

Menu Name:

HIGH SCHOOL BREAKFAST YCHS

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 12/01/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	48	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	48	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
001124 HS-SAUSAGE, EGG BISCUIT	EACH	16	350	7.50	690	*0.00	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001109 HS-SAUGE, EGG,CHEESE CROISSANT	EACH	16	390	8.50	680	3.00	*0.00	22.00	0.00	175	31.00	2.00	19.00	*N/A*	81.0	0.00	1.36	\$0.000
003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO	SERVINGS	16	10	0.25	29	0.14	0.00	0.42	0.00	2	1.16	0.04	0.28	*N/A*	3.2	0.00	0.11	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	5.65	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			664	3.41	532	*73.70	*2.02	9.97	*0.00	*30	129.93	6.47	16.42	*2	509.0	*77.87	*3.21	\$0.000
% of Calories				4.62%		*44.40 %	*1.38%	13.5%	*0.0%		78.3%		9.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Tuesday - 12/02/2025

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	33	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	33	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001180 HS-BREAKFAST BOWL	SERVING	50	486	12.54	1458	*0.00	*N/A*	26.80	0.03	261	46.03	3.00	18.92	*N/A*	146.7	0.30	1.65	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			688	4.39	618	*74.20	*2.76	11.47	*0.00	*34	131.30	6.24	17.40	*2	534.3	*78.06	3.31	\$0.000
% of Calories				5.74%		*43.14 %	*1.33%	15.0%	*0.0%		76.3%		10.1%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Wednesday - 12/03/2025 Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	50	411	*4.80	807	*0.12	*0.00	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			686	*3.82	583	*73.56	*2.15	10.27	*0.00	*19	133.24	6.56	17.47	*2	534.3	*78.04	*3.48	\$0.000
% of Calories				*5.01%		*42.89 %	*1.34%	13.5%	*0.0%		77.7%		10.2%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Thursday - 12/04/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	33	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	33	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			690	4.27	592	*74.24	*2.76	11.49	*0.00	*24	131.19	6.46	17.97	*2	525.7	*78.19	*3.38	\$0.000
% of Calories				5.57%		*43.04 %	*1.33%	15.0%	*0.0%		76.1%		10.4%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Friday - 12/05/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			678	3.71	578	*74.09	*2.15	10.19	*0.00	*19	132.26	6.31	16.72	*2	535.9	*78.04	3.41	\$0.000
% of Calories				4.92%		*43.71 %	*1.35%	13.5%	*0.0%		78.0%		9.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Monday - 12/08/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	48	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	48	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
001124 HS-SAUSAGE, EGG BISCUIT	EACH	16	350	7.50	690	*0.00	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001109 HS-SAUGE, EGG,CHEESE CROISSANT	EACH	16	390	8.50	680	3.00	*0.00	22.00	0.00	175	31.00	2.00	19.00	*N/A*	81.0	0.00	1.36	\$0.000
003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO	SERVINGS	16	10	0.25	29	0.14	0.00	0.42	0.00	2	1.16	0.04	0.28	*N/A*	3.2	0.00	0.11	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	5.65	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			664	3.41	532	*73.70	*2.02	9.97	*0.00	*30	129.93	6.47	16.42	*2	509.0	*77.87	*3.21	\$0.000
% of Calories				4.62%		*44.40 %	*1.38%	13.5%	*0.0%		78.3%		9.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Tuesday - 12/09/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	33	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	33	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001180 HS-BREAKFAST BOWL	SERVING	50	486	12.54	1458	*0.00	*N/A*	26.80	0.03	261	46.03	3.00	18.92	*N/A*	146.7	0.30	1.65	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			688	4.39	618	*74.20	*2.76	11.47	*0.00	*34	131.30	6.24	17.40	*2	534.3	*78.06	3.31	\$0.000
% of Calories				5.74%		*43.14 %	*1.33%	15.0%	*0.0%		76.3%		10.1%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Wednesday - 12/10/2025 Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001573 HS PIZZA BREAKFAST	SLICES	50	411	*4.80	807	*0.12	*0.00	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			686	*3.82	583	*73.56	*2.15	10.27	*0.00	*19	133.24	6.56	17.47	*2	534.3	*78.04	*3.48	\$0.000
% of Calories				*5.01%		*42.89 %	*1.34%	13.5%	*0.0%		77.7%		10.2%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Thursday - 12/11/2025

