



Career Technical Education

Adv Interdisc Science for Sustainable Agriculture

12222

Department: Career Technical Education
Graduation Requirement: Science

Grade Level: 11-12
UC/CSU: Physical Science (d)

Credits: 10.0
Max Credits: 10.0
NCAA: Yes

This integrated class combines an interdisciplinary approach to laboratory science and research with agricultural management principles. Using skills and principles learned in the course, students design systems and experiments to solve agricultural management issues currently facing the industry. Students will connect the products created in this class with industry activities to link real-world encounters and implement skills demanded by both colleges and careers. Throughout the course, students will be graded on participation in intra-curricular FFA activities as well as the development and maintenance of an ongoing Supervised Agricultural Experience (SAE) Program. This course will use a "5-point A" grading system.

Pre-Requisite: Biology and Sustainable Agriculture and Chemistry and Agriscience with a grade of C or better
Adopted curricular materials: No instructional materials assigned

Agriculture Sales and Service

12216

Department: Career Technical Education
Graduation Requirement: Career Technical Education

Grade Level: 11-12
UC/CSU: None

Credits: 10.0
Max Credits: 40.0
NCAA: No

This course offers a working knowledge of any of the wide variety of Ag-businesses in the area. Develop skills in the Agri-business field of your choice, as well as many skills that are common to all Ag-businesses. Become prepared for the most important industry in California. Sites may include: veterinary practices, horse training facilities, and feed stores. This course may be repeated for a maximum of 40 credits.

Adopted curricular materials: No textbook assigned

Animal Anatomy and Physiology of Plants

12202

Department: Career Technical Education
Graduation Requirement: Science

Grade Level: 10-11
UC/CSU: Biological Science (d)

Credits: 10.0
Max Credits: 10.0
NCAA: Yes

This course provides information, activities, and skills in the areas of scientific method, classification systems, mammalian production, production management, health care, anatomy, physiology, reproduction, nutrition, mitosis, meiosis, respiration and genetics. Emphasis is placed on mammals that are most important to human culture, as we know it. Homework varies by unit, but averages about one assignment per week. Tests will be given regularly and students will be expected to participate in assignments, class discussion, and other structured events. Notebooks are required and are graded periodically. Students will be exposed to the FFA, supervised occupational experience programs, and careers in Agriculture. Students will be expected to complete individual projects and long-term assignments.

Pre-requisite(s): Biology and Sustainable Agriculture

Adopted curricular materials: Introduction to Veterinary Science, Cengage Learning

Animation III

12159

Department: Career Technical Education
Graduation Requirement: Visual/Performing Arts

Grade Level: 10-12
UC/CSU: Visual/Performing Arts (f)

Credits: 10.0
Max Credits: 20.0
NCAA: No

This rigorous, advanced course is designed to prepare highly motivated students to become responsible enough to manage demanding and time-consuming studio work. This course will include intensive study in production of three-dimensional and two-dimensional animation. It will include an in-depth study on theory, techniques, and philosophy of the students' animation production development. An emphasis will be placed on aesthetics, script writing, and motion. This class will provide an opportunity for the student's work to be viewed by representatives of animation studios and colleges. This course may be repeated for a maximum of 20 credits.

Pre-requisite(s): Animation I and II with a grade of B or better, portfolio review, or instructor approval
Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Animation, Advanced

12125

Department: Career Technical Education

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This project-based course focuses on the use of current industry software in digital animation. Units will be designed around the creation of projects for students to design, build, create, or perform. Advanced Animation is the Capstone course in a high school course sequence.

Pre-requisite(s): Animation, Intermediate

Adopted curricular materials: No textbook assigned

AP Computer Science A

12118

Department: Career Technical Education

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: Mathematics - Advanced (c)

NCAA: No

This CTE Pathway course is designed to provide students problem solving, critical thinking, and design thinking skills to solve real-world problems through computer science. Students will learn the fundamentals of computer science, including algorithms, data structures, and object-oriented programming. Students will address problems in the Java programming language, which allows them to write, compile, and test solutions. Upon completion of the course, students will be prepared to take the AP Computer Science A exam.

Pre-requisite(s): Mathematics II AND either Computer Science Principles OR AP Computer Science Principles

Adopted curricular materials: Introduction to Java Programming, AP Edition, Pearson Education, Inc.; Code.org

AP Computer Science Principles

12116

Department: Career Technical Education

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: Science Recommended (d)

NCAA: No

This CTE Pathway course is designed to encourage a diverse group of students to explore computer science and is designed to be equivalent to a first-semester introductory college computing course. Rather than limiting this introductory study to just two traditional topics - algorithms and programming - this course introduces students to a broad set of big ideas. These big ideas, which include algorithms and programming, are often summarized using the terms creative, abstraction, data, Internet, and impact. In addition, this course emphasizes the use of computational thinking practices for effective learning experiences and problem-solving. These practices include connecting, creating, abstracting, analyzing, communicating, and collaborating.

Pre-requisite(s): Exploring Computer Science

Adopted curricular materials: Code.org

Applied Science, Introduction

12208

Department: Career Technical Education

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Life Science

UC/CSU: Elective: Science (g)

NCAA: No

This course is designed as a basic study of plants, animals, their functions, interactions and importance to man. Basic cell biology and physiology, as well as ecological interactions will be covered. Students will be exposed to the FFA, supervised occupational experience programs, and careers in Agriculture Business that are so important to California society. Homework consisting of reading, writing, and lab reports will vary by unit. Tests and quizzes will be given regularly. Students will also be graded on participation and laboratory exercises. This course is part of a series of courses to prepare for college level entry into the various disciplines of agriculture science.

Adopted curricular materials: Agriscience: Fundamentals & Applications, Delmar



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Arts, Media, and Entertainment, Introduction to

12165

Department: Career Technical Education

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Career Technical Education

UC/CSU: Elective: Other (g)

NCAA: No

This course introduces students to the many opportunities within the Arts, Media, and Entertainment (AME) industry sector. Students will explore careers in design, visual, and media arts, performing arts, production and managerial arts, and game design and integration. The course combines projects in each pathway with self-reflection, goal-setting, and research on career and educational opportunities. Students completing this course are prepared to enter any AME pathway course sequence.

Adopted supplemental curricular materials: Career Choices and Changes, Academic Innovations

Biology and Sustainable Agriculture

12220

Department: Career Technical Education

Grade Level: 09-10

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Life Science

UC/CSU: Biological Science (d)

NCAA: Yes

This one-year course, organized into four major units, integrates biological science practices and knowledge into the practice of sustainable agriculture. Unit one addresses the question "What is sustainable agriculture?" Unit two, "How does sustainable agriculture fit into our environment?" Unit three, "What molecular biology principles guide sustainable agriculture?" Unit four, "How do we make decisions to maximize sustainable agricultural practices within a functioning ecosystem?" Within each unit, specific life science principles integrate the agricultural principles, and students gain knowledge of how the two disciplines inform each other, culminating in the development of a sustainable farm model and portfolio of supporting student research.

Pre-requisite(s): None

Adopted curricular materials: STEMscopes CA-NGSS-3D, The Living Earth

Building Trades I

12311

Department: Career Technical Education

Grade Level: 10

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: None

NCAA: No

This course is designed to provide students a basic understanding of carpentry and the many skilled trades which residential and commercial construction utilize. This course emphasizes safety, using hand and power tools and the completion of three scaffolded projects designed to provide a framework for career-based decision making in residential and commercial construction.

Pre-Requisite(s): None

Adopted curricular materials: Career Connections: Project Book 1

Building Trades II

12312

Department: Career Technical Education

Grade Level: 10-11

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: None

NCAA: No

This course is designed to provide students with further understanding of carpentry and the many skilled trades which residential and commercial construction utilize. This course offers an extension of the Building Trades I curriculum. Students will complete several practical projects more complex than those completed in Building Trades I.

Pre-Requisite(s): Building Trades I

Adopted curricular materials: Career Connections: Project Book 2



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Building Trades III

12313

Department: Career Technical Education

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: None

NCAA: No

This course is designed to provide students an industry-level understanding of carpentry and the many skilled trades which residential and commercial construction utilize. This course emphasizes safety, using hand and power tools, and the completion of a fully functioning tiny house designed to provide a framework for career-based decision making in residential and commercial construction.

Pre-Requisite(s): Building Trades II

Adopted curricular materials: Career Connections: Project Book 3

Business Finance

12010

Department: Career Technical Education

Grade Level: 12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Elective: Other (g)

NCAA: No

This course is designed for students to apply math skills to personal and business situations: keeping money records, figuring wage income, commissions, saving and investing money, figuring home and transportation expenses, taxes, sales records, and more. Homework will be assigned on a regular basis. Students completing this course will receive math credit toward graduation.

Pre-requisite(s): Mathematics I

Adopted curricular materials: Mathematics for Business and Personal Finance, McGraw-Hill Education

Business Law

12022

Department: Career Technical Education

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: None

NCAA: No

This course focuses on the origin of law, present court procedures, and the rights and duties of citizens. Students will become acquainted with laws governing businesses, as well as every day agreements (contracts). With lots of human interest (every legal problem involves rights and duties of people) relevant to our present society, this is an effective course to help develop analytical abilities. Study outside class time is necessary: cases will be analyzed; spelling and definition of legal terms is included.

Adopted curricular materials: Business and Personal Law, 2016, McGraw Hill

Chemistry and Agriscience

12221

Department: Career Technical Education

Grade Level: 10-11

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Science

UC/CSU: Physical Science (d)

NCAA: Yes

This course explores the physical and chemical nature of soil as well as the relationships between soil, plants, animals, and agricultural practices. Students examine properties of soil and land and their connections to plant and animal production. Using knowledge of scientific protocols as well as course content, students develop an Agriscience research program to be conducted throughout the first semester of the course. To complete that entire project, each student will investigate and test an Agriscience research question by formulating a scientific question related to the course content, formulating a hypothesis based on related research, conducting an experiment to test the hypothesis, collecting quantitative data, and forming a conclusion based on analysis of the data. The result of this research program is an in-depth research and experimentation paper that is technically written, based on scientific protocol, and cited using APA formatting. Additionally, students develop and present a capstone soil management plan for agricultural producers, demonstrating their knowledge of the soil chemistry content learned throughout the course. Throughout the course, students are graded on participation in intra-curricular FFA activities as well as the development and maintenance of an ongoing Supervised Agricultural Experience (SAE) Program.

Pre-requisite(s): Biology and Sustainable Agriculture with a grade of C or better

Adopted curricular materials: Experience Chemistry in the Earth System, Copyright 2021, Pearson Education, Inc.

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Computer Integrated Manufacturing (PLTW) 12356

Department: Career Technical Education **Grade Level:** 11-12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Career Technical Education **UC/CSU:** Science Recommended (d) **NCAA:** No

This Project Lead the Way (PLTW) Engineering course builds upon concepts learned in Principles of Engineering Design. Students will continue to apply the engineering design process to manufactured items. Manufactured items are a part of everyday life, yet most students have not been introduced to the high-tech, innovative nature of modern manufacturing. This course illuminates the opportunities related to understanding manufacturing and teaches students about the manufacturing process, product design, robotics, and automation.

Pre-requisite(s): Principles of Engineering Design (PLTW) or Introduction to Engineering Design (PLTW)

Adopted curricular materials: Project Lead the Way, <https://www.pltw.org/>

Computer Integrated Manufacturing (PLTW), Honors 12357

Department: Career Technical Education **Grade Level:** 10-11 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Career Technical Education **UC/CSU:** Science Recommended (d) **NCAA:** No

This course is one of the specialized courses in the Project Lead the Way (PLTW) Engineering program. The course deepens the skills and knowledge of an engineering student within the context of efficiently creating the products all around us. Students build upon their Computer Aided Design (CAD) experience through use of Computer Aided Manufacturing (CAM) software. CAM transforms a digital design into a program that a Computer Numerical Controlled (CNC) mill uses to transform a block of raw material into a product designed by a student. Students learn and apply concepts related to integrating robotic systems such as Automated Guided Vehicles (AGV) and robotic arms into manufacturing systems. Throughout the course, students learn about manufacturing processes and systems. This course culminates with a capstone project where students design, build, program, and present a manufacturing system model capable of creating a product. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-Requisites: Principles of Engineering Design (PLTW) or Introduction to Engineering Design (PLTW)

Co-Requisite: Mathematics II

Adopted curricular materials: Project Lead the Way, <https://www.pltw.org/>

Computer Technology 12111

Department: Career Technical Education **Grade Level:** 09-12 **Credits:** 5.0 **Max Credits:** 5.0
Graduation Requirement: Computer Technology **UC/CSU:** Elective: Other (g) **NCAA:** No

This is an introductory course providing students with general knowledge on how computers work, computer terminology, and the impact of computers on society and work environment. Students will explore digital safety and citizenship, keyboarding, word processing software, spreadsheet software, database software, programming, email, and the Internet. This course satisfies the EGUSD Technology Proficiency graduation requirement.

Adopted curricular materials: Discovering Computers & Microsoft Office 365 OFFICE 2016, A Fundamental Combined Approach, Cengage Learning

Computers, Intermediate 12131

Department: Career Technical Education **Grade Level:** 09-12 **Credits:** 5.0 **Max Credits:** 5.0
Graduation Requirement: Career Technical Education **UC/CSU:** None **NCAA:** No

This course provides students an opportunity to continue hands-on experience with computer operations. Students will learn programming techniques, how to use advanced word-processing, desktop publishing to include multimedia presentation and other management systems.

Pre-requisite(s): Computer Technology with a grade of C or better

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Construction Technology

12314

Department: Career Technical Education

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: Elective: Other (g)

NCAA: No

In this course, students will engage in an instructional program that integrates academic and technical preparation and focuses on career awareness, career exploration, and skill preparation in the building trades and construction industry. Technical preparation will include carpentry technology, use of measuring instruments, basic hand and power tools, reading blueprints, basic building systems, construction projects, and safety and first-aid procedures.

Adopted curricular materials: No textbook assigned.

Drafting I A/B

12101

Department: Career Technical Education

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: None

NCAA: No

This course provides basic drafting tools, techniques and theories. It includes introduction to blueprint reading, basic drafting and machine drawing. Written assignments and basic drawing are required. An articulation agreement for college credit allows Advanced Placement agreement for college credit for students who complete both semesters of this course with a grade of B or better.

Pre-requisite(s): Drafting IA is required for enrollment in Drafting IB

Adopted curricular materials: No textbook assigned

Economics in Agriculture

12215

Department: Career Technical Education

Grade Level: 12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Economics

UC/CSU: Elective: Other (g)

NCAA: Yes

This agri-business course is designed to introduce students to the basic principles of all economic systems with special emphasis on the areas of individual student decision making and world economy as they relate to agriculture. Other topics to be covered will be a) free enterprise business types; b) government and law in the economy; c) credit; and d) taxes. Students will be expected to carry on some type of ownership or non-ownership experience program dealing with agriculture or a related field. This course is designed as part of a series of courses to prepare the student for college level entry into the various disciplines of agricultural science. Students will be exposed to the FFA, supervised occupational experience programs, and careers in Agriculture Business. Adopted curricular materials: Impact California Social Studies: Principles of Economics, Copyright 2019, McGraw-Hill Education

Empowering Entrepreneurs I

12510

Department: Career Technical Education

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: Electives (g)

NCAA: No

This course is designed to empower entrepreneurial literacy among high school students through a project-based learning approach. At the completion of this course, students will successfully apply concepts regarding the human characteristics (collaboration, communication, creativity and critical thinking) vital for entrepreneurial thinking in a 21st century global world.

Pre-requisite(s): General Business

Adopted curricular materials: Entrepreneurship, Ideas in Action, Cengage Learning



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Engineering Design and Development Honors (PLTW)

12363

Department: Career Technical Education

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: Science Recommended (d)

NCAA: No

This CTE Capstone honors course challenges students to use skills and knowledge learned throughout their Project Lead the Way (PLTW) courses. Students will identify an engineering-related problem and present their solution to a panel of engineering professionals. This is a project-based course that applies science, math, and technology in various areas of engineering. Students will document a design process to industry standards and be prepared for a post-secondary program or career. Honors-level work includes a final project and presentation. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-requisite(s): Mathematics I or equivalent, Principles of Engineering Design (PLTW) (12360), and Computer Integrated Manufacturing (PLTW) (VHS, 12356) or Aerospace Engineering (PLTW) (FHS, 12361)

Co-requisite: Mathematics II

Adopted curricular materials: Project Lead the Way, <https://www.pltw.org/>

Engineering Technology

12355

Department: Career Technical Education

Grade Level: 10

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: None

NCAA: No

This course is designed to create an interest in engineering as a career goal and provide hands-on instruction in a variety of related technologies. Scientific principles, mathematical concepts, and communication skills are taught through an activity-oriented approach. Robotics, electronics, hydraulics, pneumatics, and computer design technologies will be explored by all students. Students will combine interdisciplinary skills to produce a final project including all steps of the design process.

Adopted curricular materials: Foundations of Engineering & Technology, 7th Edition, Copyright 2019, The Goodheart-Wilcox Company, Inc.

