.2%		11.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 09/05/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	2000	153	0.70	134	*12	*N/A*	2.39	*0.00	4	29.80	0.67	3.39	*N/A*	3.5	0.02	5.34	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	30	0.00	3	6	*N/A*	0.00	0.00	0	7.00	0.00	0.00	*N/A*	50.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.33	0.00	0.00	*N/A*	1.7	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.50	0.00	0.00	*N/A*	31.7	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	10	0.00	0	*N/A*	*N/A*	0.00	0.00	0	2.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			667	1.82	481	*76	*N/A*	7.09	*0.00	12	136.50	7.75	15.37	0	519.1	10.02	9.27	\$0.000
% of Calories				2.46%		*45.6%	*N/A*	9.6%	*0.0%		81.9%		9.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 09/08/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003161 EGG BITES W/TORT & SALSA	SERVING	1400	159	2.80	304	*1	*N/A*	9.34	*0.00	121	10.76	2.04	7.17	*N/A*	77.7	1.36	1.08	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	150	12	0.08	14	1	*N/A*	0.35	0.00	0	1.95	0.10	0.25	*N/A*	2.0	0.00	0.07	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	150	12	0.05	11	*N/A*	*N/A*	0.35	0.00	1	2.15	0.15	0.15	*N/A*	0.0	0.00	0.05	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	18	0.08	18	*N/A*	*N/A*	0.25	0.00	0	3.70	0.30	0.20	*N/A*	10.0	0.00	0.18	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	18	0.10	19	*N/A*	*N/A*	0.30	0.00	0	3.70	0.30	0.25	*N/A*	10.0	0.00	0.18	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	40	0.00	3	9	*N/A*	0.00	0.00	0	9.33	0.67	0.00	*N/A*	4.0	2.53	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	20	0.00	2	4	*N/A*	0.00	0.00	0	4.67	0.00	0.00	*N/A*	33.3	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	20	0.00	3	4	*N/A*	0.00	0.00	0	4.67	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.50	0.00	0.00	*N/A*	31.7	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	10	0.00	0	*N/A*	*N/A*	0.00	0.00	0	2.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			572	3.72	613	*54	*N/A*	13.21	*0.00	130	94.13	5.22	18.59	*0	547.7	5.50	4.33	\$0.000
% of Calories				5.85%		*37.8%	*N/A*	20.8%	*0.0%		65.8%		13.0%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 09/09/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003143 BREAKFAST FRENCH TOAST STICKS PERFORATED	SERVINGS	1000	57	0.33	97	2	2	1.33	0.00	35	8.33	0.67	2.67	*N/A*	1.3	0.00	3.33	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	33	0.00	15	4	*N/A*	0.00	0.00	0	8.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			564	1.45	463	*62	*2	6.03	0.00	44	113.95	5.75	14.65	0	496.7	4.10	7.14	\$0.000
% of Calories				2.31%		*44.0%	*1.4%	9.6%	0.0%		80.8%		10.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 09/10/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002521 EGG & CHEESE ON A CROISSANT	EACH	1000	110	2.50	197	1	*0	6.00	0.00	48	10.33	0.67	4.33	*N/A*	27.0	0.00	0.33	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			593	3.62	545	*45	*0	10.70	0.00	57	110.10	7.14	18.01	*0	573.7	84.58	4.06	\$0.000
