

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

Menu Name:

ELEMENTARY LUNCH 6-8

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 09/02/2025      Reimbursable Meal Total 3000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002706 NACHOS, BEEF&CHEESE (K-8)    | SERVING      | 1000      | 151                      | 3.25                   | 245                    | *1               | *N/A*            | 7.73      | *0.00      | 23          | 12.59    | 1.87      | 7.26      | *N/A*       | 83.5                   | 1.36       | 0.43      | \$0.000 |
| 002304 NACHOS, BEAN & CHEESE (K-8)  | SERVING      | 1000      | 125                      | 2.04                   | 203                    | *0               | *N/A*            | 5.21      | *0.00      | 9           | 14.07    | 2.03      | 4.55      | *N/A*       | 78.7                   | 0.83       | 0.29      | \$0.000 |
| 002943 CHICKEN TAQUITO              | SERVINGS     | 1000      | 71                       | 0.34                   | 54                     | 0                | *N/A*            | 1.69      | 0.00       | 7           | 11.14    | 1.69      | 2.70      | *N/A*       | 20.3                   | 0.00       | 2.43      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA      | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED           | .5           | 2000      | 3                        | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 0.67     | 0.22      | 0.22      | *N/A*       | 4.4                    | 0.67       | 0.08      | \$0.000 |
| 001051 SALSA, COMMODITY             | #8 SCOOP     | 2000      | 24                       | 0.00                   | 83                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.72     | 2.36      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE            | .25 CUP      | 1500      | 30                       | 0.00                   | 140                    | *N/A*            | *N/A*            | 2.50      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD) | #8 SCOOP     | 1500      | 56                       | 0.00                   | 167                    | *0               | *N/A*            | 0.00      | *0.00      | 0           | 10.30    | 4.01      | 3.51      | *N/A*       | 17.7                   | 1.35       | 0.96      | \$0.000 |
| 003137 CUCUMBER RAW                 | 1/2C SERVING | 1500      | 4                        | 0.00                   | 0                      | 0                | 0                | 0.05      | 0.00       | 0           | 0.95     | 0.15      | 0.15      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR              | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN | #8 SCOOP     | 1500      | 35                       | 0.00                   | 38                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 8.86     | 1.27      | 0.00      | *N/A*       | 12.7                   | 27.26      | 0.23      | \$0.000 |
| 003138 PINEAPPLE RAW                | 1/2C SERVING | 1500      | 30                       | 0.00                   | 0                      | 6                | 0                | 0.00      | 0.00       | 0           | 4.84     | 0.69      | 0.23      | *N/A*       | 6.0                    | 2903.00    | 0.02      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0                  | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0                  | 0.00       | 0.24      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average        |              |           | 797                      | 10.15                  | 1302                   | *25              | *0               | 25.16     | *0.00      | 67          | 104.18   | 16.36     | 36.97     | *0          | 553.3      | 2934.82    | 4.71      | \$0.000 |
| % of Calories                 |              |           |                          | 11.46 %                |                        | *12.5%           | *0%              | 28.4%     | *0.0%      |             | 52.3%    |           | 18.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/03/2025                      Reimbursable Meal Total 3000

|                                     | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001862 PIZZA, WG PEP 5"             | EACH            | 1000      | 120                      | 2.33                   | 190                    | 1                | *N/A*            | 5.33      | 0.00       | 12          | 11.33    | 1.00      | 6.67      | *N/A*       | 133.3      | 3.00       | 0.60      | \$0.000 |
| 001861 PIZZA, WG CHEESE 5"          | EACH            | 1000      | 120                      | 2.67                   | 170                    | 1                | *N/A*            | 5.67      | 0.00       | 12          | 11.33    | 1.00      | 6.67      | *N/A*       | 150.0      | 2.00       | 0.90      | \$0.000 |
| 003102 PIZZA VEGGIE COMBONATION     | SERVINGS        | 1000      | 121                      | 2.69                   | 177                    | *1               | *N/A*            | 5.77      | *0.00      | 12          | 11.47    | 1.04      | 6.70      | *N/A*       | 150.8      | 2.90       | 0.96      | \$0.000 |
| 000433 VEG, MIXED FROZEN            | .5 CUP          | 3000      | 60                       | 0.00                   | 39                     | 3                | *N/A*            | 0.00      | 0.00       | 0           | 12.00    | 3.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000943 ICE CREAM, RASPBERRY SHERBET | SERVING         | 3000      | 80                       | 0.50                   | 12                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 18.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE     | 1EA #8 SCOOP    | 2000      | 2                        | 0.00                   | 5                      | *N/A*            | *N/A*            | 0.02      | *0.00      | 0           | 0.43     | 0.26      | 0.23      | *N/A*       | 7.3        | 3.29       | 0.21      | \$0.000 |
| 000941 NOODLE, CHOW MEIN            | SERVING         | 2000      | 70                       | 0.00                   | 23                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 13.71    | 1.34      | 2.68      | *N/A*       | 6.7        | 0.00       | 0.90      | \$0.000 |
| 002197 VEG, KIDNEY BEANS            | 1/2 CUP#8 SCOOP | 2000      | 69                       | 0.00                   | 93                     | 1                | *N/A*            | 0.00      | 0.00       | 0           | 12.67    | 4.67      | 4.67      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROCC CHERRY TOM        | .5 CUP          | 2000      | 18                       | 0.00                   | 8                      | *N/A*            | *N/A*            | 0.34      | *N/A*      | 0           | 3.68     | 0.34      | 1.00      | *N/A*       | 10.0       | 29.04      | 0.30      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA      | #8 SCOOP        | 1000      | 20                       | 0.00                   | 2                      | 4                | *N/A*            | 0.00      | 0.00       | 0           | 5.00     | 0.67      | 0.00      | *N/A*       | 2.7        | 0.83       | 0.08      | \$0.000 |
| 001355 FRUIT, STRAWBERRY            | 1/2 cup         | 1000      | 8                        | 0.00                   | 0                      | 1                | *N/A*            | 0.07      | 0.00       | 0           | 1.84     | 0.48      | 0.16      | *N/A*       | 3.8        | 14.11      | 0.10      | \$0.000 |

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003164 BAR, MANGO (FRESH 4OZ PK)      | cup          | 1000      | 33                       | 0.05                   | 1                      | 8                | *N/A*            | 0.21      | 0.00       | 0           | 8.24     | 0.88      | 0.45      | *N/A*       | 6.0        | 20.02      | 0.09      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 880                      | 9.21                   | 908                    | *39              | *N/A*            | 23.77     | *0.00      | *44         | 130.63   | 14.74     | 40.50     | *0          | 821.0      | 75.58      | 4.42      | \$0.000 |
| % of Calories                         |              |           |                          | 9.42%                  |                        | *17.7%           | *N/A*            | 24.3%     | *0.0%      |             | 59.4%    |           | 18.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/04/2025

Reimbursable Meal Total 3000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002678 BURGER, CHEESE                | EACH         | 1000      | 113                      | 2.17                   | 186                    | 1                | *N/A*            | 5.17      | 0.00       | 16          | 9.67     | 1.67      | 7.33      | *N/A*       | 21.0       | 0.00       | 0.67      | \$0.000 |
| 001036 BURGER, VEGGIE CHEESE         | EACH         | 1000      | 140                      | 1.67                   | 280                    | 2                | *0               | 5.50      | 0.00       | 7           | 14.00    | 3.33      | 8.67      | *N/A*       | 17.3       | 0.00       | 3.00      | \$0.000 |
| 003084 BREAKFAST BURGER              | SANWICHES    | 1000      | 131                      | 3.50                   | 262                    | *1               | *0               | 8.90      | *0.00      | 65          | 5.59     | 0.33      | 8.43      | *N/A*       | 59.9       | 0.00       | 0.93      | \$0.000 |
| 002987 POTATO MCCAIN REG CRINKLE FRY | SERVINGS     | 3000      | 120                      | 0.50                   | 35                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*       | 10.0       | 0.00       | 0.30      | \$0.000 |
| 003064 LETTUCE GREEN LEAF            | 1/2 cup      | 2000      | 2                        | 0.00                   | 4                      | 0                | *N/A*            | 0.02      | 0.00       | 0           | 0.46     | 0.21      | 0.22      | *N/A*       | 5.8        | 1.47       | 0.14      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000042 VEG, PICKLES DILL              | 8 each       | 2000      | 3                        | 0.00                   | 260                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | *N/A*       | 0.67     | 0.00      | 0.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH              | 4 SLICES     | 2000      | 11                       | 0.00                   | 3                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 2.46     | 0.49      | 0.49      | *N/A*       | 4.9        | 7.67       | 0.18      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 2000      | 17                       | 0.00                   | 38                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.93     | 0.98      | 0.49      | *N/A*       | 14.7       | 4.13       | 0.44      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 1500      | 30                       | 0.00                   | 2                      | 6                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 0.50      | 0.00      | *N/A*       | 3.0        | 1.90       | 0.00      | \$0.000 |
| 001360 FRUIT, MELON CHUNKS            | #8 SCOOP     | 1500      | 13                       | 0.01                   | 5                      | *1               | *N/A*            | 0.02      | *0.00      | 0           | 3.23     | 0.28      | 0.28      | *N/A*       | 2.8        | 8.37       | 0.09      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 739                      | 8.81                   | 1265                   | *29              | *0               | 28.98     | *0.00      | *96         | 87.92    | 8.88      | 36.18     | *0          | *469.7     | *23.93     | *6.03     | \$0.000 |
| % of Calories                         |              |           |                          | 10.73 %                |                        | *15.7%           | *0%              | 35.3%     | *0.0%      |             | 47.6%    |           | 19.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/05/2025

