

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

Menu Name:

HIGH SCHOOL LUNCH RVHS

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Thursday - 10/01/2026 Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	75	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER	SERVINGS	25	210	4.00	125	*0.00	*0.00	14.00	*0.00	125	0.09	0.01	20.01	*0	26.5	0.01	0.55	\$0.023
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	25	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	25	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	22	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	30	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	100	166	0.83	465	0.00	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$153.576
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			816	*6.58	1114	*34.75	*2.32	28.57	*0.07	66	107.76	11.23	35.41	*1	*503.7	*50.28	*5.17	\$254.957
% of Calories				*7.26%		*17.03 %	*1.14%	31.5%	*0.1%		52.8%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Friday - 10/02/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003152 1/4# HOT DOG ON A BUN	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003004 HS-NACHO BAR	SERVING	60	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	60	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	75	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	25	324	0.22	160	*2.80	*N/A*	9.00	0.00	0	47.85	4.01	18.56	*N/A*	68.1	0.00	4.24	\$119.353
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
001725 HS-CHEESE QUESADILLA	EACH	30	315	6.52	1000	*N/A*	*N/A*	12.04	0.00	25	31.44	3.94	19.04	*N/A*	100.0	0.00	1.44	\$0.000
001120 HS-QUESADILLA JUMBO	EACH	12	353	4.74	1172	*0.00	*N/A*	13.40	0.00	91	31.26	6.94	26.84	*N/A*	121.0	18.48	3.85	\$10.260
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			792	*6.79	1139	*34.86	*1.29	27.49	*0.09	57	106.69	11.37	33.37	*1	*531.7	*52.76	*5.70	\$238.731
% of Calories				*7.72%		*17.61 %	*0.65%	31.2%	*0.1%		53.9%		16.9%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

Monday - 10/05/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	40	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	40	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	40	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	40	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	4	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
002800 CHICKEN ORANGE NOODLE BOWL	SERVINGS	50	294	2.33	422	*1.20	*N/A*	8.87	*0.00	46	37.56	3.45	19.00	*N/A*	19.0	1.48	2.36	\$107.836
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	50	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002339 HS-HUNAN ORANGE TOFU S/F YCUSD	4OZ. HEAP SPOOD	25	110	0.20	89	*1.20	*N/A*	5.79	0.00	0	5.91	0.00	10.53	*N/A*	48.4	1.40	1.53	\$2.659
002229 HS-FRESH MEX	SERVING	50	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
003151 BRATWURST ON A BUN	1 Brat w/bun	55	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003014 CHICKEN BNLS WINGS HOT N SPICY	5ea	25	201	2.01	342	1.00	*N/A*	10.05	0.00	45	10.05	1.00	19.10	*N/A*	0.0	0.00	1.00	\$243.505
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			794	*6.52	1117	*34.59	*2.13	28.00	*0.08	57	105.82	11.10	33.14	*1	*501.8	*51.64	*4.70	\$238.340
% of Calories				*7.39%		*17.43 %	*1.07%	31.7%	*0.1%		53.3%		16.7%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Tuesday - 10/06/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	95	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	90	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	75	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	30	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcium (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	15	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	15	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	15	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	15	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	15	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	10	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
000075 HS-BEEF SOFT TACO	SERVINGS	50	445	7.54	796	*0.65	*0.00	20.43	*0.00	67	34.64	4.60	28.60	*0	132.1	3.81	4.41	\$0.906
002951 BEEF TAQUITO	SERVINGS	50	200	1.00	410	0.00	*N/A*	4.00	0.00	15	33.00	5.00	9.00	*N/A*	80.0	0.00	7.20	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$26.052

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003077 TAMALES TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALES	25	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KICKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KICKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			750	*6.14	1038	*32.25	*1.25	25.69	*0.06	60	98.85	10.85	33.87	*1	*491.6	*48.98	*4.90	\$198.723
% of Calories				*7.37%		*17.20 %	*0.67%	30.8%	*0.1%		52.7%		18.1%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

