

SEPTEMBER 2026

RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plUSD.org

Monday
Tuesday
Wednesday
Thursday
Friday

**NO
SCHOOL**

Waffles with Apple Compote
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

French Toast
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Mini Pancakes
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Mini Pancakes
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Chicken Biscuit
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Strawberry Parfait
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Mini Pancakes
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Chicken Biscuit
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Breakfast Bowl
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Oatmeal Muffin Square
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Breakfast Muffin
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Breakfast Bowl
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Oatmeal Muffin Square
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Peach Parfait
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Egg Bites
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Cheesy Breakfast Casserole
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Banana Split Parfait
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Mini Cinni
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Mini Cinni
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

Fresh Baked Cinnamon Roll
Bagel w/ Cream Cheese
Cereal Bowl
Variety of Fruit & Juice

**All meals are served
with the choice of
1% white milk or
nonfat chocolate milk.**

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.
We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

This institution is an equal opportunity provider.