Reimbursable Meal Total 3000

|                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002856 CORN DOG, MINI CHICK TYSON | SERVING (6)  | 1000      | 105                      | 1.21                   | 190                    | 2                | *N/A*            | 5.66      | *N/A*      | 16          | 9.30     | 0.81      | 4.85      | *N/A*       | 8.1        | 0.00       | 0.58      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002993 MAC & CHEESE PREMIUM JTM       | 6oz          | 1000      | 106                      | 2.97                   | 260                    | 1                | *N/A*            | 5.33      | 0.00       | 15          | 9.33     | 0.67      | 5.00      | *N/A*       | 122.7                  | 0.00       | 0.33      | \$0.000 |
| 000597 BREAD, ROLL DINNER 1 OZ        | EACH         | 1000      | 28                       | 0.00                   | 8                      | *N/A*            | *N/A*            | 0.50      | *N/A*      | 3           | 5.00     | 0.20      | 1.03      | *N/A*       | 6.3                    | 0.00       | 0.27      | \$0.000 |
| 000613 SANDWICH, RIB A QUE            | EACH         | 1000      | 110                      | 1.33                   | 210                    | 3                | *N/A*            | 3.83      | 0.00       | 13          | 11.67    | 1.33      | 7.00      | *N/A*       | 32.7                   | 0.00       | 1.33      | \$0.000 |
| 000424 VEG, GREEN BEANS               | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP | 2000      | 2                        | 0.00                   | 5                      | *N/A*            | *N/A*            | 0.02      | *0.00      | 0           | 0.43     | 0.26      | 0.23      | *N/A*       | 7.3                    | 3.29       | 0.21      | \$0.000 |
| 001800 VEG, CARROT & CELERY STICKS    | SERVING      | 2000      | 22                       | 0.00                   | 45                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 3.78     | 1.13      | 0.38      | *N/A*       | 11.3                   | 2.27       | 0.14      | \$0.000 |
| 003165 BAR VEG, PEAS FROZEN SYSCO     | .5 CUP       | 2000      | 31                       | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00       | 0           | 5.28     | 1.76      | 2.20      | *N/A*       | 6.2                    | 0.00       | 0.44      | \$0.000 |
| 002009 VEG, BELL PEPPER STICKS        | CUP          | 2000      | 16                       | 0.00                   | 1                      | *N/A*            | *N/A*            | 0.11      | *N/A*      | 0           | 4.01     | 1.07      | 0.80      | *N/A*       | 0.0                    | 53.84      | 0.00      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 750       | 15                       | 0.00                   | 1                      | 3                | *N/A*            | 0.00      | 0.00       | 0           | 3.50     | 0.25      | 0.00      | *N/A*       | 1.5                    | 0.95       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 750       | 25                       | 0.00                   | 0                      | 5                | *N/A*            | 0.00      | 0.00       | 0           | 6.25     | 1.00      | 0.00      | *N/A*       | 5.0                    | 2.10       | 0.09      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 22                       | 0.03                   | 0                      | 3                | *N/A*            | 0.08      | 0.00       | 0           | 5.77     | 0.66      | 0.28      | *N/A*       | 1.3                    | 2.20       | 0.07      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 17                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.45     | 0.85      | 0.42      | *N/A*       | 14.8                   | 20.75      | 0.04      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3                    | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0                  | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0                  | 0.00       | 0.24      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average        |              |           | 674                      | 6.51                   | 1049                   | *36              | *0               | 19.90     | *0.00      | *57         | 92.68    | 12.06     | 32.47     | *0          | 547.5      | 85.78      | 3.77      | \$0.000 |
| % of Calories                 |              |           |                          | 8.69%                  |                        | *21.4%           | *0%              | 26.6%     | *0.0%      |             | 55.0%    |           | 19.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/08/2025                      Reimbursable Meal Total 3000

|                                      | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003074 Homestyle Chicken Nugget (GK) | 5 Each         | 1000      | 61                       | 0.54                   | 109                    | 0                | *N/A*            | 3.30      | 0.00       | 11          | 3.17     | 0.00      | 4.50      | *N/A*       | 7.3        | 29.00      | 0.33      | \$0.000 |
| 000392 SANDWICH, GRILLED CHEESE      | EACH           | 1000      | 179                      | 5.44                   | 346                    | *1               | *N/A*            | 10.61     | *0.00      | 27          | 12.00    | 1.33      | 9.33      | *N/A*       | 23.3       | 0.00       | 0.60      | \$0.000 |
| 002368 CHICKEN, SPICY NUGGETS 5 EACH | SERVING 5 EACH | 1000      | 59                       | 0.67                   | 157                    | 0                | *N/A*            | 3.00      | 0.00       | 9           | 3.67     | 1.00      | 4.33      | *N/A*       | 13.3       | 0.00       | 0.54      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO   | 10 BARRELS     | 3000      | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 002212 BEAN, VEGETARIAN BAKED LS     | 1/2 CUP        | 2000      | 73                       | 0.00                   | 93                     | *N/A*            | *N/A*            | 0.67      | 0.00       | 0           | 13.33    | 3.33      | 4.67      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003064 LETTUCE GREEN LEAF            | 1/2 cup        | 2000      | 2                        | 0.00                   | 4                      | 0                | *N/A*            | 0.02      | 0.00       | 0           | 0.46     | 0.21      | 0.22      | *N/A*       | 5.8        | 1.47       | 0.14      | \$0.000 |
| 002408 VEG, CARROTS RANCH            | BAG            | 1500      | 12                       | 0.00                   | 100                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.50     | 1.00      | 0.50      | *N/A*       | 10.0       | 2.40       | 0.18      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME       | BAG            | 1500      | 12                       | 0.00                   | 100                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 0.50      | *N/A*       | 10.0       | 2.40       | 0.18      | \$0.000 |
| 000097 FRUIT, RAISINS                | BOX            | 1500      | 64                       | 0.02                   | 6                      | 14               | *N/A*            | 0.05      | 0.00       | 0           | 17.05    | 0.97      | 0.71      | *N/A*       | 13.3       | 0.49       | 0.38      | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES      | SERVING        | 1500      | 46                       | 0.00                   | 1                      | 11               | *N/A*            | 0.00      | 0.00       | 0           | 12.50    | 1.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002669 FRUIT, APPLESAUCE USDA        | #8 SCOOP       | 750       | 14                       | 0.00                   | 1                      | 3                | *N/A*            | 0.00      | 0.00       | 0           | 3.96     | 0.28      | 0.00      | *N/A*       | 0.0        | 0.68       | 0.51      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 17                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.45     | 0.85      | 0.42      | *N/A*       | 14.8       | 20.75      | 0.04      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 22                       | 0.03                   | 0                      | 3                | *N/A*            | 0.08      | 0.00       | 0           | 5.77     | 0.66      | 0.28      | *N/A*       | 1.3        | 2.20       | 0.07      | \$0.000 |
| 000064 FRUIT, APPLE FRESH             | 1/2 APPLE    | 750       | 13                       | 0.00                   | 0                      | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.16     | 0.51      | 0.00      | *N/A*       | 2.6        | 1.14       | 0.05      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 500       | 22                       | 0.25                   | 27                     | 2                | *N/A*            | 0.42      | 0.00       | 2           | 2.67     | 0.00      | 1.67      | *N/A*       | 66.7       | 0.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 887                      | 8.97                   | 1445                   | *55              | *N/A*            | 30.76     | *0.00      | *54         | 123.80   | 13.21     | 35.41     | *0          | 378.7      | 64.36      | 3.66      | \$0.000 |
| % of Calories                         |              |           |                          | 9.10%                  |                        | *24.8%           | *N/A*            | 31.2%     | *0.0%      |             | 55.8%    |           | 16.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/09/2025

Reimbursable Meal Total 3000

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000385 TACO, CHICKEN SOFT (6.25" TORTILLA/2 EA) | SERVINGS     | 1000      | 76                       | 1.18                   | 112                    | *0               | *N/A*            | 2.58      | *0.00      | 18          | 5.50     | 0.71      | 7.45      | *N/A*       | 21.7       | 0.33       | 0.51      | \$0.000 |
| 003075 BURRITO BEAN AND CHEESE LOS CABOS        | 1 BURRITO    | 1000      | 107                      | 1.18                   | 158                    | 1                | 0                | 2.93      | 0.00       | 5           | 14.72    | 2.72      | 5.57      | *N/A*       | 57.0       | 0.55       | 1.28      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002730 QUESADILLA CHICKEN 10" WG    | EACH         | 1000      | 143                      | 3.47                   | 307                    | *0               | *N/A*            | 7.35      | 0.00       | 27          | 10.51    | 2.00      | 8.36      | *N/A*       | 12.0                   | 3.28       | 1.08      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA      | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED           | .5           | 2000      | 3                        | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 0.67     | 0.22      | 0.22      | *N/A*       | 4.4                    | 0.67       | 0.08      | \$0.000 |
| 001051 SALSA, COMMODITY             | #8 SCOOP     | 2000      | 24                       | 0.00                   | 83                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.72     | 2.36      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE            | .25 CUP      | 1500      | 30                       | 0.00                   | 140                    | *N/A*            | *N/A*            | 2.50      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD) | #8 SCOOP     | 1500      | 56                       | 0.00                   | 167                    | *0               | *N/A*            | 0.00      | *0.00      | 0           | 10.30    | 4.01      | 3.51      | *N/A*       | 17.7                   | 1.35       | 0.96      | \$0.000 |
| 003137 CUCUMBER RAW                 | 1/2C SERVING | 1500      | 4                        | 0.00                   | 0                      | 0                | 0                | 0.05      | 0.00       | 0           | 0.95     | 0.15      | 0.15      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR              | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN | #8 SCOOP     | 1500      | 35                       | 0.00                   | 38                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 8.86     | 1.27      | 0.00      | *N/A*       | 12.7                   | 27.26      | 0.23      | \$0.000 |
| 003138 PINEAPPLE RAW                | 1/2C SERVING | 1500      | 30                       | 0.00                   | 0                      | 6                | 0                | 0.00      | 0.00       | 0           | 4.84     | 0.69      | 0.23      | *N/A*       | 6.0                    | 2903.00    | 0.02      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0                  | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0                  | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0                   | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average              |              |           | 777                      | 10.34                  | 1377                   | *25              | *0               | 23.39     | *0.00      | 78          | 97.12    | 16.20     | 43.85     | *0          | 461.5                  | 2936.79    | 4.45      | \$0.000 |
| % of Calories                       |              |           |                          | 11.98 %                |                        | *12.9%           | *0%              | 27.1%     | *0.0%      |             | 50.0%    |           | 22.6%     |             |                        |            |           |         |
| Weekly Nutrient Guideline           |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |         |

