

Monday

Tuesday

Wednesday

Thursday

Friday

Wel³

Co⁴

Me⁵

Ba⁶

Ck⁷

10

11

12

13

14

Yogurt w/ Granola
or Cereal

17

Muffin w/String Cheese
or Cereal

18

Breakfast Sandwich
or Cereal

19

Benefit Bar
or Cereal

20

Breakfast Burrito
or Cereal

21

Bean and Cheese Burrito
w/Salsa & Cucumber

Spaghetti w/Meat
& Bread Cheese

Chicken Drumstick
w/Mashed Potatoes

Santa Fe Chicken Salad

Pizza
Green Salad

Uncrustable
or Cereal

24

Parfait
or Cereal

25

Egg, Hash Brown
or Cereal

26

Pancake
or Cereal

27

Breakfast Burrito
or Cereal

28

Popcorn Chicken
Curly Fries

Hot dog
w/Tomato/Onion

Spaghetti w/Meat Sauce
Cheese Bread

Buffalo Chicken Salad

Pizza
Green Salad

Yogurt/Muffin
or Cereal

31

Beef Taquito
w/Lettuce & Salsa

Choice of 1% White Milk & Non-Fat Chocolate Milk Offered Daily

All Grain Products Served are **Whole Grains-Rich**

Menu subject to change without notice

This institution is an equal opportunity provider.

All Students will be Offered five components at lunch Meat/Meal Alternative, Bread/Grain, Fruit, Vegetables and Milk. Students must select a 1/2 cup of fruit or vegetables and two other components for a complete meal.

Assorted Fruit & Assorted Vegetables are Offering Daily