



Shasta High School
Daily Bulletin
Regular Day Schedule
Tuesday, Oct 20, 2026



General Information

- **RIVERBOWL Spirit Week: The Battle for the Riverbowl begins!**
 - **Tuesday, 10/20: Dynamic Duos/Twin Day**
 - Match with a friend or group
 - **Wednesday, 10/21: Gotham's Heroes**
 - Dress as your favorite superhero (capes, masks, logos)
 - **Thursday, 10/22: Wayne Enterprises**
 - "CEO" looks (suits, formal, ties, blazers)
 - **Friday, 10/23: Purple Knight**
 - Dress in EXTREME Purple!
- **Senior Quotes!** Deadline is 10/30
- **AP Testing-** MUST be registered on [Collegeboard.com](https://collegeboard.com) and have filled out the intent to Purchase Google Form (email abaxter@suhsd.net with questions). Deadline to purchase is November 6th by 4pm.
- **PSAT --> Tuesday, October 27th** @ 8:30am in the Small Gym. Sign up in the Counseling Office.
- **SAT (for Seniors) @ Shasta HS: Thursday, October 29th**, in Rm 307 from 8:30am-12:30pm. See [Advisory slides](#) for more details.

Food Menus	Students May Get Two Free Meals Per Day
BREAKFAST 8:00 AM	Bagel Sandwich & Hashbrowns, Bagel & Cream Cheese, Yogurt Parfait & Granola, Acai Graham & Granola.
LUNCH	Schoolhouse Pizza, Cheese Quesadilla, Taco Salad, Chicken Strips & Fries, Walking Taco.
After School Meals 3:30-3:50	Deli Sub & Chips, Lunchable Pizza, Fresh Fruit Offered Daily, ½ cup of Watermelon, Side Salads, ½ cup of Broccoli, ½ cup of Carrots.

*Items on Food Truck

Clubs/ FLEX

- **Drama Club Presents: The Haunted Mystery Challenge**
 - **Friday, 10/30 from 6pm-9pm in Rm. 114.** Compete in Halloween themed challenges for prizes! Tickets are \$5.
- **Redding FFA Presents: Trunk or Treat Event! Friday, 10/30, at the SUHSD Farm** decorating begins at **4:00pm** & trick or treating starts at 5:00pm. There is a \$20 entry fee if you are going to have a car. Email Ms. Gilbert to sign up @ agilbert@suhsd.net.
- **Join Upward Bound:** Not only do we provide help with academics & graduation, but we take you on trips to see college campuses in person, for FREE! For more info and to see if you're eligible see Ms. Lily Thompson in Rm 812 between 11:25am-4:00pm.
- **Philosophy Club:** Join us during FLEX this **Thursday, Oct 22nd** in Rm. 920.
- **Outdoors Club:** Next meeting **Wednesday, Oct 21st** during FLEX in Rm 213.

Athletics

- **The Riverbowl is this Friday, 10/23 @ Shasta High, 5pm/7pm!** Come cheer on your Shasta Wolves as we battle for the title of Riverbowl Champs against Enterprise High! Purchase your tickets at gofan.co
- **GIRL SOCCER MEETING: Thursday, 10/22 during Lunch in Rm 405** - Returning JV and Varsity players plus any girls interested in playing soccer please attend a short information meeting in room 405 Thursday, October 22nd during Lunch. See you there! Coach Alex.
- **BASEBALL MEETING: Thursday, 10/22 during FLEX in Rm. 924** For all interested students!
- **SOFTBALL INTEREST MEETING: Tuesday, 10/27 during lunch in Rm 110 (ASB Room)**
- **Tuesday, 10/20:**
 - Girls Tennis NSCIF Team Champ (Semi), 2pm, Location TBD
 - Volleyball vs. Chico, 5pm/6pm/7pm | Pit Theme: **NEON**
 - Swim EAL Championships @ Foothill, 11am
- **Off-season Boy's Basketball Open Gym on Tuesdays from 6-7:30 AND Thursdays from 3:45-5:45 (time subject to change).** If you are planning on trying out for basketball and are NOT CURRENTLY PARTICIPATING IN ANOTHER SCHOOL SPORT, we strongly encourage you to take advantage of these opportunities.

Career Center

- **College / Guest Speakers - Juniors and Seniors** - Don't miss your chance to hear directly from these college and guest representatives-come get insider tips, ask questions, and discover where your future could take you! Please sign up through FlexiSched or here for presentations not during FLEX: <https://forms.gle/H8Di7wYWS68Zmek8>
Or see Mrs. Brown in the Career Center to arrange to be released from class and attend these presentations.

Date	Time	College
Wed 10/21	Flex	The McConnell Foundation Scholarship Information
Thur 10/22	Flex	US Navy
Tue 10/27	Flex	Marines
Wed 10/28	Flex	Chico State University

Attention Seniors:

UC Application Assistance: UC Santa Barbara provides an amazing [YouTube playlist](#) of the different sections!

INTERESTED IN UC SANTA BARBARA? Check out their events and resources:

- **Virtual UC Night:** Join the University of California for a virtual overview of the first-year admission requirements, UC application, and a showcase of all nine undergraduate campuses and what makes them unique. The event will take place on **November 4, 2026** at 4:00pm PT (7:00pm ET). Students, families, and counselors are welcome to [register!](#)
- **Academic History for CA Applicants:** Need additional guidance on navigating the Academic History section of the UC Application? Check out our new [Academic History Overview](#) video available on our UC Application YouTube playlist.
- **UC Application Webinars:** We continue to offer weekly virtual UC Application webinars. These sessions provide students the opportunity to ask their application questions live with an admissions counselor. Please encourage your students to register for an [upcoming session](#).
 - Oct. 22, 2026 | [UC Personal Insight Questions](#)

Additional Info & Resources

For all school-related information that may not be posted in the bulletin: [Link to Advisory Slides](#)