Reimbursable Meal Total 825

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	33	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	33	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			690	4.27	592	*74.24	*2.76	11.49	*0.00	*24	131.19	6.46	17.97	*2	525.7	*78.19	*3.38	\$0.000
% of Calories				5.57%		*43.04 %	*1.33%	15.0%	*0.0%		76.1%		10.4%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Friday - 12/12/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			678	3.71	578	*74.09	*2.15	10.19	*0.00	*19	132.26	6.31	16.72	*2	535.9	*78.04	3.41	\$0.000
% of Calories				4.92%		*43.71 %	*1.35%	13.5%	*0.0%		78.0%		9.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Monday - 12/15/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	48	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	48	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
001124 HS-SAUSAGE, EGG BISCUIT	EACH	16	350	7.50	690	*0.00	*N/A*	20.00	0.00	155	29.00	2.00	14.00	*N/A*	100.0	0.00	1.44	\$0.000
001109 HS-SAUGE, EGG,CHEESE CROISSANT	EACH	16	390	8.50	680	3.00	*0.00	22.00	0.00	175	31.00	2.00	19.00	*N/A*	81.0	0.00	1.36	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003081 BREAKFAST BISCUIT SAUSAGE EGG CHEESE SYSCO	SERVINGS	16	10	0.25	29	0.14	0.00	0.42	0.00	2	1.16	0.04	0.28	*N/A*	3.2	0.00	0.11	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001108 HS-HAM & EGG ON A BAGEL	EACH	50	250	2.15	515	5.65	*N/A*	8.80	0.00	143	32.65	4.00	13.56	*N/A*	54.0	0.00	*1.00	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			664	3.41	532	*73.70	*2.02	9.97	*0.00	*30	129.93	6.47	16.42	*2	509.0	*77.87	*3.21	\$0.000
% of Calories				4.62%		*44.40 %	*1.38%	13.5%	*0.0%		78.3%		9.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Tuesday - 12/16/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	33	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	33	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
001180 HS-BREAKFAST BOWL	SERVING	50	486	12.54	1458	*0.00	*N/A*	26.80	0.03	261	46.03	3.00	18.92	*N/A*	146.7	0.30	1.65	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			688	4.39	618	*74.20	*2.76	11.47	*0.00	*34	131.30	6.24	17.40	*2	534.3	*78.06	3.31	\$0.000
% of Calories				5.74%		*43.14 %	*1.33%	15.0%	*0.0%		76.3%		10.1%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Wednesday - 12/17/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001573 HS PIZZA BREAKFAST	SLICES	50	411	*4.80	807	*0.12	*0.00	10.80	*0.05	23	57.55	6.17	19.95	*1	45.8	0.00	*3.10	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			686	*3.82	583	*73.56	*2.15	10.27	*0.00	*19	133.24	6.56	17.47	*2	534.3	*78.04	*3.48	\$0.000
% of Calories				*5.01%		*42.89 %	*1.34%	13.5%	*0.0%		77.7%		10.2%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Thursday - 12/18/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	33	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	33	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003247 DONUT HOLES CHOCOLATE WG (SYSCO)	SERVING	10	270	5.00	260	14.00	13.00	12.00	0.00	0	38.00	4.00	5.00	*N/A*	32.0	*N/A*	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003245 DONUT HOLES POWDER SUGAR WG (SYSCO)	SERVING	10	280	4.50	230	21.00	20.00	12.00	0.00	0	42.00	2.00	4.00	*N/A*	26.0	*N/A*	1.00	\$0.000
003246 DONUT HOLES BLUEBERRY WG (SYSCO)	SERVING	10	260	4.00	230	18.00	17.00	11.00	0.00	0	39.00	2.00	4.00	*N/A*	37.0	*N/A*	1.00	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001103 HS-BREAKFAST BURRITO	EACH	50	525	10.67	1033	*0.74	*N/A*	27.16	*0.00	94	44.27	6.63	28.23	*0	4.4	2.46	*2.88	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			690	4.27	592	*74.24	*2.76	11.49	*0.00	*24	131.19	6.46	17.97	*2	525.7	*78.19	*3.38	\$0.000
% of Calories				5.57%		*43.04 %	*1.33%	15.0%	*0.0%		76.1%		10.4%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Friday - 12/19/2025