% of Calories				5.49%		*30.4%	*0%	16.2%	0.0%		74.3%		12.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 09/11/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	1000	108	2.43	59	*5	*N/A*	3.85	0.00	1	17.93	1.33	1.50	*N/A*	40.0	1.20	0.60	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	11	0.07	13	1	*N/A*	0.33	0.00	0	1.82	0.09	0.23	*N/A*	1.9	0.00	0.07	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	12	0.05	10	*N/A*	*N/A*	0.33	0.00	1	2.01	0.14	0.14	*N/A*	0.0	0.00	0.05	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	18	0.08	18	*N/A*	*N/A*	0.25	0.00	0	3.70	0.30	0.20	*N/A*	10.0	0.00	0.18	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	18	0.10	19	*N/A*	*N/A*	0.30	0.00	0	3.70	0.30	0.25	*N/A*	10.0	0.00	0.18	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	15	0.51	11	1	1	0.84	0.00	1	1.91	0.14	0.14	*N/A*	1.4	0.00	0.09	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	15	0.23	12	1	1	0.56	0.00	0	2.29	0.14	0.19	*N/A*	5.6	0.00	0.07	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	14	0.28	12	1	1	0.56	0.00	0	2.19	0.14	0.19	*N/A*	7.0	0.00	0.08	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			615	4.48	400	*64	*3	9.96	0.00	10	121.41	6.88	14.50	*0	531.6	11.59	4.34	\$0.000
% of Calories				6.56%		*41.6%	*2.0%	14.6%	0.0%		79.0%		9.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 09/12/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1500	150	1.82	308	*2	*N/A*	4.11	*0.00	11	22.13	1.10	6.64	*N/A*	12.3	1.13	1.24	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			665	2.94	654	*65	*N/A*	8.81	*0.00	20	129.08	8.18	18.62	0	519.6	11.13	5.17	\$0.000
% of Calories				3.98%		*39.1%	*N/A*	11.9%	*0.0%		77.6%		11.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 09/15/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003162 BRKFST, OMELET CHEDDAR W/BISCUIT	SERVING	1000	117	2.83	250	*N/A*	*N/A*	7.00	0.00	63	9.67	0.67	4.00	*N/A*	56.0	0.00	0.63	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			591	3.95	602	*57	*N/A*	11.70	0.00	72	105.62	4.75	15.98	*0	549.3	5.40	4.20	\$0.000
% of Calories				6.02%		*38.6%	*N/A*	17.8%	0.0%		71.5%		10.8%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 09/16/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003154 WAFFLE WG MAPLE CHIP BAKE CRAFTERS	4 WAFFLES	1000	60	0.00	67	3	*N/A*	24.00	0.00	3	10.00	0.67	1.33	*N/A*	30.5	*N/A*	0.47	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000349 SYRUP, PANCAKE	FL OZ	1000	33	0.00	15	4	*N/A*	0.00	0.00	0	8.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			568	1.12	433	*63	*N/A*	28.70	0.00	12	115.62	5.75	13.32	*0	525.8	*4.10	4.28	\$0.000
% of Calories				1.77%		*44.4%	*N/A*	45.5%	0.0%		81.4%		9.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 09/17/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002536 PANCAKE & SAUG ON A STIK WG	EACH	1000	57	0.67	100	2	*N/A*	2.67	0.00	10	6.00	1.00	2.67	*N/A*	6.7	0.00	0.60	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	33	0.00	15	4	*N/A*	0.00	0.00	0	8.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			573	1.78	463	*50	*N/A*	7.37	0.00	19	114.44	7.48	16.35	0	553.4	84.58	4.32	\$0.000
% of Calories				2.80%		*34.9%	*N/A*	11.6%	0.0%		79.9%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 09/18/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	1000	111	0.67	69	10	*N/A*	3.58	0.00	12	18.92	1.16	1.72	*N/A*	38.9	0.00	0.66	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	1000	37	0.17	18	*N/A*	*N/A*	0.33	*N/A*	1	7.33	0.00	1.33	*N/A*	33.3	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	11	0.07	13	1	*N/A*	0.33	0.00	0	1.82	0.09	0.23	*N/A*	1.9	0.00	0.07	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	12	0.05	10	*N/A*	*N/A*	0.33	0.00	1	2.01	0.14	0.14	*N/A*	0.0	0.00	0.05	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	18	0.08	18	*N/A*	*N/A*	0.25	0.00	0	3.70	0.30	0.20	*N/A*	10.0	0.00	0.18	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	18	0.10	19	*N/A*	*N/A*	0.30	0.00	0	3.70	0.30	0.25	*N/A*	10.0	0.00	0.18	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	15	0.51	11	1	1	0.84	0.00	1	1.91	0.14	0.14	*N/A*	1.4	0.00	0.09	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	15	0.23	12	1	1	0.56	0.00	0	2.29	0.14	0.19	*N/A*	5.6	0.00	0.07	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	14	0.28	12	1	1	0.56	0.00	0	2.19	0.14	0.19	*N/A*	7.0	0.00	0.08	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			655	2.88	428	*69	*3	10.02	*0.00	22	129.73	6.70	16.06	*0	563.8	10.39	4.40	\$0.000
