

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Menu Name: BREAKFAST BRUNCH 6-8 **Include Cost:** Yes
Site:
Use Alternate Menu Name: No

Monday - 03/02/2026 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	400	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	400	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW	SERVING	200	254	2.81	198	14.77	10.25	8.34	0.00	8	30.24	3.22	3.72	*N/A*	118.2	0.00	1.60	\$0.000
003261 YOGURT VANILLA GREEK NON FAT (4OZ)	EACH	1000	80	0.00	40	8.00	7.00	0.00	0.00	5	11.00	0.00	9.00	*N/A*	110.0	*N/A*	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

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Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			573	2.57	435	*58.93	*10.29	8.25	0.00	14	109.43	7.46	17.16	*1	*607.9	*34.39	4.27	\$0.000
% of Calories				4.04%		*41.14 %	*7.18%	13.0%	0.0%		76.4%		12.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Tuesday - 03/03/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	1000	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000
000998 JUICE, FRUIT PUNCH 4.23 OZ APPLE & EVE	EACH	600	60	0.00	15	*N/A*	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			511	1.95	475	*38.38	*2.10	7.64	0.00	15	97.12	4.24	15.97	*0	*536.0	*14.60	4.33	\$0.000
% of Calories				3.43%		*30.04 %	*1.64%	13.5%	0.0%		76.0%		12.5%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Wednesday - 03/04/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	250	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	250	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	250	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	250	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	105	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000