Wednesday - 09/10/2025      Reimbursable Meal Total 3000



# Base Menu Spreadsheet

Yuba City USD

## Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002917 SPAGHETTI W/BEEF CRUMBLES      | 1 CUP           | 1000      | 110                      | 1.16                   | 308                    | *1               | *N/A*            | 2.89      | *0.00      | 13          | 15.93    | 1.89      | 6.15      | *N/A*       | 12.8                   | 3.57       | 0.96      | \$0.000 |
| 002497 SPAGHETTI W/ CHEESE SCRATCH CC | HEAPING # 6 SCP | 1000      | 78                       | 1.01                   | 310                    | *1               | *N/A*            | 1.80      | *0.00      | 5           | 10.70    | 1.36      | 5.40      | *N/A*       | 73.0                   | 3.39       | 0.48      | \$0.000 |
| 002906 SANDWICH CHICKEN PARMESAN      | SANDWICHE S     | 1000      | 155                      | 1.82                   | 318                    | *3               | *N/A*            | 6.34      | *0.00      | 15          | 16.32    | 1.27      | 8.76      | *N/A*       | 104.9                  | 0.10       | 0.73      | \$0.000 |
| 000433 VEG, MIXED FROZEN              | .5 CUP          | 3000      | 60                       | 0.00                   | 39                     | 3                | *N/A*            | 0.00      | 0.00       | 0           | 12.00    | 3.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002886 FRUIT SNACK BY THE FOOT        | EA              | 3000      | 80                       | 0.50                   | 50                     | 10               | *N/A*            | 1.00      | 0.00       | 0           | 17.00    | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP    | 2000      | 2                        | 0.00                   | 5                      | *N/A*            | *N/A*            | 0.02      | *0.00      | 0           | 0.43     | 0.26      | 0.23      | *N/A*       | 7.3                    | 3.29       | 0.21      | \$0.000 |
| 000941 NOODLE, CHOW MEIN              | SERVING         | 2000      | 70                       | 0.00                   | 23                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 13.71    | 1.34      | 2.68      | *N/A*       | 6.7                    | 0.00       | 0.90      | \$0.000 |
| 002197 VEG, KIDNEY BEANS              | 1/2 CUP#8 SCOOP | 2000      | 69                       | 0.00                   | 93                     | 1                | *N/A*            | 0.00      | 0.00       | 0           | 12.67    | 4.67      | 4.67      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROCC COL CHERRY TOM      | .5 CUP          | 2000      | 18                       | 0.00                   | 8                      | *N/A*            | *N/A*            | 0.34      | *N/A*      | 0           | 3.68     | 0.34      | 1.00      | *N/A*       | 10.0                   | 29.04      | 0.30      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA        | #8 SCOOP        | 1000      | 20                       | 0.00                   | 2                      | 4                | *N/A*            | 0.00      | 0.00       | 0           | 5.00     | 0.67      | 0.00      | *N/A*       | 2.7                    | 0.83       | 0.08      | \$0.000 |
| 001355 FRUIT, STRAWBERRY              | 1/2 cup         | 2000      | 15                       | 0.01                   | 0                      | 2                | *N/A*            | 0.14      | 0.00       | 0           | 3.69     | 0.96      | 0.32      | *N/A*       | 7.7                    | 28.22      | 0.20      | \$0.000 |
| 003164 BAR, MANGO (FRESH 4OZ PK)      | cup             | 2000      | 66                       | 0.10                   | 1                      | 15               | *N/A*            | 0.42      | 0.00       | 0           | 16.48    | 1.76      | 0.90      | *N/A*       | 12.1                   | 40.04      | 0.18      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET          | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ            | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3                    | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS     | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON          | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0                  | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON          | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0                  | 0.00       | 0.24      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average        |              |           | 903                      | 5.57                   | 1345                   | *58              | *N/A*            | 18.32     | *0.00      | *42         | 148.52   | 17.57     | 41.37     | *0          | 567.5      | 108.88     | 4.31      | \$0.000 |
| % of Calories                 |              |           |                          | 5.55%                  |                        | *25.7%           | *N/A*            | 18.3%     | *0.0%      |             | 65.8%    |           | 18.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/11/2025                      Reimbursable Meal Total 3000

|                                   | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000162 TURKEY, HOT DOG ON A BUN   | EACH            | 1000      | 93                       | 1.00                   | 243                    | 2                | *N/A*            | 4.50      | 0.00       | 18          | 10.67    | 1.00      | 4.33      | *N/A*       | 21.3       | 0.00       | 1.03      | \$0.000 |
| 002189 BREADSTICK, CHEESE 4 BITES | 4 EACH          | 1000      | 93                       | 1.33                   | 180                    | 0                | *N/A*            | 4.00      | 0.00       | 7           | 9.33     | 1.33      | 5.33      | *N/A*       | 80.0       | 0.00       | 0.48      | \$0.000 |
| 003152 1/4# Hot Dog on a bun      | 1 Hot Dog w/bun | 1000      | 212                      | 4.31                   | 546                    | *2               | *0               | 11.06     | 0.00       | 21          | 21.41    | 0.00      | 6.75      | *N/A*       | 69.1       | 0.00       | 6.92      | \$0.000 |
| 002378 CHILI, SAUCE HOT DOG       | #20 SCOOP 1.5OZ | 1000      | 25                       | 0.41                   | 91                     | *0               | *N/A*            | 1.35      | *0.20      | 5           | 1.90     | 0.36      | 1.66      | *N/A*       | 4.7        | 1.08       | 0.22      | \$0.000 |
| 002984 POTATO MCCAIN SPIRAL FRIES | 1/2 cup         | 3000      | 188                      | 1.25                   | 450                    | 0                | *N/A*            | 10.01     | 0.00       | 0           | 25.01    | 1.25      | 2.50      | *N/A*       | 12.5       | 0.00       | 0.50      | \$0.000 |
| 003064 LETTUCE GREEN LEAF         | 1/2 cup         | 2000      | 2                        | 0.00                   | 4                      | 0                | *N/A*            | 0.02      | 0.00       | 0           | 0.46     | 0.21      | 0.22      | *N/A*       | 5.8        | 1.47       | 0.14      | \$0.000 |
| 000042 VEG, PICKLES DILL          | 8 each          | 1500      | 2                        | 0.00                   | 195                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | *N/A*       | 0.50     | 0.00      | 0.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH          | 4 SLICES        | 1500      | 8                        | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 1.84     | 0.37      | 0.37      | *N/A*       | 3.7        | 5.75       | 0.13      | \$0.000 |
| 000450 VEG, CARROTS BABY          | BAG             | 1500      | 13                       | 0.00                   | 29                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 2.95     | 0.74      | 0.37      | *N/A*       | 11.1       | 3.10       | 0.33      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA    | #8 SCOOP        | 1500      | 30                       | 0.00                   | 2                      | 6                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 0.50      | 0.00      | *N/A*       | 3.0        | 1.90       | 0.00      | \$0.000 |
| 001360 FRUIT, MELON CHUNKS        | #8 SCOOP        | 1500      | 13                       | 0.01                   | 5                      | *1               | *N/A*            | 0.02      | *0.00      | 0           | 3.23     | 0.28      | 0.28      | *N/A*       | 2.8        | 8.37       | 0.09      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 839                      | 9.28                   | 1937                   | *29              | *0               | 35.33     | *0.20      | *60         | 105.22   | 6.11      | 31.08     | *0          | *544.3     | *22.07     | *10.12    | \$0.000 |
| % of Calories                         |              |           |                          | 9.95%                  |                        | *13.8%           | *0%              | 37.9%     | *0.2%      |             | 50.2%    |           | 14.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/12/2025