Wednesday - 10/07/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	50	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	47	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003004 HS-NACHO BAR	SERVING	50	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002891 CHICKEN TERIYAKI BOWL NOODLE	SERVINGS H #16	25	316	2.33	1284	*5.50	*5.50	8.88	*0.00	46	42.35	3.59	20.00	*0	21.6	0.08	2.67	\$134.704
002343 HS-TERIYAKI TOFU S/F YCUSD	1/4 CUP	25	62	0.20	60	*2.00	*N/A*	3.26	0.00	0	4.67	0.00	4.46	*N/A*	20.9	0.20	0.65	\$2.659
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	75	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003152 1/4# HOT DOG ON A BUN	1 Hot Dog w/bun	40	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	50	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			763	*6.59	1092	*34.09	*1.49	26.61	*0.09	62	101.09	10.52	33.21	*1	*519.3	*52.11	*5.35	\$227.979
% of Calories				*7.77%		*17.87 %	*0.78%	31.4%	*0.1%		53.0%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Thursday - 10/08/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	75	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER	SERVINGS	25	210	4.00	125	*0.00	*0.00	14.00	*0.00	125	0.09	0.01	20.01	*0	26.5	0.01	0.55	\$0.023
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	25	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	25	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	22	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	30	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	100	166	0.83	465	0.00	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$153.576
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			816	*6.58	1114	*34.75	*2.32	28.57	*0.07	66	107.76	11.23	35.41	*1	*503.7	*50.28	*5.17	\$254.957
% of Calories				*7.26%		*17.03 %	*1.14%	31.5%	*0.1%		52.8%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

Friday - 10/09/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003152 1/4# HOT DOG ON A BUN	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003004 HS-NACHO BAR	SERVING	60	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	60	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	75	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	25	324	0.22	160	*2.80	*N/A*	9.00	0.00	0	47.85	4.01	18.56	*N/A*	68.1	0.00	4.24	\$119.353
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
001725 HS-CHEESE QUESADILLA	EACH	30	315	6.52	1000	*N/A*	*N/A*	12.04	0.00	25	31.44	3.94	19.04	*N/A*	100.0	0.00	1.44	\$0.000
001120 HS-QUESADILLA JUMBO	EACH	12	353	4.74	1172	*0.00	*N/A*	13.40	0.00	91	31.26	6.94	26.84	*N/A*	121.0	18.48	3.85	\$10.260
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			792	*6.79	1139	*34.86	*1.29	27.49	*0.09	57	106.69	11.37	33.37	*1	*531.7	*52.76	*5.70	\$238.731
% of Calories				*7.72%		*17.61 %	*0.65%	31.2%	*0.1%		53.9%		16.9%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Monday - 10/12/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	40	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	40	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	40	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	40	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	4	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
002800 CHICKEN ORANGE NOODLE BOWL	SERVINGS	50	294	2.33	422	*1.20	*N/A*	8.87	*0.00	46	37.56	3.45	19.00	*N/A*	19.0	1.48	2.36	\$107.836
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	50	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002339 HS-HUNAN ORANGE TOFU S/F YCUSD	4OZ. HEAP SPOOD	25	110	0.20	89	*1.20	*N/A*	5.79	0.00	0	5.91	0.00	10.53	*N/A*	48.4	1.40	1.53	\$2.659
002229 HS-FRESH MEX	SERVING	50	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
003151 BRATWURST ON A BUN	1 Brat w/bun	55	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003014 CHICKEN BNLS WINGS HOT N SPICY	5ea	25	201	2.01	342	1.00	*N/A*	10.05	0.00	45	10.05	1.00	19.10	*N/A*	0.0	0.00	1.00	\$243.505
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			794	*6.52	1117	*34.59	*2.13	28.00	*0.08	57	105.82	11.10	33.14	*1	*501.8	*51.64	*4.70	\$238.340
% of Calories				*7.39%		*17.43 %	*1.07%	31.7%	*0.1%		53.3%		16.7%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Tuesday - 10/13/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	95	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	90	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	75	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	30	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	15	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	15	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	15	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	15	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	15	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	10	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
000075 HS-BEEF SOFT TACO	SERVINGS	50	445	7.54	796	*0.65	*0.00	20.43	*0.00	67	34.64	4.60	28.60	*0	132.1	3.81	4.41	\$0.906
002951 BEEF TAQUITO	SERVINGS	50	200	1.00	410	0.00	*N/A*	4.00	0.00	15	33.00	5.00	9.00	*N/A*	80.0	0.00	7.20	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$26.052
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	25	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			750	*6.14	1038	*32.25	*1.25	25.69	*0.06	60	98.85	10.85	33.87	*1	*491.6	*48.98	*4.90	\$198.723
% of Calories				*7.37%		*17.20 %	*0.67%	30.8%	*0.1%		52.7%		18.1%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Wednesday - 10/14/2026 Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	50	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	47	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003004 HS-NACHO BAR	SERVING	50	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172
002891 CHICKEN TERIYAKI BOWL NOODLE	SERVINGS H #16	25	316	2.33	1284	*5.50	*5.50	8.88	*0.00	46	42.35	3.59	20.00	*0	21.6	0.08	2.67	\$134.704
002343 HS-TERIYAKI TOFU S/F YCUSD	1/4 CUP	25	62	0.20	60	*2.00	*N/A*	3.26	0.00	0	4.67	0.00	4.46	*N/A*	20.9	0.20	0.65	\$2.659
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	75	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003152 1/4# HOT DOG ON A BUN	1 Hot Dog w/bun	40	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	50	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			763	*6.59	1092	*34.09	*1.49	26.61	*0.09	62	101.09	10.52	33.21	*1	*519.3	*52.11	*5.35	\$227.979
% of Calories				*7.77%		*17.87 %	*0.78%	31.4%	*0.1%		53.0%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Thursday - 10/15/2026

