



Foothill High School Spring Bell Schedule

	Extended 1st period		FLEX		Minimum Day (PLC/ Staff Meeting)		30 Minute Rally		50 Minute Rally	
	MONDAY or TUESDAY		TUESDAY - THURSDAY		MONDAY or FRIDAY		FRIDAY		FRIDAY	
Passing	7:23 - 7:29	6	7:27 - 7:33	6	7:27 - 7:33	6	7:27- 7:33	6	7:27 - 7:33	6
Period 0	7:29 - 8:24	55	7:33 - 8:24	51	7:33 - 8:24	51	7:33 - 8:24	51	7:33 - 8:24	51
Passing	8:24 - 8:30	6	8:24 - 8:30	6	8:24 - 8:30	6	8:24 - 8:30	6	8:24 - 8:30	6
Period 1	8:30 - 9:38	68	8:30 - 9:22	52	8:30 - 9:21	51	8:30 - 9:15	45	8:30 - 9:11	41
Passing	9:38 - 9:44	6	9:22 - 9:28	6	9:21 - 9:27	6	9:15 - 9:21	6	9:11 - 9:17	6
Period 2	9:44 - 10:39	55	9:28 - 10:19	51	9:27- 10:17	50	9:21- 10:05	44	9:17 - 9:58	41
Brunch	10:39 - 10:46	7	10:19 - 10:26	7	10:17 - 10:24	7	10:05 - 10:12	7	9:58 - 10:05	7
Passing	10:46 -10:52	6	10:26 -10:32	6	10:24 - 10:30	6	10:12 - 10:18	6	10:05 - 10:11	6
Period 3	10:52 - 11:47	55	10:32 - 11:23	51	10:30 - 11:20	50	10:18 - 11:02	44	10:11 - 10:52	41
Passing	11:47 - 11:53	6	11:23 - 11:29	6	11:20 - 11:26	6	11:02 - 11:08	6	10:52 - 10:58	6
Period 4-Flex Time			Flex				Rally		Rally	
			11:29 - 11:59	30			11:08 - 11:38	30	10:58 - 11:48	50
			11:59 - 12:05	6			11:38 - 11:44	6	11:48 - 11:54	6
Period 5	11:53 - 12:48	55	12:05 - 12:56	51	11:26 - 12:16	50	11:44 - 12:28	44	11:54 - 12:35	41
Lunch	12:48 - 1:18	30	12:56 - 1:26	30	12:16 - 12:46	30	12:28 - 12:58	30	12:35 - 1:05	30
Passing	1:18 - 1:24	6	1:26 - 1:32	6	12:46 - 12:52	6	12:58 - 1:04	6	1:05 - 1:11	6
Period 6	1:24 - 2:19	55	1:32 - 2:23	51	12:52 - 1:42	50	1:04 - 1:48	44	1:11 - 1:52	41
Passing	2:19 - 2:25	6	2:23 - 2:29	6	1:42 - 1:48	6	1:48 - 1:54	6	1:52 - 1:58	6
Period 7	2:25 - 3:20	55	2:29 - 3:20	51	1:48- 2:38	50	1:54- 2:38	44	1:58 - 2:38	40