Reimbursable Meal Total 3000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002928 SANDWICH CHICKEN BBQ GRILLED | EA           | 1000      | 93                       | 0.00                   | 230                    | *1               | *N/A*            | 1.70      | *0.00      | 22          | 11.33    | 1.39      | 9.13      | *N/A*       | *16.0      | *0.40      | *0.43     | \$0.000 |
| 002763 SANDWICH, VEGGIE STACKER     | SANDWICH     | 1000      | 173                      | 5.33                   | 331                    | *1               | *N/A*            | 10.17     | *0.00      | 27          | 10.92    | 1.49      | 9.15      | *N/A*       | 18.4       | 1.23       | 0.39      | \$0.000 |
| 002401 CHICKEN, OVEN ROASTED        | SERVING      | 1000      | 33                       | 0.67                   | 67                     | 0                | *N/A*            | 2.20      | 0.00       | 12          | 0.00     | 0.00      | 3.10      | *N/A*       | 0.0        | 0.00       | 0.16      | \$0.000 |
| 000424 VEG, GREEN BEANS             | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE     | 1EA #8 SCOOP | 2000      | 2                        | 0.00                   | 5                      | *N/A*            | *N/A*            | 0.02      | *0.00      | 0           | 0.43     | 0.26      | 0.23      | *N/A*       | 7.3        | 3.29       | 0.21      | \$0.000 |
| 001800 VEG, CARROT & CELERY STICKS  | SERVING      | 2000      | 22                       | 0.00                   | 45                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 3.78     | 1.13      | 0.38      | *N/A*       | 11.3       | 2.27       | 0.14      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003165 BAR VEG, PEAS FROZEN SYSCO     | .5 CUP       | 2000      | 31                       | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00       | 0           | 5.28     | 1.76      | 2.20      | *N/A*       | 6.2                    | 0.00       | 0.44      | \$0.000 |
| 002009 VEG, BELL PEPPER STICKS        | CUP          | 2000      | 16                       | 0.00                   | 1                      | *N/A*            | *N/A*            | 0.11      | *N/A*      | 0           | 4.01     | 1.07      | 0.80      | *N/A*       | 0.0                    | 53.84      | 0.00      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 2000      | 40                       | 0.00                   | 3                      | 9                | *N/A*            | 0.00      | 0.00       | 0           | 9.33     | 0.67      | 0.00      | *N/A*       | 4.0                    | 2.53       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 1000      | 33                       | 0.00                   | 0                      | 6                | *N/A*            | 0.00      | 0.00       | 0           | 8.33     | 1.33      | 0.00      | *N/A*       | 6.7                    | 2.80       | 0.12      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 500       | 15                       | 0.02                   | 0                      | 2                | *N/A*            | 0.06      | 0.00       | 0           | 3.84     | 0.44      | 0.18      | *N/A*       | 0.8                    | 1.46       | 0.04      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 500       | 11                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 2.97     | 0.57      | 0.28      | *N/A*       | 9.9                    | 13.83      | 0.03      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3                    | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0                  | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0                  | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0                   | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 644                      | 6.99                   | 1011                   | *38              | *0               | 18.62     | *0.00      | *69         | 84.14    | 12.18     | 35.74     | *0          | *411.0                 | *82.05     | *2.23     | \$0.000 |
| % of Calories                         |              |           |                          | 9.77%                  |                        | *23.6%           | *0%              | 26.0%     | *0.0%      |             | 52.3%    |           | 22.2%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |         |

Monday - 09/15/2025                      Reimbursable Meal Total 3000

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001137 SANDWICH, HAM & CHEESE        | SERVING      | 1000      | 128                      | 3.41                   | 372                    | 1                | *N/A*            | 6.66      | 0.00       | 34          | 7.75     | 1.00      | 10.23     | *N/A*       | 12.0                   | 0.00       | *0.33     | \$0.000 |
| 002777 SANDWICH, PB & GRAPE WG 2.6OZ | EACH         | 250       | 25                       | 0.25                   | 23                     | 1                | *N/A*            | 1.42      | 0.00       | 0           | 2.67     | 0.33      | 0.67      | *N/A*       | 1.7                    | 0.00       | 0.12      | \$0.000 |
| 002778 SANDWICH, PB & STRAWWG 2.6OZ  | EACH         | 250       | 25                       | 0.29                   | 31                     | 1                | 1                | 1.33      | 0.00       | 0           | 2.67     | 0.33      | 0.75      | *N/A*       | 3.7                    | 0.00       | 0.08      | \$0.000 |
| 002277 SANDWICH, SB & GRAPE WG 2.8OZ | EACH         | 500       | 52                       | 0.33                   | 42                     | *N/A*            | *N/A*            | 2.83      | 0.00       | 0           | 5.50     | 0.83      | 1.67      | *N/A*       | 6.7                    | 0.00       | 0.45      | \$0.000 |
| 002791 CHEESE, MOZZARELLA STRING     | EACH         | 1000      | 27                       | 1.00                   | 67                     | 0                | *N/A*            | 2.00      | 0.00       | 7           | 0.33     | 0.00      | 2.00      | *N/A*       | 73.3                   | 0.00       | 0.00      | \$0.000 |
| 002313 CHICKEN, BONLES WINGS 5 EACH  | SERVING      | 1000      | 83                       | 0.67                   | 133                    | 0                | *N/A*            | 3.67      | 0.00       | 18          | 5.00     | 0.67      | 7.67      | *N/A*       | 6.7                    | 0.00       | 0.60      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO   | 10 BARRELS   | 3000      | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000598 POTATO, CHIP .5 OZ LAYS       | BAG          | 3000      | 75                       | 0.48                   | 75                     | 0                | *N/A*            | 4.82      | 0.01       | 0           | 7.63     | 0.44      | 0.91      | *N/A*       | 3.0                    | 3.06       | 0.18      | \$0.000 |
| 002212 BEAN, VEGETARIAN BAKED LS     | 1/2 CUP      | 2000      | 73                       | 0.00                   | 93                     | *N/A*            | *N/A*            | 0.67      | 0.00       | 0           | 13.33    | 3.33      | 4.67      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003064 LETTUCE GREEN LEAF            | 1/2 cup      | 2000      | 2                        | 0.00                   | 4                      | 0                | *N/A*            | 0.02      | 0.00       | 0           | 0.46     | 0.21      | 0.22      | *N/A*       | 5.8                    | 1.47       | 0.14      | \$0.000 |
| 002408 VEG, CARROTS RANCH            | BAG          | 1500      | 12                       | 0.00                   | 100                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.50     | 1.00      | 0.50      | *N/A*       | 10.0                   | 2.40       | 0.18      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME       | BAG          | 1500      | 12                       | 0.00                   | 100                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 0.50      | *N/A*       | 10.0                   | 2.40       | 0.18      | \$0.000 |
| 000097 FRUIT, RAISINS                | BOX          | 1500      | 64                       | 0.02                   | 6                      | 14               | *N/A*            | 0.05      | 0.00       | 0           | 17.05    | 0.97      | 0.71      | *N/A*       | 13.3                   | 0.49       | 0.38      | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES      | SERVING      | 1500      | 46                       | 0.00                   | 1                      | 11               | *N/A*            | 0.00      | 0.00       | 0           | 12.50    | 1.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002669 FRUIT, APPLESAUCE USDA        | #8 SCOOP     | 750       | 14                       | 0.00                   | 1                      | 3                | *N/A*            | 0.00      | 0.00       | 0           | 3.96     | 0.28      | 0.00      | *N/A*       | 0.0                    | 0.68       | 0.51      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH         | 750       | 17                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.45     | 0.85      | 0.42      | *N/A*       | 14.8                   | 20.75      | 0.04      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH         | 750       | 22                       | 0.03                   | 0                      | 3                | *N/A*            | 0.08      | 0.00       | 0           | 5.77     | 0.66      | 0.28      | *N/A*       | 1.3                    | 2.20       | 0.07      | \$0.000 |
| 000064 FRUIT, APPLE FRESH            | 1/2 APPLE    | 750       | 13                       | 0.00                   | 0                      | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.16     | 0.51      | 0.00      | *N/A*       | 2.6                    | 1.14       | 0.05      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 1020                     | 8.96                   | 1597                   | *60              | *1               | 36.91     | *0.01      | *67         | 138.65   | 14.48     | 42.46     | *0          | 495.0      | 38.58      | *3.95     | \$0.000 |
| % of Calories                         |              |           |                          | 7.91%                  |                        | *23.5%           | *0.4%            | 32.6%     | *0.0%      |             | 54.4%    |           | 16.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/16/2025

Reimbursable Meal Total 3000

|                                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS | 1 TAMALE     | 1000      | 114                      | 2.56                   | 213                    | 1                | 0                | 5.43      | 0.00       | 15          | 9.99     | 1.06      | 6.31      | *N/A*       | 70.1       | 0.45       | 0.76      | \$0.000 |
| 003055 TAMALE CHEESE WHOLE GRAIN                          | SERVINGS     | 1000      | 126                      | 2.66                   | 156                    | 0                | 0                | 8.98      | 0.00       | 12          | 9.65     | 0.00      | 3.99      | *N/A*       | 88.5       | 0.00       | 0.33      | \$0.000 |
| 000352 POCKET, TACO 4.5 OZ                                | POCKET       | 1000      | 87                       | 0.83                   | 130                    | 0                | *N/A*            | 2.67      | 0.00       | 12          | 10.33    | 1.33      | 5.67      | *N/A*       | 26.7       | 0.40       | 0.90      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA                            | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED                                 | .5           | 2000      | 3                        | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 0.67     | 0.22      | 0.22      | *N/A*       | 4.4        | 0.67       | 0.08      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001051 SALSA, COMMODITY             | #8 SCOOP     | 2000      | 24                       | 0.00                   | 83                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.72     | 2.36      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE            | .25 CUP      | 1500      | 30                       | 0.00                   | 140                    | *N/A*            | *N/A*            | 2.50      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD) | #8 SCOOP     | 1500      | 56                       | 0.00                   | 167                    | *0               | *N/A*            | 0.00      | *0.00      | 0           | 10.30    | 4.01      | 3.51      | *N/A*       | 17.7       | 1.35       | 0.96      | \$0.000 |
| 003137 CUCUMBER RAW                 | 1/2C SERVING | 1500      | 4                        | 0.00                   | 0                      | 0                | 0                | 0.05      | 0.00       | 0           | 0.95     | 0.15      | 0.15      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR              | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN | #8 SCOOP     | 1500      | 35                       | 0.00                   | 38                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 8.86     | 1.27      | 0.00      | *N/A*       | 12.7       | 27.26      | 0.23      | \$0.000 |
| 003138 PINEAPPLE RAW                | 1/2C SERVING | 1500      | 30                       | 0.00                   | 0                      | 6                | 0                | 0.00      | 0.00       | 0           | 4.84     | 0.69      | 0.23      | *N/A*       | 6.0        | 2903.00    | 0.02      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average              |              |           | 778                      | 10.57                  | 1300                   | *25              | *0               | 27.61     | *0.00      | 67          | 96.35    | 13.16     | 38.43     | *0          | 556.1      | 2933.48    | 3.56      | \$0.000 |
| % of Calories                       |              |           |                          | 12.23 %                |                        | *12.9%           | *0%              | 31.9%     | *0.0%      |             | 49.5%    |           | 19.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/17/2025      Reimbursable Meal Total 3000