Entertainment Art and Design

12141

Department: Career Technical Education

Grade Level: 12

Credits: 20.0

Max Credits: 20.0

Graduation Requirement: Career Technical Education

UC/CSU: None

NCAA: No

This course, open to all EGUSD students, will offer participation, discussion, guest presentations, and projects on the developing culture and technology of computer and video game design. Class contexts include: entertainment media, computing technology, applications of gaming technology, business history, strategy guide writing; video game design, promotion, marketing, play testing, and team competition; games from Chess to Spacewar; the role of artificial intelligence research; history of computer graphics and sound technology; the evolution of techniques and genres of computer game design; business competition; games and the microcomputer revolution; networked gaming; gadgets and games as factors in the evolution of software and hardware; virtual worlds; simulation; video and computer game industries. Students should come away from the course with an understanding of the various possibilities of employment within the video game industry, as well as insights into design, production, marketing, and socio-cultural impacts of interactive entertainment and communication.

Adopted curricular materials: No textbook assigned

Exploring Computer Science

12137

Department: Career Technical Education

Grade Level: 10

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Career Technical Education

UC/CSU: Elective: Other (g)

NCAA: No

This course focuses on the creative, collaborative, interdisciplinary, and problem-solving nature of computing, featuring an inquiry-based approach to learning and teaching. As part of this curriculum, students will develop real-world computing problems that are culturally relevant and address social and ethical issues while delivering foundational computer science knowledge to students. Students will engage in several in-depth projects to demonstrate the real-world application of computing.

Pre-requisite(s): Computer Technology (recommended)

Adopted curricular materials: C-STEM Studio / Soft Integration, c-stem/ucdavis.edu; Code.org; Code HS

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

General Business 12500

Department: Career Technical Education **Grade Level:** 09-12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Career Technical Education **UC/CSU:** None **NCAA:** No

This course introduces students to the entire field of business careers, the function of money (making it as well as spending it), checking accounts, budgets, credit and purchasing. The course is a good foundation for other business courses.
Adopted curricular materials: Introduction to Business, McGraw-Hill Education

Introduction to Engineering Design (PLTW) 12349

Department: Career Technical Education **Grade Level:** 10 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Career Technical Education **UC/CSU:** Science Recommended (d) **NCAA:** No

This Project Lead the Way (PLTW) Engineering course challenges students to work in teams to solve problems as they learn about the design process, complete design exercises, and use a rapid prototyping machine, learn to reverse engineer products, and solve open-ended design problems.

Pre-requisite(s): Mathematics I with a grade of C or better (Recommended)

Adopted curricular materials: Project Lead the Way, <https://www.pltw.org/>

Microbiology Honors 12672

Department: Career Technical Education **Grade Level:** 11 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Science **UC/CSU:** Biological Science (d) **NCAA:** Yes

This Concentrator course investigates the role microorganisms play in the Biotechnology Industry. Students will study the nature of microbes, how to control their growth, microbial growth and nutritional requirements, and how microbes are identified, classified, and named. Also studied is the role of microorganisms in genetic engineering and other biotechnology applications. This course is heavily skill-based, including hands-on laboratory activities with real-world and industry applications. Students will demonstrate proficiency performing various clinical tests and lab techniques used at the entry level in a clinical lab. The course also explores microbiological careers. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-Requisite: The Science and Ethics of Biotechnology

Adopted curricular materials: Biotechnology, Science for the New Millennium, Paradigm Publishing Inc.

Molecular Biotechnology Honors 12673

Department: Career Technical Education **Grade Level:** 12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Science **UC/CSU:** Biological Science (d) **NCAA:** Yes

This Capstone course focuses on applications of technology at the molecular biology level, including biochemistry, research, and laboratory safe practices in a regulated environment. The course is anchored with exciting hands-on laboratory exercises and real-world research and industry applications which enable the student to master basic skills in working in a biotechnology lab; solution preparation, nucleic acid isolation, recombinant DNA cloning, PCR, and ELISA. The course is infused with a bioscience career exploration, including applied research, biomanufacturing, biomedical devices, and clinical trials. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-requisite(s): Microbiology Honors

Adopted curricular materials: Biotechnology, Science for the New Millennium, Paradigm Publishing Inc.



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Professional Theatre, Introduction to 12145

Department: Career Technical Education **Grade Level:** 09-12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Career Technical Education **UC/CSU:** None **NCAA:** No

This course introduces students to a variety of careers in professional theatre. Students will study a range of professional models from Broadway to regional to community theatre in order to identify established practices and basic competencies required to create professional theatre.

Pre-requisite(s): Application and audition with instructor

Adopted curricular materials: No textbook assigned

The Science and Ethics of Biotechnology 12671

Department: Career Technical Education **Grade Level:** 10 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Career Technical Education **UC/CSU:** Biological Science (d) **NCAA:** No

In this course, students examine concepts and conduct relevant and authentic laboratory investigations. Students review and extend learning in cell biology, biomolecules and atomic structure, DNA, gene expression and genetic code, evolution, physiology, and energy and metabolism. This course aims to produce scientists who are able to make informed decisions, especially when larger ethical conflicts may be involved.

Adopted curricular materials: Biotechnology, A Laboratory Skills Course, Bio-Rad Laboratories, Inc.

Web Development 12132

Department: Career Technical Education **Grade Level:** 10 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Career Technical Education **UC/CSU:** Elective: Other (g) **NCAA:** No

This course is an introduction to publishing on the World Wide Web (WWW). Students will design aesthetically pleasing websites using HTML, CSS, and JavaScript and make extensive use of the computer tools necessary to insert HTML tags, create images, and view web documents. Topics include the separation of content from presentation, dynamic user interaction, and designing for alternative devices using Cascading Style Sheets. This course prepares apprentice web designers and publishers to identify the information needs for a website, design and determine appropriate World Wide Web solution, and implement it. Students will also learn about current trends and technologies in the field of Web Page Design, including XHTML.

Pre-Requisite: None.

Adopted curricular materials: <https://www.w3schools.com>



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Electives

Academic Competitions

07539

Department: Electives

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed to promote leadership, organizational skills, critical analysis, and provide guided preparation time for students participating in the following academic competitions: Academic Decathlon, Academic Olympics, MESA, Mock Trial, Moot Court, Mathletes, Science Olympiad, Science Fair, Speech and Debate, and History Day. Other activities, such as advanced placement test preparation, may be approved at the instructor's discretion. Enrolled students may choose Pass/No Pass grading, variable credits, and/or limited-term enrollment with instructor approval. This course may be repeated for a maximum of 40 credits. This course will meet zero period only.

Pre-requisite(s): Instructor approval

Adopted curricular materials: No textbook assigned

Adolescent Development

07515

Department: Electives

Grade Level: 11-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Electives (g)

NCAA: No

This course is designed to help students understand the growth process that occurs during the adolescent years. A variety of creative activities are used to explore the emotional and psychological needs that teenagers experience as they move into adulthood. Special units focus on: communication, getting along with the family, love and dating, self-esteem, decision making, teen pregnancy, sexually transmitted diseases, substance abuse, community resources, and other current issues facing the teenager today.

Pre-requisite(s): Health

Adopted curricular materials: EmpowerU

Advocacy 10

14010

Department: Electives

Grade Level: 10

Credits: 0.0

Max Credits: 0.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed to provide students with personalized academic guidance along with a connection between the student, teacher, counselor, and the school. Students will learn study skills that can be applied across disciplines and will receive basic academic guidance each year from their assigned advocacy teacher. This course is Pass/No Pass.

Adopted curricular materials: No textbook assigned

Advocacy 11

14011

Department: Electives

Grade Level: 11

Credits: 0.0

Max Credits: 0.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed to provide students with personalized academic guidance along with a connection between the student, teacher, counselor, and the school. Students will learn study skills that can be applied across disciplines and will receive basic academic guidance each year from their assigned advocacy teacher. This course is Pass/No Pass.

Adopted curricular materials: No textbook assigned

Advocacy 12

14012

Department: Electives

Grade Level: 12

Credits: 0.0

Max Credits: 0.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed to provide students with personalized academic guidance along with a connection between the student, teacher, counselor, and the school. Students will learn study skills that can be applied across disciplines and will receive basic academic guidance each year from their assigned advocacy teacher. This course is Pass/No Pass.

Adopted curricular materials: No textbook assigned

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Advocacy 9 14009

Department: Electives **Grade Level:** 09 **Credits:** 0.0 **Max Credits:** 0.0
Graduation Requirement: Electives **UC/CSU:** None **NCAA:** No

This course is designed to provide students with personalized academic guidance along with a connection between the student, teacher, counselor, and the school. Students will learn study skills that can be applied across disciplines and will receive basic academic guidance each year from their assigned advocacy teacher. This course is Pass/No Pass.

Adopted curricular materials: No textbook assigned

Advocacy Multiple Grade Levels 14013

Department: Electives **Grade Level:** 09-12 **Credits:** 0.0 **Max Credits:** 0.0
Graduation Requirement: Electives **UC/CSU:** None **NCAA:** No

This course is designed to provide students with personalized academic guidance along with a connection between the student, teacher, counselor, and the school. Students will learn study skills that can be applied across disciplines and will receive basic academic guidance each year from their assigned advocacy teacher. This course is Pass/No Pass.

Adopted curricular materials: No textbook assigned

AVID 10 09010

Department: Electives **Grade Level:** 10 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Electives **UC/CSU:** Elective: Other (g) **NCAA:** No

The AVID (Advancement Via Individual Determination) Program is a four-year college preparatory class for under-represented students who demonstrate academic potential. The goals of the program are to provide academic instruction and other support to students to prepare them for four-year college and university eligibility, give students college-level entry skills, and motivate them to pursue a college education.

Adopted curricular materials: No textbook assigned

AVID 11 09011

Department: Electives **Grade Level:** 11 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Electives **UC/CSU:** Elective: Other (g) **NCAA:** No

The AVID (Advancement Via Individual Determination) Program is a four-year college preparatory class for under-represented students who demonstrate academic potential. The goals of the program are to provide academic instruction and other support to students to prepare them for four-year college and university eligibility, give students college-level entry skills, and motivate them to pursue a college education.

Adopted curricular materials: No textbook assigned

AVID 9 09009

Department: Electives **Grade Level:** 09 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Electives **UC/CSU:** Elective: Other (g) **NCAA:** No

The AVID (Advancement Via Individual Determination) Program is a four-year college preparatory class for under-represented students who demonstrate academic potential. The goals of the program are to provide academic instruction and other support to students to prepare them for four-year college and university eligibility, give students college-level entry skills, and motivate them to pursue a college education.

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

AVID Senior Seminar

09012

Department: Electives

Grade Level: 12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: Elective: Other (g)

NCAA: No

This course involves substantial critical reading and writing, and participating in, as well as conducting, regularly scheduled Socratic Seminars. AVID students will receive assistance and guidance in applying for college, researching financial aid and housing, registering for entrance and placement exams, preparing for Senior Project, and preparing for external examinations in the spring. The AVID Senior Seminar is divided into four quarters of emphasis, leading to the student's acceptance at a four-year college or university. Quarter one - Gaining Admission; Quarter two - Becoming a College Student; Quarter three - Placement and External Exam Preparation; Quarter four - Selecting a Major and Career Emphasis.

Adopted curricular materials: No textbook assigned

AVID Tutor

09014

Department: Electives

Grade Level: 10-12

Credits: 5.0

Max Credits: 30.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

AVID Tutors will support the AVID elective courses with facilitating tutorials and completing various assigned tasks under the supervision of the AVID elective teacher and/or Coordinator. Students do not need to be former or current AVID students. AVID tutors will serve as a role model for, and support the WICOR skill development of, AVID Elective students. All tutors must receive approval from the AVID Coordinator prior to enrollment; please see the AVID Coordinator or counselor for application information. Upon enrollment, tutors will be required to complete 16 hours of peer-tutor training. This course may be repeated for a maximum of 30 credits.

Prerequisites: minimum 2.5 grade point average, good attendance, completed AVID Tutor.

Application and approval from the AVID Coordinator.

Adopted curricular materials: No Textbook Assigned

CTE Internship

07006

Department: Electives

Grade Level: 11-12

Credits: 5.0

Max Credits: 20.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course provides career technical education (CTE) student interns with work-based learning opportunities. This flexible course allows students to complete an internship on campus related to their CTE pathway through a number of projects and tasks. Students will also complete a pathway promotion project which combines knowledge of the career pathway together with academic skills. Students will be provided opportunities to improve written and verbal communication skills and will maintain a portfolio documenting their growth and work on key internship projects. This is not a CTE course within a pathway. This course may be repeated for a maximum of 20 credits.

Pre-requisite(s): Teacher approval and enrollment in a CTE pathway, program, or academy

Adopted curricular materials: No textbook assigned

Future Ready

07516

Department: Electives

Grade Level: 09

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: Electives (g)

NCAA: No

This course prepares students not only for 9th grade but also for the future as resilient, independent adults. For success in high school and beyond, freshmen need transferable academic, personal, and workplace skills. Topics include navigating high school, personal development, career exploration, financial literacy, leadership, professionalism, and workplace readiness

Adopted Curricular: Everfi and Paxton College & Career Ready Labs



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Life After High School

07531

Department: Electives

Grade Level: 11-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Electives (g)

NCAA: No

This course is designed to assist students in obtaining the intensive skills and knowledge necessary to reach their post-high-school objectives. Topics may include post-high-school options, including college, vocational programs, the military and the workforce, resume building and interviewing skills, career exploration, time management, communication skills, study skills, financial literacy, and global competence.

Pre-requisite: None

Adopted curricular materials: Becoming a Master Student, Houghton-Mifflin

Office Assistant

07508

Department: Electives

Grade Level: 11-12

Credits: 5.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course introduces students to various tasks assigned under supervision of school personnel. The location of the work and the type of work vary and may include office work, library work, instructional support, etc. Counselors will apprise interested students of the types of aides courses offered at the school site. Juniors and seniors may be student aides for one or two semesters. No more than a total of ten credits of student aide may be used toward graduation. Student aides will be selected from among those who submitted applications with their course selection forms. Applications are available from the counseling secretary. This course is Pass/No Pass. This course may be repeated for a maximum of 10 credits.

Pre-requisite(s): 2.5 grade point average, good attendance, and completed aide application

Adopted curricular materials: No textbook assigned

Peer Counseling I

07519

Department: Electives

Grade Level: 09-12

Credits: 5.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed to rotate every other day for the entire year with Student Leadership Development. This course will help students develop skills in conflict mediation. Students interested in becoming conflict managers, peer counselors, mentors, peer educators, and a part of Link Crew are asked to register. Applications and interviews will occur before students are admitted into this class.

Adopted curricular materials: No textbook assigned

Peer Tutor

07506

Department: Electives

Grade Level: 11-12

Credits: 5.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed for students to learn how to effectively work with small groups of students in a variety of content areas. An emphasis will be placed on employing inquiry strategies and incorporating AVID methodologies in peer tutoring groups. Student applications and interviews will occur before students are admitted into this class. Course may be repeated for a maximum of 10 credits. This course is Pass/No Pass.

Adopted curricular materials: No textbook assigned

Student Leadership Development

07511

Department: Electives

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This year-long course focuses on the development of interpersonal and interpersonal leadership skills. Effective oral and written communication will be studied with an emphasis on identifying and implementing effective leadership strategies. Skills such as time management, stress management, positive role modeling, effective group interactions and group facilitation skills will also be emphasized.

Adopted curricular materials: No textbook assigned

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Student Store

07507

Department: Electives

Grade Level: 09-12

Credits: 5.0

Max Credits: 40.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

Teacher Assistant

07509

Department: Electives

Grade Level: 11-12

Credits: 5.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course introduces students to various tasks assigned under supervision of a certificated teacher. Juniors and seniors may be a teacher assistant for one or two semesters; however, no more than ten credits of this course may be used toward graduation. Teacher assistants will be selected from among those who submit applications during the course selection process. Please see the Counseling department for application information. This course is Pass/No Pass. This course may be repeated for a maximum of 10 credits.

Pre-requisite(s): 2.5 grade point average, good attendance, and completed aide application

Adopted curricular materials: No textbook assigned

Work Experience

07002

Department: Electives

Grade Level: 11-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course combines supervised paid employment in an occupational field with related classroom instruction including employment skills. Students will develop work habits, self-confidence, and job skills that are used to locate, secure, and retain employment in their community.

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

English

African American Cultural Studies

02697

Department: English

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Elective: English (g)

NCAA: Yes

This course provides students with a focused study of African American literature and its reflection of African-American history. Using a standards-based approach, students will be introduced to a survey of Black literature from early America to the present. This course will complement existing American literature and history curricula, but will delve deeper into connections between literature, history and society, raising issues related to the Black experience in America, e.g., racism, nationalism, community values, education, urban problems, and the role of Black literature and culture. Language arts skills will be integrated in the content of the course. Students will write a series of essays using the writing process and demonstrate their ability to read critically and speak effectively about their ideas, concerns, and interpretations of literature and African-American culture. Adopted curricular materials: No textbook assigned

AP English 11: Language & Composition

02240

Department: English

Grade Level: 11

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: English

UC/CSU: English (b)

NCAA: Yes

This course prepares students to be skilled readers of prose written in a variety of periods, disciplines, and rhetorical contexts and skilled writers who compose for a variety of domains—narrative, exploratory, expository, argumentative—and on a variety of subjects from personal experience to public policy, from imaginative literature to popular culture. The AP Language and Composition course's purpose is to prepare students to read complex texts with understanding and to write prose of sufficient richness and complexity to communicate effectively with readers. Students are strongly encouraged to take the AP exam. Adopted curricular materials: Language of Composition, 4th Edition, BFW Publishers

AP English 12: Literature & Composition

02340

Department: English

Grade Level: 12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: English

UC/CSU: English (b)

NCAA: Yes

This advanced course is designed to prepare college-bound seniors for the English Literature 12, AP test. The class will be based on the study of literature with extensive assignments in critical reading, preparing students for college-level critical reading and literary analysis. Students will write intensively, focusing on critical, analytical essays related to the literature they are studying. They will write frequently in class, sharpening their abilities to respond to the types of essay questions they will face on the AP exam and as college students in timed writing situations.

