

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

Menu Name: BREAKFAST BRUNCH 6-8

Include Cost: Yes

Site:

Use Alternate Menu Name: No

Friday - 05/01/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1000	318	*4.20	541	*2.51	*2.11	8.20	*0.00	*22	*43.48	*0.44	13.27	*0	256.8	*2.17	*2.86	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	500	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			586	*3.39	603	*56.20	*4.42	9.07	*0.00	*21	*107.36	*7.37	17.57	*13	*628.3	*9.52	*4.73	\$0.000
% of Calories				*5.21%		*38.36 %	*3.02%	13.9%	*0.0%		*73.3%		12.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Monday - 05/04/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003257 FRENCH TOAST HEAT & SERVE .75" THICK (2 PER SVG)	SERVING 2 EACH	1000	360	1.00	840	64.00	9.00	5.00	*N/A*	50	64.00	2.00	11.00	*N/A*	90.0	*N/A*	3.50	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	1000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000

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## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			557	1.79	646	*60.65	*7.90	6.97	*0.00	25	109.28	3.78	15.54	*12	*513.8	*1.20	*4.52	\$0.000
% of Calories				2.89%		*43.55 %	*5.67%	11.3%	*0.0%		78.5%		11.2%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Tuesday - 05/05/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003327 GRILLED BREAKFAST SANDWICH	SANDWICH	1000	307	6.83	813	*2.00	*0.00	20.33	*0.00	145	22.00	3.00	15.00	*N/A*	185.0	*0.00	2.10	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

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## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

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Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			521	3.77	619	*50.50	*5.07	12.12	*0.00	57	87.53	5.07	16.97	*12	*548.0	*4.20	*4.06	\$0.000
% of Calories				6.51%		*38.77 %	*3.89%	20.9%	*0.0%		67.2%		13.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Wednesday - 05/06/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003242 BRKFST, PIZZA TURKEY SAUSAGE WG (Tony's)	EACH	1000	200	2.00	330	2.00	*N/A*	7.00	0.00	15	25.00	2.00	9.00	*N/A*	150.0	0.00	1.70	\$183.424
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	75	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	75	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	150	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	150	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	150	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	100	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			491	2.86	462	*50.99	*6.69	8.56	0.00	14	88.97	5.66	14.87	*12	*538.1	*2.90	*4.13	\$61.141
% of Calories				5.24%		*41.54 %	*5.45%	15.7%	0.0%		72.5%		12.1%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Thursday - 05/07/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	350	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	350	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW	SERVING	300	254	2.81	198	14.77	10.25	8.34	0.00	8	30.24	3.22	3.72	*N/A*	118.2	0.00	1.60	\$0.000
003261 YOGURT VANILLA GREEK NON FAT (4OZ)	EACH	1000	80	0.00	40	8.00	7.00	0.00	0.00	5	11.00	0.00	9.00	*N/A*	110.0	*N/A*	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			570	2.62	423	*57.46	*12.80	8.31	0.00	13	107.90	7.58	17.24	*14	*583.0	*33.79	*4.19	\$0.000
% of Calories				4.14%		*40.32 %	*8.98%	13.1%	0.0%		75.7%		12.1%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Friday - 05/08/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	1000	229	1.05	201	*17.37	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			536	1.50	418	*60.98	*3.72	6.07	*0.00	10	107.40	7.56	13.56	*12	*507.3	*8.81	*6.45	\$0.000
% of Calories				2.52%		*45.51 %	*2.78%	10.2%	*0.0%		80.1%		10.1%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Monday - 05/11/2026

Reimbursable Meal Total 3000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	1000	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	1000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			500	1.79	419	*42.65	*7.90	7.30	*0.00	*9	98.95	3.78	12.87	*12	*503.8	*1.20	*3.69	\$0.000
% of Calories				3.22%		*34.12 %	*6.32%	13.1%	*0.0%		79.2%		10.3%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Tuesday - 05/12/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003328 CHICKEN SAUSAGE MAPLE WAFFLE SANDWICH	2 MINI SANDWICH	1000	250	4.00	660	4.00	*0.00	48.00	0.00	85	15.00	1.00	16.00	*N/A*	45.7	*0.00	1.50	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			502	2.83	568	*51.17	*5.07	21.34	0.00	37	85.20	4.41	17.30	*12	*501.5	*4.20	*3.86	\$0.000
% of Calories				5.07%		*40.77 %	*4.04%	38.3%	0.0%		67.9%		13.8%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

