

# Menus for March 2026

Manzanita School

This institution is an equal opportunity provider. Menus are subject to change.

## Happy St. Patrick's Day!

## Spring Forward



Sunday, March 8



Wikimedia: Hesperian

THE **QUOKKA**, A CAT-SIZED MARSUPIAL, CARRIES ITS BABIES IN A POUCH -- ONE OF THE REASONS IT'S OFTEN CALLED THE **CUTEST** ANIMAL IN THE WORLD! BUT CUTENESS IS IN THE EYE OF THE BEHOLDER. IN 1696, A DUTCH EXPLORER NAMED THE AUSTRALIAN ISLAND WHERE QUOKKAS LIVE "ROTTNEST" -- OR "**RAT'S NEST**" -- BECAUSE HE THOUGHT THE CUDDLY CRITTERS LOOKED LIKE OVERGROWN RODENTS!

# STRANGE BUT TRUE!

## PARALYMPIC WINTER GAMES



Milano Cortina, Italy March 6-15

## ★ OUR NATION'S HISTORY ★



On March 6, 1836, the Alamo Mission in San Antonio, Texas fell to army of General Santa Ana of Mexico. The Alamo, defended by fewer than 200 men against several thousand soldiers, had held out for 13 days.

★ WITH LIBERTY & JUSTICE FOR ALL ★

Monday, March 2

### Breakfast

Mini Pancakes  
Juice, Fruit and Milk

### Lunch

Chicken Nuggets and Sun Chips  
Milk, Fruit, Veggie, and Salad Bar

Tuesday, March 3

### Breakfast

Cini-Mini  
Juice, Fruit and Milk

### Lunch

PB&J, Cheese Stick, and Crackers  
Milk, Fruit, Veggie, and Salad Bar

Wednesday, March 4

### Breakfast

Benefit Bar  
Juice, Fruit and Milk

### Lunch

Corn Dog and Fava Beans  
Milk, Fruit, Veggie, and Salad Bar

Thursday, March 5

### Breakfast

Biscuit and Gravy  
Juice, Fruit and Milk

### Lunch

Beef Spaghetti and Bread Stick  
Milk, Fruit, Veggie, and Salad Bar

Friday, March 6

### Breakfast

Variety of Cereal  
Juice, Fruit and Milk

### Lunch

Maxx cheese sticks  
Milk, Fruit, Veggie, and Salad Bar

Monday, March 9

### Breakfast

Bagel with cream cheese  
Juice, Fruit and Milk

### Lunch

Mac-N-Cheese and Bread stick  
Milk, Fruit, Veggie, and Salad Bar

Tuesday, March 10

### Breakfast

Strawberry Glazed Scone  
Juice, Fruit and Milk

### Lunch

Taco's and Refried Beans  
Milk, Fruit, Veggie, and Salad Bar

Wednesday, March 11

### Breakfast

Mini Waffles  
Juice, Fruit and Milk

### Lunch

Grilled Cheese  
Milk, Fruit, Veggie, and Salad Bar

Thursday, March 12

### Breakfast

French Toast  
Juice, Fruit and Milk

### Lunch

Hamburger and Baked Chips  
Milk, Fruit, Veggie, and Salad Bar

Friday, March 13

### Breakfast

Variety of Cereal  
Juice, Fruit and Milk

### Lunch

French Bread Pizza  
Milk, Fruit, Veggie, and Salad Bar

**AVAILABLE DAILY**  
 Cheerio cereal with graham cracker offered as an option at breakfast.  
 Deli sandwich and yogurt bundle offered as an option at lunch.

**Monday, March 16**  
**Breakfast**  
 Mini Pancakes  
 Juice, Fruit and Milk  
**Lunch**  
 Chicken Nuggets and Sun Chips  
 Milk, Fruit, Veggie, and Salad Bar

**Monday, March 17**  
**Breakfast**  
 Cini Mini  
 Juice, Fruit and Milk  
**Lunch**  
 PB&J sandwich, Cheese stick, and crackers  
 Milk, Fruit, Veggie, and Salad Bar

**Wednesday, March 18**  
**Breakfast**  
 Benefit bar  
 Juice, Fruit and Milk  
**Lunch**  
 Hot dog and Chili  
 Milk, Fruit, Veggie, and Salad Bar

**Thursday, March 19**  
**Breakfast**  
 Mustang Breakfast Pizza  
 Juice, Fruit and Milk  
**Lunch**  
 Raviolis and Bread stick  
 Milk, Fruit, Veggie, and Salad Bar

**Friday, March 20**  
**Breakfast**  
 Variety of Cereal  
 Juice, Fruit and Milk  
**Lunch**  
 Rectangle Pizza  
 Milk, Fruit, Veggie, and Salad Bar

**What's on YOUR plate?**

**Monday, March 23**  
**Breakfast**  
 Muffin  
 Juice, Fruit and Milk  
**Lunch**  
 Mac-N-Cheese and Bread stick  
 Milk, Fruit, Veggie, and Salad Bar

**Tuesday, March 24**  
**Breakfast**  
 Omelet and Hash brown  
 Juice, Fruit and Milk  
**Lunch**  
 Orange Chicken and Rice  
 Milk, Fruit, Veggie, and Salad Bar

**Wednesday, March 25**  
**Breakfast**  
 French Toast  
 Juice, Fruit and Milk  
**Lunch**  
 Bruch for lunch  
 Pancake, Sausage and hash brown  
 Milk, Fruit, Veggie, and Salad Bar

**Thursday, March 26**  
**Breakfast**  
 Mini Waffles  
 Juice, Fruit and Milk  
**Lunch**  
 Chicken Burger and Nachos  
 Milk, Fruit, Veggie, and Salad Bar

**Friday, March 27**  
**Breakfast**  
 Variety of Cereal  
 Juice, Fruit and Milk  
**Lunch**  
 Stuffed Crust Pizza  
 Milk, Fruit, Veggie, and Salad Bar

**Boost your Burrito!**

Burritos made at home or at a Mexican restaurant, should **ALWAYS INCLUDE BEANS!** These tasty little wonders are a nutritional powerhouse, brimming with fiber, protein, and nutrients. For good nutrition, skip on the cheese and load up on the beans!



Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

**Monday, March 30**  
**Breakfast**  
 Mini Pancakes  
 Juice, Fruit and Milk  
**Lunch**  
 Chicken Nuggets and Sun Chips  
 Milk, Fruit, Veggie, and Salad Bar

**Tuesday, March 31**  
**Breakfast**  
 Cini-Mini  
 Juice, Fruit and Milk  
**Lunch**  
 PB&J, Cheese Stick, and Crackers  
 Milk, Fruit, Veggie, and Salad Bar

**Weird SCIENCE**

**Make a RUBBER EGG!**

**You'll Need:**

- ✓ a raw egg
- ✓ white vinegar
- ✓ a plastic container

- 1 Place the raw egg in the container and cover it with vinegar.
- 2 After 24 hours, gently prod the egg with your finger. Does it feel soft and elastic like rubber? (If not, replace the vinegar with fresh vinegar and wait another 24 hours.)
- 3 Congratulations! You have used the vinegar to "decalcify" the egg. The egg shell contains a substance called "calcium carbonate." The acid in the vinegar dissolves the calcium carbonate in the egg shell, and what's left is soft and flexible rather than hard and rigid. You've created a rubber egg!
- 4 Poke the egg (gently) with a fork until you pierce the shell and the yolk and white come out. The shell should look like a popped balloon!