



# The Wildcat Roar



Helen Wilcox Elementary School Newsletter  
Mrs. Heather Scott, Principal

August 2026  
Mr. Michael Tuft Vice- Principal

## *A Message from our Principal,*

**Welcome Back!** There are a few things that I would like to mention as we begin this new school year:

Please keep in mind if you bring your child in the morning; drop off is on the south side of the school near the shade structure.

Students are not allowed to be on campus **prior to 7:45 a.m.** We have supervision in the cafeteria beginning at 7:50 a.m. After school, please pick up in the south parking area. When picking up your child, please remain in your vehicle, a staff member will bring your child to the car.

Please make sure that your child arrives to school on time. The **bell rings at 8:25. Students that arrive after 8:25 must come in to the office for a pass before entering the classroom.**

**Learning takes place until 2:30.** Please do not pick your child up before 2:30 unless it is an emergency or an appointment that can not be changed (1:30 on Fridays).



## Wilcox Wildcat's 3 B's

Be respectful  
Be responsible  
Be safe

## SENDING A SNACK FOR YOUR STUDENT??

Reviewing our PUSD wellness policy we would appreciate your help in providing healthy snacks. Some suggestions are: string cheese, popcorn, low-salt pretzels, fig newtons, or fruit & veggies. Top Ramen, Taki's & other high salt chips are considered unhealthy. Please also take into consideration portion sizes, single size portions are preferred. Sharing snacks between students is not allowed.

Also, if you plan to send a treat or cupcakes (mini-size) to school for your child's birthday please contact your child's teacher and make arrangements for the best day/time to bring them in. All food items brought to share with other students **MUST be store bought.** We appreciate your help with this.

Medi-Cal/Healthy Families  
1-800-880-5305

## Social -Emotional Curriculum

Our Social Emotional curriculum this year is called Character Strong. CharacterStrong teaches students how to build positive relationships, manage emotions, solve problems, and make responsible decisions. Through engaging classroom lessons and meaningful conversations, students practice empathy, kindness, resilience, and respect—skills that support academic success and lifelong well-being. Families play an important role in reinforcing these lessons at home.



## IMPORTANT DATES

Sept. 7– No School, Labor Day

Sept. 11– Progress Reports

Oct. 5– Oct. 9– No School, Intersession

Oct. 13– Picture Day ☺

Oct. 20- Make-Up Pictures