## Wednesday - 05/13/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003331 CHURRO MEXICAN RASPBERRY WG	SERVING (1 EA)	1000	160	1.00	75	9.00	9.00	4.50	0.00	0	27.00	1.00	2.00	*N/A*	10.0	*N/A*	1.10	\$0.000
003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO)	SERVING	1000	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	75	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	75	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	150	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	150	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	150	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	100	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			504	2.52	399	*54.99	*9.69	7.89	0.00	9	94.63	5.33	13.87	*12	*538.1	*2.90	*3.93	\$0.000
% of Calories				4.50%		*43.64 %	*7.69%	14.1%	0.0%		75.1%		11.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Thursday - 05/14/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001956 SMOOTHIE, STRAWBERRY FROZEN	12 OZ	1000	274	1.64	167	*32.84	*18.29	2.73	*0.00	16	52.49	1.46	10.54	*0	399.7	40.14	0.53	\$0.000
001403 SNACK, SCOOPY GRAHAM	PACKAGE	1000	120	1.00	115	*N/A*	*N/A*	4.00	0.00	0	21.00	0.00	2.00	*N/A*	100.0	0.00	0.72	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			576	2.41	438	*58.23	*11.16	7.70	*0.00	14	112.66	6.90	17.08	*14	*675.0	*47.17	*4.04	\$0.000
% of Calories				3.77%		*40.44 %	*7.75%	12.0%	*0.0%		78.2%		11.9%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Friday - 05/15/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1000	318	*4.20	541	*2.51	*2.11	8.20	*0.00	*22	*43.48	*0.44	13.27	*0	256.8	*2.17	*2.86	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	500	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			586	*3.39	603	*56.20	*4.42	9.07	*0.00	*21	*107.36	*7.37	17.57	*13	*628.3	*9.52	*4.73	\$0.000
% of Calories				*5.21%		*38.36 %	*3.02%	13.9%	*0.0%		*73.3%		12.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

# Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

Monday - 05/18/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003140 WAFFLE EMOJI EGGO	SERVINGS	1000	170	1.50	210	5.00	0.00	5.00	0.00	0	27.99	4.00	4.00	*N/A*	259.9	0.00	3.60	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	1000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			493	1.96	436	*40.98	*4.90	6.97	0.00	9	97.28	4.45	13.21	*12	*570.4	*1.20	*4.56	\$0.000
% of Calories				3.58%		*33.25 %	*3.98%	12.7%	0.0%		78.9%		10.7%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Tuesday - 05/19/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003357 CROISSANT EGG SANDWICH	EACH	1000	450	12.00	655	5.00	5.00	26.50	0.00	168	39.00	1.00	13.50	*N/A*	84.0	*0.00	3.05	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcium (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			569	5.49	566	*51.50	*6.73	14.18	0.00	64	93.20	4.41	16.47	*12	*514.3	*4.20	*4.38	\$0.000
% of Calories				8.68%		*36.20 %	*4.73%	22.4%	0.0%		65.5%		11.6%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

## Wednesday - 05/20/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ	EACH	750	298	3.45	273	10.99	9.53	16.24	0.01	0	32.04	3.74	9.30	*N/A*	46.3	0.00	1.08	\$0.000
003326 WOWBUTTER & GRAPE JELLY WG (PEANUT FREE)	EACH	250	540	6.00	390	19.00	16.00	29.00	0.00	0	53.00	8.00	18.00	*N/A*	242.0	*N/A*	4.00	\$0.000
003209 YOGURT, STRAWBERRY & BANANA TRIx (SYSCO)	SERVING	1000	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	75	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	75	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	150	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	150	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	150	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	100	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			570	3.55	475	*56.32	*10.41	12.87	0.00	9	98.06	6.59	17.03	*12	*566.5	*2.90	*4.17	\$0.000
% of Calories				5.61%		*39.52 %	*7.31%	20.3%	0.0%		68.8%		12.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Thursday - 05/21/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000279 YOGURT PARFAIT, STRAWBERRY	SERVING	1000	185	6.65	83	*9.40	*5.34	7.22	0.00	3	27.35	1.66	4.56	*1	160.0	48.80	0.34	\$0.000
002636 KEEBLER HONEY-RITE GRAHAMS 2CT	PACK	1000	60	0.00	60	3.00	3.00	1.50	0.00	0	11.00	0.00	0.00	*N/A*	0.0	0.00	0.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			527	3.75	392	*51.42	*7.85	8.36	0.00	9	100.95	6.97	14.42	*14	*561.8	*50.06	*3.87	\$0.000
% of Calories				6.40%		*39.03 %	*5.96%	14.3%	0.0%		76.6%		10.9%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Friday - 05/22/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	1000	229	1.05	201	*17.37	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			536	1.50	418	*60.98	*3.72	6.07	*0.00	10	107.40	7.56	13.56	*12	*507.3	*8.81	*6.45	\$0.000
% of Calories				2.52%		*45.51 %	*2.78%	10.2%	*0.0%		80.1%		10.1%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

# Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

Tuesday - 05/26/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003327 GRILLED BREAKFAST SANDWICH	SANDWICH	1000	307	6.83	813	*2.00	*0.00	20.33	*0.00	145	22.00	3.00	15.00	*N/A*	185.0	*0.00	2.10	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			521	3.77	619	*50.50	*5.07	12.12	*0.00	57	87.53	5.07	16.97	*12	*548.0	*4.20	*4.06	\$0.000
% of Calories				6.51%		*38.77 %	*3.89%	20.9%	*0.0%		67.2%		13.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

