

MENU CHOICES

BREAKFAST LUNCH

Entrée	Entrée
Fruit	Veggies (Pick 2)
Juice	Fruit (Pick 2)
Milk	Milk

MILK CHOICES

1% White
Fat Free Chocolate
Lactose Free
Soy Milk

November

NEAC MENU

*Indicates Pork Product
+Possible trace of sesame due to manufacturer

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Ham & Cheese Croissant* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Breaded Chicken Sandwich+ Yogurt & Cheese Combo Tater Tots Burger Trimmings Fresh Kiwi Strawberry Applesauce	4 ELECTION DAY SCHOOL HOLIDAY	5 Chicken & Waffles OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Frito Pie w/Cornbread Wow Sandwich+ Combo Ranchero Beans Crispy Carrots w/Dip Orange Smiles Strawberry Craisins	6 Sausage & Egg Taco* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Sweet Asian Chicken w/Fried Rice Wow Sandwich+ Combo Italian Salad* Celery Sticks & Grape Tomatoes Cucumber Slices w/Tajin Seedless Grapes Strawberries w/Cream	7 Blueberry Muffin w/Sausage* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Chicken Tenders w/Cornbread Yogurt & Cheese Combo Broccoli w/Cheese Crispy Carrots & Grape Tomatoes Sliced Apples Fruit Cocktail
10 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Cheeseburger+ Yogurt & Cheese Combo Spicy Hashbrowns Burger Trimmings Orange Smiles Sour Watermelon Raisins	11 Sausage & Cheese Flatbread OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Pizza Cheese Sticks w/Marinara Crispy Chicken Salad Savory Green Beans Crispy Carrots & Grape Tomatoes Fresh Pear Strawberries w/Cream	12 Sunrise Egg, Sausage & Potato Bowl* OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Beef & Cheese Nachos Cheese Nachos Ranchero Beans Tossed Salad w/Ranch Fresh Banana Natural Applesauce	WORLD KINDNESS DAY! 13 Dutch Waffle OR Pick 2: Cereal, Yogurt or Banana Muffin Fruit, Juice & Milk Chicken Nuggets w/Cornbread Wow Sandwich Combo+ Italian Salad* SMILE FRIES Crispy Carrots & Red Bell Peppers Sliced Apples Diced Peaches	14 Donut Holes & Sausage* OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Meatzza Pizza* Cheese Pizza Yogurt & Cheese Combo Baked Beans Mixed Green Salad w/Ranch Gala Apple Sliced Pears
17 French Toast Sticks OR Pick 2: Cereal, Yogurt or NutriGrain Bar Fruit, Juice & Milk Corn Dog Yogurt & Cheese Combo Tater Tots Celery Sticks & Grape Tomatoes Fresh Kiwi Strawberry Applesauce	18 Sausage & Egg Taco* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk General Tso Chicken+ w/Fried Rice Yogurt & Cheese Combo Crispy Chicken Salad Tossed Salad w/Ranch Cucumber Slices w/Tajin Seedless Grapes Sliced Peaches	19 Biscuit & Chicken OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Crispy Beef Tacos WOW Sandwich Combo+ Ranchero Beans Taco Trimmings Variety of Fruit	THANKSGIVING FEAST! 20 Bean & Cheese Taco OR Pick 2: Cereal, Yogurt or Pop Tart Fruit, Juice & Milk Roasted Turkey w/Roll & Cornbread Dressing Wow Sandwich Combo+ Mashed Potatoes w/Gravy Savory Green Beans Sweet Potato Square Variety of Fruit Strawberries w/Cream	21 Blueberry Muffin & Sausage* OR Pick 2: Cereal, Yogurt or Cereal Bar Fruit, Juice & Milk Pork & Cheese Tamales* Yogurt & Cheese Combo Mexican Street Corn Variety of Fresh Veggies Variety of Fruit

Happy

THANKSGIVING

To see the current and upcoming menus, go to: NEISD
School Nutrition Services website OR
schoolCafe.com/NorthEastISD or
download the School Café App

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.



School Nutrition
Services is hiring.
Starting at: \$14.11