

Daily Bulletin

October 3, 2025



Slideshow [LINK](#) with Music
SDUHSD Accounts Only

PLEASE RISE FOR THE PLEDGE OF ALLEGIANCE



The Pledge of Allegiance

I pledge allegiance to the flag
of the United States of America,
and to the republic for which it stands,
one nation under God, indivisible,
with liberty and justice for all.



Friday, October 3rd, 2025

Regular Day Schedule	
Period 1	8:30 - 10:00
Period 2	10:08 - 11:42
Lunch	11:42 - 12:14
Period 3	12:22 - 1:52
Period 4	2:00 - 3:30

Happy Friday!



Advanced Placement Exams



Fall AP Exam Registration and Payment now open!

- ****Deadline to pay for Quarter 1 exams is October 3rd!****
- You **MUST** 1. Register on [MyAP](#) with your teacher join code **AND** 2. Pay for the exam on [Total Registration](#) in order to test in May.
- Spring AP Exam Registration and Payment will open Jan 21, 2026 for Quarter 2, 3, 4 courses.

Reach out to the CCA testing Coordinator, Seren Helm, with any questions.

seren.helm@sduhsd.net



AMAZING RACE

***TEAMS OF 4 RACE
AROUND CAMPUS***



***COMPETE TO
GET FREE FOOD***

***FRIDAY
* OCTOBER 3 ****

***@LUNCH
IN LOWER QUAD***

Zen Week Schedule

Monday: Rock Stacking

Join us in the lower quad for some serene and calming rock stacking.



Tuesday: Mini Zen Gardens

Join us in the lower quad to make your own personalized mini zen garden.



Wednesday: Wear a Cool Color for a Sand Cup

People wearing green, blue, or purple will receive a zen garden themed pudding cup



Thursday: Giant Bubbles

Join us in the quad to blow giant bubbles!

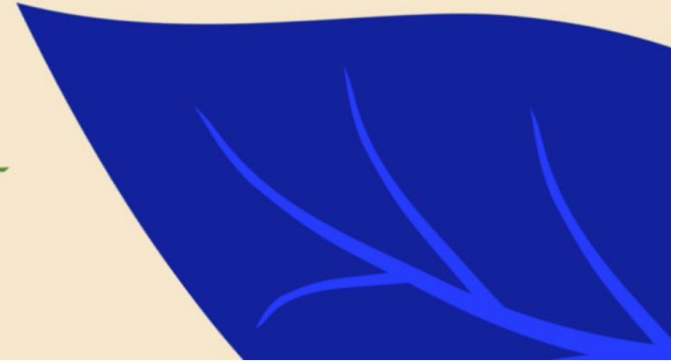


Friday: Leaf Art

Come to the lower quad during lunch to cut out leaves and decorate them.



LEAF
art



ART BUILD

October 4th 2-5:45 PM

Pacific Highlands Ranch Library

Stop by for a few to make a poster/banner for the protest on
October 24th!



Register Here!



Art supplies and
snacks!

PREORDER YOUR 2025-2026 YEARBOOK

Now, for limited time

\$95

*price increase in January!

Pre-purchase your
Yearbook now at the
CCA Webstore or
through the Finance
Office!

VISIT

<https://cca.myschoolcentral.com>





Fall College Visits for Seniors and Juniors

Join us at the College & Career Center to meet college representatives and explore your options!

Upcoming Visits:

• The New School - Parsons	10/3/2025	9:30 am - 10:00 am
• Hampden Sydney College	10/3/2025	11:45 am - 12:15 pm
• Purdue University	10/6/2025	9:30 am - 10:00 am
• Elon University	10/6/2025	11:10 am - 11:40 am
• Case Western Reserve University	10/6/2025	11:45 am - 12:15 pm
• University of Richmond	10/7/2025	9:30 am - 10:00 am
• Georgetown University	10/7/2025	11:10 am - 11:40 am
• American University	10/7/2025	11:45 am - 12:15 pm
• Worcester Polytechnic Institute	10/8/2025	9:30 am - 10:00 am
• University of Navarra	10/8/2025	11:10 am - 11:40 am
• Boston College	10/8/2025	11:45 am - 12:15 pm

This list is updated frequently! Find the full schedule and register for visits on the school website: [Academics & Programs > Counseling > College/Career > College Visits](#) - Check the spreadsheet for registration links.

Don't miss the chance to learn about programs, scholarships, and campus life!

MiraCosta College Ambassador



Our MiraCosta College Ambassador is here to help!

Students and parents can schedule a one-on-one appointment to get answers about MiraCosta programs, admissions, and resources—with guidance tailored to your needs.



