
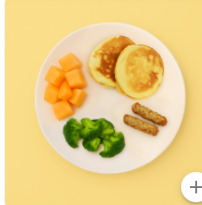
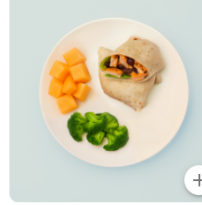

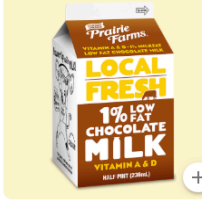


Spreckels Elementary Breakfast & Lunch Menu

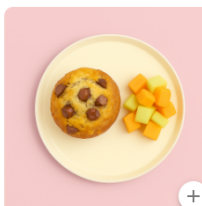
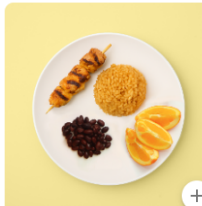
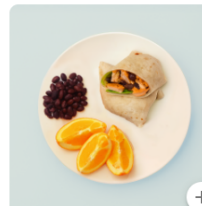

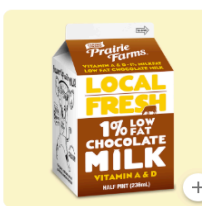
Featuring fresh ingredients, prepared daily, healthy school meals

Week of December 15th-19th (Free for Students)
Prepared Daily by Main Street Bakery and Catering


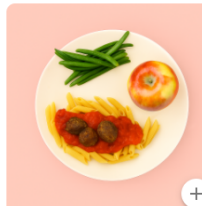
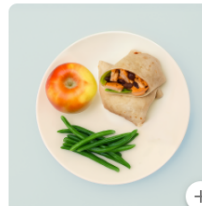
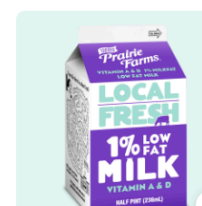
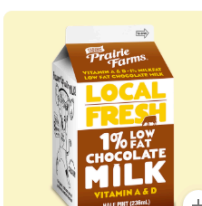
Monday, December 15, 2025

 <p>Breakfast</p> <p>English Muffin and Jam with Fuji Apple</p> <p>Vegetarian Tree-nut free Peanut free Dairy free Egg free Seafood free</p>	 <p>Lunch</p> <p>Turkey Sausage & Cinnamon Pancakes with Steamed Broccoli & Cantaloupe (K-8)</p> <p>Tree-nut free Peanut free Seafood free Whole Grain Sesame free</p>	 <p>Lunch</p> <p>Chipotle Chicken Wrap with Steamed Broccoli & Cantaloupe (K-8)</p> <p>Tree-nut free Peanut free Dairy free Seafood free Whole Grain Sesame free</p>	 <p>Drinks \$0.00</p> <p>Lowfat Plain Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p>	 <p>Drinks \$0.00</p> <p>Lowfat Chocolate Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p>
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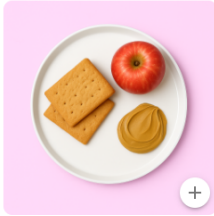
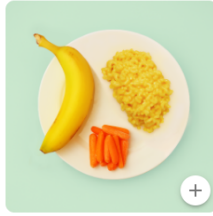
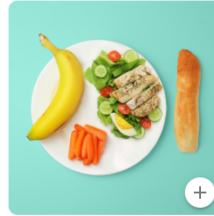
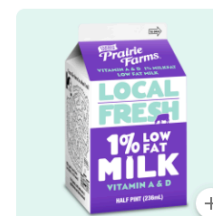
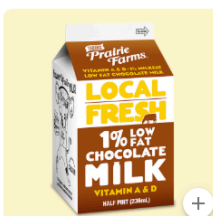
Tuesday, December 16, 2025