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Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	105	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	105	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	105	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			532	2.58	414	*45.77	*8.68	10.50	0.00	20	97.95	7.35	15.13	*0	*593.7	83.98	4.16	\$0.000
% of Calories				4.36%		*34.41 %	*6.53%	17.8%	0.0%		73.6%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Thursday - 03/05/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003268 BREAKFAST BOMB	EACH	1000	496	14.20	1250	4.00	*N/A*	30.00	0.00	376	26.00	2.00	32.00	*N/A*	536.0	0.00	2.34	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			614	6.30	767	*51.40	*2.10	15.64	0.00	134	98.19	6.20	23.74	*3	*686.4	*9.79	4.47	\$0.000
% of Calories				9.23%		*33.49 %	*1.37%	22.9%	0.0%		64.0%		15.5%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Friday - 03/06/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1000	318	*4.20	541	*2.51	*2.11	8.20	*0.00	*22	*43.48	*0.44	13.27	*0	256.8	*2.17	*2.86	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	500	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			586	*3.35	609	*56.99	*1.79	9.04	*0.00	*21	*107.61	*7.20	17.57	*0	*650.0	*10.12	*4.81	\$0.000
% of Calories				*5.15%		*38.90 %	*1.22%	13.9%	*0.0%		*73.5%		12.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Monday - 03/09/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003257 FRENCH TOAST HEAT & SERVE .75" THICK (2 PER SVG)	SERVING 2 EACH	1000	360	1.00	840	64.00	9.00	5.00	*N/A*	50	64.00	2.00	11.00	*N/A*	90.0	*N/A*	3.50	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	1000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			584	1.79	643	*71.88	*5.27	7.05	*0.00	25	114.50	6.95	16.47	*1	*563.6	*34.39	4.86	\$0.000
% of Calories				2.76%		*49.23 %	*3.61%	10.9%	*0.0%		78.4%		11.3%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Tuesday - 03/10/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003242 BRKFST, PIZZA TURKEY SAUSAGE WG (Tony's)	EACH	1000	200	2.00	330	2.00	*N/A*	7.00	0.00	15	25.00	2.00	9.00	*N/A*	150.0	0.00	1.70	\$183.424
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			486	2.12	469	*38.38	*2.10	7.64	0.00	13	91.78	3.57	14.97	*0	*552.6	*1.80	3.99	\$61.141
% of Calories				3.93%		*31.59 %	*1.73%	14.1%	0.0%		75.5%		12.3%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Wednesday - 03/11/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002771 BRKFST, APPLE FRUDEL	EACH	1000	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	105	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	105	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	105	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	105	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			501	2.27	437	*42.18	*3.48	7.95	0.00	9	95.61	6.90	14.88	*0	*559.3	83.98	4.02	\$0.000
% of Calories				4.08%		*33.68 %	*2.78%	14.3%	0.0%		76.3%		11.9%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Thursday - 03/12/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003198 BURRITO, BRK LOADED BACON	SERVING	1000	466	9.30	932	*1.00	*N/A*	24.57	0.00	190	39.50	6.50	21.09	*N/A*	6.0	3.00	6.88	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			604	4.66	661	*50.40	*2.10	13.83	0.00	72	102.69	7.70	20.10	*3	*509.7	*10.79	5.98	\$0.000
% of Calories				6.94%		*33.38 %	*1.39%	20.6%	0.0%		68.0%		13.3%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Monday - 03/16/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003140 WAFFLE EMOJI EGGO	SERVINGS	1000	170	1.50	210	5.00	0.00	5.00	0.00	0	27.99	4.00	4.00	*N/A*	259.9	0.00	3.60	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	1000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			520	1.96	433	*52.22	*2.27	7.05	0.00	9	102.49	7.62	14.14	*1	*620.2	34.39	4.89	\$0.000
% of Calories				3.39%		*40.17 %	*1.75%	12.2%	0.0%		78.8%		10.9%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Tuesday - 03/17/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002536 PANCAKE & SAUSAGE ON STICK WG	EACH	1000	187	2.70	412	6.90	*N/A*	8.90	0.00	28	19.80	1.40	7.00	5	17.0	0.00	1.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			481	2.35	496	*40.02	*2.10	8.28	0.00	18	90.05	3.37	14.30	*2	*508.3	*1.80	3.76	\$0.000
% of Calories				4.40%		*33.28 %	*1.75%	15.5%	0.0%		74.9%		11.9%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Wednesday - 03/18/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	1140	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO)	SERVING	1140	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	105	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	105	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	105	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	105	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			538	2.44	471	*45.41	*7.81	8.47	0.00	9	102.98	7.23	16.73	*0	*622.5	83.98	4.01	\$0.000
% of Calories				4.08%		*33.76 %	*5.81%	14.2%	0.0%		76.6%		12.4%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Thursday - 03/19/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003267 CALI COUNTY BURRITO	SERVING	1000	718	14.60	1535	*3.00	*0.00	38.50	*0.00	289	64.00	5.00	26.00	*N/A*	443.0	*6.00	4.82	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			688	6.43	862	*51.07	*2.10	18.48	*0.00	105	110.85	7.20	21.74	*3	*655.4	*11.79	5.30	\$0.000
% of Calories				8.41%		*29.69 %	*1.22%	24.2%	*0.0%		64.4%		12.6%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Friday - 03/20/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1000	318	*4.20	541	*2.51	*2.11	8.20	*0.00	*22	*43.48	*0.44	13.27	*0	256.8	*2.17	*2.86	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	500	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			586	*3.35	609	*56.99	*1.79	9.04	*0.00	*21	*107.61	*7.20	17.57	*0	*650.0	*10.12	*4.81	\$0.000
% of Calories				*5.15%		*38.90 %	*1.22%	13.9%	*0.0%		*73.5%		12.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Monday - 03/23/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003121 SCONE, WG LEMON DROP 3OZ	SERVING	400	301	3.30	199	22.71	12.21	8.50	0.00	12	53.53	3.50	4.30	*N/A*	104.4	0.00	1.81	\$0.000
003118 SCONE, WG CHOCOLATE CHIP 3OZ	SERVING	400	320	3.60	197	29.02	25.31	8.80	0.00	9	58.33	3.70	4.00	*N/A*	118.7	0.00	1.71	\$0.000
003306 SCONE, WG BANANA CHOCOLATE CHIP 2.8OZ IW	SERVING	200	254	2.81	198	14.77	10.25	8.34	0.00	8	30.24	3.22	3.72	*N/A*	118.2	0.00	1.60	\$0.000
003261 YOGURT VANILLA GREEK NON FAT (4OZ)	EACH	1000	80	0.00	40	8.00	7.00	0.00	0.00	5	11.00	0.00	9.00	*N/A*	110.0	*N/A*	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			573	2.57	435	*58.93	*10.29	8.25	0.00	14	109.43	7.46	17.16	*1	*607.9	*34.39	4.27	\$0.000
% of Calories				4.04%		*41.14 %	*7.18%	13.0%	0.0%		76.4%		12.0%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Tuesday - 03/24/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000929 PIZZA NADA (POCKET, TURKEY PIZZA 4 OZ)	EACH	1000	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000
000998 JUICE, FRUIT PUNCH 4.23 OZ APPLE & EVE	EACH	600	60	0.00	15	*N/A*	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			511	1.95	475	*38.38	*2.10	7.64	0.00	15	97.12	4.24	15.97	*0	*536.0	*14.60	4.33	\$0.000
% of Calories				3.43%		*30.04 %	*1.64%	13.5%	0.0%		76.0%		12.5%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Wednesday - 03/25/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003282 MUFFIN, WG APPLE CINNAMON 2G	#8 SCOOP	250	266	1.29	167	15.09	13.98	11.06	0.00	32	38.92	2.74	4.29	*N/A*	113.3	0.00	1.50	\$0.000
003283 MUFFIN, WG PUMPKIN SPICE 2G	#8 SCOOP	250	244	1.13	160	21.14	14.18	9.96	0.00	29	36.13	3.00	3.97	*N/A*	75.9	0.00	1.66	\$0.000
003277 MUFFIN, WG DOUBLE COCOA 2G	#8 SCOOP	250	381	3.10	195	20.60	15.00	19.80	0.00	36	49.10	4.30	5.70	*N/A*	112.4	0.00	2.36	\$0.000
003278 MUFFIN, WG WILD BLUEBERRY 2G	#8 SCOOP	250	328	2.13	200	26.32	19.34	13.77	0.00	39	47.99	3.44	5.06	*N/A*	111.5	0.00	1.86	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	105	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	105	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	105	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	105	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			532	2.58	414	*45.77	*8.68	10.50	0.00	20	97.95	7.35	15.13	*0	*593.7	83.98	4.16	\$0.000
% of Calories				4.36%		*34.41 %	*6.53%	17.8%	0.0%		73.6%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Thursday - 03/26/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003268 BREAKFAST BOMB	EACH	1000	496	14.20	1250	4.00	*N/A*	30.00	0.00	376	26.00	2.00	32.00	*N/A*	536.0	0.00	2.34	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			614	6.30	767	*51.40	*2.10	15.64	0.00	134	98.19	6.20	23.74	*3	*686.4	*9.79	4.47	\$0.000
% of Calories				9.23%		*33.49 %	*1.37%	22.9%	0.0%		64.0%		15.5%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Friday - 03/27/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	1000	229	1.05	201	*17.37	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003262 HOT CHOCOLATE NONFAT	SERVING (8OZ)	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			557	1.46	449	*64.93	*1.08	6.04	*0.00	11	111.32	7.39	15.06	*0	*578.9	9.41	6.58	\$0.000
% of Calories				2.36%		*46.63 %	*0.78%	9.8%	*0.0%		79.9%		10.8%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Monday - 03/30/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003257 FRENCH TOAST HEAT & SERVE .75" THICK (2 PER SVG)	SERVING 2 EACH	1000	360	1.00	840	64.00	9.00	5.00	*N/A*	50	64.00	2.00	11.00	*N/A*	90.0	*N/A*	3.50	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	1000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	50	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	50	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	50	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	50	310	6.00	260	25.00	24.00	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
001869 BRKFST, MINI CINNIS	EACH	200	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	200	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			584	1.79	643	*71.88	*5.27	7.05	*0.00	25	114.50	6.95	16.47	*1	*563.6	*34.39	4.86	\$0.000
% of Calories				2.76%		*49.23 %	*3.61%	10.9%	*0.0%		78.4%		11.3%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

