



# TEHAMA COUNTY DEPARTMENT OF EDUCATION JOB DISCRIPTION WELLNESS AND BEHAVIORAL INTERVENTION TECHNICIAN (WBIT)

# **DEFINITION:**

Under the direction of the supervisor, this position is a state-certified position. It will provide prevention and early intervention services that support the behavioral health and well-being of children and youth. This includes in-depth and intensive support in psychoeducation, systems navigation, crisis de-escalation, safety planning, coping skills and motivational interviewing. This position will be responsible for the implementation of comprehensive positive behavioral support plans, effective behavior management strategies, and wellness services provided through the School Based Mental Health & Wellness (SBMHW) program.

#### **ESSENTIAL FUNCTIONS AND JOB DUTIES:**

Any one position may not include all of the listed duties, nor do all of the listed examples include all tasks that may be found in positions within this classification.

#### Wellness Promotion & Education

- Engage and support Tehama County students in culturally linguistic and age-appropriate services.
- Promote parent education and involvement in various Wellness Center programs and other activities.
- Collaborate with School Mental Health and Wellness clinicians in leading small groups, and implementing wellness initiative using Evidenced Based Curriculum.
- Present social emotional learning (SEL) lessons, material or programs to students in a one-on-one or group setting.
- Implement approved strategies for behavior management, student self-care, mental health first aid to support academic learning.
- Provide educational trainings to support mental health and wellness and behavioral strategies to parents, staff, or community-based organizations.

## Screening

- Conduct, administer, score and record diagnostic screeners and assessments, and other classroom and school reports as directed by the program manager.
- Support implementation of universal mental health/wellness student screening.
- Triage students needing a Tier 2 or Tier 3 intervention following screening.

#### Care Coordination

- Serve as a coordinator between SBMHW, school site staff, district personnel, and parents; performs a variety of supportive and clerical tasks.
- Assist clinicians, specialists, and teachers to implement behavioral strategies and program modifications in accordance with the plan written by the BCBA or clinician.

#### **Group Support & Referrals**

- Refer families to community based and social services as appropriate.
- Support the set-up of Wellness Centers/Rooms.
- Refer students to appropriate school services within the SBMHW program.

#### Documentation & Data Collection

- Prepare and maintain related records and reports related to direct services provided to students.
- Collect relevant data as directed and maintain a variety of records or files.
- Medi-Cal and private insurance billing and coding for services rendered.
- Provide feedback or data to therapists, specialists and teachers about student performance, progress and behavior.
- Participate in developing data collection systems and monitor data collection to ensure the success
  of the behavior plan.
- Document student academic and social emotional performance as related to behavior progress.
- Perform related clerical duties as assigned.





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#### **EXPERIENCE AND EDUCATION:**

There are two career pathways to Wellness Coach certification:

#### **WORKFORCE PATHWAY**

- AA Degree or higher.
- 1,350 hours related experience in an educational setting or youth related program within the last six (6) years.

#### **EDUCATION PATHWAY**

- AA Degree or higher conferred within the last six (6) years in the following degree program:
  - o Psychology
  - o Social Work
  - Human Services
  - Addiction Studies
- Minimum 400 hours in an educational setting or youth related program.
  - o Can apply with 150 hours and acquire additional required hours in a WBIT Entry level position.

Placement on the salary schedule will be done according to the level of Wellness Coach certification as follows:

- Wellness & Behavior Intervention Technician Entry Level
- Wellness & Behavior Intervention Technician I (Wellness Coach I certification)
- Wellness & Behavior Intervention Technician II (Wellness Coach II certification)

#### Other Experience considerations:

- Current enrollment in the appropriate degree program at an accredited institution under the Education Pathway.
- Registered Behavior Technician highly desired or willingness to complete training within one year.
- Certification by the Crisis Prevention Institute (CPI) in non-violent crisis interventions must be obtained within the probationary period.
- First Aid and CPR training desirable.

#### KNOWLEDGE OF:

- Basic concepts of child growth and development and developmental behavior characteristics, particularly pertaining to pupils with special learning needs.
- Behavior management strategies and techniques relating to pupils experiencing behavioral difficulties.
- Trauma informed practice approach to working with students and schools.
- Positive behavioral interventions and applied behavior analysis.
- Familiarity with core subjects taught in K12 schools districts.
- Basic instructional strategies and techniques.
- General understanding of student learning styles and modalities.
- Appropriate English usage, punctuation, spelling, and grammar; basic arithmetic concepts.

## **SKILL AND ABILITY TO:**

- Maintain confidentiality.
- Exercise extreme levels of patience in stressful situations and students who act out verbally or physically.
- Appropriately manage student behavior and guide student toward more acceptable social behaviors.
- Implement positive behavior support plans and model appropriate behavioral interventions.
- Work collaboratively with others and participate in staff meetings, professional learning communities, or in-service meetings as directed; collect and analyze data.

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- Communicate effectively in oral and written form.
- Perform routine clerical tasks and operate a variety of educational and office related machines and equipment.
- Understand and carry out oral and written directions.
- Establish and maintain cooperative working relationships with children and adults.

#### PHYSICAL DEMANDS:

Reasonable accommodation may be made to enable a person with a disability to perform the essential functions of the job.

# **TERMS OF EMPLOYMENT:**

Salary and work year to be established by County Superintendent.

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APPROVED		
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