



Pacific Trails Expectations Talks

2025-2026



What to Expect

1. Welcome & Introductions
2. Message from the Counseling Department
3. Tips & Tricks for Success
4. Common School Policies
5. The Wolfpack Way
6. Things to Look Forward To!



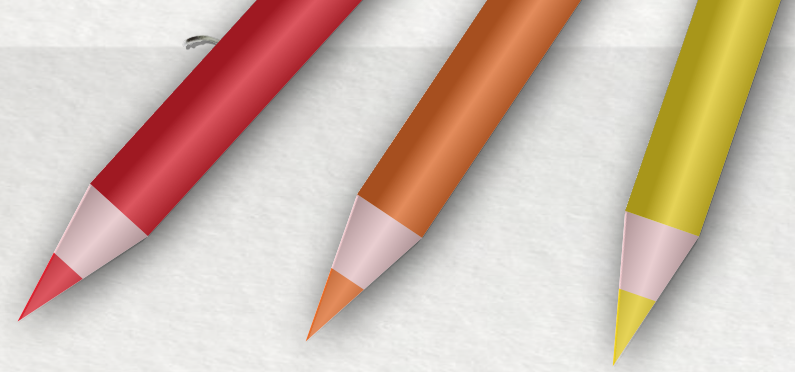
We are ONE PACK



“For the strength of the Pack is the Wolf, and the strength of the Wolf is the Pack.”

— Rudyard Kipling,
The Jungle Book

Administration



Dr. Hake

Assistant Principal



Dr. Wild

Principal



Mrs. Williams

Assistant Principal

Administrative Assistants

Mrs. Pierce

Principal's Admin
Assistant



Mrs. Graciano

Assistant Principal's
Admin Assistant



Counseling Secretary



Ms. Marlene

Attendance Secretary



Mrs. Williams

Campus Supervisors & Custodial



Mr. Lewis

Campus Supervisor



Mr. Don

Campus Supervisor



Mr. Lamarr

Custodian / Plant Lead

Counseling Department

Ms. Curry

Last Names A-LI

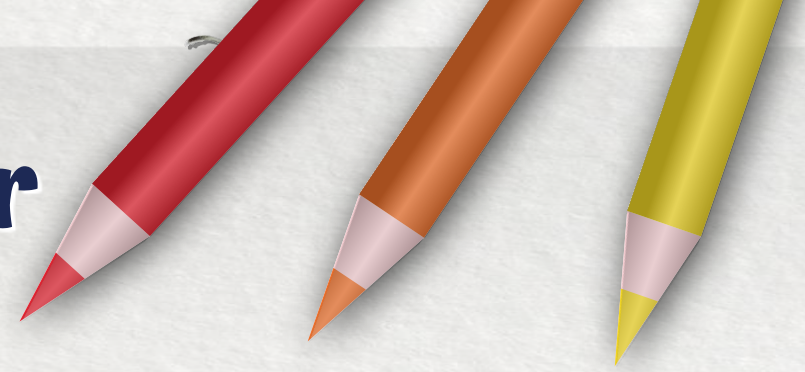


Ms. Anderson

Last Names Lo-Z &
Multilingual Learners



How to See Your Counselor



**YOUR
COUNSELORS
ARE HERE FOR
YOU!!**

TO ACCESS THE COUNSELING REQUEST
FORM:

- SCAN THE QR CODE BELOW
- GO TO THE PTMS COUNSELING WEBSITE

*IF THIS IS AN EMERGENCY, PLEASE
GO TO THE COUNSELING OFFICE

- Visit the counseling office before school, during break, lunch or after school
- Ms. Marlene, our Counseling Secretary, can schedule a time for us to meet if we are not available
- Email your counselor to schedule a time to meet
- Fill out the “Counseling Request” form and your counselor will send a pass for you
- If there is an emergency, ask any staff member to come to the counseling office

CONFIDENTIALITY

WHAT YOU SAY IN HERE STAYS HERE UNLESS....

- SOMEONE IS HURTING YOU
- YOU WANT TO HURT SOMEONE
- YOU WANT TO HURT YOURSELF
- YOU GIVE ME PERMISSION TO SHARE WITH A TRUSTED ADULT



TIPS & TRICKS for SUCCESS @ PTMS



Family Handbook

Describes all school rules and policies, including:

- academic honesty
- attendance / tardies
- behavior / code of conduct
- cell phone practices (includes smart watches & airpods)
- dress code
- Student Rider Permit/regulations (e-/bikes, e-/scooters)

Located on the [PTMS website](#)

Before & After School Reminders

School rules apply **on the way to school** and **on the way home from school**.