% of Calories				3.96%		*42.1%	*1.8%	13.8%	*0.0%		79.2%		9.8%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 09/19/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	2000	153	0.70	134	*12	*N/A*	2.39	*0.00	4	29.80	0.67	3.39	*N/A*	3.5	0.02	5.34	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	30	0.00	3	6	*N/A*	0.00	0.00	0	7.00	0.00	0.00	*N/A*	50.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.33	0.00	0.00	*N/A*	1.7	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.50	0.00	0.00	*N/A*	31.7	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	10	0.00	0	*N/A*	*N/A*	0.00	0.00	0	2.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			667	1.82	481	*76	*N/A*	7.09	*0.00	12	136.50	7.75	15.37	0	519.1	10.02	9.27	\$0.000
% of Calories				2.46%		*45.6%	*N/A*	9.6%	*0.0%		81.9%		9.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 09/22/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002511 EGG, SCRAMBLED W/TOAST	1/4 CUP	1000	71	1.14	135	*1	*N/A*	4.27	*0.00	96	5.63	0.68	4.18	*N/A*	18.6	0.03	0.31	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			545	2.25	487	*58	*N/A*	8.97	*0.00	105	101.58	4.76	16.16	0	511.9	5.43	3.88	\$0.000
% of Calories				3.72%		*42.6%	*N/A*	14.8%	*0.0%		74.6%		11.9%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 09/23/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	1000	47	0.00	67	2	*N/A*	1.00	0.00	0	9.33	0.67	1.33	*N/A*	0.0	0.00	0.48	\$0.000
002825 FRUIT, MIXED BERRY FROZEN	SERVING	500	15	0.00	0	3	*N/A*	0.00	0.00	0	3.33	0.33	0.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002187 FRUIT, PEACH CUP FROZEN	SERVING	500	13	0.00	0	*N/A*	*N/A*	0.00	0.00	0	3.17	0.17	0.17	*N/A*	0.0	27.00	0.06	\$0.000
000349 SYRUP, PANCAKE	FL OZ	500	17	0.00	8	2	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	20	0.00	2	4	*N/A*	0.00	0.00	0	5.00	0.67	0.00	*N/A*	2.7	0.83	0.08	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
Weighted Daily Average			473	1.12	414	*44	*N/A*	5.70	0.00	9	93.45	4.92	13.48	0	481.0	29.43	4.19	\$0.000
% of Calories				2.13%		*37.2%	*N/A*	10.8%	0.0%		79.0%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 09/24/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000354 POCKET, PIZZA 4.5 OZ	EACH	1000	83	0.67	137	1	*N/A*	2.67	0.00	10	10.67	1.33	4.67	*N/A*	20.0	0.80	0.90	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	11	0.07	13	1	*N/A*	0.33	0.00	0	1.82	0.09	0.23	*N/A*	1.9	0.00	0.07	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	12	0.05	10	*N/A*	*N/A*	0.33	0.00	1	2.01	0.14	0.14	*N/A*	0.0	0.00	0.05	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	18	0.08	18	*N/A*	*N/A*	0.25	0.00	0	3.70	0.30	0.20	*N/A*	10.0	0.00	0.18	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	18	0.10	19	*N/A*	*N/A*	0.30	0.00	0	3.70	0.30	0.25	*N/A*	10.0	0.00	0.18	\$0.000

