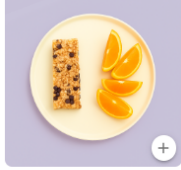
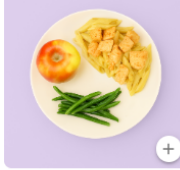
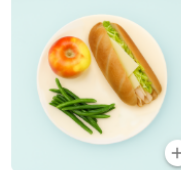


Spreckels Elementary Breakfast & Lunch Menu

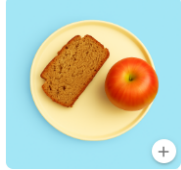
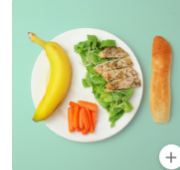
Featuring fresh ingredients, prepared daily, healthy school meals

Week of November 3rd-7th (Free for Students)
Prepared Daily by Main Street Bakery and Catering

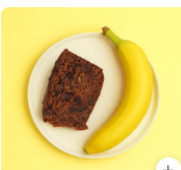
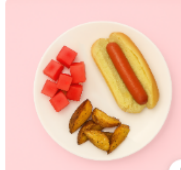
Wednesday, November 12, 2025

 Breakfast Housemade Choco Chip Granola Bar with Orange Slices Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	 Lunch Roasted Chicken & Alfredo Pasta with Steamed Green Beans & Fuji Apple (K-8) Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	 Lunch Turkey & Cheese Sub with Steamed Green Beans & Fuji Apple (K-8) Tree-nut free Peanut free Seafood free Whole Grain	 Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	 Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free
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Thursday, November 13, 2025

 Breakfast Housemade Glazed Cinnamon Bread with Fuji Apple Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	 Lunch BBQ Chicken Calzone with Baby Carrots & Banana (K-8) Tree-nut free Peanut free Egg free Seafood free Whole Grain	 Lunch Chicken Caesar Salad & Breadsticks with Baby Carrots & Banana (K-8) Vegetarian Tree-nut free Peanut free Whole Grain	 Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	 Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free
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Friday, November 14, 2025

 Breakfast Housemade Chocolate Zucchini Bread with Banana Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free	 Lunch 100% Beef Hot Dog with Potato Wedges & Watermelon (K-8) Tree-nut free Peanut free Dairy free Egg free Seafood free Whole Grain	 Lunch Chicken Caesar Salad & Breadsticks with Potato Wedges & Watermelon (K-8) Vegetarian Tree-nut free Peanut free Whole Grain	 Lowfat Plain Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free	 Lowfat Chocolate Milk Carton Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free
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*All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by Main Street Bakery and Catering, located on South Main Street in Salinas, providing restaurant-quality healthy meals while supporting the local economy. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals.

For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.