### Wednesday - 05/27/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003242 BRKFST, PIZZA TURKEY SAUSAGE WG (Tony's)	EACH	1000	200	2.00	330	2.00	*N/A*	7.00	0.00	15	25.00	2.00	9.00	*N/A*	150.0	0.00	1.70	\$183.424
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	75	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	75	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	150	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	150	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	150	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	100	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			491	2.86	462	*50.99	*6.69	8.56	0.00	14	88.97	5.66	14.87	*12	*538.1	*2.90	*4.13	\$61.141
% of Calories				5.24%		*41.54 %	*5.45%	15.7%	0.0%		72.5%		12.1%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

## Thursday - 05/28/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	350	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	350	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW	SERVING	300	254	2.81	198	14.77	10.25	8.34	0.00	8	30.24	3.22	3.72	*N/A*	118.2	0.00	1.60	\$0.000
003261 YOGURT VANILLA GREEK NON FAT (4OZ)	EACH	1000	80	0.00	40	8.00	7.00	0.00	0.00	5	11.00	0.00	9.00	*N/A*	110.0	*N/A*	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			570	2.62	423	*57.46	*12.80	8.31	0.00	13	107.90	7.58	17.24	*14	*583.0	*33.79	*4.19	\$0.000
% of Calories				4.14%		*40.32 %	*8.98%	13.1%	0.0%		75.7%		12.1%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Friday - 05/29/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1000	318	*4.20	541	*2.51	*2.11	8.20	*0.00	*22	*43.48	*0.44	13.27	*0	256.8	*2.17	*2.86	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	500	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			586	*3.39	603	*56.20	*4.42	9.07	*0.00	*21	*107.36	*7.37	17.57	*13	*628.3	*9.52	*4.73	\$0.000
% of Calories				*5.21%		*38.36 %	*3.02%	13.9%	*0.0%		*73.3%		12.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

## Monday - 06/01/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	1000	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	1000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			500	1.79	419	*42.65	*7.90	7.30	*0.00	*9	98.95	3.78	12.87	*12	*503.8	*1.20	*3.69	\$0.000
% of Calories				3.22%		*34.12 %	*6.32%	13.1%	*0.0%		79.2%		10.3%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Tuesday - 06/02/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003328 CHICKEN SAUSAGE MAPLE WAFFLE SANDWICH	2 MINI SANDWICH	1000	250	4.00	660	4.00	*0.00	48.00	0.00	85	15.00	1.00	16.00	*N/A*	45.7	*0.00	1.50	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			502	2.83	568	*51.17	*5.07	21.34	0.00	37	85.20	4.41	17.30	*12	*501.5	*4.20	*3.86	\$0.000
% of Calories				5.07%		*40.77 %	*4.04%	38.3%	0.0%		67.9%		13.8%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

# Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

Wednesday - 06/03/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003331 CHURRO MEXICAN RASPBERRY WG	SERVING (1 EA)	1000	160	1.00	75	9.00	9.00	4.50	0.00	0	27.00	1.00	2.00	*N/A*	10.0	*N/A*	1.10	\$0.000
003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO)	SERVING	1000	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	75	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	75	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	150	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	150	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	150	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	100	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			504	2.52	399	*54.99	*9.69	7.89	0.00	9	94.63	5.33	13.87	*12	*538.1	*2.90	*3.93	\$0.000
% of Calories				4.50%		*43.64 %	*7.69%	14.1%	0.0%		75.1%		11.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Thursday - 06/04/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001956 SMOOTHIE, STRAWBERRY FROZEN	12 OZ	1000	274	1.64	167	*32.84	*18.29	2.73	*0.00	16	52.49	1.46	10.54	*0	399.7	40.14	0.53	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
001403 SNACK, SCOOPY GRAHAM	PACKAGE	1000	120	1.00	115	*N/A*	*N/A*	4.00	0.00	0	21.00	0.00	2.00	*N/A*	100.0	0.00	0.72	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 STRAWBERRY MINI BAGELS	EACH	100	240	2.00	190	10.00	10.00	6.00	0.00	10	42.00	2.00	6.00	*N/A*	0.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

**Base Menu Spreadsheet**

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			576	2.41	438	*58.23	*11.16	7.70	*0.00	14	112.66	6.90	17.08	*14	*675.0	*47.17	*4.04	\$0.000
% of Calories				3.77%		*40.44 %	*7.75%	12.0%	*0.0%		78.2%		11.9%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

**Friday - 06/05/2026**

**Reimbursable Meal Total 3000**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	1000	229	1.05	201	*17.37	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	200	220	0.00	230	12.00	12.00	3.00	0.00	0	47.00	3.00	3.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BAR BUTTERMILK TWIN WG 2.5 OZ	PACKAGE	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			536	1.50	418	*60.98	*3.72	6.07	*0.00	10	107.40	7.56	13.56	*12	*507.3	*8.81	*6.45	\$0.000
% of Calories				2.52%		*45.51 %	*2.78%	10.2%	*0.0%		80.1%		10.1%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	536	*2.75	489	*53.78	*7.16	9.65	*0.00	*21	*99.79	*5.94	15.62	*13	*556.3	*12.29	*4.43	\$4.891
% of Calories		*4.62%		*40.13 %	*5.34%	16.2%	*0.0%		*74.5%		11.7%					

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.