Students are discouraged from hanging out at The Village & Pacific Highlands Ranch Rec.

After School Opportunities:

- Boys & Girls Club sports
- Academic Power Hour tutoring (start date not determined yet)

Lunch Reminders

Can'ts:

- Students are not allowed in B and C Buildings during lunch.
- Use outside C Building restroom only. Located near Food Services building.
- No outside food delivery to campus.
- No Chromebook use outside of the Learning Commons.
- No running on concrete. Head injuries have occurred due to accidental pushing.
- No cutting lunch lines. Wait your turn patiently.

Cans:








- Walk to the lunch lines. Wait your turn in line. Throw away trash.
- Visit the Learning Commons or Wellness Center for quieter, cool, indoor spaces.
- Visit the courts and field for a more athletic experience
- Participate in Lunch League sports like soccer, dodgeball, and more (start date TBD)
- Participate in student-led clubs (look out for Club Carnival; date TBD)

Lunch Reminders

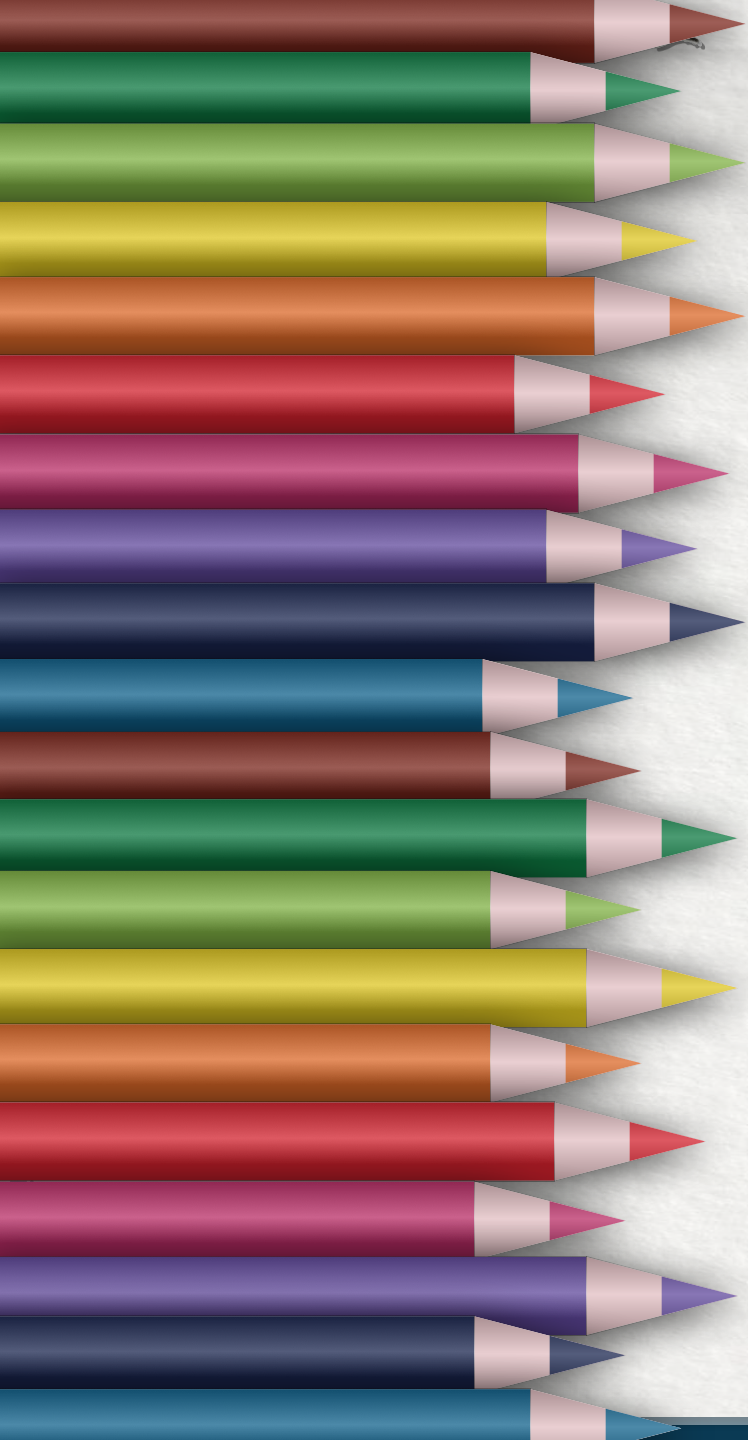


LUNCHLINE EXPECTATIONS



-  **WALK TO THE LINE**
-  **DO NOT RUN**
-  **WAIT YOUR TURN**
-  **NO CUTTING IN LINE**
-  **HANDS TO YOURSELF**
-  **USE GOOD MANNERS (PLEASE & THANK YOU)**
-  **PUT UNWANTED FOOD IN THE SHARE BIN**