Note: This course is designed for highly motivated students who are responsible enough to handle rigorous reading and writing assignments on a daily basis, and to complete summer reading and/or between sessions reading as well. Students are strongly encouraged to take the AP exam.

Adopted curricular materials: The Bedford Introduction to Literature, 11th Edition, Bedford/St. Martin's

College and Career Writing I

02711

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This English elective writing course is designed to build language, improve literacy skills, and provide high-interest issues that prepare English Learners for college and career. The academic emphases of this course are language development, academic vocabulary acquisition, and the development of written language skills. Student-centered activities are culturally and linguistically responsive, while simultaneously teaching students effective communication strategies. Students engage in lessons with culminating writing and oral projects that equip today's College and Career bound English Learner with the communicative confidence and competence needed to realize their academic and personal potential.

Pre-requisite(s): Placement by site's English Learner (EL) team

Co-requisite: 9-12 grade student who is either a LTEL or Struggling Redesignated Fluent (RF)

Adopted curricular materials: English 3D, Course C/II

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

College and Career Writing II

02713

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This English elective writing course is designed to build language, improve literacy skills, and provide high-interest issues that prepare English Learners for college and career. The academic emphases of this course are language development, academic vocabulary acquisition, and the development of written language skills. Student-centered activities are culturally and linguistically responsive, while simultaneously teaching students effective communication strategies. Students engage in lessons with culminating writing and oral projects that equip today's College and Career bound English Learner with the communicative confidence and competence needed to realize their academic and personal potential.

Pre-requisite(s): Placement by site's English Learner (EL) team

Co-requisite: 9-12 grade student who is either a LTEL or Struggling Redesignated Fluent (RF)

Adopted curricular materials: English 3D, Course C/II

Creative Writing I

02671

Department: English

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Elective: English (g)

NCAA: Yes

This elective course is designed for the enthusiastic writer. Activities are geared to develop vivid and concrete descriptions as well as imagination and experimentation in writing. Major assignments may include writing short stories, a short play, many types of poems, and a variety of exercises to stretch the imagination.

Adopted curricular materials: No textbook assigned

Creative Writing II

02672

Department: English

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Elective: English (g)

NCAA: Yes

This elective course is designed for students who wish to further their mastery of creative writing techniques. It will focus on the development and evaluation of creative fiction. Students will be exposed to many genres that may include short story, poetry, drama, vignette, children's literature, science fiction, etc. Students will write in both prescribed forms as well as experimental forms of their own choosing. Students will complete a major project from a writing domain of their choice.

Pre-requisite(s): Creative Writing I

Adopted curricular materials: No textbook assigned

EL English Intensive Course I

02802

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: English

UC/CSU: None

NCAA: No

This Core ELA/ELD Course incorporates comprehensive English Language Arts support based on ELD standards for Multilingual Learners at the Emerging Level. This course provides English Learners with fundamental skills in reading, writing, speaking, and listening via a rigorous and rich academic curriculum that begins preparing students for college and career success. It incorporates activities that focus on content, concepts, and language features/functions within the text, emphasizing productive, collaborative, and interpretative standards. This course builds language and literacy proficiency with robust instructions, accessible instructional-level text, close reading of grade-level text, and multiple short and in-depth integrated reading and writing opportunities.

Pre-Requisites: Middle School EL English Intensive Courses I, II, III, or IV, or enrolled in the site's Newcomer Program

Adopted Curricular Materials: Get Ready! by Vista Higher Learning



EL English Intensive Course II

02803

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: English

UC/CSU: None

NCAA: No

This Core ELA/ELD course incorporates comprehensive English Language Arts support based on ELD standards for Multilingual Learners at the Emerging Level. This course provides English Learners with fundamental skills in reading, writing, speaking, and listening via a rigorous and rich academic curriculum that begins preparing students for college and career success. It incorporates activities that focus on content, concepts, and language features/functions within the text, emphasizing productive, collaborative, and interpretative standards. This course builds language and literacy proficiency with robust instruction, accessible instructional-level text, close reading of grade-level text, and multiple short and in-depth integrated reading and writing opportunities.

Pre-requisite(s): Middle School EL English Intensive Courses I, II, III, or IV, or enrolled in the site's Newcomer Program

Adopted curricular materials: Get Ready! by Vista Higher Learning

EL English Intensive Course III

02804

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: English

UC/CSU: English (b)

NCAA: No

This Core ELA/ELD course incorporates comprehensive English Language Arts support based on ELD standards for Multilingual Learners at the Emerging Level. This course provides English Learners with fundamental skills in reading, writing, speaking, and listening via a rigorous and rich academic curriculum that begins preparing students for college and career success. It incorporates activities that focus on content, concepts, and language features/functions within the text, emphasizing productive, collaborative, and interpretative standards. This course builds language and literacy proficiency with robust instruction, accessible instructional-level text, close reading of grade-level text, and multiple short and in-depth integrated reading and writing opportunities.

Pre-requisite(s): Middle School EL English Intensive Courses I, II, III, or IV, or enrolled in the site's Newcomer Program; Initial identification should be determined by multiple measures (ELPAC, SBAC/CAASPP, primary language assessments and ELS placements)

Adopted curricular materials: Engage A and B, Vista Higher Learning

EL English Intensive Course IV

02805

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: English

UC/CSU: English (b)

NCAA: No

This Core ELA/ELD course incorporates comprehensive English Language Arts support based on ELD standards for Multilingual Learners at the Emerging Level. This course provides English Learners with fundamental skills in reading, writing, speaking, and listening via a rigorous and rich academic curriculum that begins preparing students for college and career success. It incorporates activities that focus on content, concepts, and language features/functions within the text, emphasizing productive, collaborative, and interpretative standards. This course builds language and literacy proficiency with robust instruction, accessible instructional-level text, close reading of grade-level text, and multiple short and in-depth integrated reading and writing opportunities.

Pre-requisite(s): Middle School EL English Intensive Courses I, II, III, or IV, or enrolled in the site's Newcomer Program; Initial identification should be determined by multiple measures (ELPAC, SBAC/CAASPP, primary language assessments and ELS placements)

Adopted curricular materials: Engage A/B, Vista Higher Learning



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

EL Language Lab

02860

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This elective course emphasizes intensive instruction, in a small group setting (20 or fewer students), to improve student's competencies with listening, speaking, reading, and writing, through the development of the basic domains of English, e.g., pronunciation, letter sounds and units of meaning, syntax, spoken and written communication, as well as, computer literacy skills. The students will benefit from support provided for their academic courses by participating in homework assignment groups on a daily basis. Concurrent enrollment within both English Language Development and the ELL Lab will enable the students to more quickly progress toward reaching English fluency and mastering the language arts content standards. Primary language support is available, when necessary, to help students understand homework and the concepts of mathematics, science, and history. This course is repeatable for up to 40 credits.

Co-requisite: Concurrent enrollment in English 9, English 10, English 11, English 12, and/or EL Intensive I-IV.

Adopted curricular materials: Study Sync, McGraw-Hill Education or Edge, National Geographic Learning, Hampton-Brown, or Get Ready (dependent upon students' core English course)

ELA Literacy 9-12

02611

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: English

UC/CSU: None

NCAA: No

This English/Language Arts (ELA) course is an intensive intervention class designed for students who have a multi-year trend of being more than two years below grade level in reading and who have demonstrated eligibility for the course based on targeted assessments. The goal of this course is to accelerate student learning for the purpose of being able to exit the course and to be successful with grade-level ELA and literacy standards in all content areas. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): Placement by site intervention team based on identified district data criteria and assessments

Adopted curricular materials: California Language! Live, Voyager Sopris Learning, Inc.

English 10

02100

Department: English

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: English

UC/CSU: English (b)

NCAA: Yes

This course is designed toward integrating reading, writing, listening, and speaking, and utilizing higher order thinking skills. This course's standards-based instruction will include literature and expository writing, language mechanics and usage, and vocabulary development in meaningful contexts. Various literary and expository genres such as the short story, novel, drama, poetry, biography, and essay will be studied. Whenever possible, connections will be made between the language arts areas and the 10th grade world history course. Writing instruction, based primarily upon expository text and literature studied in the course, will center on a variety of models and writing as a process as well as writing on demand.

Adopted curricular materials: CA StudySync 10, McGraw-Hill Education

English 10 Honors

02130

Department: English

Grade Level: 10

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: English

UC/CSU: English (b)

NCAA: Yes

This honors course has been revised to align with University of California's Honors distinction criteria and provides students with rigorous instruction aligned to the California state standards. It is intended to prepare students for success in AP or IB level English classes. A balance of rich literature and thought-provoking informational texts, along with a variety of mixed mediums such as novels, visual/auditory presentations, and multi-media, offers student the opportunity to hone their critical reading and thinking skills. Students will demonstrate their understanding of the texts through a variety of assignments and culminating writing projects that place emphasis on analysis, synthesis, and research. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-requisite(s): English 9 or English 9 Honors

Adopted curricular materials: Advanced Language & Literature, for Honors and pre-AP English Courses, Bedford/St. Martin's

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

English 11 02200

Department: English **Grade Level:** 11-12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: English **UC/CSU:** English (b) **NCAA:** Yes

This course provides an integrated language arts approach within an enriched standards-based curriculum focusing on American writers and the study of American literature. Students will examine the literature (which may include short stories, drama, poetry, novels, essays, and biographies) in the context of thematic and/or historical connections. By participating in appropriate reading, writing, and oral language activities, students will broaden their understanding of American culture and literature. This course will prepare students for critical reading and college-level writing.

Adopted curricular materials: CA StudySync 11, McGraw-Hill Education

English 12 02300

Department: English **Grade Level:** 12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: English **UC/CSU:** English (b) **NCAA:** Yes

This course offers standards-based integrated language arts instruction designed to address the unique needs of seniors who are preparing for the transition from high school to college and/or career. Students will study representative works of world literature in the context of thematic and/or historical connections to broaden their cultural perspectives. Writing domains emphasized in the course will lend themselves to interdisciplinary topics as well. This course will prepare students for critical reading and college-level writing.

Adopted curricular materials: CA StudySync 12, McGraw-Hill Education

English 9 02000

Department: English **Grade Level:** 09-12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: English **UC/CSU:** English (b) **NCAA:** Yes

This course is designed to address the state content standards in reading, writing, listening, and speaking in an integrated approach to English/language arts, utilizing higher order thinking skills. Instruction will include reference skills, study and test-taking skills, writing, reading expository text and literature, language mechanics and usage, and vocabulary development in meaningful contexts. This class will study various and expository literary genres including the short story, novel, drama, poetry, biography, and essay. Writing instruction, based primarily upon expository text and literature studied in the course, will center on a variety of models and writing as a process as well as writing on demand.

Adopted curricular materials: CA StudySync 9, McGraw-Hill Education

English 9 Honors 02030

Department: English **Grade Level:** 09 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: English **UC/CSU:** English (b) **NCAA:** Yes

This advanced course focuses on an integrated language arts approach within an enriched standards-based curriculum focusing on writers and the study of a variety of literary and exposition genres. It also includes a wide range of challenging literature. Instruction will focus on reference skills, study and test-taking skills, writing, language mechanics and usage, and vocabulary development. Writing instruction, based primarily upon expository text and literature studied in the course, will center on a variety of models and writing as a process as well as writing on demand. This course will prepare students for critical reading and college-level writing.

Note: This course is not granted "honors" credit by the UC system. This EGUSD honors course is not recognized as an honors level course by UC/CSU. It earns an EGUSD GPA enhancement but does NOT earn a GPA enhancement by UC/CSU.

Adopted curricular materials: Foundations of Language and Literature Strong Roots for AP, College, and Beyond (BFW Publishers)



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Exploring Culture Through Literature

02685

Department: English

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: Elective: English (g)

NCAA: No

This elective course allows students from varied backgrounds to work together to immerse themselves in the study of different cultures and ethnicities found in the United States. Students will create their own cultural profiles to learn more about themselves through an in-depth study of their own culture. By studying literature, history, folk and fine arts from a culture other than their own, students can learn to celebrate each other's cultures while simultaneously learning the empathy and communication skills necessary in the business world.

Pre-requisite(s): English 10

Adopted curricular materials: No textbook assigned

Exploring Modern Issues in Text, Part I

02714

Department: English

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This Designated ELD course incorporates comprehensive English language support for English Learners (ELs) at higher language proficiency levels in order for them to be ready for college and the workplace by the end of high school.

Pre-Requisite(s): 11th or 12th grade English Learner who is at the expanding or bridging level; 11th or 12th grade struggling RFEP student.

Adopted curricular materials: Expository Reading and Writing Curriculum 3.0, Modules 1-5, Copyright 2019, The California State University

Exploring Modern Issues in Text, Part II

02715

Department: English

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This designated ELD course incorporates comprehensive English language support for English Learners (ELs) at the Expanding and Bridging levels. With a focus on expository text, this course offers instruction to support the acquisition of academic English and incorporates activities that focus on content, concepts, and language features within the text(s) being read and produced.

Students within this course will be given opportunities to accelerate their proficiency in the areas of reading, writing, speaking, and listening.

Pre-requisite(s): 11th or 12th grade English learner who is at the expanding or bridging level or an 11th or 12th grade struggling RFEP student.

Adopted Curricular Material: Expository Reading and Writing Curriculum, 3rd Edition, Modules 6-10, California State University

Film as Literature I

02695

Department: English

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Elective: English (g)

NCAA: Yes

This elective course provides students with a focused study of film genres as a means to improve students' thinking and writing. Major works of cinema will be studied with emphasis on critical interpretation of the ways film communicates visually and verbally and on the historical and cultural context in which films are created. Students will study modern film as a storytelling medium, focusing on depth of characterization, originality of theme, and significant human issues that are presented in films universally recognized as classics. Students will view films, participate in small and large group discussions, and write several critical essays analyzing and interpreting films.

Pre-requisite(s): Must pass previous English class with a grade of C or better

Adopted curricular materials: Anatomy of Film, Bedford-St. Martin



Film as Literature II

02696

Department: English

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This elective course is designed to accompany Film as Literature I. After focusing on film genre, production, and major cinematic works, with an emphasis on critical interpretation, students will analyze and center their interpretive efforts in a specified area, e.g., Women and Film, Media and Film, Culture in Film, Film as Archive, History and Film, or Art and Film. Students will view films which center on the areas of inquiry, participate in small and large group discussions, create inquiry-based assessment, and write several critical and interpretive essays.

Adopted curricular materials: No textbook assigned

Literacy Enrichment 9

02609

Department: English

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed to supplement and enrich the core English 9 course while students are off-term from their core English course. While the breadth of English 9 standards are covered in the core classes, Literacy Enrichment focuses on a variety of literacy support skills to enrich students' reading, writing, speaking, and presenting skills through units designed to promote critical thinking.

Co-requisite: English 9

Adopted curricular materials: CA StudySync-Online Curriculum

Strategic Reading 9

02605

Department: English

Grade Level: 09

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed to help students develop vocabulary, fluency, comprehension, grammar, and composition skills which will enable them to accelerate in order to access the core curriculum. Comprehension of expository text as well as academic vocabulary will be emphasized.

Adopted curricular materials: Edge: Reading, Writing & Language (Level B), Hampton-Brown

Yearbook

02635

Department: English

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Electives

UC/CSU: Electives (g)

NCAA: No

This course is designed to be the actual production of the high school yearbook. Students will write and prepare copy and learn the techniques of yearbook layout and production. Students will be expected to work on a specific staff, meet all deadlines as set by the instructor, and participate in book sales. Students must also participate in all other related yearbook activities and distribution. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): Staff member selection will be by application and instructor approval only

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Health

Health

15000

Department: Health

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Health

UC/CSU: Electives (g)

NCAA: No

This course focuses on health promotion, disease prevention, and risk reduction. Topics may include substance use and abuse, comprehensive sexual health education, human trafficking, nutrition, first aid, hands-on compression-only CPR and AED instruction, health-related physical fitness concepts, hygiene, mental health/self-esteem, and health-related careers.

Adopted curricular materials: Glencoe Health, McGraw-Hill, Copyright 2022

Health EL

15800

Department: Health

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Health

UC/CSU: Electives (g)

NCAA: No

This course is designed to provide newcomer English Learners with a foundation in health promotion, disease prevention, and risk reduction. Units of study will include substance use and abuse, family life, nutrition, first-aid, health-related physical fitness, hygiene, mental health/self-esteem, and health-related careers. This course's ELD standards-based instruction includes an emphasis on academic vocabulary, expository writing, and subject-specific reading. Instructors use a variety of scaffolded instructional techniques to address the specific needs of second language learners.

