

SEPTEMBER 2025

MURDOCK LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL	2 Bean & Cheese Burrito* Fish Sticks & Dinner Roll	3 Corn Dog Chicken Quesadilla*	4 Baked Chicken & Biscuit* Homemade PB & J*	5 Pizza Meatball Sub*
8 Chicken Patty Sandwich Turkey & Cheese Croissant	9 Cheese Quesadilla* Fish Sticks & Dinner Roll	10 Orange Chicken & Rice* Pizza Pocket	11 Spaghetti* Homemade PB & J*	12 Baked Chicken & Biscuit* Grilled Cheese*
15 Hamburger* Ham & Cheese Sub	16 Macaroni & Cheese* Tuna Salad Sandwich*	17 Beef Egg Rolls* Beef & Cheese Taco Stick	18 Baked Chicken & Biscuit* Homemade PB & J*	19 French Bread Pizza Hot Dog
22 Chicken Patty Sandwich Turkey & Cheese Croissant	23 Beef Lasagna* Chicken Wrap*	24 Meatball Sandwich* Cheese Quesadilla*	25 Chicken Taco* Turkey & Cheese Sub	26 Chili & Cornbread* Grilled Cheese*

Lunch includes:

- Choice of Low Fat 1% White Milk or Fat Free Chocolate Milk
- Choice of half cup serving of Fruit
- Choice of 2 half cup servings of Vegetables
- Salad Bar

Menu is subject to change without notice.

This institution is an equal opportunity provider.

*Made In-House

All Willows Unified School District (WUSD) Students receive **1-free** breakfast & lunch daily.