Common School Policies



[Home](#) > [Parents & Students](#) > [Parent Resources](#) > [Discipline Policies](#)

Discipline Policies

Cell Phone Practices

Additional resources to support the Cell Phone Practices:

- [Away for the Day \(website\); AFTD Research](#)
- [The Case for Making Classrooms Phone-Free \(article\)](#)
- [Campaign to Keep Middle School Students Off Their Cell Phones \(NPR interview\)](#)
- [The Time for Less Phones in Schools is Now \(article\)](#)
- [Parenting in the Screen Age: A Guide for Calm Conversations \(book\)](#)

Academic Honesty Policy

Chromebook Contract/Acceptable Use Policy

Dress Code

Family Handbook

Homeroom Expectations

Student Rider Permit/Regulations

Parents & Students

Student Resources



Parent Resources



[Bullying Prevention](#)

Discipline Policies

[Dress Code](#)

[ELAC](#)

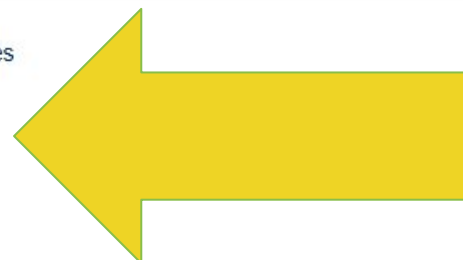
[Employee Concern Resolution](#)

[School Site Council](#)

[Parent Communications - 2025-26](#)



[Multilingual Learners \(ML\)](#)





Common School Policies

Academic Honesty Policy

Attendance / Tardies

Dress Code

Technology:

- Cell Phone Practices

- Chromebook Contract / Acceptable Use of Technology Policy

- Student Transportation (e-/bikes, e-/scooters)



Academic Honesty ([Click here](#))

School staff make every effort to teach students about academic integrity as well as provide direct instruction about what counts as academic dishonesty:

- Cheating on tests, quizzes, & assignments AND/OR helping another to cheat on a test, quiz, or assignment
- Fabrication of academic materials
- Unauthorized collaboration with a peer
- Plagiarism / copying
- Alteration of materials / student work
- Forgery
- Theft of academic material
- Unauthorized digital access to the files or equipment of others
- Copying the work of another person/Giving work to another person to be copied
- Inappropriate use of Artificial Intelligence (AI) as previously indicated by my teacher



Attendance Policies ([Click here](#))

Tardies

- Be in your class ready to learn when the bell rings
- 3 tardies = lunch detention
- No shows to detention automatically receive parent conference

Absences

- Parents/Guardians need to call in an absence to the Attendance Office
- You need to check in and out through the Attendance Desk
- If you are sick, go to the Health Office and they can call home

Truancy

- When an absence is not cleared/justified by a parent/guardian
- When you are unaccounted for in class, i.e., you leave class or campus without permission (called “ditching” or “cutting class”)



Cell Phone Practices ([Click here](#))

Cell Phones

- Cell phones will be TURNED OFF from the first bell to the last bell of the day.
- Cell phones and AirPods will be kept in the student's backpack/bag (not in clothing pockets).
- Cell phone use is not permitted at any time during break, lunch or passing periods.
- Cell phones are not allowed to be used in locker rooms or restrooms at any time. Taking photos or videos in these locations will result in an acceleration of consequences below.

Airpods/Earbuds

- Airpods/Earbuds are not permitted unless it is a documented accommodation for academic purposes.

Smart Watches

- Students who chose to wear smart watches must have them in "School mode" through the entirety of the school day.
- Students who have smart watches without "School mode" will be asked to put them away.

Chromebook Contract ([Click here](#))



PTMS Chromebook Contracts|

A school-issued Chromebook and student email is school property. I understand that district officials have the right and ability to monitor my use of the internet, including my student Gmail account, and Chromebook activity when using this school-issued device.

I also understand that Chromebook use must abide by all terms of the district [Acceptable Use of Technology Agreement](#) and the school Chromebook Policy which includes that Chromebooks are provided for academic use only and, as of the 2025-2026 school year, permitted only in the Learning Commons when class is not in session. You are not permitted to use it in the quad, hallways, etc.