When: Every Thursday, 12:15 – 3:15 PM



Where: College & Career Center



Schedule your appointment here: [MiraCosta Ambassador](#)

EMAIL US AT CCASENIORS26@GMAIL.COM
OR DM US WITH YOUR QUESTIONS!

*Seniors,
submit your
Senior Quote!*

DUE NOVEMBER 22!
GOOGLE FORM LINK IN OUR BIO!
WE WILL NOT ACCEPT ANY LATE RESPONSES!

**Senior Quotes
due November
22nd!**

WHAT IS NO PLACE FOR HATE?

(& WHY IS IT RELEVANT TO CCA?)



No Place 4 Hate

No Place for Hate is a collaborative initiative that provides Pre-K–12 schools with an organizing framework for students, administrators, teachers and family members to develop long-term solutions for creating and maintaining an inclusive and equitable school climate.

Relevance

CCA is committed to being Caring, Confident and Accepting. We care about ALL of our students, we are confident we are committed to the safety and well-being of ALL students, and we accept EVERY student for who they are.

SIGN THE PLEDGE

NO PLACE FOR HATE



FRESHMEN AND SOPHOMORE COMMUNITY DAYS!!

When: October 28th Freshman and October 29th
sophomore

What: A full day event focused around bonding with your
graduating class through fun games and activities

It is an excused absence, and teachers are supportive of the
event!

Free Jersey Mikes and snacks throughout the day



FRESHMEN AND SOPHOMORE COMMUNITY DAYS!!

SIGN UP BELOW!



FRESHMAN



SOPHOMORE



LEADER



SPEAKER

Do you have diabetes?

SIGN UP TO BE FEATURED IN OUR VIDEO SERIES PROJECT "SWEET STORIES" BY THE SWEET RELIEF CLUB!

A COLLAB WITH THE NONPROFIT "CHILDREN WITH DIABETES"

FOR YOUTH WITH T1D & T2D



X



**INTERESTED?
FILL OUT THE FORM!!**

PALS Peer Counseling



Stressed?

Want someone to talk to?

Reach out to a PAL!



High school can be a difficult adjustment, we know the feeling! Come talk with us about anything on your mind! For more info click [here](#) or scan the QR code!



CCA peer TUTORING

- Free tutoring by quality tutors!
- One-on-one sessions for any subject
- Flexible schedules to meet online or in person
- Become a tutor and help others
- Earn volunteer hours and build your resume

Visit our website for
more information!





KEEP AN EYE OUT FOR THE FOLLOWING EVENTS COMING TO YOU
SOON

FALL SPIRIT WEEK

TUESDAY



PAJAMAS



WEDNESDAY

pink



THURSDAY



PERFORMATIVE



FRIDAY

**RED
9TH-10TH**

&

**BLACK
11TH-12TH**

10/14 - 10/17

Have announcements for the Daily Bulletin?

If you are a part of a club or organization on campus, a club officer or club advisor can send a Google Slide with information that you would like posted to the Clubs Commissioner, clubs@ccaasb.com, or to the ASB Director, tanner.kortman@sduhsd.net, by 3:30pm of the day before you would like the slide to play.

- Slides cannot play for more than 3 consecutive days, and Club Meeting slides generally post only on the day of the meeting unless there are extenuating circumstances.
- Any physical posters or flyers must be approved and stamped by ASB Executive Vice President, Eire Chen, and can be posted on the bulletin boards or Gym building windows using painters tape.



Current Bulletin Theme Solving Standings Top Classes

<u>Class</u>	<u>Place</u>	<u>Points</u>
Hare	1st	10
Celniker	2nd (tie)	9
Dobashi	2nd	9
Shakeri	4th	7
Eddingfield	5th (tie)	6
Shay	5th	6
Sevilla	7th	5
Brown, Shane	8th (tie)	4
Gross	8th	4
Gilbert	10th	3
Parsons	11th (tie)	2
Perisic	11th	2

RULES: Two points are awarded to the class or classes that solve first (defined as Day #1 and can be any day from Monday to Wednesday), and one point is awarded for any solve after Day #1. Only one guess allowed per day except on Thursdays on which unlimited guesses are allowed, and solves on Thursday can only earn one point.

Theme guesses can be emailed by the teacher (or one designated student in case of teacher absence) to Tanner.Kortman@sduhsd.net by the end of 2nd period.

...
**HELP
KEEP
CCA
SAFE!**

**IF YOU SEE
SOMETHING,
SAY
SOMETHING.**

Today's Music: “It’s Your Thing” by The Isley Brothers



Congratulations to the classes of Mr. Hare, Mr. Shay, and Ms. Dobashi for first solving this week’s “Buddah [sic] Records Releases” theme. More winners and point update coming on Monday and thanks to PALs for a great Zen Week!