

# Girl's Volleyball – Parent Meeting

kams.egusd.net

## 1. Welcome, Introductions, and Contacts

- a. Head Coach – Christian Hogge [cmhogge@egusd.net](mailto:cmhogge@egusd.net)
- b. Assistant Coach – Emily Sanfillipo
- c. Athletic Director – Traci Seto [tseto@egusd.net](mailto:tseto@egusd.net)
- d. Principal – Chris Rauschenfels [crausche@egusd.net](mailto:crausche@egusd.net)
- e. Contacting Coaches
  - Students will be responsible for bringing concerns to coach before asking a parent to ask or communicate something
  - When contacting coaches following a game, a 24-hour period will be utilized to allow for all parties to cool off and facilitate a level-headed, even conversation

## 2. Middle School Student-Athlete and Parent Handbook

- a. For questions related to EGUSD Athletics, please reference <https://blogs.egusd.net/athletics/handbooks-2/>

## 3. Athletic Academic Eligibility

- a. Requirements
  - 2.0 or higher GPA
- b. To Begin Season – Only Grades of Record
  - 7<sup>th</sup> Graders – all eligible
  - 8<sup>th</sup> Graders – Prior year quarter 4 grades
- c. Continuing Eligibility Through Season – Progress Reports and Grades of Record
  - 7<sup>th</sup> and 8<sup>th</sup> Graders – Quarters 1 and 2 Progress Report AND Quarter 1 Report Card Grades
  - 2.0 or above
    - if ineligible at progress report = may practice, but not compete until eligible
    - if ineligible at quarter grade = may not practice or compete

## 4. Transportation

- a. Transportation to and from games is the responsibility of the parent/guardian.

## 5. Reasons for removal from Volleyball Team

- a. **Academic Ineligibility**
- b. Practice/Game **Behavior**
  - Student-Athletes are representatives not only of themselves and their families, but also representatives of KAMS and as such are held to the same standards of behavior at practices and games, as they are during school hours
- c. Missing practice/games and/or tardiness to practice/games (**without speaking to the coaches**)

d. **Being picked up late from practices/games**

6. Single Uniform Replacement

- a. Jersey - \$75
- b. Shorts - \$30
- c. Uniforms are checked out to student-athletes and are on loan throughout the season.
- d. If any part of the uniform is lost, damaged, or otherwise not returned, a fine will be assessed.
  - Students with fines will be placed on the no activities list and will not be able to check out another uniform until the first has been returned or paid for.

7. Team and Individual Photos

- a. TBD - You will need to bring your uniform!

8. Fundraiser

- a. Since the school doesn't receive funding for equipment and uniforms, I would love to receive any ideas from you that could help us raise funds for the athletic program

9. Spirit Wear - TBD

10. Practice – Wait for coach at front of school, then go to gym

- a. Monday-Thursday, 3:30 – 5:30pm (except for when we have games scheduled)
- b. Friday (inter-team scrimmage day) 3:30 – 5:00
- c. No practice on school holidays.

11. Expectations for Parents

- a. Positive cheering to help motivate and encourage our girls. The other team is full of 12-14 year-old girls too and **they don't deserve to be "boo-ed", harassed, or receive negative commentary.** I will always try to have a conversation with the other coach about ensuring that their parents treat our girls with the same respect
- b. Don't coach from the sidelines, positive encouragement only please
- c. No words to the officials
- d. 24 hour cool-off time
- e. Trust our process, and that we are going to try and do what is best for our team

12. Coaches' Expectations

- a. From the coaches handbook:
  - i. "The emphasis in athletics is upon the development of **competitive spirit, alert minds, healthy bodies, sportsmanship, self-discipline and athletic skills.**"

- ii. We will do our very best to prepare our athletes for **high school athletics**, but we can only encourage them and motivate them so much. What effort they put into developing their athleticism and skills is up to them
- b. Players come to **practice and games on time** and are ready to work hard.
  - i. Tardy players will not start in games
  - a. Bring water bottles and stay hydrated throughout practice
  - b. Players must eat lunch on practice days, or they might be asked to sit out until they can get some nutrients
  - c. We are going to play to win, and that might mean that some players will not be playing, possibly for many of the different games. Their responsibility is to seek guidance on what skills they need to refine in order to contribute to the team in an effective manner.
    - i. Sentence starter for players: “**Coach, what can I do to be a more effective [insert position/skill here]**”
    - ii. I am painfully aware of the girls who are not getting to play in games, and how skilled and talented they are. I promise I don’t need a reminder from their loved ones about how deserving they are of playing time

### 13. Questions?

# Game Schedule

7<sup>th</sup> grade at 4:15pm, 8<sup>th</sup> grade immediately after (est. 5:15)

- Thurs, Sept 11 – vs Jackman @ Home
- Tues, Sept 16 – @ Rutter
- Thurs, Sept 18 – vs Smedberg @ HOME
- Tues, Sept 23 – BYE day
- Thurs, Sept 25 – @ Johnson

8<sup>th</sup> grade at 4:15pm, 7<sup>th</sup> grade immediately after (est. 5:15)

- Tues, Sept 30 – @ Kerr
- Thurs, Oct 2 – vs Eddy @ HOME
- Tues, Oct 7 – @ Pinkerton
- Thurs, Oct 9 – vs Harris @HOME

d. PLAYOFFS

- Single elimination bracket

8<sup>th</sup> grade playoffs – top 4 teams

- Mon, Oct 13 – Round 1 at Johnson
- Wed, Oct 15 – Championship at Sheldon (time TBA)

7<sup>th</sup> grade – top 4 teams

- Tues, Oct 14 – Round 1 at HOME (time depends on seeding)
- Wed, Oct 15 – Championship at Sheldon (time TBA)

- c. Adults \$4
- d. Students \$2 (half off with ASB)
- e. Elementary FREE