When using it, I agree to be responsible, respectful, & safe.

The computer is for appropriate school/academic tasks only and staff can see my history.



CHROMEBOOKS ARE FOR ACADEMIC PURPOSES ONLY



YES:

ASSIGNED SCHOOL WORK

WORD PUZZLES

GEOGUESSR

CHESS

SORA

ART

NO:

GAMING

YOUTUBE

STREAMING

SIMULATIONS

ONLINE CHAT

BACKS TO THE WALL

UNASSIGNED LEARNING GAMES

Am I allowed to use my student Gmail to email friends during school?

Some questions to think about:

- Did my teacher give me permission to use Gmail?
- Am I communicating something academic or school-related?
- Would I be comfortable with school staff printing the emails and sharing them with my parents in a parent conference meeting?

If the answer to any of these is no, then do NOT use your Gmail to email friends.





Student Transportation: Bikes, E-bikes, Scooters, E-scooters

All bike and scooter operators required to obtain a parking permit/tag ([link here](#))

1. Parent Signature on this document, turn in to Admin Assistant Lisa Graciano in the front office
2. Attend a Student Rider Safety Presentation (**HOMEROOM, TUESDAY AUG 26th**)
3. Complete the online knowledge check with a score of 100% ([link here](#))

Walk all student “vehicles” with tires or wheels on sidewalk while on campus

Arriving to / Departing from Campus by Bike



DO THIS	DON'T DO THIS
Follow the green arrow path to arrive at school safely	Do not enter Canyon Crest Academy's campus marked by the red X's
Walk your bike on the sidewalk once on PTMS campus	Do not ride your bike on the sidewalk anywhere on PTMS campus
Follow all traffic safety laws when riding your bike in the street alongside car traffic (examples: stop signs, cones, lane dividers...)	Do not ignore traffic safety laws (examples: running stop signs, ignoring cones, staff, or lane dividers...)



Dress Code ([Click here](#))

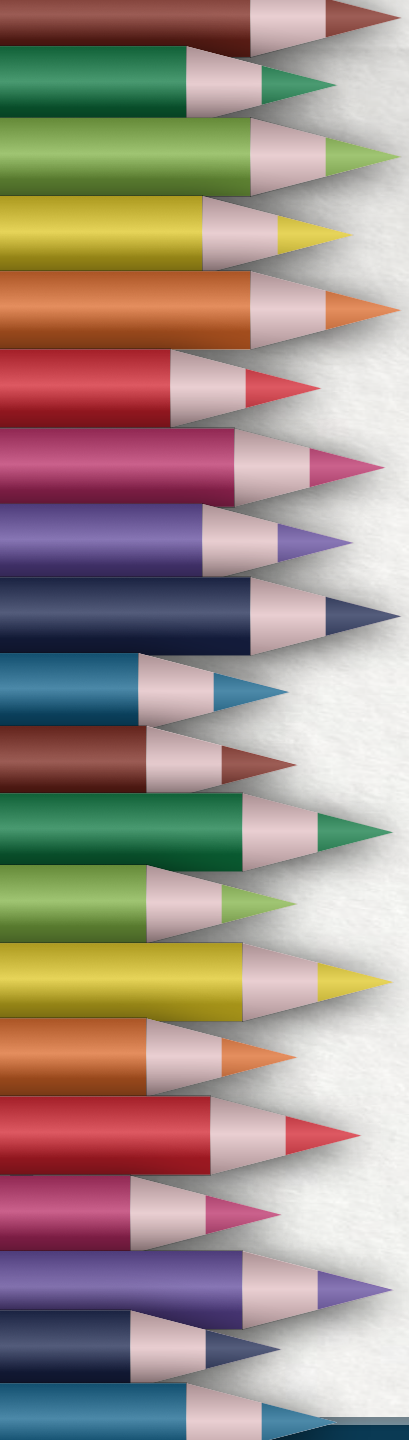
Clothing, jewelry, and personal items (hats, bike helmets, phone cases, binders, stickers, etc.) may not:

- advertise, promote, or glamorize any of the following: drugs, alcohol, tobacco products, violence, gang affiliation, weapons, inappropriate or sexually suggestive language or symbols.
- degrade or demean any ethnic background, national origin, religious belief, gender, gender orientation, sexual orientation, or disability.

Clothing must be sufficient to conceal undergarments (with the exception of bra straps) and buttocks as well as the majority of the chest and abdomen.

For safety purposes, shoes must be worn at all times.

