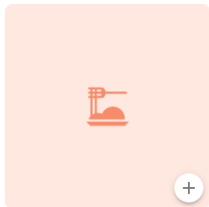# Spreckels Elementary Breakfast & Lunch Menu

Featuring fresh ingredients, prepared daily, healthy school meals

Week of February 2nd-6th (Free for Students)

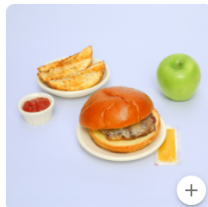*Prepared Daily by Main Street Bakery and Catering*

Monday, January 26, 2026
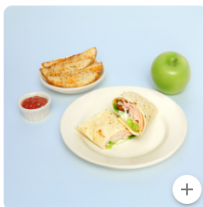
🍽 Breakfast
Whole Grain Bagel & Cream Cheese with Banana

Vegetarian · Tree-nut free · Peanut free · Egg free · Seafood free · Whole Grain · Sesame free

🍽 Lunch
Cheeseburger with Potato Wedges & Apple (K-8)

Tree-nut free · Peanut free · Seafood free · Whole Grain

🍽 Lunch
Turkey Bacon Wrap with Potato Wedges & Apple (K-8)

Tree-nut free · Peanut free · Dairy free · Egg free · Seafood free · Whole Grain · Sesame free

🥤 Drinks — $0.00
Lowfat Plain Milk Carton

Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free

🥤 Drinks — $0.00
Lowfat Chocolate Milk Carton

Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free
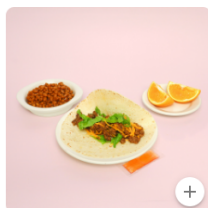

Tuesday, January 27, 2026
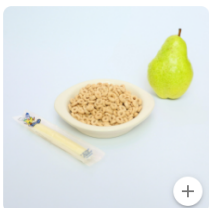
🍽 Breakfast
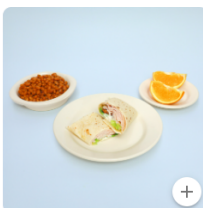**Cheerios & String Cheese with Pear**

Vegetarian · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Whole Grain · Sesame free

🍽 Lunch
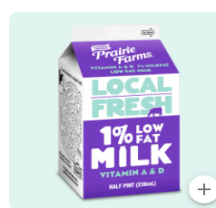**Beef Soft Taco with Southwest Pinto Beans & Orange Wedges (K-8)**

Tree-nut free · Peanut free · Egg free · Seafood free · Whole Grain · Sesame free

🍽 Lunch
Turkey Bacon Wrap with Southwest Pinto Beans & Orange Wedges (K-8)

Tree-nut free · Peanut free · Dairy free · Egg free · Seafood free · Whole Grain · Sesame free

🥤 Drinks — $0.00
Lowfat Plain Milk Carton

Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free

🥤 Drinks — $0.00
Lowfat Chocolate Milk Carton
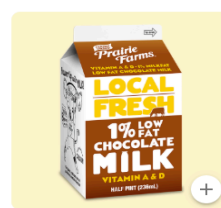
Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free
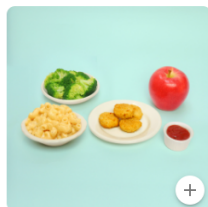

Wednesday, January 28, 2026
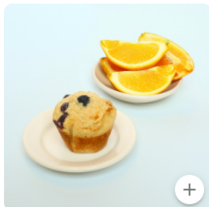
🍽 Breakfast
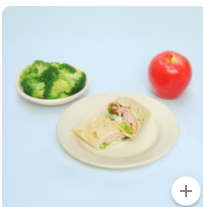**Whole Grain Blueberry Muffin with Orange Wedges**

Vegetarian · Tree-nut free · Peanut free · Soy free · Seafood free · Whole Grain · Sesame free

🍽 Lunch
**Chicken Nuggets & Creamy Cheddar Mac with Steamed Broccoli & Apple (K-8)**

Tree-nut free · Peanut free · Seafood free · Whole Grain · Sesame free

🍽 Lunch
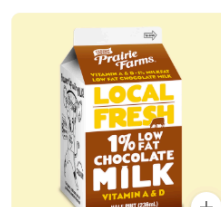**Turkey Bacon Wrap with Steamed Broccoli & Apple (K-8)**

Tree-nut free · Peanut free · Dairy free · Egg free · Seafood free · Whole Grain · Sesame free

🥤 Drinks — $0.00
Lowfat Plain Milk Carton

Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free

🥤 Drinks — $0.00
Lowfat Chocolate Milk Carton
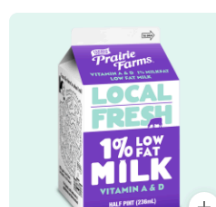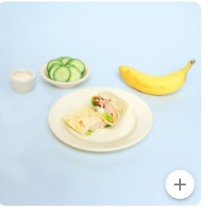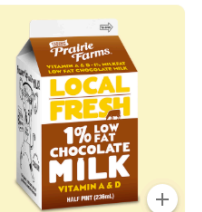
Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free
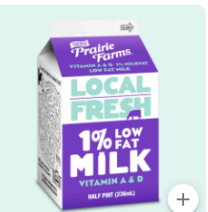
Thursday, January 29, 2026

🍽 Breakfast
Cinnamon Toast Crunch & String Cheese with Apple

Vegetarian · Tree-nut free · Peanut free · Egg free · Seafood free · Whole Grain · Sesame free

🍽 Lunch
Turkey Sausage & Cinnamon Pancakes with Cucumber Coins & Banana (K-8)

Tree-nut free · Peanut free · Egg free · Seafood free · Whole Grain · Sesame free

🍽 Lunch
Turkey Bacon Wrap with Cucumber Coins & Banana (K-8)

Tree-nut free · Peanut free · Dairy free · Egg free · Seafood free · Whole Grain · Sesame free

🥛 Drinks $0.00
Lowfat Plain Milk Carton

Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free

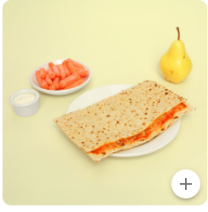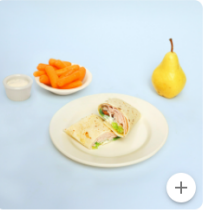🥛 Drinks $0.00
Lowfat Chocolate Milk Carton

Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free

Friday, January 30, 2026

🍽 Breakfast
Protein Choco Chip Mini Muffins with Banana

Vegetarian · Tree-nut free · Peanut free · Seafood free · Whole Grain · Sesame free

🍽 Lunch
Cheese Pizza Calzone with Baby Carrots & Pear (K-8)

Vegetarian · Tree-nut free · Peanut free · Seafood free · Whole Grain

🍽 Lunch
Turkey Bacon Wrap with Baby Carrots & Pear (K-8)

Tree-nut free · Peanut free · Dairy free · Egg free · Seafood free · Whole Grain · Sesame free

🥛 Drinks $0.00
Lowfat Plain Milk Carton

Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free

🥛 Drinks $0.00
Lowfat Chocolate Milk Carton

Vegetarian · Gluten free · Tree-nut free · Peanut free · Egg free · Soy free · Seafood free · Sesame free

All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by Main Street Bakery and Catering, located on South Main Street in Salinas, providing restaurant-quality healthy meals while supporting the local economy. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals.

NOTE: Meal and/or item substitutions may occur based upon supply availability.

For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.