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001488 CHICKEN, ORANGE MANDARIN nood | SERVING      | 1000      | 116                      | 0.28                   | 163                    | *N/A*            | *N/A*            | 2.62      | *0.00      | 13          | 17.93    | 1.14      | 5.97      | *N/A*       | 5.9        | 0.42       | 1.02      | \$0.000 |
| 002979 TOFU TERI WITH NOODLES        | HEAPING #16  | 1000      | 72                       | 0.14                   | 129                    | *1               | *N/A*            | 1.85      | *0.00      | 0           | 12.47    | 1.15      | 2.38      | *N/A*       | 6.2        | 0.03       | 0.80      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001930 SANDWICH, TURKEY & CHEESE      | EACH            | 1000      | 132                      | 3.00                   | 310                    | 1                | *N/A*            | 6.00      | 0.00       | 23          | 11.67    | 1.33      | 9.00      | *N/A*       | 26.0                   | 0.87       | 0.76      | \$0.000 |
| 000607 COOKIE, FORTUNE                | COOKIE          | 3000      | 30                       | 0.06                   | 7                      | *N/A*            | *N/A*            | 0.20      | *N/A*      | 1           | 6.67     | 0.18      | 0.42      | *N/A*       | 1.5                    | 0.12       | 0.18      | \$0.000 |
| 000433 VEG, MIXED FROZEN              | .5 CUP          | 3000      | 60                       | 0.00                   | 39                     | 3                | *N/A*            | 0.00      | 0.00       | 0           | 12.00    | 3.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP    | 2000      | 2                        | 0.00                   | 5                      | *N/A*            | *N/A*            | 0.02      | *0.00      | 0           | 0.43     | 0.26      | 0.23      | *N/A*       | 7.3                    | 3.29       | 0.21      | \$0.000 |
| 000941 NOODLE, CHOW MEIN              | SERVING         | 2000      | 70                       | 0.00                   | 23                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 13.71    | 1.34      | 2.68      | *N/A*       | 6.7                    | 0.00       | 0.90      | \$0.000 |
| 002197 VEG, KIDNEY BEANS              | 1/2 CUP#8 SCOOP | 2000      | 69                       | 0.00                   | 93                     | 1                | *N/A*            | 0.00      | 0.00       | 0           | 12.67    | 4.67      | 4.67      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROCC COL                 | .5 CUP          | 2000      | 18                       | 0.00                   | 8                      | *N/A*            | *N/A*            | 0.34      | *N/A*      | 0           | 3.68     | 0.34      | 1.00      | *N/A*       | 10.0                   | 29.04      | 0.30      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA        | #8 SCOOP        | 1500      | 30                       | 0.00                   | 2                      | 6                | *N/A*            | 0.00      | 0.00       | 0           | 7.50     | 1.00      | 0.00      | *N/A*       | 4.0                    | 1.25       | 0.12      | \$0.000 |
| 001355 FRUIT, STRAWBERRY              | 1/2 cup         | 1500      | 12                       | 0.01                   | 0                      | 2                | *N/A*            | 0.11      | 0.00       | 0           | 2.76     | 0.72      | 0.24      | *N/A*       | 5.8                    | 21.17      | 0.15      | \$0.000 |
| 003164 BAR, MANGO (FRESH 4OZ PK)      | cup             | 1500      | 50                       | 0.08                   | 1                      | 11               | *N/A*            | 0.31      | 0.00       | 0           | 12.36    | 1.32      | 0.68      | *N/A*       | 9.1                    | 30.03      | 0.13      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET          | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ            | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3                    | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS     | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON          | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0                  | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON          | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0                  | 0.00       | 0.24      | \$0.000 |



Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average        |              |           | 819                      | 4.53                   | 970                    | *43              | *N/A*            | 16.81     | *0.00      | *46         | 134.77   | 16.51     | 38.53     | *0          | 412.7      | 86.61      | 4.84      | \$0.000 |
| % of Calories                 |              |           |                          | 4.98%                  |                        | *21.0%           | *N/A*            | 18.5%     | *0.0%      |             | 65.8%    |           | 18.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/18/2025                      Reimbursable Meal Total 3000

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001583 CHICK ON BUN SPICY TYSON       | EACH         | 1000      | 77                       | 0.83                   | 114                    | 0                | *0               | 4.34      | 0.00       | 7           | 5.09     | 0.68      | 4.36      | *N/A*       | 10.2       | 0.00       | 0.67      | \$0.000 |
| 002071 WRAP, VEGETARIAN 2/2           | EACH         | 1000      | 204                      | 5.84                   | 388                    | *0               | *N/A*            | 11.86     | *0.00      | 27          | 14.19    | 2.25      | 9.57      | *N/A*       | 21.3       | 37.82      | 1.31      | \$0.000 |
| 002968 SANDWICH CHICKEN BUFFALO GRLD  | EA           | 1000      | 35                       | 0.00                   | 256                    | 0                | *N/A*            | 0.87      | 0.00       | 22          | 0.36     | 0.05      | 6.76      | *N/A*       | *0.6       | *0.00      | *0.01     | \$0.000 |
| 003009 POTATO FRY SIDEWINDER JR SMPLT | 1/2 CUP      | 3000      | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0        | 0.00       | 0.83      | \$0.000 |
| 003064 LETTUCE GREEN LEAF             | 1/2 cup      | 2000      | 2                        | 0.00                   | 4                      | 0                | *N/A*            | 0.02      | 0.00       | 0           | 0.46     | 0.21      | 0.22      | *N/A*       | 5.8        | 1.47       | 0.14      | \$0.000 |
| 000042 VEG, PICKLES DILL              | 8 each       | 1500      | 2                        | 0.00                   | 195                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | *N/A*       | 0.50     | 0.00      | 0.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH              | 4 SLICES     | 1500      | 8                        | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 1.84     | 0.37      | 0.37      | *N/A*       | 3.7        | 5.75       | 0.13      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 1500      | 13                       | 0.00                   | 29                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 2.95     | 0.74      | 0.37      | *N/A*       | 11.1       | 3.10       | 0.33      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 1500      | 30                       | 0.00                   | 2                      | 6                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 0.50      | 0.00      | *N/A*       | 3.0        | 1.90       | 0.00      | \$0.000 |
| 001360 FRUIT, MELON CHUNKS            | #8 SCOOP     | 1500      | 13                       | 0.01                   | 5                      | *1               | *N/A*            | 0.02      | *0.00      | 0           | 3.23     | 0.28      | 0.28      | *N/A*       | 2.8        | 8.37       | 0.09      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002265 DRESSING, ITALIAN LOW SODIUM | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND         | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average              |              |           | 709                      | 8.48                   | 1650                   | *26              | *0               | 28.11     | *0.00      | *64         | 83.08    | 6.81      | 32.85     | *0          | *388.7     | *58.80     | *3.79     | \$0.000 |
| % of Calories                       |              |           |                          | 10.76 %                |                        | *14.7%           | *0%              | 35.7%     | *0.0%      |             | 46.9%    |           | 18.5%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 09/19/2025

Reimbursable Meal Total 3000

|                                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000912 CORN DOG, CHICKEN WG 4 OZ                     | SERVING      | 1000      | 80                       | 0.83                   | 130                    | *N/A*            | *N/A*            | 2.67      | 0.00       | 13          | 10.00    | 1.67      | 3.00      | *N/A*       | 26.7       | 0.00       | 0.60      | \$0.000 |
| 003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS | SERVINGS     | 1000      | 108                      | 2.31                   | 135                    | 0                | 0                | 4.68      | 0.00       | 13          | 10.77    | 1.48      | 5.63      | *N/A*       | 8.4        | 0.67       | 3.35      | \$0.000 |
| 002949 HOT POCKET SANDWICH PEPPERONI                 | EACH         | 1000      | 97                       | 2.01                   | 191                    | 1                | *N/A*            | 4.01      | 0.00       | 8           | 12.04    | 0.33      | 3.01      | *N/A*       | 33.5       | 0.00       | 0.90      | \$0.000 |
| 000424 VEG, GREEN BEANS                              | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE                      | 1EA #8 SCOOP | 2000      | 2                        | 0.00                   | 5                      | *N/A*            | *N/A*            | 0.02      | *0.00      | 0           | 0.43     | 0.26      | 0.23      | *N/A*       | 7.3        | 3.29       | 0.21      | \$0.000 |
| 001800 VEG, CARROT & CELERY STICKS                   | SERVING      | 1500      | 16                       | 0.00                   | 34                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 2.83     | 0.85      | 0.28      | *N/A*       | 8.5        | 1.70       | 0.10      | \$0.000 |
| 003165 BAR VEG, PEAS FROZEN SYSCO                    | .5 CUP       | 1500      | 23                       | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00       | 0           | 3.96     | 1.32      | 1.65      | *N/A*       | 4.6        | 0.00       | 0.33      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002009 VEG, BELL PEPPER STICKS        | CUP          | 1500      | 12                       | 0.00                   | 1                      | *N/A*            | *N/A*            | 0.08      | *N/A*      | 0           | 3.00     | 0.80      | 0.60      | *N/A*       | 0.0        | 40.38      | 0.00      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 750       | 15                       | 0.00                   | 1                      | 3                | *N/A*            | 0.00      | 0.00       | 0           | 3.50     | 0.25      | 0.00      | *N/A*       | 1.5        | 0.95       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 750       | 25                       | 0.00                   | 0                      | 5                | *N/A*            | 0.00      | 0.00       | 0           | 6.25     | 1.00      | 0.00      | *N/A*       | 5.0        | 2.10       | 0.09      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 22                       | 0.03                   | 0                      | 3                | *N/A*            | 0.08      | 0.00       | 0           | 5.77     | 0.66      | 0.28      | *N/A*       | 1.3        | 2.20       | 0.07      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 17                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.45     | 0.85      | 0.42      | *N/A*       | 14.8       | 20.75      | 0.04      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 592                      | 6.15                   | 825                    | *31              | *0               | 15.91     | *0.00      | *44         | 86.93    | 11.55     | 25.38     | *0          | 441.8      | 72.42      | 5.96      | \$0.000 |
| % of Calories                         |              |           |                          | 9.35%                  |                        | *20.9%           | *0%              | 24.2%     | *0.0%      |             | 58.7%    |           | 17.1%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/22/2025                      Reimbursable Meal Total 3000

