

### MENU CHOICES

**BREAKFAST:** Entrée,  
Fruit, Juice, Milk

Go Local at Lunch with our **#FarmFreshTexas** items! Look for menu items with a 🍷 and go local with NEISD!

**LUNCH:** Entrée,  
Veggie (Pick 2),  
Fruit (Pick 2), Milk

\*Indicates pork product  
+Possible trace of sesame due to manufacturer  
++Possible trace of tree nuts due to manufacturer

Choice of milk with breakfast & lunch  
• 1% White • Fat-Free Chocolate  
• Lactose-Free • Soy Milk

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

School Nutrition  
Services is hiring  
\$14.11 hour starting



**Menu subject to change**

No fees for cash or checks paid directly to the cafeteria

Visit:  
schoolcafe.com/NorthEastISD or  
download the School Café App to  
access meal account information,  
make payments & apply for free  
or reduced-price meals.



### 1 Pumpkin Spice Day!

#### Pumpkin Bread

OR Pick 2:  
Cereal, Yogurt or Banana Muffin  
Fruit, Juice & Milk

BBQ Boneless Wings & Mac N Chz  
Wowbutter Sandwich+ Combo

Buttered Corn  
🍷 Tossed Salad w/Ranch  
Fresh Banana  
Strawberries w/Cream

### 2

#### Dutch Waffle

OR Pick 2:  
Cereal, Yogurt or Pop Tart  
Fruit, Juice & Milk

🍷 Sausage Dog+  
Yogurt Combo

Tater Tots  
🍷 Crispy Carrots w/Dip  
Orange Smiles  
Sliced Peaches

### 5

#### French Toast Sticks

OR Pick 2:  
Cereal, Yogurt or Pop Tart  
Fruit, Juice & Milk

Chicken Nuggets w/Homemade Roll  
Yogurt Combo

Mashed Potatoes w/Gravy  
Celery Sticks & Crispy Carrots 🍷  
Sliced Apples  
Sliced Pears

### 6

### National Taco Day!

#### 🍷 Chorizo & Egg Taco

OR Pick 2:  
Cereal, Yogurt or Cereal Bar  
Fruit, Juice & Milk

Spaghetti w/Meat Sauce & Cheesy Bread  
Wowbutter Sandwich+ Combo

Savory Green Beans  
🍷 Tossed Salad w/Ranch  
🍷 Fresh Watermelon  
Fruit Cocktail

### 7

#### 🍷 Biscuit & Sausage\*

OR Pick 2:  
Cereal, Yogurt or NutriGrain Bar  
Fruit, Juice & Milk

Frito Pie w/Cheese  
Yogurt Combo  
🍷 Italian Salad\*

Ranchero Beans  
🍷 Cucumber Slices w/Tajin  
Seedless Grapes  
Natural Applesauce

### 8

#### Pancake Sausage Bites

OR Pick 2:  
Cereal, Yogurt or Banana Muffin  
Fruit, Juice & Milk

Sweet Asian Chicken w/Fried Rice  
Wowbutter Sandwich+ Combo

Buttered Corn  
🍷 Crispy Carrots w/Dip  
Granny Smith Apple  
Blueberries w/Cream

### 9

## Pumpkin Parade

OCT. 5<sup>TH</sup>-8<sup>TH</sup>



### 13

#### Bacon & Egg Taco

OR Pick 2:  
Cereal, Yogurt or Cereal Bar  
Fruit, Juice & Milk

Chicken & Waffles  
Wowbutter Sandwich+ Combo

Savory Green Beans  
🍷 Crispy Carrots w/Dip  
Seedless Grapes  
Sliced Pears

### 14

#### 🍷 Biscuit & Sausage\*

OR Pick 2:  
Cereal, Yogurt or NutriGrain Bar  
Fruit, Juice & Milk

🍷 Crispy Beef Tacos w/Spanish Rice  
Yogurt Combo  
🍷 Italian Salad\*

Ranchero Beans  
🍷 Taco Trimmings  
Sliced Apples  
Sliced Peaches

### 15

#### Pumpkin Bread

OR Pick 2:  
Cereal, Yogurt or Banana Muffin  
Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice  
Wowbutter Sandwich+ Combo