Pre-requisite(s): Initial placement may be determined by EL coordinator, counselor, and/or multiple measures (primary language proficiency, CELDT/ELPAC, SBAC/CAASPP, program placement, etc.)

Adopted curricular materials: Glencoe Health, McGraw-Hill, Copyright 2022



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

History/Social Science

African American Studies

01604

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 09-12
UC/CSU: None

Credits: 5.0
Max Credits: 5.0
NCAA: No

In this course, students will examine African American history, culture, traditions, achievements, and its impact on the shaping of the modern world. The course will follow the California State framework and will include current issues and topics such as African Diaspora, Reconstruction of the South, Harlem Renaissance, and the Civil Rights Movement. Skills such as critical thinking, reading, writing, problem-solving, note taking, and oral interpretation will be emphasized. It is hoped that the content used in this course will increase individual self-esteem and empowerment to assist in students' academic maturation.
Adopted curricular materials: No textbook assigned

American Government

01310

Department: History/Social Science
Graduation Requirement: American Government

Grade Level: 12
UC/CSU: US History (a)

Credits: 5.0
Max Credits: 5.0
NCAA: Yes

This course is designed to prepare students to assume their rights and responsibilities as citizens, which is required for graduation. To achieve this, various branches and key agencies of our government, from the local to the national level, will be studied. Civil rights, affirmative action, the ERA, and the criminal justice system will be emphasized. Resource speakers will be utilized to help students understand the major issues which affect the government today and the process by which political decisions are made.
Adopted curricular materials: Impact California Social Studies: Principles of American Democracy, Copyright 2019, McGraw-Hill Education

American Government, Newcomer EL

01840

Department: History/Social Science
Graduation Requirement: American Government

Grade Level: 11-12
UC/CSU: None

Credits: 5.0
Max Credits: 5.0
NCAA: No

This course is designed to prepare newcomer English Learners to assume their rights and responsibilities as citizens, which is required for graduation. To achieve this, various branches and key agencies of our government, from the local to the national level, will be studied. Primary readings, videos, simulations, and other activities will be used to enhance the subject. This course's ELD standards-based instruction includes an emphasis on academic vocabulary, expository writing, and subject-specific reading. Instructors use a variety of scaffolded instructional techniques to address the specific needs of second language learners.
Pre-requisite(s): Placement may be determined by EL coordinator, counselor, and/or multiple measures (primary language proficiency, ELPAC, SBAC/CAASPP, program placement, etc.)

Adopted curricular materials: Impact California Social Studies: Principles of American Democracy, McGraw-Hill Education

AP Government and Politics United States

01330

Department: History/Social Science
Graduation Requirement: American Government

Grade Level: 12
UC/CSU: US History (a)

Credits: 5.0
Max Credits: 5.0
NCAA: Yes

This course is designed for students who want to complete the equivalent of a one-semester college introductory course in American Government and Politics. Students will engage in an intense study of the constitutional foundation of American government; interactions among branches of government; civil liberties and civil rights of citizens; political ideology and beliefs; and political participation. The content and skills developed in AP Government and Politics will prepare students for the national Advanced Placement exam, meet Common Core standards, and the California Social Science content standards for the Principles of American Democracy.
Pre-requisite: None
Adopted Curricular Materials: American Government Stories of a Nation, 2nd Edition, BFW Publishers

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

AP Macroeconomics

01440

Department: History/Social Science

Grade Level: 12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Economics

UC/CSU: Elective: History/Social Science (g)

NCAA: Yes

This course provides a thorough understanding of the principles of economics that apply to an economic system as a whole. Such a course places particular emphasis on the study of national income and price determination and also develops familiarity with economic performance measures, economic growth, and international economics.

Adopted curricular materials: Krugman's Economics for AP, 4th Edition, BFW Publishers

AP Microeconomics

01430

Department: History/Social Science

Grade Level: 12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Economics

UC/CSU: Elective: History/Social Science (g)

NCAA: Yes

This course offers a thorough understanding of the principles of economics that apply to the functions of individual decision makers, both consumers and producers, within the larger economic system. It places primary emphasis on the nature and functions of product markets, and includes the study of factor markets and of the role of government in promoting greater efficiency and equity in the economy.

Adopted curricular materials: Krugman's Economics for AP, 4th Edition, BFW Publishers

AP Psychology

01620

Department: History/Social Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: Elective: History/Social Science (g)

NCAA: Yes

This course introduces students to the systematic and scientific study of the behavioral and mental processes of human beings and other animals. Students are exposed to the psychological facts, principles, and phenomena associated with each major sub field within psychology. Students will also learn about the methods psychologists use to explore the processes involved in normal and abnormal perceptions, thoughts, feelings, and actions.

Adopted curricular materials: Myers' Psychology for AP, Worth Publishers, 4th Edition

AP US History

01230

Department: History/Social Science

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: US History

UC/CSU: US History (a)

NCAA: Yes

In this course, students investigate significant events, individuals, developments, and processes of U.S. history from 1491 to the present, divided into nine time periods of study. Students develop the same skills, practices, and methods employed by historians: analyzing primary and secondary sources; developing historical arguments; making historical connections; and utilizing reasoning about comparison, causation, and continuity and change over time. Attention will be given to the reading and writing skills necessary for the AP exam.

Adopted curricular materials: Give Me Liberty: An American History, 6th Edition, Norton Publishing

AP World History

01130

Department: History/Social Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World History

UC/CSU: World History (a)

NCAA: Yes

In this course, students investigate significant events, individuals, developments, and processes of world history from 1200 to the present. Students develop the same skills, practices, and methods employed by historians; analyzing primary and secondary sources; developing historical arguments; making historical connections; and utilizing reasoning about comparison, causation, and continuity and change over time. The course provides six themes in order to make connections among historical developments in different times and places: humans and the environment, cultural developments and interactions, governance, economic systems, social organization, and technological innovation. Attention will be given to the reading and writing skills necessary for the AP exam.

Adopted curricular materials: Ways of the World- A Global History with Sources, 5th Edition, BFW Publishers

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



California History

01618

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 10-12 **Credits:** 5.0 **Max Credits:** 5.0
UC/CSU: Elective: History/Social Science (g) **NCAA:** No

This course will examine the political, economic, and social aspects of the Golden State. This course aims to provide students with a solid foundation of understanding our state's history in order to better prepare them to be responsible citizens within California. Students will study a variety of topics pertaining to California, such as the original Californians and Spanish settlement, the Gold Rush, the rise of industry and labor unions, Progressivism, controversies over land and water, both World Wars, the Great Depression, the growth of agribusiness, the social unrest of the 1960s and contemporary issues.
Adopted curricular materials: No textbook assigned

Cultural Studies

01606

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 09-12 **Credits:** 5.0 **Max Credits:** 5.0
UC/CSU: Elective: History/Social Science (g) **NCAA:** No

This course explores a number of topics such as the histories of African Americans, Latinos, Filipinos, Chinese, Japanese, Native Americans, and women in the United States. Racism, prejudice, stereotyping, and other forms of discrimination will also be examined. Students will become aware of minority struggles and contributions of minority groups to American life. A major part of the course will consist of films, field trips, guest speakers, and special cultural activities.
Adopted curricular materials: No textbook assigned

Economics

01420

Department: History/Social Science
Graduation Requirement: Economics

Grade Level: 12 **Credits:** 5.0 **Max Credits:** 5.0
UC/CSU: Elective: History/Social Science (g) **NCAA:** Yes

This course introduces the basic principles of all economic systems with special emphasis on a market-based system. This course is required for graduation. Specific topics include the basic principles of decision-making, scarcity, opportunity, cost, and the principles of supply and demand. These principles are examined from individual, national, and international perspectives. This course is designed to give students the necessary tools to analyze their own personal decision making as well as to evaluate the decisions of an individual firm, or the nation as a whole.
Adopted curricular materials: Impact California Social Studies: Principles of Economics, Copyright 2019, McGraw-Hill Education

Economics, Newcomer EL

01850

Department: History/Social Science
Graduation Requirement: Economics

Grade Level: 11-12 **Credits:** 5.0 **Max Credits:** 5.0
UC/CSU: None **NCAA:** No

This course is designed to introduce newcomer English Learners to the basic principles of all economic systems with a special emphasis on a market-based system. Specific topics will include the basic principles of decision making, scarcity, opportunity, cost and the principles of supply and demand. This course's ELD standards-based instruction includes an emphasis on academic vocabulary, expository writing, and subject-specific reading. Instructors use a variety of scaffolded instructional techniques to address the specific needs of second language learners.
Pre-requisite(s): Placement may be determined by EL coordinator, counselor, and/or multiple measures (primary language proficiency, ELPAC, SBAC/CAASPP, program placement, etc.)

Adopted curricular materials: Impact California Social Studies: Principles of Economics, McGraw-Hill Education



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Empowerment Skills For Young Adults

01612

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 09-12
UC/CSU: None

Credits: 5.0

Max Credits: 5.0
NCAA: No

This course explores the social and cultural development of students today. Students will focus specifically on the effect of personal and societal issues as they relate to young adults. Topics include: relationships, stereotypes, the influence of the media, perceptions, family dynamics, societal issues, careers, and physical presence and self-presentation. Self-reflection and assessment will occur as students create and keep a personal journal throughout the course.

Adopted curricular materials: No textbook assigned

Ethnic Studies

01627

Department: History/Social Science
Graduation Requirement: Ethnic Studies

Grade Level: 09-12
UC/CSU: US History (a)

Credits: 5.0

Max Credits: 5.0
NCAA: Yes

This course combines subjects like history, literature, sociology, and art to help students understand how race, ethnicity, and culture shape their identities and the communities that shape their lives, with a focus on California. Students will explore how social systems and power dynamics affect people's lives and opportunities. The course exposes students to hidden histories and diverse perspectives to help them better understand themselves, their peers, and their local communities. It also builds empathy, fosters collaboration across differences, develops strong analytical and communication skills, and encourages civic engagement to promote positive change.

Pre-Requisite: None

Adopted curricular materials: Our Stories in Our Voices, Copyright 2019, Kendall Hunt Publishing Company

International Relations

01609

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 09-12
UC/CSU: Elective: History/Social Science (g)

Credits: 5.0

Max Credits: 5.0
NCAA: Yes

This course provides students the opportunity to examine the workings and the issues of the United States in regard to post-World War II international relations. The course will focus on national security issues, such as the cold war and nuclear proliferation. Development of foreign policy and U.S. treaties will be explored for the pertinence to national security. Students will work cooperatively to research, develop, present and predict possible scenarios based on historical and current events that will aid in a better understanding of international concerns of the future.

Adopted curricular materials: No textbook assigned

Political Science Honors

01608

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 12
UC/CSU: US History (a)

Credits: 5.0

Max Credits: 5.0
NCAA: Yes

This course focuses on writing papers, book reviews, and delivering oral presentations. The course offers an honors class that will prepare the student for college level work. This course will use a "5-point A" grading system. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Note: Recommended to be taken in conjunction with American Government and Politics, AP

Adopted curricular materials: Government by the People, Prentice Hall

Political Science, Introduction to

01614

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 09-12
UC/CSU: Elective: History/Social Science (g)

Credits: 10.0

Max Credits: 10.0
NCAA: Yes

This course introduces students to the study of government by examining the roots of modern political thought and major political philosophies. The course will also examine the role and impact of media as a part of political socialization. Additionally, the students will examine the justice system and the theories that govern it. Finally, the curriculum will include research of current issues, student-run press conferences, formalized debate, and resource speakers who effect our political system and are involved in the current policy making process.

Adopted curricular materials: Government by the People, Prentice Hall

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Psychology I

01601

Department: History/Social Science

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Elective: History/Social Science (g)

NCAA: Yes

This course provides students with a better understanding of human behavior. Students learn how their actions relate to the behavior of others. Units that will be covered include: Introduction to Psychology, learning principles and applications, memory and thought, adolescence and adulthood, and personality theories. Projects of each student's own design will be due at the end of the semester.

Adopted curricular materials: Essentials of Psychology Concepts and Applications, 6th Edition, Cengage Learning, Inc., Copyright 2022

Psychology II

01602

Department: History/Social Science

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Elective: History/Social Science (g)

NCAA: Yes

This course explores the topics of: Psychology and society, human relations, careers in psychology, adjustment in the family, adulthood and aging, mental retardation, drugs and behavior, and suicide. In addition to obtaining useful insights into specific topics related to the field of psychology, students will further develop the necessary research and writing skills for success at the university level. Projects of each student's own design will be due at the end of the semester.

Adopted curricular materials: Essentials of Psychology Concepts and Applications, 6th Edition, Cengage Learning, Inc., Copyright 2022

Soundtrack of Modern American History

01591

Department: History/Social Science

Grade Level: 11-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Elective: History/Social Science (g)

NCAA: No

This course offers students an opportunity to study popular music in an historical and social perspective from jazz, folk, rhythm and blues, rock, rap, and heavy metal. This course will explore how music responded to social change in twentieth century America through readings, daily listening, movies and videos, and an introduction to music and the instruments used in popular music.

Adopted curricular materials: No textbook assigned

Success in AP History/Social Science Courses

01240

Department: History/Social Science

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed as a companion course to develop and support the study and technical skills which will ensure successful participation in advanced placement (AP) History/Social Science courses. This elective course will provide students with specific content support, practice in essential study skills, including note-taking and organization, as well as provide techniques and opportunities to practice Document Based Questions, Free Response Questions, and multiple choice questions that students will encounter on the national AP exam.

*Co-requisite: Enrollment in an AP History Social Science Course (AP Human Geography, AP World History, AP Comparative Government, AP American Government, AP Macroeconomics, AP Microeconomics, and/or AP Psychology)

(A separate prep course for AP US History, [course #1231; AP Skills, Emphasis on AP US History] exists and is offered at Cosumnes Oaks High School.)

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

The Supreme Court

01610

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 11-12
UC/CSU: None

Credits: 5.0

Max Credits: 5.0
NCAA: No

This course examines the United States Supreme Court and its role in determining the laws we live by. It will begin with an introduction to the Court System, Court Structure, and the philosophy behind Judicial Review. Additionally, this course will cover Constitutional Amendments as they apply to landmark cases, as well as historical influences on rights and the Constitution. Finally, this course will explore precedent setting decisions and how these judgements affect the constitutional rights of the students and citizens at large.

Adopted curricular materials: No textbook assigned

US History

01210

Department: History/Social Science
Graduation Requirement: US History

Grade Level: 11-12
UC/CSU: US History (a)

Credits: 10.0

Max Credits: 10.0
NCAA: Yes

This course focuses on the study of modern American history, in accordance with the state framework. This is an 11th grade social science course. The class begins with a review of United States history from the nation's beginnings to the start of the 20th century. Connecting with past learning will highlight the initial segment of the class. The primary focus of the course will be 1900 America to the present. Students will participate in the examination of: the Progressive Era, the Jazz Age, world wars and cold wars, depression, civil rights, Watergate, and America today. An in-depth investigation of historical events and periods, the fostering of multicultural awareness, the recognition of ethical, civic, and democratic values present in American history, and the development of a historical perspective in relation to contemporary events represent the major aspects of the course. Literature, music, art, primary readings, videos, simulations and other activities will be used to enhance the subject.

Adopted curricular materials: Impact California Social Studies: United States History & Geography, Continuity and Change, Copyright 2019, McGraw-Hill Education

US History, Newcomer EL

01830

Department: History/Social Science
Graduation Requirement: US History

Grade Level: 11-12
UC/CSU: None

Credits: 10.0

Max Credits: 10.0
NCAA: No

This course introduces newcomer English Learners to the history of modern America beginning with a review of United States history from the nation's beginnings to the start of the twentieth century. Literature, music, and art primary readings, videos, simulations, and other activities will be used to enhance the subject. This course's ELD standards-based instruction includes an emphasis on academic vocabulary, expository writing, and subject-specific reading. Instructors use a variety of scaffolded instructional techniques to address the specific needs of second language learners.

Prerequisite(s): Placement may be determined by EL coordinator, counselor, and/or multiple measures (primary language proficiency, ELPAC, SBAC/CAASPP, program placement, etc.)

Adopted Curricular Material: Impact California Social Studies: United States History & Geography, Continuity and Change, McGraw-Hill Education

Women's Studies

01607

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 09-12
UC/CSU: Elective: History/Social Science (g)

Credits: 5.0

Max Credits: 5.0
NCAA: Yes

This social science elective course is designed to introduce students to the history of the women's rights era in the United States beginning with the abolitionist movement to the roles of women in today's society. This class is aligned with the CA State Content Standards in World History and US History. Students will analyze women of different racial and social groups throughout women's suffrage reform. They will compare and contrast the working conditions, roles of women, and the image of women in the media/arts from the early 1900s through today.