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002475 CHICKEN, POPCORN WG 10 EACH RC | SERVING (10) | 1500      | 90                       | 1.00                   | 210                    | 0                | *N/A*            | 4.50      | 0.00       | 10          | 6.00     | 1.50      | 6.00      | *N/A*       | 20.0       | 0.00       | 0.90      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002763 SANDWICH, VEGGIE STACKER          | SANDWICH     | 500       | 86                       | 2.67                   | 166                    | *0               | *N/A*            | 5.08      | *0.00      | 13          | 5.46     | 0.74      | 4.58      | *N/A*       | 9.2                    | 0.62       | 0.19      | \$0.000 |
| 003075 BURRITO BEAN AND CHEESE LOS CABOS | 1 BURRITO    | 1000      | 107                      | 1.18                   | 158                    | 1                | 0                | 2.93      | 0.00       | 5           | 14.72    | 2.72      | 5.57      | *N/A*       | 57.0                   | 0.55       | 1.28      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO       | 10 BARRELS   | 3000      | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000598 POTATO, CHIP .5 OZ LAYS           | BAG          | 3000      | 75                       | 0.48                   | 75                     | 0                | *N/A*            | 4.82      | 0.01       | 0           | 7.63     | 0.44      | 0.91      | *N/A*       | 3.0                    | 3.06       | 0.18      | \$0.000 |
| 002212 BEAN, VEGETARIAN BAKED LS         | 1/2 CUP      | 2000      | 73                       | 0.00                   | 93                     | *N/A*            | *N/A*            | 0.67      | 0.00       | 0           | 13.33    | 3.33      | 4.67      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 003064 LETTUCE GREEN LEAF                | 1/2 cup      | 2000      | 2                        | 0.00                   | 4                      | 0                | *N/A*            | 0.02      | 0.00       | 0           | 0.46     | 0.21      | 0.22      | *N/A*       | 5.8                    | 1.47       | 0.14      | \$0.000 |
| 002408 VEG, CARROTS RANCH                | BAG          | 1500      | 12                       | 0.00                   | 100                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.50     | 1.00      | 0.50      | *N/A*       | 10.0                   | 2.40       | 0.18      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME           | BAG          | 1500      | 12                       | 0.00                   | 100                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 0.50      | *N/A*       | 10.0                   | 2.40       | 0.18      | \$0.000 |
| 000097 FRUIT, RAISINS                    | BOX          | 1500      | 64                       | 0.02                   | 6                      | 14               | *N/A*            | 0.05      | 0.00       | 0           | 17.05    | 0.97      | 0.71      | *N/A*       | 13.3                   | 0.49       | 0.38      | \$0.000 |
| 002587 FRUIT, DRIED CRANBERRIES          | SERVING      | 1500      | 46                       | 0.00                   | 1                      | 11               | *N/A*            | 0.00      | 0.00       | 0           | 12.50    | 1.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002669 FRUIT, APPLESAUCE USDA            | #8 SCOOP     | 750       | 14                       | 0.00                   | 1                      | 3                | *N/A*            | 0.00      | 0.00       | 0           | 3.96     | 0.28      | 0.00      | *N/A*       | 0.0                    | 0.68       | 0.51      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH              | EACH         | 750       | 17                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.45     | 0.85      | 0.42      | *N/A*       | 14.8                   | 20.75      | 0.04      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH              | EACH         | 750       | 22                       | 0.03                   | 0                      | 3                | *N/A*            | 0.08      | 0.00       | 0           | 5.77     | 0.66      | 0.28      | *N/A*       | 1.3                    | 2.20       | 0.07      | \$0.000 |
| 000064 FRUIT, APPLE FRESH                | 1/2 APPLE    | 750       | 13                       | 0.00                   | 0                      | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.16     | 0.51      | 0.00      | *N/A*       | 2.6                    | 1.14       | 0.05      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS    | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM      | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3                    | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND              | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0                  | 0.36       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average        |              |           | 964                      | 7.85                   | 1463                   | *57              | *0               | 31.52     | *0.01      | *37         | 140.91   | 16.28     | 35.62     | *0          | 477.3      | 39.74      | 4.74      | \$0.000 |
| % of Calories                 |              |           |                          | 7.33%                  |                        | *23.7%           | *0%              | 29.4%     | *0.0%      |             | 58.5%    |           | 14.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/23/2025

Reimbursable Meal Total 3000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002706 NACHOS, BEEF&CHEESE (K-8)    | SERVING      | 1000      | 151                      | 3.25                   | 245                    | *1               | *N/A*            | 7.73      | *0.00      | 23          | 12.59    | 1.87      | 7.26      | *N/A*       | 83.5       | 1.36       | 0.43      | \$0.000 |
| 002304 NACHOS, BEAN & CHEESE (K-8)  | SERVING      | 1000      | 125                      | 2.04                   | 203                    | *0               | *N/A*            | 5.21      | *0.00      | 9           | 14.07    | 2.03      | 4.55      | *N/A*       | 78.7       | 0.83       | 0.29      | \$0.000 |
| 002943 CHICKEN TAQUITO              | SERVINGS     | 1000      | 71                       | 0.34                   | 54                     | 0                | *N/A*            | 1.69      | 0.00       | 7           | 11.14    | 1.69      | 2.70      | *N/A*       | 20.3       | 0.00       | 2.43      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA      | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED           | .5           | 2000      | 3                        | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 0.67     | 0.22      | 0.22      | *N/A*       | 4.4        | 0.67       | 0.08      | \$0.000 |
| 001051 SALSA, COMMODITY             | #8 SCOOP     | 2000      | 24                       | 0.00                   | 83                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.72     | 2.36      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE            | .25 CUP      | 1500      | 30                       | 0.00                   | 140                    | *N/A*            | *N/A*            | 2.50      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD) | #8 SCOOP     | 1500      | 56                       | 0.00                   | 167                    | *0               | *N/A*            | 0.00      | *0.00      | 0           | 10.30    | 4.01      | 3.51      | *N/A*       | 17.7       | 1.35       | 0.96      | \$0.000 |
| 003137 CUCUMBER RAW                 | 1/2C SERVING | 1500      | 4                        | 0.00                   | 0                      | 0                | 0                | 0.05      | 0.00       | 0           | 0.95     | 0.15      | 0.15      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR              | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002639 FRUIT, FRESH PINEAPPLE TAJIN | #8 SCOOP     | 1500      | 35                       | 0.00                   | 38                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 8.86     | 1.27      | 0.00      | *N/A*       | 12.7       | 27.26      | 0.23      | \$0.000 |
| 003138 PINEAPPLE RAW                | 1/2C SERVING | 1500      | 30                       | 0.00                   | 0                      | 6                | 0                | 0.00      | 0.00       | 0           | 4.84     | 0.69      | 0.23      | *N/A*       | 6.0        | 2903.00    | 0.02      | \$0.000 |
| 000230 MILK,1% WHITE                | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE       | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN       | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average              |              |           | 797                      | 10.15                  | 1302                   | *25              | *0               | 25.16     | *0.00      | 67          | 104.18   | 16.36     | 36.97     | *0          | 553.3      | 2934.82    | 4.71      | \$0.000 |
| % of Calories                       |              |           |                          | 11.46 %                |                        | *12.5%           | *0%              | 28.4%     | *0.0%      |             | 52.3%    |           | 18.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline           |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 09/24/2025

Reimbursable Meal Total 3000

|                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001862 PIZZA, WG PEP 5"             | EACH         | 1000      | 120                      | 2.33                   | 190                    | 1                | *N/A*            | 5.33      | 0.00       | 12          | 11.33    | 1.00      | 6.67      | *N/A*       | 133.3      | 3.00       | 0.60      | \$0.000 |
| 001861 PIZZA, WG CHEESE 5"          | EACH         | 1000      | 120                      | 2.67                   | 170                    | 1                | *N/A*            | 5.67      | 0.00       | 12          | 11.33    | 1.00      | 6.67      | *N/A*       | 150.0      | 2.00       | 0.90      | \$0.000 |
| 003102 PIZZA VEGGIE COMBONATION     | SERVINGS     | 1000      | 121                      | 2.69                   | 177                    | *1               | *N/A*            | 5.77      | *0.00      | 12          | 11.47    | 1.04      | 6.70      | *N/A*       | 150.8      | 2.90       | 0.96      | \$0.000 |
| 000433 VEG, MIXED FROZEN            | .5 CUP       | 3000      | 60                       | 0.00                   | 39                     | 3                | *N/A*            | 0.00      | 0.00       | 0           | 12.00    | 3.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000943 ICE CREAM, RASPBERRY SHERBET | SERVING      | 3000      | 80                       | 0.50                   | 12                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 18.00    | 0.00      | 0.00      | *N/A*       | 20.0       | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE     | 1EA #8 SCOOP | 2000      | 2                        | 0.00                   | 5                      | *N/A*            | *N/A*            | 0.02      | *0.00      | 0           | 0.43     | 0.26      | 0.23      | *N/A*       | 7.3        | 3.29       | 0.21      | \$0.000 |
| 000941 NOODLE, CHOW MEIN            | SERVING      | 2000      | 70                       | 0.00                   | 23                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 13.71    | 1.34      | 2.68      | *N/A*       | 6.7        | 0.00       | 0.90      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002197 VEG, KIDNEY BEANS              | 1/2 CUP#8 SCOOP | 2000      | 69                       | 0.00                   | 93                     | 1                | *N/A*            | 0.00      | 0.00       | 0           | 12.67    | 4.67      | 4.67      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001358 VEG, BROC CHERRY TOM           | .5 CUP          | 2000      | 18                       | 0.00                   | 8                      | *N/A*            | *N/A*            | 0.34      | *N/A*      | 0           | 3.68     | 0.34      | 1.00      | *N/A*       | 10.0       | 29.04      | 0.30      | \$0.000 |
| 000438 FRUIT, PEAR CANNED USDA        | #8 SCOOP        | 1000      | 20                       | 0.00                   | 2                      | 4                | *N/A*            | 0.00      | 0.00       | 0           | 5.00     | 0.67      | 0.00      | *N/A*       | 2.7        | 0.83       | 0.08      | \$0.000 |
| 001355 FRUIT, STRAWBERRY              | 1/2 cup         | 1000      | 8                        | 0.00                   | 0                      | 1                | *N/A*            | 0.07      | 0.00       | 0           | 1.84     | 0.48      | 0.16      | *N/A*       | 3.8        | 14.11      | 0.10      | \$0.000 |
| 003164 BAR, MANGO (FRESH 4OZ PK)      | cup             | 1000      | 33                       | 0.05                   | 1                      | 8                | *N/A*            | 0.21      | 0.00       | 0           | 8.24     | 0.88      | 0.45      | *N/A*       | 6.0        | 20.02      | 0.09      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET          | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ            | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS     | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON          | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON          | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING         | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |                 |           | 880                      | 9.21                   | 908                    | *39              | *N/A*            | 23.77     | *0.00      | *44         | 130.63   | 14.74     | 40.50     | *0          | 821.0      | 75.58      | 4.42      | \$0.000 |
| % of Calories                         |                 |           |                          | 9.42%                  |                        | *17.7%           | *N/A*            | 24.3%     | *0.0%      |             | 59.4%    |           | 18.4%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |                 |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 09/25/2025