Reimbursable Meal Total 800

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	75	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER	SERVINGS	25	210	4.00	125	*0.00	*0.00	14.00	*0.00	125	0.09	0.01	20.01	*0	26.5	0.01	0.55	\$0.023
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	25	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	25	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	22	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	30	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	100	166	0.83	465	0.00	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$153.576
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			816	*6.58	1114	*34.75	*2.32	28.57	*0.07	66	107.76	11.23	35.41	*1	*503.7	*50.28	*5.17	\$254.957
% of Calories				*7.26%		*17.03 %	*1.14%	31.5%	*0.1%		52.8%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Friday - 10/16/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003152 1/4# HOT DOG ON A BUN	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003004 HS-NACHO BAR	SERVING	60	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	60	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	75	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	25	324	0.22	160	*2.80	*N/A*	9.00	0.00	0	47.85	4.01	18.56	*N/A*	68.1	0.00	4.24	\$119.353
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
001725 HS-CHEESE QUESADILLA	EACH	30	315	6.52	1000	*N/A*	*N/A*	12.04	0.00	25	31.44	3.94	19.04	*N/A*	100.0	0.00	1.44	\$0.000
001120 HS-QUESADILLA JUMBO	EACH	12	353	4.74	1172	*0.00	*N/A*	13.40	0.00	91	31.26	6.94	26.84	*N/A*	121.0	18.48	3.85	\$10.260
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			792	*6.79	1139	*34.86	*1.29	27.49	*0.09	57	106.69	11.37	33.37	*1	*531.7	*52.76	*5.70	\$238.731
% of Calories				*7.72%		*17.61 %	*0.65%	31.2%	*0.1%		53.9%		16.9%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Monday - 10/19/2026

Reimbursable Meal Total 800

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	40	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	40	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	40	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	40	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	4	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002800 CHICKEN ORANGE NOODLE BOWL	SERVINGS	50	294	2.33	422	*1.20	*N/A*	8.87	*0.00	46	37.56	3.45	19.00	*N/A*	19.0	1.48	2.36	\$107.836
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	50	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002339 HS-HUNAN ORANGE TOFU S/F YCUSD	4OZ. HEAP SPOOD	25	110	0.20	89	*1.20	*N/A*	5.79	0.00	0	5.91	0.00	10.53	*N/A*	48.4	1.40	1.53	\$2.659
002229 HS-FRESH MEX	SERVING	50	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
003151 BRATWURST ON A BUN	1 Brat w/bun	55	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003014 CHICKEN BNLS WINGS HOT N SPICY	5ea	25	201	2.01	342	1.00	*N/A*	10.05	0.00	45	10.05	1.00	19.10	*N/A*	0.0	0.00	1.00	\$243.505
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			794	*6.52	1117	*34.59	*2.13	28.00	*0.08	57	105.82	11.10	33.14	*1	*501.8	*51.64	*4.70	\$238.340
% of Calories				*7.39%		*17.43 %	*1.07%	31.7%	*0.1%		53.3%		16.7%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Tuesday - 10/20/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	95	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	90	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	75	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	30	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	15	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	15	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	15	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	15	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	15	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	10	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
000075 HS-BEEF SOFT TACO	SERVINGS	50	445	7.54	796	*0.65	*0.00	20.43	*0.00	67	34.64	4.60	28.60	*0	132.1	3.81	4.41	\$0.906
002951 BEEF TAQUITO	SERVINGS	50	200	1.00	410	0.00	*N/A*	4.00	0.00	15	33.00	5.00	9.00	*N/A*	80.0	0.00	7.20	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$26.052
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	25	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			750	*6.14	1038	*32.25	*1.25	25.69	*0.06	60	98.85	10.85	33.87	*1	*491.6	*48.98	*4.90	\$198.723
% of Calories				*7.37%		*17.20 %	*0.67%	30.8%	*0.1%		52.7%		18.1%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Wednesday - 10/21/2026