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

World Geography

01010

Department: History/Social Science

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Geography

UC/CSU: World History (a)

NCAA: Yes

This course introduces students to the world's geographic regions and allows them to relate that knowledge to events in today's rapidly changing world. Contemporary issues confronting the world today, such as world trade, problems of developing nations, urbanization, environmental pollution, and conservation of the world's resources are addressed. Students develop certain basic geography skills. These include map reading and place name identification along with the interpretation of charts and diagrams. As students gain a global perspective of geography, they become increasingly aware of their role as a global citizen today.

Adopted curricular materials: Geography Alive! Regions and People (a digital resource), 3rd Edition

World Geography EL

01810

Department: History/Social Science

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Geography

UC/CSU: None

NCAA: No

This social science course introduces newcomer English Learners to the world's geographic regions and allows them to relate that knowledge to events in today's rapidly changing world. Students develop basic geography skills including: map reading, place name identification, and interpretation of charts and diagrams. This course's ELD standards-based instruction includes an emphasis on academic vocabulary, expository writing, and subject-specific reading. Instructors use a variety of scaffolded instructional techniques to address the specific needs of second language learners.

Prerequisite(s): Placement may be determined by EL coordinator, counselor, and/or multiple measures (primary language proficiency, CELDT/ELPAC, SBAC/CAASPP, program placement, etc.)

Adopted curricular materials: Geography Alive! Regions and People (a digital resource), 3rd Edition

World History

01110

Department: History/Social Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World History

UC/CSU: World History (a)

NCAA: Yes

This course explores how the connection between the past and the future will continue to form our lives. In World History, students again recognize the growing interdependence of people and cultures throughout the world. Students examine major turning points in the shaping of the modern world from the late eighteenth century to the present. Literature is incorporated to shed light on the life and times of the people and helps explain how and why things turned out as they did in the world today.

Adopted curricular materials: Impact California Social Studies: World History, Culture and Geography, Copyright 2019, McGraw-Hill Education

World History, Newcomer EL

01820

Department: History/Social Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World History

UC/CSU: None

NCAA: No

This social science course prepares newcomer English Learners to explore how the connection between the past and the future will continue to impact our lives. Students will examine major turning points in the shaping of the modern world from the late eighteenth century to the present. This course's ELD standards-based instruction includes an emphasis on academic vocabulary, expository writing, and subject-specific reading. Instructors use a variety of scaffolded instructional techniques to address the specific needs of second language learners.

Pre-requisite(s): Placement may be determined by EL coordinator, counselor, and/or multiple measures (primary language proficiency, ELPAC, SBAC/CAASPP, program placement, etc.)

Adopted curricular materials: Impact California Social Studies: World History, Culture and Geography, McGraw-Hill Education



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Writing in AP Social Sciences

01011

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 09-12
UC/CSU: None

Credits: 5.0 **Max Credits:** 10.0
NCAA: No

This course is designed as a companion course to develop and support writing skills which will ensure both successful performance in the AP History/Social Science courses as well as on the AP exams. This course will provide students with instruction on introducing precise claims, creating organization, developing counterclaims, using appropriate and varied transitions, and clarifying the relationships between reasons and evidence. Specifically, this course will provide focused practice for the writing successful of Short Answer Questions, Long Essay Questions, and Document-Based Questions. This course may be repeated for a maximum of 10 credits.

Co-requisite: AP Social Science Course

Adopted curricular materials: They Say/I Say, The Moves That Matter in Academic Writing, W. W. Norton & Company, Inc.

You and the Law

01611

Department: History/Social Science
Graduation Requirement: Electives

Grade Level: 09-12
UC/CSU: Elective: History/Social Science (g)

Credits: 5.0 **Max Credits:** 5.0
NCAA: Yes

This course explores the following units: Criminal Law and Juvenile Justice, Tort Law, Consumer Law, Family Law, Housing Law, Constitutional Issues, and Individual Rights and Liberties. This course is a one-semester social science elective that introduces students to criminal and civil justice concepts.

Adopted curricular materials: Street Law: A Course in Practical Law, 10th Edition, McGraw Hill, copyright 2021



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Mathematics

AP Calculus AB

03050

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics - Advanced (c)

NCAA: Yes

This advanced course is designed to parallel the first semester of a college level calculus course and will cover differential and integral calculus. Topics that will be covered include: limits, differentiation, applications of differentiation, integration, applications of integration, and elementary functions. This class will prepare students to take the AP Calculus AB test near the end of the school year, giving them the opportunity to earn college credit. Students are strongly encouraged to take the AP exam.

A graphing calculator is recommended. This course uses a "5-point A" grading system recognized by the CSU and UC system.

Pre-requisite(s): Pre-Calculus with a grade of C or better

Adopted curricular materials: Calculus for AP, 2nd Edition, Cengage Learning

AP Statistics

03058

Department: Mathematics

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics - Advanced (c)

NCAA: Yes

This advanced course is designed to parallel the first semester of a college level introductory statistics course. The topics that will be covered include: exploratory data analysis, experimental design, producing models using probability and simulation, and statistical inference. Students are strongly encouraged to take the AP exam. A graphing calculator is strongly recommended.

This course uses a "5-point A" grading system recognized by the CSU and UC system.

Pre-requisite(s): Mathematics III with a grade of C or better

Adopted curricular materials: The Practice of Statistics, W. H. Freeman and Company

Applied Mathematics

03019

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics I (c)

NCAA: No

This year-long college-preparatory course supports key Mathematics I standards and introduces key Mathematics II standards. Designed for students who seek a better grasp of mathematical concepts before enrolling in Mathematics II, this course makes explicit connections between the Standards for Mathematical Practice and the Content Standards through performance tasks and project-based learning. This course prioritizes the usefulness in learning mathematics as students apply their knowledge using a variety of avenues such as surveys and art.

Pre-requisite(s): Mathematics I

Adopted curricular materials: EGUSD Printed APPLIED MATH Materials

Exploring Functions through Mathematical Practices

03022

Department: Mathematics

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics - Advanced (c)

NCAA: Yes

This course supports key Mathematics II standards and introduces key Mathematics III standards. Designed for students who seek a better grasp of mathematical concepts before enrolling in Mathematics III, this course focuses on function families by providing opportunities to identify and compare the key characteristics of a variety of functions as they are represented by graphs, tables, equations, and narratives describing real-world situations.

Pre-Requisite(s): Mathematics II

Adopted curricular materials: EGUSD-Created materials for Exploring Functions through Mathematical Practices



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Mathematics I

03015

Department: Mathematics

Grade Level: 08-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics I

UC/CSU: Mathematics I (c)

NCAA: Yes

This course is the first course in a series of three that uses an integrated approach to cover the following domains: Number and Quantity, Algebra, Functions, Geometry, and Statistics and Probability. The problem situations, models, and technology used will foster connections to the eight standards of mathematical practice, which develop concepts from multiple perspectives.

Mathematics I topics focus on the interconnectedness of function elements, tables, graphs, and equations; comparison and contrast and decision-making using Algebraic models; proving Geometric theorems about two-dimensional figures; and modeling using mathematical probability. Technology will be used to introduce and expand upon all areas of focus

Pre-requisite for students taking Mathematics I in Grade 8: Mathematics 7 Accelerated with a grade of C or better

Adopted curricular materials: Reveal Math Integrated I, McGraw Hill or ALEKS (digital curriculum)

Mathematics I A, Part 1

03101

Department: Mathematics

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Elective: Mathematics (g)

NCAA: Yes

Mathematics I A is the first in a two-part course that integrates the conceptual categories of Number and Quantity, Algebra, Functions, Geometry, and Statistics. Coupled with Mathematics I B, these two courses are the equivalent of a two-year Mathematics I course. The problem situations, models, and technology used will foster connections to the eight Standards for Mathematical Practice, which develop conceptual understanding from multiple perspectives. Mathematics I A topics focus on the interconnectedness of function elements, tables, graphs, and equations; comparing and contrasting and decision-making using Algebraic models, and modeling using mathematical probability. In addition, students will be provided with online and in-class intervention to fill in any gaps in mathematical knowledge needed for success in Mathematics I A. This course earns five elective credits in the first semester (Part 1) and five mathematics credits in the second semester (Part 2).

Adopted curricular materials: Reveal Math Integrated I, McGraw Hill or ALEKS (digital curriculum)

Mathematics I A, Part 2

03102

Department: Mathematics

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Mathematics I

UC/CSU: Elective: Mathematics (g)

NCAA: Yes

Mathematics I A is the first in a two-part course that integrates the conceptual categories of Number and Quantity, Algebra, Functions, Geometry, and Statistics. Coupled with Mathematics I B, these two courses are the equivalent of a two-year Mathematics I course. The problem situations, models, and technology used will foster connections to the eight Standards for Mathematical Practice, which develop conceptual understanding from multiple perspectives. Mathematics I A topics focus on the interconnectedness of function elements, tables, graphs, and equations; comparing and contrasting and decision-making using Algebraic models, and modeling using mathematical probability. In addition, students will be provided with online and in-class intervention to fill in any gaps in mathematical knowledge needed for success in Mathematics I A. This course earns five elective credits in the first semester (Part 1) and five mathematics credits in the second semester (Part 2).

Pre-requisite(s): Mathematics I A, Part 1

Adopted curricular materials: Reveal Math Integrated I, McGraw Hill or ALEKS (digital curriculum)



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Mathematics I B, Part 1

03103

Department: Mathematics

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: Mathematics I (c)

NCAA: Yes

Mathematics I B is the second in a two-part course which integrates the conceptual categories of Number and Quantity, Algebra, Functions, Geometry, and Statistics. Coupled with Mathematics I A, these two courses are the equivalent of Mathematics I. The problem situations, models, and technology used will foster connections to the eight Standards for Mathematical Practice which develop conceptual understanding from multiple perspectives. Mathematics I B topics focus on exponential relationships, geometric transformation and congruence, the properties of lines, angles, and triangles, along with the applications of these properties; and quadrilaterals and coordinate proof. In addition, students will be provided with online and in-class intervention to fill in any gaps in mathematical knowledge needed for success in Mathematics I B. This course earns five elective credits in the first semester (Part 1) and five math credits in the second semester (Part 2).

Pre-requisite(s): Mathematics I A, Part 2

Adopted curricular materials: Reveal Math Integrated I, McGraw Hill or ALEKS (digital curriculum)

Mathematics I B, Part 2

03104

Department: Mathematics

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Mathematics I

UC/CSU: Mathematics I (c)

NCAA: Yes

Mathematics I B is the second in a two-part course which integrates the conceptual categories of Number and Quantity, Algebra, Functions, Geometry, and Statistics. Coupled with Mathematics I A, these two courses are the equivalent of Mathematics I. The problem situations, models, and technology used will foster connections to the eight Standards for Mathematical Practice which develop conceptual understanding from multiple perspectives. Mathematics I B topics focus on exponential relationships, geometric transformation and congruence, the properties of lines, angles, and triangles, along with the applications of these properties; and quadrilaterals and coordinate proof. In addition, students will be provided with online and in-class intervention to fill in any gaps in mathematical knowledge needed for success in Mathematics I B. This course earns five elective credits in the first semester (Part 1) and five math credits in the second semester (Part 2).

Pre-requisite(s): Mathematics I B, Part 1

Adopted curricular materials: Reveal Math Integrated I, McGraw Hill or ALEKS (digital curriculum)

Mathematics I Support

03016

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed for the Mathematics I student who is performing below grade level due to learning gaps. The content taught in this course aligns with the Mathematics I scope and sequence and provides students with the opportunity to receive additional instruction in standards that are essential to success in high school math. Students will be provided with both online and in-class intervention to support mastering the Mathematics I standards along with standards from previous grade levels.

Co-requisite: Concurrent enrollment in Mathematics I

Adopted curricular materials: ALEKS (digital/on-line curriculum)

Mathematics II

03025

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics II (c)

NCAA: Yes

This course is the second course in a series of three that uses an integrated approach to cover the following domains: Number and Quantity, Algebra, Functions, Geometry, and Statistics and Probability. This course focuses on extending the laws of exponents to rational exponents, and solving and comparing the characteristics of functions, including their associated inequalities. Students will extend their work with similarity, triangle and coordinate proofs, constructions, congruence, and transformations while using proportional reasoning, trigonometric ratios and the Pythagorean Identity. Students will expand their conceptual understanding of probability and statistics.

Pre-requisite(s): Mathematics I or Applied Mathematics with a grade of C or better

Adopted curricular materials: Reveal Math Integrated II, McGraw Hill and ALEKS (digital curriculum)

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Mathematics II Honors

03026

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics II (c)

NCAA: Yes

This course expands upon Mathematics II content. Mathematics II Honors includes exploring complex polynomial solutions, using the Fundamental Theorem of Algebra, extending constructions, and using theoretical and experimental probability to model compound events, permutations, combinations, and fair decision making. This EGUSD honors course is not recognized as an honors level course by UC/CSU. It earns an EGUSD GPA enhancement but does NOT earn a GPA enhancement by UC/CSU.

Pre-requisite(s): Mathematics I or Mathematics I B, Part 2 with a grade of C or better

Adopted curricular materials: Reveal Math Integrated II, McGraw Hill and ALEKS (digital curriculum)

Mathematics III

03035

Department: Mathematics

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics III (c)

NCAA: Yes

This course is the third course in a series of three that uses an integrated approach to cover the following domains: Number and Quantity, Algebra, Functions, Geometry, and Statistics and Probability. This course focuses on four major areas: (1) Expanding the understanding of functions to include polynomial, rational, and radical functions, (2) Expanding right triangle trigonometry to include general triangles, (3) Applying methods from probability and statistics to draw inferences and conclusions from data, and (4) Consolidating functions and geometry to create models and solve contextual problems.

Pre-requisite(s): Mathematics II, Mathematics II B, Part 2, Mathematics II Honors, or Exploring Functions through Mathematical Practices with a grade of C or better.

Adopted curricular materials: Reveal Math Integrated III, McGraw Hill or ALEKS (digital Curriculum)

Mathematics III Honors

03036

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics III (c)

NCAA: Yes

This course expands upon Mathematics III content. Mathematics III Honors includes extending polynomial identities to the complex system, using the Fundamental Theorem of Algebra and the Binomial Theorem, understanding that rational expressions with both linear and quadratic denominators are analogous to the rational numbers, proving and using the Laws of Sines and Cosines and using them to solve problems, applying the Laws of Sines and Cosines in both right and non-right triangles, and using probability concepts in more complex situations. This EGUSD honors course is not recognized as an honors level course by UC/CSU. It earns an EGUSD GPA enhancement but does NOT earn a GPA enhancement by UC/CSU.

Pre-requisite(s): Mathematics II, Mathematics II B, Part 2, Mathematics II Honors, or Exploring Functions through Mathematical Practices with a grade of C or better.

Adopted curricular materials: Reveal Math Integrated III, McGraw Hill or ALEKS (digital Curriculum)



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Newcomer Introductory Math

03812

Department: Mathematics

Grade Level: 09-12

Credits: 5.0

Max Credits: 20.0

Graduation Requirement: Mathematics

UC/CSU: None

NCAA: No

This course is exclusively for students who are enrolled in a Newcomer program. Classroom instruction uses an asset-based approach to teach the building blocks of math: number sense and operations with rational numbers. The course integrates ELD standards-based instruction to include a focus on academic vocabulary, expository writing, and expository reading of mathematics texts. Teachers use a variety of scaffolded instructional techniques focused on listening, speaking, reading, and writing to meet the specific needs of Newcomer Multilingual Learners. The course provides students with a balanced knowledge of math, equally focused on conceptual understanding, procedural fluency, and application, to prepare students for success in Newcomer Intermediate Mathematics. Both Newcomer Introductory Mathematics and Newcomer Intermediate Mathematics are intended to be completed in one calendar year. Students who begin the class more than one term/quarter into the year may repeat the course for credit, if needed, prior to enrolling in Newcomer Intermediate Mathematics. Once a student passes Newcomer Intermediate Mathematics, the next course is to be Newcomer or General Education Mathematics I.

Pre-requisite: None

Co-requisite: Enrollment in a Newcomer Program.

Adopted Curricular Materials: No textbook assigned

Newcomer Mathematics I

03810

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics I

UC/CSU: Mathematics I (c)

NCAA: No

This course provides English learners in a Newcomer Program with the foundational algebra and geometry skills needed for success in subsequent high school math courses. Topics include linear and exponential functions, congruency, scatter plots, two-way frequency tables, and measures of central tendency. The course integrates ELD standards-based instruction to include a focus on academic vocabulary, expository writing, and expository reading of mathematics texts. Instructors use a variety of scaffolded instructional techniques focusing on listening, speaking, reading, and writing to address the specific needs of Newcomer English learners.

Pre-Requisite(s): None

Co-Requisite(s): Enrollment in a Newcomer Program

Adopted curricular material: Reveal Math Integrated I, McGraw Hill or ALEKS (digital curriculum)

Newcomer Mathematics I Companion Course

03811

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Mathematics

UC/CSU: None

NCAA: No

This course is designed for students whose formal education may have been interrupted and must be taken concurrently with Mathematics I Newcomer EL while enrolled in a Newcomer Program. The goal is to provide students with the foundational mathematics skills for success in Mathematics I and beyond. The course integrates ELD standards-based instruction to include a focus on academic vocabulary, expository writing, and expository reading of mathematics texts. Instructors use a variety of scaffolded instructional techniques focusing on listening, speaking, reading, and writing to address the specific needs of Newcomer English learners. This course may be repeated for a maximum of 20 credits only if the Mathematics I Newcomer EL course is eligible to be repeated due to a failing grade.