Reimbursable Meal Total 3000

|                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-----------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002678 BURGER, CHEESE | EACH         | 1000      | 113                      | 2.17                   | 186                    | 1                | *N/A*            | 5.17      | 0.00       | 16          | 9.67     | 1.67      | 7.33      | *N/A*       | 21.0       | 0.00       | 0.67      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001036 BURGER, VEGGIE CHEESE          | EACH         | 1000      | 140                      | 1.67                   | 280                    | 2                | *0               | 5.50      | 0.00       | 7           | 14.00    | 3.33      | 8.67      | *N/A*       | 17.3       | 0.00       | 3.00      | \$0.000 |
| 003084 BREAKFAST BURGER               | SANWICHES    | 1000      | 131                      | 3.50                   | 262                    | *1               | *0               | 8.90      | *0.00      | 65          | 5.59     | 0.33      | 8.43      | *N/A*       | 59.9       | 0.00       | 0.93      | \$0.000 |
| 002987 POTATO MCCAIN REG CRINKLE FRY  | SERVINGS     | 3000      | 120                      | 0.50                   | 35                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*       | 10.0       | 0.00       | 0.30      | \$0.000 |
| 003064 LETTUCE GREEN LEAF             | 1/2 cup      | 2000      | 2                        | 0.00                   | 4                      | 0                | *N/A*            | 0.02      | 0.00       | 0           | 0.46     | 0.21      | 0.22      | *N/A*       | 5.8        | 1.47       | 0.14      | \$0.000 |
| 000042 VEG, PICKLES DILL              | 8 each       | 2000      | 3                        | 0.00                   | 260                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | *N/A*       | 0.67     | 0.00      | 0.00      | *N/A*       | *N/A*      | *N/A*      | *N/A*     | \$0.000 |
| 000776 VEG, TOMATO FRESH              | 4 SLICES     | 2000      | 11                       | 0.00                   | 3                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 2.46     | 0.49      | 0.49      | *N/A*       | 4.9        | 7.67       | 0.18      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 2000      | 17                       | 0.00                   | 38                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.93     | 0.98      | 0.49      | *N/A*       | 14.7       | 4.13       | 0.44      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 1500      | 30                       | 0.00                   | 2                      | 6                | *N/A*            | 0.00      | 0.00       | 0           | 7.00     | 0.50      | 0.00      | *N/A*       | 3.0        | 1.90       | 0.00      | \$0.000 |
| 001360 FRUIT, MELON CHUNKS            | #8 SCOOP     | 1500      | 13                       | 0.01                   | 5                      | *1               | *N/A*            | 0.02      | *0.00      | 0           | 3.23     | 0.28      | 0.28      | *N/A*       | 2.8        | 8.37       | 0.09      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 739                      | 8.81                   | 1265                   | *29              | *0               | 28.98     | *0.00      | *96         | 87.92    | 8.88      | 36.18     | *0          | *469.7     | *23.93     | *6.03     | \$0.000 |
| % of Calories                         |              |           |                          | 10.73 %                |                        | *15.7%           | *0%              | 35.3%     | *0.0%      |             | 47.6%    |           | 19.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |



# Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

Friday - 09/26/2025

Reimbursable Meal Total 3000

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcmm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|-------------|------------|-----------|---------|
| 002856 CORN DOG, MINI CHICK TYSON     | SERVING (6)  | 1000      | 105                      | 1.21                   | 190                    | 2                | *N/A*            | 5.66      | *N/A*      | 16          | 9.30     | 0.81      | 4.85      | *N/A*       | 8.1         | 0.00       | 0.58      | \$0.000 |
| 002993 MAC & CHEESE PREMIUM JTM       | 6oz          | 1000      | 106                      | 2.97                   | 260                    | 1                | *N/A*            | 5.33      | 0.00       | 15          | 9.33     | 0.67      | 5.00      | *N/A*       | 122.7       | 0.00       | 0.33      | \$0.000 |
| 000597 BREAD, ROLL DINNER 1 OZ        | EACH         | 1000      | 28                       | 0.00                   | 8                      | *N/A*            | *N/A*            | 0.50      | *N/A*      | 3           | 5.00     | 0.20      | 1.03      | *N/A*       | 6.3         | 0.00       | 0.27      | \$0.000 |
| 000613 SANDWICH, RIB A QUE            | EACH         | 1000      | 110                      | 1.33                   | 210                    | 3                | *N/A*            | 3.83      | 0.00       | 13          | 11.67    | 1.33      | 7.00      | *N/A*       | 32.7        | 0.00       | 1.33      | \$0.000 |
| 000424 VEG, GREEN BEANS               | #8 SCOOP     | 3000      | 16                       | 0.00                   | 140                    | 1                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 2.00      | 1.00      | *N/A*       | 0.0         | 0.00       | 0.00      | \$0.000 |
| 002481 SALAD, SPINACH & ROMAINE       | 1EA #8 SCOOP | 2000      | 2                        | 0.00                   | 5                      | *N/A*            | *N/A*            | 0.02      | *0.00      | 0           | 0.43     | 0.26      | 0.23      | *N/A*       | 7.3         | 3.29       | 0.21      | \$0.000 |
| 001800 VEG, CARROT & CELERY STICKS    | SERVING      | 2000      | 22                       | 0.00                   | 45                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 3.78     | 1.13      | 0.38      | *N/A*       | 11.3        | 2.27       | 0.14      | \$0.000 |
| 003165 BAR VEG, PEAS FROZEN SYSCO     | .5 CUP       | 2000      | 31                       | 0.00                   | 0                      | 0                | 0                | 0.00      | 0.00       | 0           | 5.28     | 1.76      | 2.20      | *N/A*       | 6.2         | 0.00       | 0.44      | \$0.000 |
| 002009 VEG, BELL PEPPER STICKS        | CUP          | 2000      | 16                       | 0.00                   | 1                      | *N/A*            | *N/A*            | 0.11      | *N/A*      | 0           | 4.01     | 1.07      | 0.80      | *N/A*       | 0.0         | 53.84      | 0.00      | \$0.000 |
| 000415 FRUIT, PEACHES CAN USDA        | #8 SCOOP     | 750       | 15                       | 0.00                   | 1                      | 3                | *N/A*            | 0.00      | 0.00       | 0           | 3.50     | 0.25      | 0.00      | *N/A*       | 1.5         | 0.95       | 0.00      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 750       | 25                       | 0.00                   | 0                      | 5                | *N/A*            | 0.00      | 0.00       | 0           | 6.25     | 1.00      | 0.00      | *N/A*       | 5.0         | 2.10       | 0.09      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 22                       | 0.03                   | 0                      | 3                | *N/A*            | 0.08      | 0.00       | 0           | 5.77     | 0.66      | 0.28      | *N/A*       | 1.3         | 2.20       | 0.07      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 17                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.45     | 0.85      | 0.42      | *N/A*       | 14.8        | 20.75      | 0.04      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0         | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3         | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0         | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE          | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average        |              |           | 674                      | 6.51                   | 1049                   | *36              | *0               | 19.90     | *0.00      | *57         | 92.68    | 12.06     | 32.47     | *0          | 547.5      | 85.78      | 3.77      | \$0.000 |
| % of Calories                 |              |           |                          | 8.69%                  |                        | *21.4%           | *0%              | 26.6%     | *0.0%      |             | 55.0%    |           | 19.3%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 09/29/2025