🍷 Cucumber & Jicama Sticks w/Tajin  
Celery Sticks & Crispy Carrots 🍷  
Fresh Banana  
Strawberry Applesauce

### 16

#### Sausage & Cheese Flatbread

OR Pick 2:  
Cereal, Yogurt or Pop Tart  
Fruit, Juice & Milk

🍷 Hamburger++  
Yogurt Combo

Tater Tots  
🍷 Burger Trimmings  
Gala Apple  
Fruit Cocktail

### 19

#### Pancake Sausage Bites

OR Pick 2:  
Cereal, Yogurt or Pop Tart  
Fruit, Juice & Milk

Chicken Tenders w/Combread  
Yogurt Combo

Mashed Potatoes w/Gravy  
Broccoli w/Cheese  
Orange Smiles  
Sliced Pears

### 20

#### 🍷 Sausage, Potato & Egg Taco\*

OR Pick 2:  
Cereal, Yogurt or Cereal Bar  
Fruit, Juice & Milk

Meatza Pizza\* or Cheese Pizza  
Wowbutter Sandwich+ Combo  
🍷 Crispy Chicken Salad

Savory Green Beans  
🍷 Crispy Carrots w/Dip  
🍷 Fresh Watermelon  
Blueberries w/Cream

### 21

#### 🍷 Biscuit & Chicken

OR Pick 2:  
Cereal, Yogurt or NutriGrain Bar  
Fruit, Juice & Milk

🍷 Beef & Cheese Nachos  
Yogurt Combo  
🍷 Italian Salad\*

Ranchero Beans  
Celery Sticks & Grape Tomatoes 🍷  
Seedless Grapes  
Natural Applesauce

### 22

#### Ham & Cheese Croissant\*

OR Pick 2:  
Cereal, Yogurt or Banana Muffin  
Fruit, Juice & Milk

General Tso Chicken+ w/Fried Rice  
Wowbutter Sandwich+ Combo

Raw Veggie Medley w/Dip  
🍷 Tossed Salad w/Ranch  
Fresh Banana  
Strawberry Craisins

### 23

### Happy Friday!

#### Donut Holes & Sausage\*

OR Pick 2:  
Cereal, Yogurt or Pop Tart  
Fruit, Juice & Milk

Corn Dog  
Yogurt Combo

Spicy Hashbrowns  
🍷 Cucumber Slices w/Tajin  
Granny Smith Apple  
OR Sliced Peaches

### 26

#### Confetti Pancakes

OR Pick 2:  
Cereal, Yogurt or Pop Tart  
Fruit, Juice & Milk

Steak Fingers w/Homemade Roll  
Yogurt Combo

Mashed Potatoes w/Gravy  
Celery Sticks & Grape Tomatoes 🍷  
🍷 Fresh Watermelon  
Fruit Cocktail

### 27

#### 🍷 Bean & Cheese Taco

OR Pick 2:  
Cereal, Yogurt or Cereal Bar  
Fruit, Juice & Milk

Pepperoni Pizza\*  
Wowbutter Sandwich+ Combo  
🍷 Crispy Chicken Salad

Savory Green Beans  
Broccoli w/Cheese  
Seedless Grapes  
Natural Applesauce

### 28

#### Chicken & Waffles

OR Pick 2:  
Cereal, Yogurt or NutriGrain Bar  
Fruit, Juice & Milk

🍷 Cheese Enchiladas w/Spanish Rice  
Yogurt Combo  
🍷 Italian Salad\*

Ranchero Beans  
🍷 Cucumber Slices w/Tajin  
Sliced Apples  
Sour Watermelon Raisins

### 29

#### 🍷 Blueberry Muffin & Sausage\*

OR Pick 2:  
Cereal, Yogurt or Banana Muffin  
Fruit, Juice & Milk

BBQ Boneless Wings & Mac N Chz  
w/Combread  
Wowbutter Sandwich+ Combo

Buttered Corn  
🍷 Tossed Salad w/Ranch  
Fresh Banana  
Strawberries w/Cream

### 30

#### Dutch Waffle

OR Pick 2:  
Cereal, Yogurt or Pop Tart  
Fruit, Juice & Milk

🍷 Sausage Dog+  
Yogurt Combo

Tater Tots  
🍷 Crispy Carrots w/Dip  
Orange Smiles  
Sliced Peaches