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	15	0.23	12	1	1	0.56	0.00	0	2.29	0.14	0.19	*N/A*	5.6	0.00	0.07	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	15	0.51	11	1	1	0.84	0.00	1	1.91	0.14	0.14	*N/A*	1.4	0.00	0.09	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	14	0.28	12	1	1	0.56	0.00	0	2.19	0.14	0.19	*N/A*	7.0	0.00	0.08	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	46	0.00	1	*N/A*	*N/A*	0.00	0.00	0	11.88	2.26	1.13	*N/A*	39.6	55.32	0.10	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	20	0.00	2	4	*N/A*	0.00	0.00	0	4.67	0.00	0.00	*N/A*	33.3	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	20	0.00	3	4	*N/A*	0.00	0.00	0	4.67	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.50	0.00	0.00	*N/A*	31.7	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	10	0.00	0	*N/A*	*N/A*	0.00	0.00	0	2.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			546	2.60	478	*49	*3	8.45	0.00	20	102.70	6.52	17.70	0	539.5	57.72	4.48	\$0.000
% of Calories				4.29%		*35.9%	*2.2%	13.9%	0.0%		75.2%		13.0%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 09/25/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001956 SMOOTHIE, STRAWBERRY FROZEN	16 OZ	1000	162	1.08	110	*15	*N/A*	2.25	*0.00	7	30.72	1.33	5.50	*N/A*	187.9	19.40	1.24	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	11	0.07	13	1	*N/A*	0.33	0.00	0	1.82	0.09	0.23	*N/A*	1.9	0.00	0.07	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	12	0.05	10	*N/A*	*N/A*	0.33	0.00	1	2.01	0.14	0.14	*N/A*	0.0	0.00	0.05	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	18	0.08	18	*N/A*	*N/A*	0.25	0.00	0	3.70	0.30	0.20	*N/A*	10.0	0.00	0.18	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	18	0.10	19	*N/A*	*N/A*	0.30	0.00	0	3.70	0.30	0.25	*N/A*	10.0	0.00	0.18	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	15	0.51	11	1	1	0.84	0.00	1	1.91	0.14	0.14	*N/A*	1.4	0.00	0.09	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	15	0.23	12	1	1	0.56	0.00	0	2.29	0.14	0.19	*N/A*	5.6	0.00	0.07	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	14	0.28	12	1	1	0.56	0.00	0	2.19	0.14	0.19	*N/A*	7.0	0.00	0.08	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			669	3.13	450	*74	*3	8.36	*0.00	17	134.20	6.88	18.50	0	679.4	29.79	4.99	\$0.000
% of Calories				4.21%		*44.2%	*1.8%	11.2%	*0.0%		80.2%		11.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 09/26/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	2000	153	0.70	134	*12	*N/A*	2.39	*0.00	4	29.80	0.67	3.39	*N/A*	3.5	0.02	5.34	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	30	0.00	3	6	*N/A*	0.00	0.00	0	7.00	0.00	0.00	*N/A*	50.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.33	0.00	0.00	*N/A*	1.7	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.50	0.00	0.00	*N/A*	31.7	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	10	0.00	0	*N/A*	*N/A*	0.00	0.00	0	2.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			667	1.82	481	*76	*N/A*	7.09	*0.00	12	136.50	7.75	15.37	0	519.1	10.02	9.27	\$0.000
% of Calories				2.46%		*45.6%	*N/A*	9.6%	*0.0%		81.9%		9.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 09/29/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003161 EGG BITES W/TORT & SALSA	SERVING	1400	159	2.80	304	*1	*N/A*	9.34	*0.00	121	10.76	2.04	7.17	*N/A*	77.7	1.36	1.08	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	150	12	0.08	14	1	*N/A*	0.35	0.00	0	1.95	0.10	0.25	*N/A*	2.0	0.00	0.07	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	150	12	0.05	11	*N/A*	*N/A*	0.35	0.00	1	2.15	0.15	0.15	*N/A*	0.0	0.00	0.05	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	18	0.08	18	*N/A*	*N/A*	0.25	0.00	0	3.70	0.30	0.20	*N/A*	10.0	0.00	0.18	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	18	0.10	19	*N/A*	*N/A*	0.30	0.00	0	3.70	0.30	0.25	*N/A*	10.0	0.00	0.18	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	40	0.00	3	9	*N/A*	0.00	0.00	0	9.33	0.67	0.00	*N/A*	4.0	2.53	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	20	0.00	2	4	*N/A*	0.00	0.00	0	4.67	0.00	0.00	*N/A*	33.3	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	20	0.00	3	4	*N/A*	0.00	0.00	0	4.67	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	10	0.00	2	2	*N/A*	0.00	0.00	0	2.50	0.00	0.00	*N/A*	31.7	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	10	0.00	0	*N/A*	*N/A*	0.00	0.00	0	2.