 <p>Breakfast</p> <p>Housemade Banana Chip Muffin with Melon Medley</p> <p>Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free</p>	 <p>Lunch</p> <p>Mediterranean Chicken Kabob & Brown Rice with Black Beans & Orange Slices (K-8)</p> <p>Tree-nut free Peanut free Dairy free Egg free Soy free Seafood free Whole Grain Sesame free</p>	 <p>Lunch</p> <p>Chipotle Chicken Wrap with Black Beans & Orange Slices (K-8)</p> <p>Tree-nut free Peanut free Dairy free Seafood free Whole Grain Sesame free</p>	 <p>Drinks \$0.00</p> <p>Lowfat Plain Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p>	 <p>Drinks \$0.00</p> <p>Lowfat Chocolate Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p>
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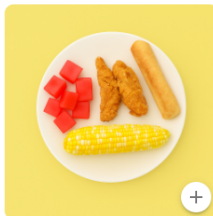
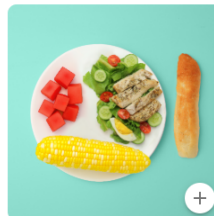
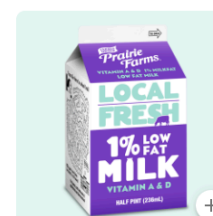
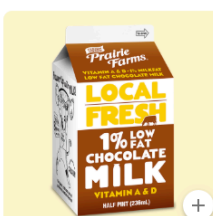
Wednesday, December 17, 2025

 <p>Breakfast</p> <p>Housemade Blueberry Granola Bar with Orange Slices</p> <p>Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free</p>	 <p>Lunch</p> <p>Italian Meatballs & Marinara Pasta with Steamed Green Beans & Fuji Apple (K-8)</p> <p>Tree-nut free Peanut free Dairy free Seafood free Whole Grain</p>	 <p>Lunch</p> <p>Chipotle Chicken Wrap with Steamed Green Beans & Fuji Apple (K-8)</p> <p>Tree-nut free Peanut free Dairy free Seafood free Whole Grain Sesame free</p>	 <p>Drinks \$0.00</p> <p>Lowfat Plain Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p>	 <p>Drinks \$0.00</p> <p>Lowfat Chocolate Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p>
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Thursday, December 18, 2025

 <p>Breakfast Honey Grahams & Sunbutter Cup with Fuji Apple</p> <p>Vegetarian Tree-nut free Peanut free Soy free Seafood free Sesame free</p>	 <p>Lunch Creamy Cheddar Mac with Baby Carrots & Banana (K-8)</p> <p>Vegetarian Tree-nut free Peanut free Seafood free Whole Grain</p>	 <p>Lunch Chicken Cobb Salad & Breadsticks with Baby Carrots & Banana (K-8)</p> <p>Tree-nut free Peanut free Whole Grain</p>	 <p>Drinks Lowfat Plain Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p> <p>\$0.00</p>	 <p>Drinks Lowfat Chocolate Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p> <p>\$0.00</p>
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Friday, December 19, 2025

 <p>Breakfast Housemade Glazed Cinnamon Bread with Fuji Apple</p> <p>Vegetarian Tree-nut free Peanut free Soy free Seafood free Whole Grain Sesame free</p>	 <p>Lunch Scratch-Made Chicken Tenders & Breadsticks with Corn on the Cob & Watermelon (K-8)</p> <p>Tree-nut free Peanut free Whole Grain</p>	 <p>Lunch Chicken Cobb Salad & Breadsticks with Corn on the Cob & Watermelon (K-8)</p> <p>Tree-nut free Peanut free Whole Grain</p>	 <p>Drinks Lowfat Plain Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p> <p>\$0.00</p>	 <p>Drinks Lowfat Chocolate Milk Carton</p> <p>Vegetarian Gluten free Tree-nut free Peanut free Egg free Soy free Seafood free Sesame free</p> <p>\$0.00</p>
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**All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by Main Street Bakery and Catering, located on South Main Street in Salinas, providing restaurant-quality healthy meals while supporting the local economy. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals.*

NOTE: Meal and/or item substitutions may occur based upon supply availability.

For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.