

Pacific Grove High School Menu

October 2026

Menu subject to change
This Institution is an Equal Opportunity Employer



Breakfast

Fruit Smoothies

Overnight Oats

Conchas

Low Sugar Sweet Breads

Homemade Breakfast Burritos
(with egg & cheese or egg, cheese & sausage)

Variety of Cereal

Bagels & Cream Cheese

French Toast w/ Berry Compote

Croissant Egg Sandwich

Offered with Fresh Fruit, Juice & Milk

Fresh Deli

Italian Sub Sandwich

Ham and Swiss Croissant Sandwich

Turkey and Cheese sandwich

Chicken Caesar Wrap

BLT Wrap

Chicken Caesar Salad

Breaker Snack box

Homemade Hummus Box w/ Naan Bread

SPECIALS

Monday

Mac and Cheese with BBQ Pork Ribs

Tuesday

Chicken Bowl with Veggie Loaded Rice
(Featuring Orange, Teriyaki, and Butter Chicken)

Wednesday

Taqueria Burrito with
Fresh Salsa and Pico De Gallo

Thursday

Roasted Cherry Tomato Alfredo with Penne Pasta and
Chicken
(Vegetarian option available)(Sauce made from scratch)

Friday

BBQ Brisket Sandwich served with Avacado Corn Salad

Favorites

Cheeseburger

Hamburger

Chicken Sandwich

Spicy Chicken Sandwich

Homemade Bean & Cheese Burrito

Bosco Mozz Sticks

Plant Based Patty Sandwich
(vegetarian)

WG Smart Slice Pizza

Cheese

Pepperoni



Happy October

New school year, new menu! We're shaking up our food lineup with exciting options, including overnight oats for breakfast and premium specials like Alfredo pasta with roasted cherry tomatoes. Our meals feature a scratch-made, homemade flavor using fresh vegetables and herbs grown in our district garden.

****Gluten Free variations are available for some menu items upon request. Check with our kitchen staff.**

Check us out on Social Media

Facebook: Pacific Grove School Cafe

Instagram: pgsud_nutrition