Reimbursable Meal Total 825

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002883 HS PIZZA, PUFF	EACH	96	348	4.62	608	*3.30	*2.30	8.55	*0.00	26	49.13	0.63	14.86	*7	281.6	2.94	3.34	\$0.000
003181 CHEESE, SAUCE NACHO DIP -JTM JALAPENO CHEESE SAUCE	CUP 2OZ.	96	119	5.05	434	1.10	*N/A*	8.79	0.00	31	2.20	0.00	7.69	*N/A*	223.1	0.00	0.00	\$0.000
000929 POCKET, TURKEY PIZZA 4 OZ	EACH	22	240	1.50	340	2.00	*N/A*	7.00	0.00	20	32.00	4.00	12.00	*N/A*	40.0	2.40	2.70	\$0.000
000626 BREAD, BAGEL PLAIN W/CRM CH	BAGEL	16	201	3.04	382	6.01	*N/A*	6.06	0.00	15	33.02	4.00	8.02	*N/A*	94.5	0.00	1.00	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	32	249	0.80	225	15.00	*N/A*	7.30	0.00	14	43.00	2.70	2.60	*N/A*	4.5	0.00	1.10	\$0.000
002022 SANDWICH, PB & GRAPE WG 2.8OZ	EACH	40	310	2.50	300	*N/A*	*N/A*	16.00	0.00	0	35.00	4.00	10.00	*N/A*	60.0	0.00	1.08	\$0.000
002023 SANDWICH, PB & STRAW WG 2.8OZ	EACH	40	300	2.00	310	*N/A*	*N/A*	16.00	0.00	0	34.00	4.00	10.00	*N/A*	40.0	0.00	1.08	\$0.000
003243 PANCAKE, MINI PUFF STRAWBERRY	PACKAGE	5	190	1.00	160	8.00	7.00	6.00	*N/A*	*N/A*	33.00	3.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
003244 PANCAKE, MINI PUFF MAPLE	PACKAGE	5	190	1.00	160	10.00	9.00	6.00	*N/A*	*N/A*	33.00	2.00	3.00	*N/A*	60.0	*N/A*	1.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	60	240	1.50	270	15.00	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002771 BRKFST, APPLE FRUDEL	EACH	48	210	1.00	250	10.00	*N/A*	6.00	0.00	0	36.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002772 BRKFST, STRAW MINI BAGELS	EACH	36	230	2.00	190	13.00	*N/A*	6.00	0.00	10	42.00	2.00	6.00	*N/A*	20.0	0.00	1.44	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	48	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	48	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	18	330	11.00	240	22.00	22.00	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003236 DONUT CHOCOLATE CAKE WG MINI (SYSCO)	EACH	18	320	9.00	310	19.00	18.00	16.00	0.00	0	42.00	3.00	5.00	*N/A*	31.0	0.00	2.00	\$0.000
003237 DONUT POWDER SUGAR WG MINI (SYSCO)	SERVING	18	270	4.50	290	19.00	19.00	11.00	0.00	0	41.00	2.00	4.00	*N/A*	27.0	0.00	1.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	18	320	5.00	260	24.00	23.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
002468 BRKFST, MINI GLAZED BITES WG	PACKAGE	36	260	4.50	190	14.00	*N/A*	10.00	0.00	0	38.00	3.00	5.00	*N/A*	80.0	1.20	1.44	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	25	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	25	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	26	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	22	190	0.00	5	11.00	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	24	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
000380 BRKFST, CINN ROLL 5 OZ BRGFRD	ROLL	50	278	3.05	717	*8.88	*0.00	9.47	*0.00	14	41.29	2.02	7.49	*0	71.6	0.01	2.02	\$0.000
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	24	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
001410 YOGURT, DANIMALS CRUSH CUP	EACH 4OZ	48	80	0.00	65	13.00	*N/A*	0.00	0.00	0	16.00	0.00	4.00	*N/A*	150.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE, APPLE 6.75 OZ SUNCUP	CARTON	325	90	0.00	10	21.00	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
000997 JUICE, FRUIT PUNCH 6.75 OZ SUNCUP	EACH	300	100	0.00	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00	*N/A*	30.0	0.00	0.00	\$0.000
002859 JUICE, BERRY VERY 6.75 OZ SUNCUP	CARTON	200	100	0.00	20	24.00	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
003230 JUICE, APPLE 6.75 OZ APPLE & EVE	EACH	225	90	0.00	5	18.00	*N/A*	0.00	0.00	0	21.00	0.00	0.00	*N/A*	100.0	60.00	0.00	\$0.000
003231 JUICE, FRUIT PUNCH 6.75 OZ APPLE & EVE	EACH	200	100	0.00	25	21.00	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001005 JUICE, BERRY VERY 6.75 OZ APPLE & EVE	EACH	200	100	0.00	15	*N/A*	*N/A*	0.00	0.00	0	24.00	0.00	0.00	*N/A*	20.0	60.00	0.00	\$0.000
002668 JUICE, ORANGE/TANG 6.75 OZ APPLE & EVE	EACH	200	100	0.00	20	22.00	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	100.0	60.00	0.72	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	400	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	300	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	250	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	250	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000677 TACO, SAUCE PACKET	PACKET	200	4	0.00	59	*N/A*	*N/A*	0.00	*N/A*	0	0.72	0.00	0.09	*N/A*	1.8	1.62	0.02	\$0.000
000222 KETCHUP, PACKET	PACKET	200	9	0.00	82	1.91	*N/A*	0.01	0.00	0	2.47	0.03	0.09	2	1.4	0.37	0.03	\$0.000
Weighted Daily Average			678	3.71	578	*74.09	*2.15	10.19	*0.00	*19	132.26	6.31	16.72	*2	535.9	*78.04	3.41	\$0.000
% of Calories				4.92%		*43.71 %	*1.35%	13.5%	*0.0%		78.0%		9.9%					
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=0										

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		681	*3.92	581	*73.96	*2.37	10.68	*0.00	*25	131.58	6.41	17.20	*2	528	*78.04	*3.36	\$0.000
% of Calories			*5.18%		*43.44 %	*1.35%	14.1%	*0.0%		77.3%		10.1%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.