Tuesday - 03/31/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003242 BRKFST, PIZZA TURKEY SAUSAGE WG (Tony's)	EACH	1000	200	2.00	330	2.00	*N/A*	7.00	0.00	15	25.00	2.00	9.00	*N/A*	150.0	0.00	1.70	\$183.424
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	100	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
003255 CEREAL BLUEBERRY CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	240	0.50	320	11.00	*N/A*	5.00	0.00	0	46.00	1.00	3.00	*N/A*	130.0	0.00	16.20	\$0.000
003256 CEREAL CINNAMON CHEX GLUTEN FREE 2OZ	CUP 2OZ.	50	170	0.00	250	8.00	*N/A*	4.00	0.00	0	33.00	2.00	2.00	*N/A*	130.0	0.00	10.80	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	100	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
001869 BRKFST, MINI CINNIS	EACH	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00	3.00	5.00	*N/A*	30.0	0.00	1.40	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2026 thru Mar 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	100	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	100	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	100	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	100	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	200	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	200	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000419 FRUIT, MIXED USDA	#8 SCOOP	3000	60	0.00	10	*N/A*	*N/A*	0.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			486	2.12	469	*38.38	*2.10	7.64	0.00	13	91.78	3.57	14.97	*0	*552.6	*1.80	3.99	\$61.141
% of Calories				3.93%		*31.59 %	*1.73%	14.1%	0.0%		75.5%		12.3%					
Weekly Nutrient Guideline			450 - 500	<10	540		<10											

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
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Base Menu Spreadsheet

Portion Values

Mar 1, 2026 thru Mar 31, 2026

Weighted Averages		555	*2.99	544	*50.94	*4.08	9.60	*0.00	*34	*102.34	*6.35	17.09	*1	*592.1	*29.25	*4.59	\$5.823
% of Calories			*4.85%		*36.71 %	*2.94%	15.6%	*0.0%		*73.8%		12.3%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

1 - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.