Reimbursable Meal Total 3000

|                                      | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003074 Homestyle Chicken Nugget (GK) | 5 Each         | 1000      | 61                       | 0.54                   | 109                    | 0                | *N/A*            | 3.30      | 0.00       | 11          | 3.17     | 0.00      | 4.50      | *N/A*       | 7.3        | 29.00      | 0.33      | \$0.000 |
| 000392 SANDWICH, GRILLED CHEESE      | EACH           | 1000      | 179                      | 5.44                   | 346                    | *1               | *N/A*            | 10.61     | *0.00      | 27          | 12.00    | 1.33      | 9.33      | *N/A*       | 23.3       | 0.00       | 0.60      | \$0.000 |
| 002368 CHICKEN, SPICY NUGGETS 5 EACH | SERVING 5 EACH | 1000      | 59                       | 0.67                   | 157                    | 0                | *N/A*            | 3.00      | 0.00       | 9           | 3.67     | 1.00      | 4.33      | *N/A*       | 13.3       | 0.00       | 0.54      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO   | 10 BARRELS     | 3000      | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 002212 BEAN, VEGETARIAN BAKED LS     | 1/2 CUP        | 2000      | 73                       | 0.00                   | 93                     | *N/A*            | *N/A*            | 0.67      | 0.00       | 0           | 13.33    | 3.33      | 4.67      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003064 LETTUCE GREEN LEAF            | 1/2 cup        | 2000      | 2                        | 0.00                   | 4                      | 0                | *N/A*            | 0.02      | 0.00       | 0           | 0.46     | 0.21      | 0.22      | *N/A*       | 5.8        | 1.47       | 0.14      | \$0.000 |
| 002408 VEG, CARROTS RANCH            | BAG            | 1500      | 12                       | 0.00                   | 100                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.50     | 1.00      | 0.50      | *N/A*       | 10.0       | 2.40       | 0.18      | \$0.000 |
| 002407 VEG, CARROTS CHILI LIME       | BAG            | 1500      | 12                       | 0.00                   | 100                    | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 0.50      | *N/A*       | 10.0       | 2.40       | 0.18      | \$0.000 |
| 000097 FRUIT, RAISINS                | BOX            | 1500      | 64                       | 0.02                   | 6                      | 14               | *N/A*            | 0.05      | 0.00       | 0           | 17.05    | 0.97      | 0.71      | *N/A*       | 13.3       | 0.49       | 0.38      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002587 FRUIT, DRIED CRANBERRIES       | SERVING      | 1500      | 46                       | 0.00                   | 1                      | 11               | *N/A*            | 0.00      | 0.00       | 0           | 12.50    | 1.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002669 FRUIT, APPLESAUCE USDA         | #8 SCOOP     | 750       | 14                       | 0.00                   | 1                      | 3                | *N/A*            | 0.00      | 0.00       | 0           | 3.96     | 0.28      | 0.00      | *N/A*       | 0.0        | 0.68       | 0.51      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 750       | 17                       | 0.00                   | 0                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.45     | 0.85      | 0.42      | *N/A*       | 14.8       | 20.75      | 0.04      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 750       | 22                       | 0.03                   | 0                      | 3                | *N/A*            | 0.08      | 0.00       | 0           | 5.77     | 0.66      | 0.28      | *N/A*       | 1.3        | 2.20       | 0.07      | \$0.000 |
| 000064 FRUIT, APPLE FRESH             | 1/2 APPLE    | 750       | 13                       | 0.00                   | 0                      | 2                | *N/A*            | 0.00      | 0.00       | 0           | 3.16     | 0.51      | 0.00      | *N/A*       | 2.6        | 1.14       | 0.05      | \$0.000 |
| 001975 DRESSING, RANCH PACKET 12GRAMS | PACKET       | 500       | 8                        | 0.08                   | 20                     | *N/A*            | *N/A*            | 0.75      | 0.00       | *N/A*       | 0.17     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002265 DRESSING, ITALIAN LOW SODIUM   | 1 OZ         | 500       | 18                       | 0.29                   | 0                      | *0               | *N/A*            | 2.04      | *0.00      | 0           | 0.05     | 0.01      | 0.01      | *N/A*       | 0.3        | 0.03       | 0.01      | \$0.000 |
| 002952 DRESSING 1000 ISLAND           | TABLESPOONS  | 500       | 8                        | 0.12                   | 17                     | 0                | *N/A*            | 0.67      | 0.00       | 1           | 0.67     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 500       | 22                       | 0.25                   | 27                     | 2                | *N/A*            | 0.42      | 0.00       | 2           | 2.67     | 0.00      | 1.67      | *N/A*       | 66.7       | 0.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN         | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                |              |           | 887                      | 8.97                   | 1445                   | *55              | *N/A*            | 30.76     | *0.00      | *54         | 123.80   | 13.21     | 35.41     | *0          | 378.7      | 64.36      | 3.66      | \$0.000 |
| % of Calories                         |              |           |                          | 9.10%                  |                        | *24.8%           | *N/A*            | 31.2%     | *0.0%      |             | 55.8%    |           | 16.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 09/30/2025

Reimbursable Meal Total 3000

|                                                 | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000385 TACO, CHICKEN SOFT (6.25" TORTILLA/2 EA) | SERVINGS     | 1000      | 76                       | 1.18                   | 112                    | *0               | *N/A*            | 2.58      | *0.00      | 18          | 5.50     | 0.71      | 7.45      | *N/A*       | 21.7       | 0.33       | 0.51      | \$0.000 |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                                          | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003075 BURRITO BEAN AND CHEESE LOS CABOS | 1 BURRITO    | 1000      | 107                      | 1.18                   | 158                    | 1                | 0                | 2.93      | 0.00       | 5           | 14.72    | 2.72      | 5.57      | *N/A*       | 57.0       | 0.55       | 1.28      | \$0.000 |
| 002730 QUESADILLA CHICKEN 10" WG         | EACH         | 1000      | 143                      | 3.47                   | 307                    | *0               | *N/A*            | 7.35      | 0.00       | 27          | 10.51    | 2.00      | 8.36      | *N/A*       | 12.0       | 3.28       | 1.08      | \$0.000 |
| 000270 VEG, CORN CANNED - USDA           | #8 SCOOP     | 3000      | 65                       | 0.00                   | 15                     | *N/A*            | *N/A*            | 1.00      | 0.00       | 0           | 15.00    | 2.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002462 VEG, LETT SHREDDED                | .5           | 2000      | 3                        | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 0.67     | 0.22      | 0.22      | *N/A*       | 4.4        | 0.67       | 0.08      | \$0.000 |
| 001051 SALSA, COMMODITY                  | #8 SCOOP     | 2000      | 24                       | 0.00                   | 83                     | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 4.72     | 2.36      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000777 VEG, OLIVES SLICE                 | .25 CUP      | 1500      | 30                       | 0.00                   | 140                    | *N/A*            | *N/A*            | 2.50      | 0.00       | 0           | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 003159 BAR, BLACK BEAN SPICY (COLD)      | #8 SCOOP     | 1500      | 56                       | 0.00                   | 167                    | *0               | *N/A*            | 0.00      | *0.00      | 0           | 10.30    | 4.01      | 3.51      | *N/A*       | 17.7       | 1.35       | 0.96      | \$0.000 |
| 003137 CUCUMBER RAW                      | 1/2C SERVING | 1500      | 4                        | 0.00                   | 0                      | 0                | 0                | 0.05      | 0.00       | 0           | 0.95     | 0.15      | 0.15      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000986 CHEESE, CHEDDAR                   | OZ           | 3000      | 81                       | 4.05                   | 202                    | *N/A*            | *N/A*            | 6.07      | 0.00       | 20          | 0.00     | 0.00      | 7.09      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 002639 FRUIT, FRESH PINEAPPLE TAJIN      | #8 SCOOP     | 1500      | 35                       | 0.00                   | 38                     | *0               | *N/A*            | 0.00      | *0.00      | 0           | 8.86     | 1.27      | 0.00      | *N/A*       | 12.7       | 27.26      | 0.23      | \$0.000 |
| 003138 PINEAPPLE RAW                     | 1/2C SERVING | 1500      | 30                       | 0.00                   | 0                      | 6                | 0                | 0.00      | 0.00       | 0           | 4.84     | 0.69      | 0.23      | *N/A*       | 6.0        | 2903.00    | 0.02      | \$0.000 |
| 000230 MILK,1% WHITE                     | CARTON       | 900       | 39                       | 0.45                   | 48                     | 4                | *N/A*            | 0.75      | 0.00       | 4           | 4.80     | 0.00      | 3.00      | *N/A*       | 120.0      | 0.36       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE            | CARTON       | 2000      | 80                       | 0.00                   | 100                    | 13               | *N/A*            | 0.00      | 0.00       | 3           | 14.67    | 0.00      | 6.00      | *N/A*       | 200.0      | 0.00       | 0.24      | \$0.000 |
| 000129 MILK, SOYMILK KIKKOMAN            | SERVING      | 100       | 5                        | 0.02                   | 4                      | 0                | *N/A*            | 0.15      | 0.00       | 0           | 0.57     | 0.07      | 0.27      | *N/A*       | 10.0       | 0.00       | 0.04      | \$0.000 |
| Weighted Daily Average                   |              |           | 777                      | 10.34                  | 1377                   | *25              | *0               | 23.39     | *0.00      | 78          | 97.12    | 16.20     | 43.85     | *0          | 461.5      | 2936.79    | 4.45      | \$0.000 |
| % of Calories                            |              |           |                          | 11.98 %                |                        | *12.9%           | *0%              | 27.1%     | *0.0%      |             | 50.0%    |           | 22.6%     |             |            |            |           |         |
| Weekly Nutrient Guideline                |              |           | 600 - 700                | <10                    | 1225                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Base Menu Spreadsheet

Weighted Values

Sep 1, 2025 thru Sep 30, 2025

|                   |  | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|-------------------|--|-----------------------------|---------------------------|---------------------------|------------------------|------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| Weighted Averages |  | 799                         | 8                         | 1276                      | *37                    | *0                     | 25.38        | *0.01         | *61            | 109.11      | 13.22        | 36.77        | *0             | *512.3        | *746.91       | *4.65        | \$0.000 |
| % of Calories     |  |                             | 9.46%                     |                           | *18.5%                 | *0%                    | 28.6%        | *0.0%         |                | 54.6%       |              | 18.4%        |                |               |               |              |         |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.