Reimbursable Meal Total 800

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	50	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	47	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003004 HS-NACHO BAR	SERVING	50	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172
002891 CHICKEN TERIYAKI BOWL NOODLE	SERVINGS H #16	25	316	2.33	1284	*5.50	*5.50	8.88	*0.00	46	42.35	3.59	20.00	*0	21.6	0.08	2.67	\$134.704

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002343 HS-TERIYAKI TOFU S/F YCUSD	1/4 CUP	25	62	0.20	60	*2.00	*N/A*	3.26	0.00	0	4.67	0.00	4.46	*N/A*	20.9	0.20	0.65	\$2.659
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	75	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003152 1/4# HOT DOG ON A BUN	1 Hot Dog w/bun	40	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	50	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			763	*6.59	1092	*34.09	*1.49	26.61	*0.09	62	101.09	10.52	33.21	*1	*519.3	*52.11	*5.35	\$227.979
% of Calories				*7.77%		*17.87 %	*0.78%	31.4%	*0.1%		53.0%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Thursday - 10/22/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	75	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER	SERVINGS	25	210	4.00	125	*0.00	*0.00	14.00	*0.00	125	0.09	0.01	20.01	*0	26.5	0.01	0.55	\$0.023
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	25	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	25	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	22	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	30	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcml (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	100	166	0.83	465	0.00	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$153.576
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			816	*6.58	1114	*34.75	*2.32	28.57	*0.07	66	107.76	11.23	35.41	*1	*503.7	*50.28	*5.17	\$254.957
% of Calories				*7.26%		*17.03 %	*1.14%	31.5%	*0.1%		52.8%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Monday - 10/26/2026

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	40	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	40	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	40	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	40	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	4	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002800 CHICKEN ORANGE NOODLE BOWL	SERVINGS	50	294	2.33	422	*1.20	*N/A*	8.87	*0.00	46	37.56	3.45	19.00	*N/A*	19.0	1.48	2.36	\$107.836
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	50	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002339 HS-HUNAN ORANGE TOFU S/F YCUSD	4OZ. HEAP SPOOD	25	110	0.20	89	*1.20	*N/A*	5.79	0.00	0	5.91	0.00	10.53	*N/A*	48.4	1.40	1.53	\$2.659
002229 HS-FRESH MEX	SERVING	50	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
003151 BRATWURST ON A BUN	1 Brat w/bun	55	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003014 CHICKEN BNLS WINGS HOT N SPICY	5ea	25	201	2.01	342	1.00	*N/A*	10.05	0.00	45	10.05	1.00	19.10	*N/A*	0.0	0.00	1.00	\$243.505
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			794	*6.52	1117	*34.59	*2.13	28.00	*0.08	57	105.82	11.10	33.14	*1	*501.8	*51.64	*4.70	\$238.340
% of Calories				*7.39%		*17.43 %	*1.07%	31.7%	*0.1%		53.3%		16.7%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Tuesday - 10/27/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	95	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	90	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	75	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	30	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	10	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	15	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	15	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	15	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	15	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	15	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	10	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
000075 HS-BEEF SOFT TACO	SERVINGS	50	445	7.54	796	*0.65	*0.00	20.43	*0.00	67	34.64	4.60	28.60	*0	132.1	3.81	4.41	\$0.906
002951 BEEF TAQUITO	SERVINGS	50	200	1.00	410	0.00	*N/A*	4.00	0.00	15	33.00	5.00	9.00	*N/A*	80.0	0.00	7.20	\$0.000
003078 TAMALE CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALE	25	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$26.052
003077 TAMALE TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALE	25	345	9.47	712	1.58	0.00	18.01	0.00	36	29.67	2.56	15.95	*N/A*	418.6	2.45	0.87	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			750	*6.14	1038	*32.25	*1.25	25.69	*0.06	60	98.85	10.85	33.87	*1	*491.6	*48.98	*4.90	\$198.723
% of Calories				*7.37%		*17.20 %	*0.67%	30.8%	*0.1%		52.7%		18.1%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Wednesday - 10/28/2026