Pre-Requisite(s): None

Co-Requisite(s): Enrollment in Mathematics I Newcomer EL and Enrollment in a Newcomer Program

Adopted curricular material: Reveal Mathematics or ALEKS (digital curriculum)



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Pre-Calculus

03040

Department: Mathematics

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics - Advanced (c)

NCAA: Yes

This course is designed to extend the study of mathematics beyond the standard three-year progression of Mathematics I, Mathematics II, Mathematics III. Topics that will be covered will include: math analysis, trigonometry, and linear algebra. A graphing calculator is recommended.

Pre-requisite(s): Mathematics III with a grade of C or better

Adopted curricular materials: Precalculus with Limits, 4th Edition, Cengage Learning

Pre-Calculus Honors

03041

Department: Mathematics

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics - Advanced (c)

NCAA: Yes

This course is designed to extend the study of mathematics beyond the standard three-year progression of Mathematics I, Mathematics II, Mathematics III. It is recommended for those students who wish to take an AP calculus class. Topics that will be covered will include: limits, derivatives, continuity, piece-wise functions, as well as math analysis, trigonometry, and linear algebra. A graphing calculator is recommended. This course uses a "5-point A" grading system recognized by the CSU and UC systems. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-requisite(s): Mathematics III with a grade of C or better

Adopted curricular materials: Precalculus with Limits, 4th Edition, Cengage Learning

Probability and Statistics

03068

Department: Mathematics

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Mathematics

UC/CSU: Mathematics III (c)

NCAA: Yes

This course is designed to explore the study of probability and the processing of statistical information. The course will review Algebra and Geometry concepts that relate to statistics. The topics that will be covered include: probability, standard distributions, measures of central tendency, standard deviation, and interpretation of these data. (A scientific calculator is recommended.)

Pre-requisite(s): Pre-requisite(s): Mathematics II, Mathematics II B, Part 2, Mathematics II Honors, or Exploring Functions through Mathematical Practices with a grade of C or better

Adopted curricular materials: Statistics and Probability with Applications, Third Edition; Bedford, Freeman & Worth



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Physical Education

Athletic Conditioning

08620

Department: Physical Education

Grade Level: 09-12

Credits: 5.0

Max Credits: 40.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed for athletes involved in an on-campus athletic team. Students will participate in weight training, core fitness development, and cardiovascular fitness development. Students will work with the instructor to develop a training plan that has a specific periodization plan that is specific to their sport. This course is NOT to be used for PE graduation credit. Elective credit only. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): 9th-grade students must be participating on an on-campus athletic team and receive approval from the course instructor or athletic director to be enrolled in the course.

Adopted Curricular Materials: No textbook assigned

Athletic Conditioning and Strength Training

08682

Department: Physical Education

Grade Level: 09-12

Credits: 5.0

Max Credits: 20.0

Graduation Requirement: Physical Education

UC/CSU: None

NCAA: No

This course seeks to enrich the student athlete's fundamental foundation of sport, including physically, mentally, and socially. The athlete will develop a life-long approach to physical fitness and athletic endeavors. This course is designed to familiarize the student to an approach at athletic conditioning with sport-specific in-season and off-season training. This course may be repeated for a maximum of 20 credits.

Co-requisite: 9th grade students must take the California Physical Fitness Test

Adopted curricular materials: No textbook assigned

Golf

08641

Department: Physical Education

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course provides beginning to advanced skill development in the game of golf. The fundamentals of the swing, the grip, the equipment, the history of golf, the many different shots and the mental aspects of the game will be covered. Students will be expected to dress, participate daily, and take skill and written tests. Sophomores may take this course in place of P.E. Course II for one semester only.

Pre-requisite(s): PE Course I

Adopted curricular materials: No textbook assigned

Individual Sports, Introduction to

08618

Department: Physical Education

Grade Level: 09-12

Credits: 5.0

Max Credits: 40.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course emphasizes the four units of instruction in tennis, golf, handball, and Frisbee golf. Skills specific to each sport will be emphasized and developed throughout the progression of the course. Note taking, reading, and Internet investigation will be used to supplement student learning. Students will take written exams in each area of study. This is an elective course and cannot be taken in place of PE Course I or PE Course II. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): PE Course I

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Personal Fitness/Walking

08624

Department: Physical Education

Grade Level: 10-12

Credits: 5.0

Max Credits: 30.0

Graduation Requirement: Physical Education

UC/CSU: None

NCAA: No

This course is designed to stress the importance of cardiovascular, muscular, and mental fitness development for maintaining a healthy lifestyle. The course will help students acquire the knowledge, skills, and attitude necessary for physical fitness through their participation in a walking program and low-impact exercises (i.e., yoga, chi, aerobics, etc.). This course may be repeated for a maximum of 30 credits.

Pre-requisite(s): PE Course I

Adopted curricular materials: No textbook assigned

Physical Education, Course I

08020

Department: Physical Education

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Education

UC/CSU: None

NCAA: No

This course provides a wide variety of activities focusing on aquatics, rhythm/dance, and team activities to help students demonstrate knowledge of and competency in motor skills, movement patterns, and strategies needed to perform a variety of physical activities. All students are expected to dress and participate on a daily basis. Students learn how to achieve physical fitness and the importance of maintaining an active lifestyle throughout their lifetime. This course also provides an opportune setting for adolescents to learn appropriate social interaction skills.

Adopted Curricular Materials: No textbook assigned

PHYSICAL EDUCATION, ADAPTED

This course provides for students whose needs are not met in the regular program. The adapted physical education program is under the supervision of an Adapted Physical Education (A.P.E.) specialist with training in this area. Enrollment must be accompanied by a physician's approval. The program provides individualized activities specially designed to meet each student's needs and conditions. The class gives special attention to those with limitations and protects students with disabilities.

Pre-requisite(s): I.E.P. and physician approval

Adopted curricular materials: No textbook assigned

PHYSICAL EDUCATION, MODIFIED

This course provides for students with temporary limitations (four weeks to one year) i.e., knee, arm, ankle, shoulder, back problems, fractures. Enrollment must be accompanied by a physician's recommendation. Activities may include archery, badminton, Frisbee games, golf, hockey, rhythms, table tennis, and weight training that will be modified to meet each student's needs.

Pre-requisite(s): Physician recommendation

Adopted curricular materials: No textbook assigned

Physical Education, Course II

08030

Department: Physical Education

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Education

UC/CSU: None

NCAA: No

This course offers a variety of activities focusing on proficiency of movement skills focusing on team activities, combatives, and gymnastics/tumbling. Students will learn skills necessary to perform a variety of physical activities as well as knowledge of physical fitness and wellness. Students will create goals and integrate their knowledge into life-long patterns of wellness and fitness. All students are expected to dress and participate on a daily basis.

Adopted Curricular Materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Recreational Games

08626

Department: Physical Education

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course analyzes skills for effective movement as outlined in the California Department of Education's "Challenge Standards for Physical Education." Students will be required to demonstrate improved skill performance. Since the major theme of instruction is the analysis of physiological and mechanical principles involved in human movement, students will make adjustments as needed in physical performance to achieve high levels in fitness and motor performance. The culminating outcome of this course requires students to review their physical education experience in school, explore the reasons for physical education being taught in schools, and examine the relationships between physical education and personal and social development. This is an elective course and cannot be taken in place of PE Course I or PE Course II.

Adopted curricular materials: No textbook assigned

Team Sports, Introduction to

08619

Department: Physical Education

Grade Level: 10-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course offers three six-week segments of instruction in team sports. Skills specific to each sport will be emphasized and developed throughout the progression of the course. Note-taking, reading, and Internet investigations will also be used to supplement student learning. This is an elective course and cannot be taken in place of Course I or Course II.

Pre-requisite(s): PE Course I

Adopted curricular materials: No textbook assigned

Weight Training, Advanced

08675

Department: Physical Education

Grade Level: 10-12

Credits: 5.0

Max Credits: 30.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course is designed for students who want to become more physically fit and who have a serious interest in developing strength through a weight training program. Strength training, toning, plyometrics, and jump rope will be the main themes of the course. Cardiovascular techniques will also be stressed. This course may be repeated for a maximum of 30 credits. Students will be expected to dress and participate every day. Sophomores may take this course in place of PE Course II for one semester only. Students not meeting instructor expectations may be moved into PE Course II.

Pre-requisite(s): Beginning Weight Training

Adopted curricular materials: No textbook assigned

Weight Training, Beginning

08670

Department: Physical Education

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This five credit course is designed to introduce students to weight training. It will cover muscles and their functions, 46 basic lifts, and an understanding of training frequency, training resistance, training repetitions, training progression, and training speed. Students will be introduced to workout design. During the second quarter, the students will design their own workout program and set personal goals. Students will analyze their diet and be given instruction on diet needs when weight training. This course must be passed before Advanced Weight Training can be taken. Elective credit only.

Pre-requisite(s): PE Course I with a grade of C or better

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Science

AP Chemistry

04209

Department: Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Science

UC/CSU: Physical Science (d)

NCAA: Yes

This course offers mathematical and laboratory models to develop an understanding of Chemistry. This accelerated Chemistry course content includes reactions, thermo chemistry, bonding, and kinetics. Students will be eligible to take the AP examination in Chemistry and may earn college credit. Students are strongly encouraged to take the AP exam.

Pre-requisite(s): Mathematics II with a grade of C or better and concurrent enrollment in Mathematics III or higher level mathematics course

Adopted curricular materials: Chemistry: A Molecular Approach, AP Edition, Pearson, 6th Edition, Copyright 2023

AP Physics I

04311

Department: Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Science

UC/CSU: Physical Science (d)

NCAA: Yes

This course is an algebra-based, introductory college-level physics course that explores topics such as Newtonian mechanics (including rotational motion); work, energy, and power; mechanical waves and sound; and introductory, simple circuits. Through inquiry-based learning, students will develop scientific critical thinking and reasoning skills. Approximately twenty-five percent of the instructional time will be spent in hands-on laboratory work with an emphasis on inquiry-based investigations that provide opportunities for students to apply the science practices.

Pre-requisite(s): Mathematics II with a grade of C or better and concurrent enrollment in Mathematics III

Adopted curricular materials: College Physics, Cengage Learning

AP Physics II

04312

Department: Science

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Science

UC/CSU: Physical Science (d)

NCAA: Yes

This course is an algebra-based, introductory college-level physics course that explores topics such as fluid statics and dynamics; thermodynamics with kinetic theory; PV diagrams and probability; electrostatics; electrical circuits with capacitors; magnetic fields; electromagnetism; physical and geometric optics; and quantum, atomic, and nuclear physics. Through inquiry-based learning, students will develop scientific critical thinking and reasoning skills. Approximately twenty-five percent of the instructional time will be spent in hands-on laboratory work with an emphasis on inquiry-based investigations that provide opportunities for students to apply the science practices.

Pre-requisite(s): AP Physics I or a comparable introductory course with a grade of C or better

Adopted curricular materials: College Physics, BFW

Astronomy

04611

Department: Science

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Science

UC/CSU: Elective: Science (g)

NCAA: Yes

This course explores the universe in which we live. The class will focus on the science behind our understanding of our universe. The course may provide opportunities for viewing stars and exploring constellations.

Pre-Requisite: Concurrent enrollment in Mathematics I or higher

Adopted curricular materials: Foundations of Astronomy, 14th Edition, Cengage, Copyright 2019



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Biology of the Living Earth

04104

Department: Science

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Life Science

UC/CSU: Biological Science (d)

NCAA: Yes

This laboratory course provides a foundation for the biological and earth sciences. Topics include ecosystem interactions and energy, history of Earth's atmosphere, evidence for evolution, inheritance of traits, structure and function, and ecosystem stability and the response to climate change. This course emphasizes developing conceptual models through asking questions, analyzing data, designing and carrying out experiments and designing solutions to real world situations.

Co-requisite: Completion or enrollment in Mathematics I or equivalent

Adopted curricular materials: STEMscopes CA-NGSS-3D, The Living Earth, Accelerated Learning, Inc.

Biology of the Living Earth, Newcomer EL

04107

Department: Science

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Life Science

UC/CSU: Biological Science (d)

NCAA: Yes

This laboratory course provides English learners in a Newcomer Program a foundation for the biological and earth sciences. Topics include ecosystem interactions and energy, history of Earth's atmosphere, evidence for evolution, inheritance of traits, structure and function, and ecosystem stability, and the response to climate change. This course integrates ELD standards-based instruction to include a focus on academic vocabulary, expository writing, and expository reading of science texts. (See NGSS Performance Expectations & Disciplinary Core Ideas.) Instructors use a variety of scaffolded instructional techniques focusing on listening, speaking, reading, and writing to address the specific needs of Newcomer English Learners. This course emphasizes developing conceptual models through asking questions, analyzing data, designing and carrying out experiments, and designing solutions to real-world situation.

Pre-Requisite(s): None

Co-Requisite(s): Completion or enrollment in Mathematics I or equivalent AND enrollment in a Newcomer Program

Adopted curricular materials: STEMscopes CA NGSS 3D - HS The Living Earth; Accelerate Learning Inc., Copyright 2018

Chemistry in Biotechnology

04210

Department: Science

Grade Level: 10-11

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Science

UC/CSU: Physical Science (d)

NCAA: Yes

In this course, students investigate and apply chemistry and biotechnology concepts and methods to understand and address issues related to five essential human needs - water, food, health, waste management, and energy. Students will be required to research and develop solutions to threats in these areas and make connections to the world around them.

Pre-Requisite: Completion of Biology or Biology of the Living Earth with a grade of C or better

Co-Requisite: Concurrent enrollment in Mathematics II

Adopted curricular materials: Experience Chemistry in the Earth System, Copyright 2021, Pearson Education, Inc.

Chemistry in the Earth System

04204

Department: Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Science

UC/CSU: Physical Science (d)

NCAA: Yes

This college-preparatory laboratory course provides instruction in chemistry through exploration of natural phenomena in earth systems. Students will engage in scientific practices and laboratory experiments to investigate the following topics: atomic theory, chemical bonding and reactions, thermodynamics, plate tectonics, climate change, and ocean acidification.

Co-requisite: Biology of the Living Earth, and completion of, or co-enrollment in Mathematics I or equivalent

Adopted curricular materials: Experience Chemistry in the Earth System, Copyright 2021, Pearson Education, Inc.



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Criminalistics

04620

Department: Science

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Science

UC/CSU: None

NCAA: Yes

This course presents coordinated understanding of crime, crime investigation, and crime analysis. The course is taught utilizing a hands-on investigation of a "real-life" felonious crime including steps taken by a Crime Investigation Unit of a city/state/national investigation agency. Fields of study will include pathology, toxicology, anthropology, psychology, and criminalistics. Techniques that may be utilized include forensic genetics (DNA fingerprinting) and physical evidence analysis. This course will also research the impact of crime on society.

Pre-requisite(s): Biology of the Living Earth

Adopted curricular materials: Criminalistics: An Introduction to Forensic Science, High School Edition, 13th Edition, Pearson Education, Copyright 2021

Ecology

04630

Department: Science

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Life Science

UC/CSU: Elective: Science (g)

NCAA: Yes

This course is designed to give first-hand laboratory experience in observing and working with organisms in their environment. Students must be willing and able to work in a hands-on setting. Class topics will include studies of food webs and food energy, plant and animal populations, communities and ecosystems, as well as studies in human ecology. Students will also learn about the ecology of the Sacramento area. Students will be expected to complete individual projects and long-term assignments. Homework consists of reading, lab reports, term papers, and a research project. Students may be exposed to the FFA, supervised occupational experience programs, and careers in Agriculture Business.

Pre-requisite(s): Biology of the Living Earth

Adopted curricular materials: Visualizing Environmental Science, 5th Edition, Wiley & Sons, Copyright 2017

Integrated Topics in Science

04650

Department: Science

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Science

UC/CSU: None

NCAA: No

This course is designed for students entering into a non-science career. The focus of this course will be to expand and apply to the world around us; the concepts discussed and learned in Earth Science, Physical Science, and Biology. Topics may include sports science, sound reproduction, seeing inside the body, environmental studies, food processing, as well as others. Activities will be hands-on and laboratory based.

Pre-requisite(s): Biology

Adopted curricular materials: The Sciences - An Integrated Approach, People's Publishing

Laboratory Specialist

04662

Department: Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: None

NCAA: No

This course provides a first level training. Students will become proficient in recognition and handling of materials in the school science lab and will provide a materials-management service to the teacher. At the highest level of training, the student will learn to manage the operation of the school laboratory and will assist the teacher by tutoring students in laboratory skills. This course is Pass/No Pass. No letter grade is given.

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Physics of the Universe

04304

Department: Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Science

UC/CSU: Physical Science (d)

NCAA: Yes

This laboratory course addresses the relationships of physics in the universe. Emphasis is on observing phenomena, gathering and interpreting data, developing models, discovering graphical and mathematical relationships, and engineering and refining solutions to realistic problem scenarios. This course includes units on motion and forces, energy conversions, waves and electromagnetic waves, nuclear processes, and stellar processes.

