# Wellness Committee Meeting #1 SY 2026-27 Minutes:

Meeting Called to order at: 3:45 PM on October 15, 2026

Attendance:

Charity Campbell, CNS Director
Brittanie Lockard, Parent
Nancy McGreevy, ISF Member

Discussion of the Local School Wellness Policy, review of what it represents, and the importance of the committee.

Discussion of current Local School Wellness Committee Goal: To increase student and parent awareness of the quality and benefits of the school meal program.

Charity discussed the "Why?" behind this.

- Increasing awareness of the quality and benefits of school meals will help to increase student consumption of school meals to support growth, development, and academic success.
    - Measured by an average of 3-5% overall increase in meal participation as compared to the previous school year.
- To strengthen connection with families and the school community through increased engagements at events and improved communication outreach metrics.

Charity asked Brittanie of her opinion of the school meal and what she has heard or seen, or would like to see as a parent.

- She mentioned both her kids eat the school meals though agreed not many parents know the regulations.

Charity discussed the specific goals:

- Implementation of the second chance breakfast cart at Village Elementary to raise awareness and accessibility of the mela program.
    - Flyers emailed to parents about the program and how students access it.
- Implementing a "Myth vs Fact" Campaign.
    - Brittany mentioned a possible flyer to go home with students, to discuss with their parents. If all students in the class brought it back, the whole class would get a prize.
    - Charity mentioned about posting information on the website about our regulations and the "Myth vs Fact" to increase awareness.
- Expanding outreach through school communication channels.
    - Charity mentioned working with KCMS on taste testing new menu items prior to the roll out and having it broadcasted for students to gain interest of the items being served.
    - Charity mentioned working with CHS to have the new menu items on the morning announcements the day they are served to gain interest at this school site.
- Hosting Taste Tests and Engagement Activities

- Charity mentioned hosting National School Lunch Week Taste Tests at all sites through the "Passport to Flavor" Event (October 13-16) where students get to sample salads from different countries around the world.

Brittanie mentioned having a possible CNS corner on the Family/Staff Newsletter at all school sites where parents can look each week to get any new information. Could be weekly information or monthly with upcoming events.

Nancy McGreevy mentioned speaking at the PTO meetings at school sites to discuss the digital menu app that can shows pictures, descriptions, allergens, and nutritionals of our menu items daily.

- Mentioned it is a good time to discuss regulations, take questions, etc.

Nancy mentioned reaching out to ASB teachers to speak at meetings.

- Possibly an incentive mentioned by Charity to download the app and get a treat or reward for doing so.

Nancy mentioned having a type of "catering" for game day lunches with sports students, some kind fo promotion.

Charity mentioned being able to order pizza any day of the week and to offer daily menu items to sports teams if they order in advance and can choose what they wants so they can eat together as a tram building activity.

Nancy mentioned reaching out to Mr. Silverman and Michelle Evenson about promoting the program.

Discussed next meeting date and ways to increase the number of Wellness Committee Members.

- Brittanie mentioned the capability of having a virtual meeting to gain members. Charity stated she would investigate this for the next meeting.

<u>Next Meeting</u>

Week of January 25, 2027 – Meeting will be held at Coronado High School Library Book Room and virtually.

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Meeting concluded at: 4:50 PM on October 15, 2026