

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

Menu Name:

HIGH SCHOOL BREAKFAST RVHS

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Wednesday - 10/01/2025 Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			602	3.81	562	*59	*2	10.49	*0.00	29	112.56	6.62	17.47	*2	489.4	33.63	*3.23	\$0.000
% of Calories				5.70%		*39.2%	*1.3%	15.7%	*0.0%		74.8%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Thursday - 10/02/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			619	4.34	595	*58	*2	11.64	*0.00	25	113.28	6.78	18.38	*2	486.3	33.78	*3.34	\$0.000
% of Calories				6.31%		*37.5%	*1.3%	16.9%	*0.0%		73.2%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Tuesday - 10/07/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000

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002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0	*0	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			620	*4.06	595	*58	*2	10.80	*0.00	21	115.12	6.86	18.21	*2	489.6	33.63	*3.41	\$0.000
% of Calories				*5.89%		*37.4%	*1.3%	15.7%	*0.0%		74.3%		11.7%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Wednesday - 10/08/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			602	3.81	562	*59	*2	10.49	*0.00	29	112.56	6.62	17.47	*2	489.4	33.63	*3.23	\$0.000
% of Calories				5.70%		*39.2%	*1.3%	15.7%	*0.0%		74.8%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

Thursday - 10/09/2025 Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			619	4.34	595	*58	*2	11.64	*0.00	25	113.28	6.78	18.38	*2	486.3	33.78	*3.34	\$0.000
% of Calories				6.31%		*37.5%	*1.3%	16.9%	*0.0%		73.2%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Friday - 10/10/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	20	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	20	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	68	278	3.05	717	*9	*0	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			611	3.96	590	*58	*2	10.78	*0.00	21	114.16	6.52	17.23	*2	488.6	33.63	3.27	\$0.000
% of Calories				5.83%		*38.0%	*1.3%	15.9%	*0.0%		74.7%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Monday - 10/13/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	20	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	20	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002690 EGG & CHEESE BISCUIT	SERVING	16	380	10.50	780	*0	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			595	3.91	544	*57	*2	10.44	*0.00	23	111.25	6.38	16.86	*2	484.5	33.63	3.12	\$0.000
% of Calories				5.91%		*38.3%	*1.3%	15.8%	*0.0%		74.8%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Tuesday - 10/14/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0	*0	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			620	*4.06	595	*58	*2	10.80	*0.00	21	115.12	6.86	18.21	*2	489.6	33.63	*3.41	\$0.000
% of Calories				*5.89%		*37.4%	*1.3%	15.7%	*0.0%		74.3%		11.7%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Wednesday - 10/15/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			602	3.81	562	*59	*2	10.49	*0.00	29	112.56	6.62	17.47	*2	489.4	33.63	*3.23	\$0.000
% of Calories				5.70%		*39.2%	*1.3%	15.7%	*0.0%		74.8%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Thursday - 10/16/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			619	4.34	595	*58	*2	11.64	*0.00	25	113.28	6.78	18.38	*2	486.3	33.78	*3.34	\$0.000
% of Calories				6.31%		*37.5%	*1.3%	16.9%	*0.0%		73.2%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Friday - 10/17/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	20	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	20	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	68	278	3.05	717	*9	*0	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			611	3.96	590	*58	*2	10.78	*0.00	21	114.16	6.52	17.23	*2	488.6	33.63	3.27	\$0.000
% of Calories				5.83%		*38.0%	*1.3%	15.9%	*0.0%		74.7%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Monday - 10/20/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	20	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	20	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002690 EGG & CHEESE BISCUIT	SERVING	16	380	10.50	780	*0	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			595	3.91	544	*57	*2	10.44	*0.00	23	111.25	6.38	16.86	*2	484.5	33.63	3.12	\$0.000
% of Calories				5.91%		*38.3%	*1.3%	15.8%	*0.0%		74.8%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Tuesday - 10/21/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0	*0	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			620	*4.06	595	*58	*2	10.80	*0.00	21	115.12	6.86	18.21	*2	489.6	33.63	*3.41	\$0.000
% of Calories				*5.89%		*37.4%	*1.3%	15.7%	*0.0%		74.3%		11.7%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Wednesday - 10/22/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			602	3.81	562	*59	*2	10.49	*0.00	29	112.56	6.62	17.47	*2	489.4	33.63	*3.23	\$0.000
% of Calories				5.70%		*39.2%	*1.3%	15.7%	*0.0%		74.8%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Thursday - 10/23/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			619	4.34	595	*58	*2	11.64	*0.00	25	113.28	6.78	18.38	*2	486.3	33.78	*3.34	\$0.000
% of Calories				6.31%		*37.5%	*1.3%	16.9%	*0.0%		73.2%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Friday - 10/24/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	20	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	20	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	68	278	3.05	717	*9	*0	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			611	3.96	590	*58	*2	10.78	*0.00	21	114.16	6.52	17.23	*2	488.6	33.63	3.27	\$0.000
% of Calories				5.83%		*38.0%	*1.3%	15.9%	*0.0%		74.7%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Monday - 10/27/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	20	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	20	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002690 EGG & CHEESE BISCUIT	SERVING	16	380	10.50	780	*0	*N/A*	23.00	0.00	145	30.00	2.00	13.00	*N/A*	100.0	0.00	1.08	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			595	3.91	544	*57	*2	10.44	*0.00	23	111.25	6.38	16.86	*2	484.5	33.63	3.12	\$0.000
% of Calories				5.91%		*38.3%	*1.3%	15.8%	*0.0%		74.8%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Tuesday - 10/28/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	64	411	*4.80	807	*0	*0	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			620	*4.06	595	*58	*2	10.80	*0.00	21	115.12	6.86	18.21	*2	489.6	33.63	*3.41	\$0.000
% of Calories				*5.89%		*37.4%	*1.3%	15.7%	*0.0%		74.3%		11.7%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Wednesday - 10/29/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	6	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			602	3.81	562	*59	*2	10.49	*0.00	29	112.56	6.62	17.47	*2	489.4	33.63	*3.23	\$0.000
% of Calories				5.70%		*39.2%	*1.3%	15.7%	*0.0%		74.8%		11.6%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Thursday - 10/30/2025

Reimbursable Meal Total 800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	22	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*1	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			619	4.34	595	*58	*2	11.64	*0.00	25	113.28	6.78	18.38	*2	486.3	33.78	*3.34	\$0.000
% of Calories				6.31%		*37.5%	*1.3%	16.9%	*0.0%		73.2%		11.9%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

Friday - 10/31/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3	*2	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	48	240	1.50	340	2	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	36	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	36	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	20	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	20	210	0.00	440	12	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	20	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	20	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	48	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	68	278	3.05	717	*9	*0	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	200	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	200	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	200	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
000997 JUICE, FR PUNCH 6.75 OZ SC	EACH	200	100	0.00	10	23	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	2	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			611	3.96	590	*58	*2	10.78	*0.00	21	114.16	6.52	17.23	*2	488.6	33.63	3.27	\$0.000
% of Calories				5.83%		*38.0%	*1.3%	15.9%	*0.0%		74.7%		11.3%					
Weekly Nutrient Guideline			450 - 600	<10	640			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		610	*4.03	579	*58	*2	10.87	*0.00	24	113.34	6.65	17.69	*2	488	33.67	*3.28	\$0.000
% of Calories			*5.95%		*38.0%	*1.3%	16.0%	*0.0%		74.3%		11.6%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.