Co-requisite: Completion of or enrollment in Mathematics I or equivalent

Adopted curricular materials: STEMscopes CA-NGSS-3D, Physics in the Universe, Accelerated Learning, Inc.

Physics of the Universe, Newcomer EL

04305

Department: Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Physical Science

UC/CSU: Physical Science (d)

NCAA: Yes

This laboratory course addresses the relationships of physics in the universe for English learners in a Newcomer Program. Emphasis is on observing phenomena, gathering and interpreting data, developing models, discovering graphical and mathematical relationships, and engineering and refining solutions to realistic problem scenarios. This course integrates ELD standards-based instruction to include a focus on academic vocabulary, expository writing, and expository reading of science texts. (See NGSS Performance Expectations & Disciplinary Core Ideas.) Instructors use a variety of scaffolded instructional techniques focusing on listening, speaking, reading, and writing to address the specific needs of Newcomer English Learners. This course includes units on motion and forces, energy conversions, waves and electromagnetic waves, nuclear processes, and stellar processes.

Pre-Requisite(s): None

Co-Requisite(s): Completion or enrollment in Mathematics I or equivalent AND enrollment in a Newcomer Program

Adopted curricular materials: STEMscopes CA NGSS 3D - HS Physics in the Universe; Accelerate Learning Inc., Copyright 2018

Physiology

04690

Department: Science

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Science

UC/CSU: Biological Science (d)

NCAA: Yes

This course explores all aspects of the human body in health and disease. This is a laboratory course and areas of study include the nervous system, circulatory system, skeletal system, reproductive system, etc. Laboratory study will include the use and dissection of living and preserved material to help study human anatomy and physiology.

Pre-requisite(s): Biology of the Living Earth

Adopted curricular materials: Hole's Essentials of Human Anatomy & Physiology, High School Second Edition, McGraw-Hill, Copyright 2021

The Technology of Biology

04111

Department: Science

Grade Level: 09

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Electives

UC/CSU: Biological Science (d)

NCAA: No

This course introduces the principles of biology through a biotechnological perspective. Biotechnology aims to help improve our lives and the health of our planet by harnessing cellular and biomolecular processes. Students will use an integrated approach to study the principles that govern life while referring to how these applications of biotechnology are attempting to improve life on earth. This course challenges students to evaluate the current problems faced in the 21st Century and to apply their knowledge of foundational biology to propose possible solutions using biotechnological techniques.

Adopted curricular materials: Biotechnology: Science for the New Millennium, Second Edition, Paradigm Publishing, Inc.



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Visual/Performing Arts

Animation I 06070

Department: Visual/Performing Arts **Grade Level:** 09-12 **Credits:** 10.0 **Max Credits:** 20.0
Graduation Requirement: Visual/Performing Arts **UC/CSU:** Visual/Performing Arts (f) **NCAA:** No

This course introduces students to the fundamentals of animation and computer graphics. Students will learn basic concepts, methods and techniques through hands-on experiences and projects directly related to the field of animation and computer graphics. The curriculum is geared toward individuals who wish to use and develop their creative expression skills, in conjunction with professional-level computer software techniques, to create multimedia art. This course is especially for students who are interested in fine art communication, film, drama, computer animation, and/or graphic design. Careers in art and animation will be explored. This course may be repeated for a maximum of 20 credits.

Adopted curricular materials: The Encyclopedia of Animation Technology, Running Press

Animation II 06080

Department: Visual/Performing Arts **Grade Level:** 10-12 **Credits:** 10.0 **Max Credits:** 20.0
Graduation Requirement: Visual/Performing Arts **UC/CSU:** Visual/Performing Arts (f) **NCAA:** No

This course offers students the opportunity to implement advanced concepts, methods, and techniques through hands-on experiences and projects directly related to the field of animation. Students will write, create, and produce their own animation short in each of the job fields of computers: traditional and stop motion animation. The curriculum is geared for the advanced student in the field of animation, who wishes to use and develop their creative expression in conjunction with modern technology as it relates to the field of animation. This class will provide an opportunity for the student's work to be viewed by animation studios and colleges. This course may be repeated for a maximum of 20 credits.

Pre-requisite(s): Animation I

Adopted curricular materials: No textbook assigned

AP Music Theory 06315

Department: Visual/Performing Arts **Grade Level:** 10-12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Visual/Performing Arts **UC/CSU:** Visual/Performing Arts (f) **NCAA:** No

This course is designed to develop the students' ability to read and write four-part music and provides ear training for intervals, scales, and chords. Students learn to recognize and use basic components and music including notation, rhythm and meter, melody, scales, key signatures, intervals and triads. Students will practice constructing melodies and writing in four parts. The course includes an introduction to systems of music from a variety of cultures and time periods. This course is an excellent preparation for college-level music theory. Upon completion, students will be eligible to take the AP examination in Music Theory that may qualify for college credit. Students are strongly encouraged to take the AP exam.

Pre-requisite(s): Ability to read music

Adopted curricular materials: Musician's Guide to Theory & Analysis, Third Edition, W.W. Norton

AP Studio Art: 2-D Design 06050

Department: Visual/Performing Arts **Grade Level:** 10-12 **Credits:** 10.0 **Max Credits:** 10.0
Graduation Requirement: Visual/Performing Arts **UC/CSU:** Visual/Performing Arts (f) **NCAA:** No

This course explores a very broad interpretation of two-dimensional design issues. This type of design involves purposeful decision-making about how to use the elements and principles of art in an integrative way. The variety of art forms will include, but are not limited to, graphic design, typography, digital imaging, photography, collage, fabric design, weaving, illustration, painting and printmaking. A variety of approaches of representation, abstraction, and expression will be covered. This course meets the graduation requirement and UC and CSU Visual and Performing Arts requirements.

Prerequisite(s): Art II or Commercial Art/Graphics with a grade of C or better or by instructor approval

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

AP Studio Art: Drawing

06060

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to address a very broad interpretation of drawing issues and media. Light and shade, line quality, rendering of form, composition, surface manipulation, and illusion of depth are drawing issues that will be addressed through a variety of means. Works may include painting, printmaking and mixed media, as well as abstract, observational, and inventive works.

Pre-requisite(s): Art II or Commercial Art/Graphics with a grade of C or better or by instructor approval

Adopted curricular materials: No textbook assigned

Art I

06010

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course introduces students to the fundamentals of drawing, painting, sculpture, printmaking, art history, art appreciation and aesthetic judgment. Prior experience in art is not necessary to enroll in this course. Projects in the class will emphasize the elements and principles of design and the technical skills of drawing, painting, and sculpture. Student projects may include the use of glass etching, charcoal, ink, pastels, tempera, watercolor, and plaster. Printmaking projects may include linoleum block prints, silk screen painting, and dry point etching.

Adopted curricular materials: Discovering Drawing, Davis Publishing

Art II

06020

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for students who wish to continue their studies of drawing, painting, art history, and design at a more advanced level. Students are encouraged to register for both Art II A and Art II B. Art II is an extension of the skills and techniques developed in Art I. Projects will require the student to work at a more independent and mature level and will culminate in a portfolio of their work. Students will be encouraged to enter a variety of art contests and shows.

Pre-requisite(s): Art I or instructor approval

Adopted curricular materials: Experience Painting, Davis Publishing

Art II, Honors

06035

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is intended for the advanced art student who intends to prepare and refine a college portfolio. This course allows students to create a portfolio of independently produced work through traditional, graphic design, and digital fine arts practices. It is designed to prepare students for Advanced Placement Studio Art. This course will have an emphasis on advanced knowledge of aesthetics, art criticism, art history, artists, and studio production which will include: advanced skills in mediums explored with personal intent based on a progression of skill, research, and evaluation of artist's works as well as focus on the elements of art and principles of design. Students will engage in class critiques, analyze works of art, and research works of master artists. This class may be repeated for a maximum of 20 credits. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-requisite: Art I or Instructors Approval

Adopted Curricular: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Art III

06030

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for the advanced art student. Emphasis will be on watercolor acrylic, gouache, oil painting, and airbrush. Students will learn to use drawing and painting techniques to organize and depict ideas, feelings, and moods. Also covered in this course may be advanced print making techniques including multicolored silk screening. This course may be repeated for a maximum of 20 credits.

Pre-requisite(s): Art II or instructor approval

Adopted curricular materials: Exploring Painting, Davis

Arts Internship

06009

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 5.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

Work-based learning opportunities are essential for students in the Visual, Media, and Performing Arts. This flexible course allows students to complete an internship in the Arts (dance, media arts, music, theater, and/or visual arts) on campus related to their Arts discipline of interest through several projects and tasks. Students will maintain a portfolio documenting their growth and work on key internship projects. This course may be repeated for a maximum of 20 credits.

Pre-Requisite(s): 1-year high school VAPA course or equivalent private study and then teacher approval.

Adopted Curricular Material: No textbook assigned.

Band, Advanced

06325

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 30.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for the most advanced instrumental students to participate in an instrumental ensemble. Students study advanced music literature through concert band methods and sheet music composed for Advanced Band. Students will explore the role of the performing arts in culture and human history. Instruments include all of the varieties found within the brass, woodwind, and percussion instrument families, along with harp and double bass. This course may be repeated for a maximum of 30 credits.

Pre-Requisite(s): The ability to play a band instrument and recommendation by or audition with the current band director.

Co-Requisite(s): Concurrent enrollment in Advanced Band Mini if directed by the site.

Adopted curricular material: No textbook assigned

Band, Advanced Honors

06327

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 30.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on increased rigor of the Band, Advanced course based on additional solo and ensemble work, honor bands auditions, research and writing assignments, and in-depth performance critiques, students may elect this academic challenge via application and/or audition. This course may be repeated for a maximum of 30 credits. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-Requisite(s): The ability to play a band instrument and recommendation by or audition with the current band director.

Co-Requisite(s): Concurrent enrollment in Advanced Band Mini if directed by site.

Adopted Curricular Material: No textbook assigned.



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Band, Beginning

06320

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for students to participate in an instrumental ensemble. Students study music literature through band methods and sheet music composed for Beginning Concert Band. Students explore the role of the performing arts in culture and human history. Instruments include all of the varieties found within the brass, woodwind and percussion families.

Adopted curricular materials: No textbook assigned

Band, Intermediate

06321

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for students to participate in an instrumental ensemble. Students study advanced music literature through band methods and sheet music composed for Intermediate Concert Band. Students will explore the role of the performing arts in culture and human history. Instruments include all of the varieties found within the brass, woodwind and percussion families. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): Ability to play a band instrument and recommendation by current music teacher or audition with the band director

Adopted curricular materials: No textbook assigned

Band, Intermediate, Honors

06326

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 30.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on increased rigor of the Band, Intermediate course based on additional solo and ensemble work, honor bands auditions, research and writing assignments, and in-depth performance critiques, students may elect this academic challenge via application and/or audition. This course may be repeated for a maximum of 30 credits. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-Requisite(s): The ability to play a band instrument and recommendation by or audition with the current band director.

Co-Requisite(s): Concurrent enrollment in Intermediate Band Mini if directed by site.

Adopted curricular material: No textbook assigned.

Band, Intro to Marching/Concert

06322

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for students to participate in a performing ensemble. It is the first course for students enrolling in Marching/Concert Band. Students study music in literature, compose for concert band and marching band, and display their efforts in public recitals. Students will explore the role of the performing arts in culture and human history. 25 hours of Community Service awarded at Laguna Creek High School.

Pre-requisite(s): Ability to play a band instrument and recommendation by current music teacher or audition with the band director

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Band, Jazz

06331

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed as a performing group that will stress jazz and rock styles, jazz articulations, and phrasing and must be taken concurrently with Marching/Concert Band (exceptions are instruments not used in the marching/concert band such as electric bass, guitar, and piano). Improvisations will be explored. Performances will include both concerts and jazz festivals. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): Ability to play a band instrument and recommendation by current music teacher or audition with the school band director and Introduction to Jazz Band

Adopted curricular materials: No textbook assigned

Ceramics I

06110

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course introduces students to the fundamental methods of working with clay including hand building techniques, use of the potter's wheel, glaze application, and firing techniques. This is an introductory class in the basic skills and processes of ceramics. The role of ceramics in art history and the work of contemporary artists will be included in the course study.

Adopted curricular materials: Experience Clay, Second Edition, Davis Publishing

Ceramics II

06120

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course emphasizes advanced work on the potter's wheel, advanced hand-building techniques, advanced glaze, and decoration techniques. This is an intermediate course in Ceramics, continuing the skills and techniques developed in Ceramics I. Students will be introduced to glaze formulation and the loading and unloading of kilns. Art history as it relates to ceramics will be included in the course of study. Students will be encouraged to enter a variety of contests and shows.

Pre-requisite(s): Ceramics I with a grade of C or better or by instructor approval

Adopted curricular materials: Beginning Sculpture, Davis Publishing

Ceramics III

06130

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on extensive study in production pottery and advanced decoration, along with intensive study in glaze formulation and kiln construction. Students choosing this course should enroll for both fall and spring semesters. Students will study art history as it relates to ceramics. The class includes the process of Raku. Some homework will be required, but the class will be project oriented.

Pre-requisite(s): Ceramics II with a grade of C or better or by instructor approval

Adopted curricular materials: Clayworks, Form & Idea in Ceramic Design, Davis

Ceramics IV

06140

Department: Visual/Performing Arts

Grade Level: 11-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on individual multi-product study and contemporary ceramic art. This course provides an in-depth study on theory and philosophy of ceramic development as it relates to each student's own work. Students choosing this course should enroll for both fall and spring semesters. The class provides Individual studio production for students who have completed Ceramics I, II, and III. Students will organize and promote gallery sales. Some homework will be required, but the project will be class oriented. This course may be repeated for a maximum of 20 credits. This course meets the UC elective (g) requirement.

Pre-requisite(s): Ceramics III with a grade of C or better or by instructor approval

Adopted curricular materials: The Craft and Art of Clay, Prentice Hall

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Chamber Orchestra

06340

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course emphasizes the study of appropriate orchestra literature from all periods of music. Objectives include the continuation of the development of correct playing habits, sight-reading, intonation, and phrasing. Public performances are expected. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): Audition with instructor. Ability to play a string instrument (violin, viola, cello, bass). Student must be able to supply his/her own instrument.

Adopted curricular materials: No textbook assigned

Chamber Orchestra, Honors

06341

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 30.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on increased rigor of the Chamber Orchestra course based on additional solo and ensemble work, honor orchestra auditions, research and writing assignments, and in-depth performance critiques, students may elect this academic challenge via application and/or audition. This course may be repeated for a maximum of 30 credits. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-Requisite(s): The ability to play a band instrument and recommendation by or audition with the current band director.

Co-Requisite(s): Concurrent enrollment in Chamber Orchestra Mini if directed by site.

Adopted curricular material: No textbook assigned.

Choir, Concert

06351

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed as an ensemble consisting of students performing choral music of a high technical and musical level, in a variety of musical styles. Students practice vocal techniques including tone production, posture, breathing, and ensemble blending. Listening skills for musicianship are developed. Basic skills of reading music and singing music at sight are stressed. Performance participation required. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): Introduction to Concert Choir

Adopted curricular materials: No textbook assigned

Choir, Treble

06352

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to introduce and develop the experience of learning and performing choral music. It is the first course for students enrolling in Treble Choir. Emphasis is placed on learning, rehearsing and performing quality choral music in a variety of musical styles. Students practice vocal techniques including tone production, posture, breathing, and ensemble blending. Listening skills for musicianship are developed. The skills of reading music and singing music at sight are stressed. Performance participation is required. This course may be repeated for a maximum of 40 credits.

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Computers and Graphic Design

06613

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to introduce basic computer use and operation, as well as the elements and principles of design. Students will have the opportunity to work with computers and a variety of software such as Adobe Photoshop, Illustrator, and PageMaker. Emphasis will be on creativity, originality, technique, meeting the needs of the client, and task completion. Students will also be introduced to design terminology, the history of design, as well as the development of aesthetic judgment. Careers in this field will also be explored in this class and students will be encouraged to meet the graphic arts needs of the campus by creating posters, signs, publication design and other arts services as requested. This course meets the UC elective requirement. Adopted curricular materials: Graphic Design Solutions, Thomson/Delmar

Dance Composition & Performance I

06461

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for the student/dancer to become a part of a performing troupe. Rhythmycal Maddness: Elk Grove High School; Master Peace: Florin High School; Infinite Motion: Franklin High School; Fusion Dance Company: Laguna Creek High School; Impulse: Monterey Trail High School; Soul Purpose: Pleasant Grove High School and Universal Rhythm: Sheldon High School. Level I is an introductory level experience in the creative process of dance choreography. Students will participate in student choreography, and be introduced to the many facets of production. All students will participate in all aspects of the main stage production, recitals, and lecture demonstration performance. Pre-requisite(s): Jazz Dance I and successful audition. Adopted curricular materials: Dance Composition, Human Kinetics

Dance Composition & Performance II

06462

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to provide students with an intermediate level experience in the creative process of dance choreography. Students will participate in group choreography projects utilizing the creative process of dance as well as historical and social contribution. Students will be actively involved in all production facets of main stage through committee work chairs, student directors and producers. All students will participate in the performance and production components of a main stage production. Recital and lecture demonstration performances are also required. Pre-requisite(s): Dance Composition and Performance I and audition. Adopted curricular materials: Dance- the Art of Production, Princeton

Dance Composition & Performance III

06463

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to provide students with an advanced level experience in the creative process of dance choreography. All third year students will be required to choreograph and set a major piece of choreography. They are required to take on leadership roles as student directors/producers or committee chairs. All third year students need to incorporate a mentoring component in some capacity, which can also serve as community service. Students will take on leadership roles for the production components of main stage and are required to perform in the main stage production, recitals, and lecture demonstration performances. Pre-requisite(s): Dance Composition and Performance II and audition. Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Dance Composition & Performance IV

06464

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on advance level proficiency in the creative process of dance choreography. Individual choreography requirements. Teaching experiences provided in class, off campus enrichment classes to feeder schools, mentors to new company members. Oversee all aspects of production as assistant directors to the main stage production and lecture demonstration performances or committee chairmen for production committees. Internships with community college dance companies will be provided.