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	50	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	47	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003004 HS-NACHO BAR	SERVING	50	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172
002891 CHICKEN TERIYAKI BOWL NOODLE	SERVINGS H #16	25	316	2.33	1284	*5.50	*5.50	8.88	*0.00	46	42.35	3.59	20.00	*0	21.6	0.08	2.67	\$134.704

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002343 HS-TERIYAKI TOFU S/F YCUSD	1/4 CUP	25	62	0.20	60	*2.00	*N/A*	3.26	0.00	0	4.67	0.00	4.46	*N/A*	20.9	0.20	0.65	\$2.659
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	75	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003152 1/4# HOT DOG ON A BUN	1 Hot Dog w/bun	40	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
002949 HOT POCKET SANDWICH PEPPERONI	EACH	50	291	6.02	572	3.01	*N/A*	12.04	0.00	25	36.13	1.00	9.03	*N/A*	100.4	0.00	2.71	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			763	*6.59	1092	*34.09	*1.49	26.61	*0.09	62	101.09	10.52	33.21	*1	*519.3	*52.11	*5.35	\$227.979
% of Calories				*7.77%		*17.87 %	*0.78%	31.4%	*0.1%		53.0%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Thursday - 10/29/2026

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
002592 CHICKEN PATTY ON BUN RC	EACH	75	182	2.00	423	0.03	*N/A*	9.02	0.00	20	12.27	3.04	12.07	*N/A*	0.5	0.00	1.81	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER	SERVINGS	25	210	4.00	125	*0.00	*0.00	14.00	*0.00	125	0.09	0.01	20.01	*0	26.5	0.01	0.55	\$0.023
002229 HS-FRESH MEX	SERVING	25	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	25	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	25	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002131 HS-J LEE ROYS TRI-TIP	EACH	20	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	20	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	22	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	30	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	100	166	0.83	465	0.00	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$153.576
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			816	*6.58	1114	*34.75	*2.32	28.57	*0.07	66	107.76	11.23	35.41	*1	*503.7	*50.28	*5.17	\$254.957
% of Calories				*7.26%		*17.03 %	*1.14%	31.5%	*0.1%		52.8%		17.4%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Friday - 10/30/2026

Reimbursable Meal Total 800

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	1 Hamburger	75	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	75	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003152 1/4# HOT DOG ON A BUN	1 Hot Dog w/bun	50	507	12.93	1269	*3.00	*N/A*	32.68	0.00	64	34.24	3.00	18.25	*N/A*	210.4	0.01	19.55	\$0.000
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
002892 HS SACK LUNCH - PBJ GRAPE	EACH	50	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	10	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	10	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002685 HS SACK LUNCH, TURKEY AND CHEESE W/CHIP	SANDWICH	5	377	3.50	1088	*2.00	*0.00	12.98	*0.00	48	43.65	5.64	25.97	*N/A*	*130.2	*6.58	*1.64	\$61.847
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	48	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	48	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003004 HS-NACHO BAR	SERVING	60	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	60	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	75	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	25	324	0.22	160	*2.80	*N/A*	9.00	0.00	0	47.85	4.01	18.56	*N/A*	68.1	0.00	4.24	\$119.353
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
001725 HS-CHEESE QUESADILLA	EACH	30	315	6.52	1000	*N/A*	*N/A*	12.04	0.00	25	31.44	3.94	19.04	*N/A*	100.0	0.00	1.44	\$0.000
001120 HS-QUESADILLA JUMBO	EACH	12	353	4.74	1172	*0.00	*N/A*	13.40	0.00	91	31.26	6.94	26.84	*N/A*	121.0	18.48	3.85	\$10.260
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			792	*6.79	1139	*34.86	*1.29	27.49	*0.09	57	106.69	11.37	33.37	*1	*531.7	*52.76	*5.70	\$238.731
% of Calories				*7.72%		*17.61 %	*0.65%	31.2%	*0.1%		53.9%		16.9%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		785	*6.53	1101	*34.14	*1.73	27.33	*0.08	61	104.22	11.02	33.88	*1	*509.3	*51.11	*5.16	\$232.851
% of Calories			*7.49%		*17.40 %	*0.88%	31.3%	*0.1%		53.1%		17.3%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.