Administration reserves the right to modify the dress code policy as styles change or new safety issues emerge



What happens if I receive a referral to administration?

Progressive Discipline Model:

- Warning and Phone Call Home
- Parent Conference
- Detention with a reflective learning assignment
- If applicable: Restorative Conversation with another student and/or staff member
- Behavior Contract (academics, behavior, attendance)
- Suspension (1-5 Days)



Loss of Privilege ([Click here](#))

Both 7th and 8th grade students CAN be put on the LOP list for:

- receipt of two (2) or more disciplinary referrals to administration
- receipt of two (2) or more detentions (tardy detentions not included)
- any suspension (includes out-of-school suspension, in-school suspension, and class suspension)
- at administration's discretion

****Dr. Wild and Dr. Hake have the final say in LOP decisions.**

The Wolfpack Way

7th grade shirt



8th grade shirt





Respect for Others

Use kind and appropriate language that is inclusive of all students on campus.

Harmful language includes:

- profanity / curse words
- words that degrade or demean any ethnic background, national origin, religious belief, gender, gender orientation, sexual orientation, or disability

Don't use it. Even if you're "joking." Hurting others isn't fun or funny.

Report harmful language when you hear it to a trusted adult: teacher, counselor, coach, or administrator. **If you SEE SOMETHING, SAY SOMETHING!**



The Wolfpack Way to Interrupt Bias

1 INTERRUPT

Speak up against every biased remark, every time it happens, without exception

- "I don't find that funny"
- "I'm surprised to hear you say that"
- "Using that term doesn't help others feel accepted here"

2 QUESTION

Ask simple, exploratory questions in response to bigoted remarks

- "Why did you say that?"
- "Tell me more"
- "What do you mean by that?"
- "Did you mean to say something hurtful?"

3 EDUCATE

Explain why the term or phrase is offensive

- "Do you know the history of that term?"
- "Do you know why we do not say that?"
- "Did you think of the impact of the term on others?"

4 ECHO

It's powerful to be the first voice that interrupts bias. It's powerful on another level to be the echoing voice

- "Thanks for speaking up. I agree that it is offensive and we shouldn't use it"



PACIFIC  **TRAILS**

What is the Bystander Effect?

People are less likely to intervene and help another person when surrounded by other people than if they were alone.

This is because people often assume another person will intervene. If everyone makes the same assumption, then no one intervenes!

This means that we have the responsibility to report concerning behavior when we see it and not wait around for someone else to!



Examples of Bullying

Bullying will never be tolerated!

Bullying can be:

- Physical: pushing, shoving, punching, hitting, spitting, etc.
- Verbal: name calling, teasing, hurtful jokes, threats, etc.
- Social: excluding others, gossiping, spreading rumors, etc.


Bullying can occur:


- On campus
- Off Campus
- Via Social Media





Report bullying and concerning behaviors to a trusted adult: teacher, coach, counselor, administrator, or parent/family.


Anonymous Reporting: WeTip

 Our Schools ▾

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 Pacific Trails Middle School

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Pacific Trails Middle School
(858) 509-1000
[Email Us!](#)

5975 Village Center Loop Road
San Diego, CA 92130
[Google Map/Directions](#)



COMPLIANCE

RESOURCES 

[Mandatory Notifications](#) 

[WeTip Anonymous Reporting](#) 

[Uniform Complaint Procedures](#) 

[Title IX](#) 

SCHOOL

RESOURCES 

[Map](#) 

[Menus](#) 

[Calendar](#) 

[Campus Activities / Sports](#) 

[Mental Health & Wellness](#) 

STAY

CONNECTED >> 



When to use WeTip: Examples of Concerning Behavior

- hurtful language, profanity, threats, or hate speech of any kind towards others or yourself
- disturbing social media posts about harming self or others
- unsafe use of technology, such as disabling firewalls or GoGuardian or interfacing with the public
- witnessing a crime (such as theft)

Note: If you don't add enough information to your report, it can be difficult to investigate.

Note: Do not misuse WeTip. WeTip is for serious reports only.



Looking Ahead...



FUN Things! Learning! Growing!

- Trailblazer awards
- Student Socials
- After School Events (Dances, Holiday Howl, Heritage Night, more!)
- Engaging lessons & activities
- Memories to last a lifetime
- End of year field trip / celebrations
- Lunch League
- Clubs
- Welcome Week (this week)
- Red Ribbon Week
- After school Boys & Girls Club sports
- Therapy Dog visits during Wellness Weeks



**Let's have a great 2025-2026 school
year, Wolfpack!**