Pre-requisite(s): Dance Composition and Performance III and an audition

Adopted curricular materials: No textbook assigned

Dance I, Beginning

06465

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course offers students beginning dance technique and choreography. Students will be introduced to various dance styles, including ballet and modern dance, jazz and tap dance, social and cultural dance, and contemporary and hip-hop dance. Students will gain an appreciation for dance as an art form and develop foundational skills necessary to pursue a variety of careers in dance. This course includes the application of the choreographic elements and principles, the study of history and evolution of dance, and an exploration of dance from a careers perspective.

Adopted curricular materials: Discovering Dance, Human Kinetics

Dance II, Intermediate

06466

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course offers students intermediate dance technique and choreography. Students develop intermediate dance skills, including ballet and modern dance, jazz and tap dance, social and cultural dance, and contemporary and hip-hop dance. Students will gain a deeper connection to dance as an art form and develop intermediate skills necessary to pursue a variety of careers in dance. Students will be introduced to production elements such as staging, lighting and sound, and company organization and management in professional dance careers. This course may be repeated for a maximum of 20 credits.

Pre-requisite(s): Successful completion of a beginning-level dance course and/or audition

Adopted curricular materials: Experiencing Dance: From Student to Dance Artist, Second Edition, Human Kinetics

Dance III, Advanced

06468

Department: Visual/Performing Arts

Grade Level: 11-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course provides advanced dance technique and choreography skills to create project-based performances for live, film, and video production. Students will develop advanced dance skills of various dance styles, including ballet and modern dance, jazz and tap dance, social and cultural dance, and contemporary and hip-hop dance. Students will reflect upon their dance studies and establish their own voice within the world of dance. Students will prepare audition or choreographic portfolios, learn business/managerial skills, and develop a professional career plan. This course may be repeated for a maximum of 20 credits.

Pre-requisite(s): Successful completion of an intermediate-level dance course and audition

Adopted curricular materials: Dance Production and Management, Princeton Book Company, Publishers



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Digital Cinematography

06615

Department: Visual/Performing Arts

Grade Level: 11-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course introduces students to digital video editing and movie making. This is a hands-on course. Students will create stories on digital media-utilizing iMovie, Adobe Premiere and QuickTime. These applications have vast capabilities, allowing students to edit and assemble video clips in order to create stories on digital media. Students will gain practical experience in all aspects of film making: analyzing and writing film and product critiques, analyzing and critiquing movies, film making, camera and editing techniques, screen writing, directing, and story boarding. Familiarity with keyboarding is recommended. This course may be repeated for a maximum of 20 credits.

Pre-requisite(s): Any Visual and Performing Arts course with a grade of C or better or instructor approval

Adopted curricular materials: No textbook assigned

Drama Production I and II/Stagecraft

06440

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 5.0

Max Credits: 30.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on the production aspect of plays. Students will analyze plays to determine appropriate set design, costuming, lighting and make-up. Activities included will be designing, constructing, and painting backdrops and stage sets. Tests will be given and students will be expected to complete individual projects. This course may be repeated for a maximum of 30 credits.

Adopted curricular materials: Play Productions Today or Theatrical Design & Production, McGraw-Hill

Guitar Workshop I

06310

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on beginning and intermediate acoustic guitar. Students will work individually or in small groups. Emphasis will be placed on chords, finger patterns, and reading music. This course may be repeated for a maximum of 20 credits.

Adopted curricular materials: Guitar School: Method Book 1, Alfred's

Guitar Workshop II

06311

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on beginning and intermediate acoustic guitar. Students will work individually or in small groups. Emphasis will be placed on chords, finger patterns, and reading music. This course may be repeated for a maximum of 20 credits.

Adopted curricular materials: Guitar School: Method Book 1, Alfred's

Mixed Media

06605

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 5.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course introduces students to drawing and painting medias, as well as more industrial materials, allowing students to do a variety of hands-on activities using a variety of materials. Activities may involve the use of two and three-dimensional art.

Student projects will involve the elements and principles of design. The four components of art including: artistic perception, creative expression, historical and cultural context, and aesthetic valuing will be also applied to class work. This course may be repeated for a maximum of 10 credits.

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Music Appreciation

06314

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 5.0

Max Credits: 5.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course offers a survey of various styles of music. It is a study of the musical elements, instrumentation, form, and the unique sounds that make music what it is today. Historical periods covered are the Renaissance, Baroque, Classical, Romantic, and 20th Century. Jazz, rock, and other contemporary forms of music will also be explored. The class will include listening, analyzing and understanding music.

Adopted curricular materials: Enjoyment of Music, W.W. Norton

Photography I

06210

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course provides an outline of the history of photography, the basic design elements, cameras; pinhole, simple, and single lens reflex, film types, processing of black and white film, composition, projection and contact printing types of photography; portrait, action, close-up and still life, use of lithographic films for graphic arts, finishing prints for exhibition, and subject treatment. It will cover a variety of lab techniques and safe chemical handling practices.

Adopted curricular materials: Focus on Photography, 2nd Edition, Davis Publishing

Photography II

06220

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to improve on previously learned skills in composing and shooting, developing and printing, mounting and preparing for exhibition. Photography II continues development of skills learned in Photography I. They will study new lab techniques and apply them. They will learn to use a variety of lenses such as micro, zoom and telephoto. Students will study past and present photographers and their contributions to the art of photography. They will learn and apply such techniques as texture screens, combination printing, polarizations, high contrast printing, toning, hand coloring vignetting, and motion control. Students will be encouraged to enter a variety of contests and shows. This course may be repeated for a maximum of 20 credits.

Pre-requisite(s): Photography I with a grade of C or better or instructor approval

Adopted curricular materials: Photography, 12th Edition, Pearson

Photography III

06230

Department: Visual/Performing Arts

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course focuses on continued development of skills and techniques learned in Photography I and II. Personal development of style and versatility of medium will be stressed. All students will prepare a portfolio of 10 exhibition finished prints in duplicate each semester. Students will study in-depth historically important American photographers and their work and apply some of their techniques to their own work.

Pre-requisite(s): Photography I and II with a grade of C or better and instructor approval

Adopted curricular materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Photography IV

06240

Department: Visual/Performing Arts

Grade Level: 12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course offers students the opportunity to work with a variety of films, push films, experiment with new techniques, obtain photojournalism and art jobs in the community and on campus. They will continue to improve their skills in Fine Arts Photography with composition skills and personal expression stressed. Students will concentrate on preparing a portfolio of professionally finished prints for possible submission for advanced credit and for exhibition and competition. Homework is required.

Pre-requisite(s): Photography I, II, and III with a grade of C or better and instructor approval (bring portfolio when requesting instructor approval)

Adopted curricular materials: No textbook assigned

Piano Lab

06313

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to teach basic note and rhythm reading for a piano keyboard. Students will work individually on their playing skills. The course will include units on music theory and history. Skills taught are transferable to other music classes. This course may be repeated for a maximum of 20 credits.

Adopted curricular materials: Alfred's Basic Adult Piano: Lesson 1

Theatre I

06410

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to give students experience with the Theatre. The stage, the applause, the curtain rises...who knows? We may see your name in lights! The class will be involved in Theatre games and exercises, pantomime and movement, improvisation, dramatic literature, and scene presentation.

Adopted curricular materials: Basic Drama Projects, Perfection Learning

Theatre II

06420

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for the student who has completed Theatre I or who has had other Theatre experience. The class will continue to develop and refine acting skills learned in Theatre I and will deal with the presentation of scenes, and working with one-act plays.

Pre-requisite(s): Theatre I (10 credit High School course) or instructor approval

Adopted curricular materials: Drama for Reading & Performance, Perfection Learning

Theatre III

06430

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed for advanced students with prior knowledge and experience in educational Theatre. Students will work in readers' Theatre, children's Theatre, and do scene work from different styles and time periods. In addition, students will be required to view and critique a live, community Theatre performance.

Pre-requisite(s): Theatre I (10 credit High School course) and Theatre II; audition

Adopted curricular materials: The Essential Theatre, Harcourt Brace



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Theatre, Advanced Honors

06435

Department: Visual/Performing Arts

Grade Level: 11-12

Credits: 10.0

Max Credits: 20.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to have the same curricular focus as Advanced Theatre with an increased rigor of reading and writing assignments, as well as required enrichment projects. This course may be repeated for a maximum of 20 credits. This EGUSD honors course is not recognized as an honors level course by UC/CSU. It earns an EGUSD GPA enhancement but does NOT earn a GPA enhancement by UC/CSU.

Pre-requisite(s): Application, interview, and audition; Advanced Theatre with a grade of C or better or by instructor approval

Adopted curricular materials: Acting with Style, Glencoe

Theatre, Children's

06450

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 5.0

Max Credits: 40.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This class is designed for the student who enjoys puppetry and child oriented Theatre presentations. Students will work on presentations for elementary age school children. Writing scripts, constructing puppets, and performing are all a part of the course. This course may be repeated for a maximum of 40 credits.

Adopted curricular materials: Theatre Acts - Dynamics of Acting, NTC

Theatre, Children's Advanced

06455

Department: Visual/Performing Arts

Grade Level: 10-12

Credits: 10.0

Max Credits: 30.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course explores the same curricular focus as the Children's Theatre; however, the students will produce and perform in a children's show for the elementary students in the Elk Grove District. This course may be repeated for a maximum of 30 credits.

Pre-requisite(s): Application, audition, Theatre I or Children's Theatre

Adopted curricular materials: No textbook assigned

Vocal Ensemble

06354

Department: Visual/Performing Arts

Grade Level: 09-12

Credits: 10.0

Max Credits: 40.0

Graduation Requirement: Visual/Performing Arts

UC/CSU: Visual/Performing Arts (f)

NCAA: No

This course is designed to develop the experience of learning and performing choral music. Emphasis is placed on learning, rehearsing, and performing quality choral music in a variety of musical styles. Students practice vocal techniques, including tone production, posture, breathing, and ensemble blending. Listening skills for musicianship are developed. The skills of reading music and singing music at sight are stressed. Performance participation is required. This course may be repeated for a maximum of 40 credits.

Pre-requisite(s): Previous experience and audition with director.

Adopted Curricular Materials: No textbook assigned



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

World Language

AP Spanish Language and Culture

05046

Department: World Language

Grade Level: 11-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This course emphasizes communication skills in understanding, speaking, reading, and writing in Spanish. Grammar will be emphasized along with cultural studies and some exposure to literature. The goal of this course is to become fluent in Spanish and this class is conducted entirely in Spanish. Homework is assigned daily. Upon completion, students will be eligible to take the AP examination in Spanish that may qualify for college credit.

Pre-requisite(s): Spanish III with a Grade of C or better

Adopted curricular materials: Triángulo APreciado, 6th Edition; Copyright 2019, Wayside Publishing

French I

05110

Department: World Language

Grade Level: 07-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language I

UC/CSU: World Language I (e)

NCAA: Yes

This course emphasizes communication by speaking, reading, writing, and understanding written and spoken French. Students will study the countries and cultures where French is spoken and will make comparisons and connections with their own language and cultures. The course will be conducted primarily in French. Homework is assigned daily.

Adopted curricular materials: EntreCultures 1 Francais, Copyright 2020, Wayside Publishing

French II

05120

Department: World Language

Grade Level: 08-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This course is designed to increase comprehension, expression, reading, and writing in French. Students will communicate in dialogues, oral presentations and group activities. French II is taught primarily in French. A continued study of the French culture is included. Homework is assigned daily.

Pre-requisite(s): French I with a grade of C or better or instructor approval

Adopted curricular materials: EntreCultures 2 Francais, Copyright 2020, Wayside Publishing

French III

05130

Department: World Language

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This course focuses extensively on French communication by means of French history, culture and literature. The goal of this course is to learn to write and read in French. The course is conducted entirely in French. Homework is assigned daily.

Pre-requisite(s): French II with a grade of C or better

Adopted curricular materials: EntreCultures 3 Francais, Copyright 2020, Wayside Publishing



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

French IV Honors

05141

Department: World Language

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This course focuses on French literature. The goal of this course is to become fluent in French. Students will be asked to find and read articles on selected topics. Literary excerpts dealing with the topics will be read and discussed, along with two complete novels. Grammar concepts will be refined and tested. A focused cultural project will be required. The class is conducted entirely in French. Homework is assigned daily. This EGUSD honors course is recognized as an honors-level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Prerequisite(s): French III with a grade of C or better

Adopted curricular materials: Imaginez, 4th Edition, Copyright 2020, Vista Higher Learning

Japanese I

05310

Department: World Language

Grade Level: 07-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language I

UC/CSU: World Language I (e)

NCAA: Yes

This course emphasizes communication in Japanese by speaking, listening, reading, and writing. Students will study the countries and cultures where Japanese is spoken and will make comparisons and connections with their own. The course will be conducted primarily in Japanese. Homework is assigned daily.

Adopted curricular materials: Adventures in Japanese 1, 4th Edition; Copyright 2016, Cheng & Tsui

Japanese II

05320

Department: World Language

Grade Level: 08-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This course provides increased emphasis in comprehension, expression, reading, and writing Japanese. Students will improve their Japanese communication during dialogues, oral presentations and group activities. Japanese II is taught primarily in Japanese. A continued study of the Japanese culture is included. Homework is assigned daily.

Pre-requisite(s): Japanese I with a grade of C

Adopted curricular materials: Adventures in Japanese 2, 4th Edition; Copyright 2016, Cheng & Tsui

Japanese III

05330

Department: World Language

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This course emphasizes listening, speaking, writing, and reading in Japanese. Students will communicate in Japanese. Students will continue to deepen their knowledge of culture. The course is conducted primarily in Japanese. Homework is assigned daily.

Pre-requisite(s): Japanese II with a grade of C or better

Adopted Curricular: Adventures in Japanese 3, 2018 Cheng and Tsui Publishers

Japanese IV Honors

05341

Department: World Language

Grade Level: 10-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This course emphasizes communication skills, understanding, speaking, listening, reading, and writing in Japanese. Certain aspects of Japanese history and literature are introduced. Grammar will be stressed along with cultural studies. The goal of this course is for students to become fluent in Japanese. Homework is assigned daily. This EGUSD honors course is recognized as an honors level course by UC/CSU and earns a GPA enhancement by both EGUSD and UC/CSU.

Pre-requisite(s): Japanese III with a grade of C or better

Adopted curricular materials: Dekiru!, 1st Edition; Copyright 2017, Cheng & Tsui

UC/CSU = College Approved, Grad Req = Graduation Requirement, NCAA = Student Athletes Eligible Course



Sheldon High School

Course Catalog

Year: 2026-2027
Report: U-CRS1201

Spanish I

05010

Department: World Language

Grade Level: 07-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language I

UC/CSU: World Language I (e)

NCAA: Yes

This high school level college preparatory course focuses on communication in Spanish by speaking, reading, writing, and understanding written and spoken Spanish. Students will study the countries and cultures where Spanish is spoken and will make comparisons and connections with their own language and culture. This class will be conducted mostly in Spanish. This course is for students who can devote the time necessary to learn a world language. Students who take this course will be encouraged to take Spanish for at least four years.

Adopted curricular materials: EntreCulturas 1 Español; Copyright 2017, Wayside Publishing

Spanish II

05020

Department: World Language

Grade Level: 08-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This high school level college preparatory course provides students the opportunity to improve their Spanish communication in dialogues, oral presentations and group activities. Increased emphasis will be placed on comprehension, expression, reading, and writing. A continued study of the Spanish culture is embedded in this course. This class will be conducted in Spanish.

Pre-requisite(s): Spanish I with a grade of C or better

Adopted curricular materials: EntreCulturas 2 Español; Copyright 2017, Wayside Publishing

Spanish III

05030

Department: World Language

Grade Level: 09-12

Credits: 10.0

Max Credits: 10.0

Graduation Requirement: World Language

UC/CSU: World Language (e)

NCAA: Yes

This course emphasizes communication skills in speaking, listening, reading and writing in Spanish. Spanish history, culture, and literature are studied extensively. Students will communicate well in Spanish. The course is conducted entirely in Spanish.

Homework is assigned daily.

Pre-requisite(s): Spanish II with a grade of C or better

Adopted curricular materials: EntreCulturas 3 Español; Copyright 2017, Wayside Publishing