



Ashtabula Area City Schools
High School / Junior High School Lunch Menu

May 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry Daily Alternates Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches & Wraps Cheese or Pepperoni Pizza Cheeseburger or Chicken Sandwich and PB&J Craveable. |
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| | | | | Chicken Chunks with Roll FEATURED VEGGIES Steamed Corn Mashed Potatoes | |
| Italian Meatball & Cheese on Hoagie Roll FEATURED VEGGIES Green Beans Baby Carrots | NO SCHOOL PD DAY! | Cowboy Burger FEATURED VEGGIES Curly Fries Sliced Cucumbers |  Dip and Dust Wings FEATURED VEGGIES Steamed Corn Fresh Grape Tomatoes | Nashville Hot Chicken Sandwich FEATURED VEGGIES Steamed Carrots Side Salad | |
| County Fair Corn Dog FEATURED VEGGIES BBQ Baked Beans Steamed Mixed Veggies | Asian Sesame Chicken with White Rice FEATURED VEGGIES Green BEans Caesar Side Salad | Sloppy Joe on a Bun FEATURED VEGGIES Tater Tots Baby Carrots | Deli Bar FEATURED VEGGIES Sidewinder Fries Tomato and Lettuce | Buffalo Chicken Dip over Tortilla Chips FEATURED VEGGIES Steamed Broccoli Baby Carrots | |
| Chicken Tenders with Dinner Roll FEATURED VEGGIES Steamed Mixed Veggies Garden Side Salad | Nachos Grande FEATURED VEGGIES Ranch Refried Bean Dip Salsa | BBQ Pork Sandwich on Bun FEATURED VEGGIES French Fries Cole Slaw | Pasta and Meatballs with Breadstick FEATURED VEGGIES Steamed Corn Fresh Cucumbers | Cheesy Pizza Crunchers with Marinara FEATURED VEGGIES Green Beans Caesar Side Salad | |
| NO SCHOOL MEMORIAL DAY | Walking Tacos FEATURED VEGGIES Steamed Golden Corn Celery Sticks | Chicken Alfredo over Penne Pasta with Garlic Toast FEATURED VEGGIES Side Salad Steamed Broccoli | Breakfast for Lunch French Toast Sticks w/ Sausage Patties FEATURED VEGGIES Tri Taters Side Salad | Jalapeno Grilled Chees Sandwich FEATURED VEGGIES Tater Tots Cole Slaw | |
| Your Team John Dzurina, Metz 440-661-4351 ext 11043 ma1136@metzcom.com | | Meal Prices Student Lunch \$0.00 Reduced Lunch \$0.00 Faculty Lunch \$5.00 | |  | |



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