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			572	3.72	613	*54	*N/A*	13.21	*0.00	130	94.13	5.22	18.59	*0	547.7	5.50	4.33	\$0.000
% of Calories				5.85%		*37.8%	*N/A*	20.8%	*0.0%		65.8%		13.0%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 09/30/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003143 BREAKFAST FRENCH TOAST STICKS PERFORATED	SERVINGS	1000	57	0.33	97	2	2	1.33	0.00	35	8.33	0.67	2.67	*N/A*	1.3	0.00	3.33	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	33	0.00	15	4	*N/A*	0.00	0.00	0	8.67	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	14	0.00	24	1	*N/A*	0.17	0.00	0	3.07	0.27	0.33	*N/A*	10.0	0.60	0.36	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	15	0.00	15	1	*N/A*	0.17	0.00	0	3.13	0.20	0.20	*N/A*	10.0	0.60	0.36	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	16	0.03	18	1	*N/A*	0.47	0.00	0	2.93	0.20	0.20	*N/A*	13.3	0.00	0.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	15	0.00	26	1	*N/A*	0.17	0.00	0	3.00	0.27	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	13	0.00	0	1	*N/A*	0.07	0.00	0	3.07	0.40	0.33	*N/A*	0.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	20	0.13	22	1	*N/A*	0.58	0.00	0	3.25	0.17	0.42	*N/A*	3.3	0.00	0.12	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	31	0.17	32	*N/A*	*N/A*	0.50	0.00	0	6.17	0.50	0.42	*N/A*	16.7	0.00	0.30	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	30	0.12	30	*N/A*	*N/A*	0.42	0.00	0	6.17	0.50	0.33	*N/A*	16.7	0.00	0.30	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	21	0.08	18	*N/A*	*N/A*	0.58	0.00	1	3.58	0.25	0.25	*N/A*	0.0	0.00	0.09	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	15	0.00	1	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	25.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.50	0.00	0.00	*N/A*	2.5	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	15	0.00	2	3	*N/A*	0.00	0.00	0	3.75	0.00	0.00	*N/A*	47.5	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	15	0.00	0	*N/A*	*N/A*	0.00	0.00	0	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	43	0.50	53	5	*N/A*	0.83	0.00	5	5.33	0.00	3.33	*N/A*	133.3	0.40	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	60	0.00	75	10	*N/A*	0.00	0.00	2	11.00	0.00	4.50	*N/A*	150.0	0.00	0.18	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	23	0.08	18	2	*N/A*	0.75	0.00	0	2.83	0.33	1.33	*N/A*	50.0	0.00	0.18	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	22	0.00	3	4	*N/A*	0.00	0.00	0	5.50	0.00	0.00	*N/A*	3.3	0.00	0.00	\$0.000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	15	0.00	2	4	*N/A*	0.00	0.00	0	3.83	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	17	0.00	3	4	*N/A*	0.00	0.00	0	4.33	0.00	0.00	*N/A*	2.8	0.00	0.00	\$0.000
Weighted Daily Average			564	1.45	463	*62	*2	6.03	0.00	44	113.95	5.75	14.65	0	496.7	4.10	7.14	\$0.000
% of Calories				2.31%		*44.0%	*1.4%	9.6%	0.0%		80.8%		10.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		593	3	490	*60	*1	9.57	*0.00	38	114.95	6.36	16.24	*0	542	*23.83	5.37	\$0.000
% of Calories			3.79%		*40.5%	*0.7%	14.5%	*0.0%		77.5%		11.0%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.