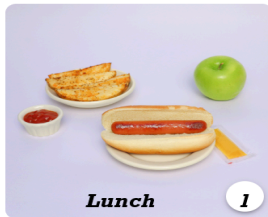




Buena Vista Middle School Breakfast and Lunch Menu

Week of May 11-15th (Free for Students) (Week 3)
Menu created by Ordo - Made fresh daily - On the Roll Catering



Lunch 1

☰ Lunch
Beef Hot Dog with Potato Wedges & Apple (K-8)

Egg free Peanut free
Seafood free Tree-nut free
Whole Grain Dairy free
Sesame free



Lunch 2

☰ Lunch
Grilled Cheese with Potato Wedges & Apple (K-8)

Peanut free Tree-nut free
Vegetarian Whole Grain
Seafood free Sesame free



Breakfast 1

☰ Breakfast
Rice Chex with Applesauce

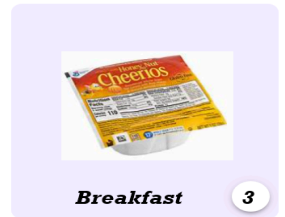
Whole Grain Peanut free
Tree-nut free Vegetarian
Vegan Gluten free Dairy free
Egg free Sesame free Soy free
Seafood free



Breakfast 2

☰ Breakfast
Whole Grain Bagel & Cream Cheese with Applesauce

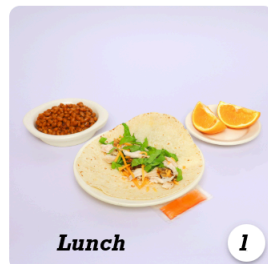
Peanut free Tree-nut free
Vegetarian Egg free
Sesame free Soy free
Seafood free Whole Grain



Breakfast 3

☰ Breakfast
Honey Nut Cheerios BowlPak with String Cheese & Applesauce

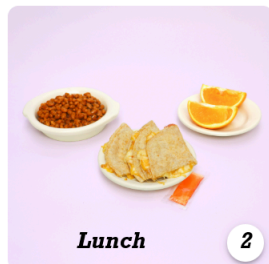
Peanut free Whole Grain
Vegetarian Tree-nut free
Egg free Sesame free Soy free
Seafood free



Lunch 1

☰ Lunch
Pulled Chicken Taco with Southwest Pinto Beans & Orange Wedges (K-8)

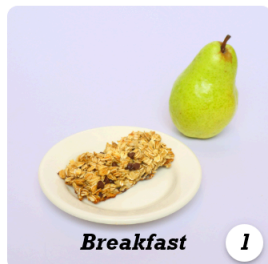
Peanut free Seafood free
Tree-nut free Soy free
Sesame free Whole Grain



Lunch 2

☰ Lunch
Cheese Quesadilla with Southwest Pinto Beans & Orange Wedges (K-8)

Peanut free Vegetarian
Seafood free Tree-nut free
Egg free Sesame free
Whole Grain



Breakfast 1

☰ Breakfast
Housemade Choco Chip Granola Bar with Pear

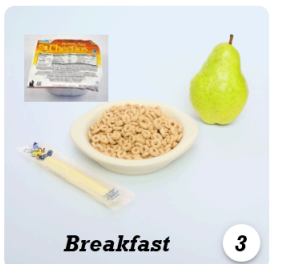
Peanut free Vegetarian
Seafood free Tree-nut free
Sesame free Whole Grain



Breakfast 2

☰ Breakfast
Rice Chex with Pear

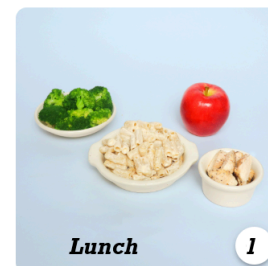
Vegan Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain



Breakfast 3

☰ Breakfast
Honey Nut Cheerios BowlPak with String Cheese & Pear

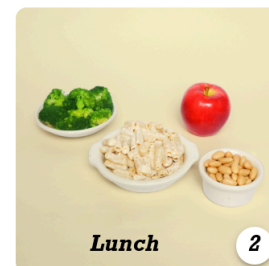
Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Egg free Sesame free
Whole Grain



Lunch 1

☰ Lunch
Chicken Alfredo Pasta with Steamed Broccoli & Apple (K-8)

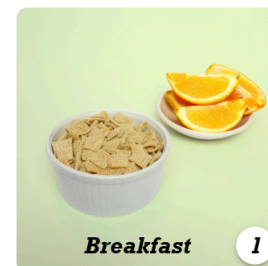
Peanut free Seafood free
Tree-nut free Egg free
Sesame free Whole Grain



Lunch 2

☰ Lunch
White Bean Pasta Alfredo with Steamed Broccoli & Apple (K-8)

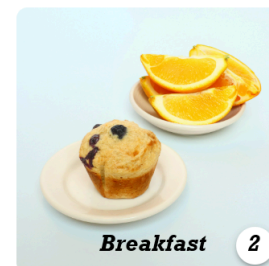
Peanut free Vegetarian
Seafood free Tree-nut free
Egg free Sesame free
Whole Grain



Breakfast 1

☰ Breakfast
Rice Chex with Orange Wedges

Vegan Peanut free Vegetarian
Gluten free Seafood free
Tree-nut free Soy free
Dairy free Egg free
Sesame free Whole Grain



Breakfast 2

☰ Breakfast
Whole Grain Blueberry Muffin with Orange Wedges

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Sesame free
Whole Grain



Breakfast 3

☰ Breakfast
Honey Nut Cheerios BowlPak with String Cheese & Orange Wedges

Peanut free Vegetarian
Seafood free Tree-nut free
Soy free Egg free Sesame free
Whole Grain



Lunch 1

Lunch

Turkey Sausage & French Toast with Cucumber Coins & Banana (K-8)

Peanut free Seafood free

Tree-nut free Sesame free

Whole Grain



Lunch 2

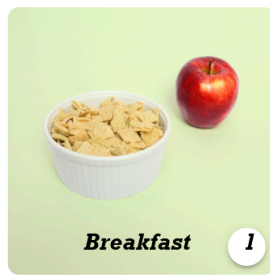
Lunch

Scrambled Eggs & French Toast with Cucumber Coins & Banana (K-8)

Peanut free Vegetarian

Seafood free Tree-nut free

Sesame free Whole Grain



Breakfast 1

Breakfast

Rice Chex with Apple

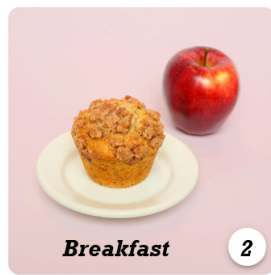
Peanut free Vegetarian

Gluten free Seafood free

Tree-nut free Soy free

Dairy free Egg free

Sesame free Whole Grain



Breakfast 2

Breakfast

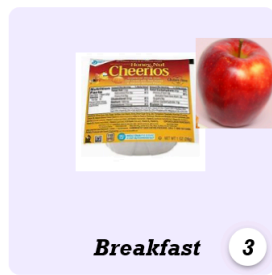
Whole Grain Cinnamon Crumb Muffin with Apple

Peanut free Vegetarian

Seafood free Tree-nut free

Soy free Sesame free

Whole Grain



Breakfast 3

Breakfast

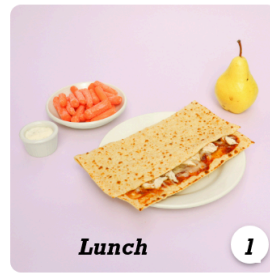
Honey Nut Cheerios BowlPak with String Cheese & Apple

Peanut free Vegetarian

Seafood free Tree-nut free

Soy free Egg free Sesame free

Whole Grain



Lunch 1

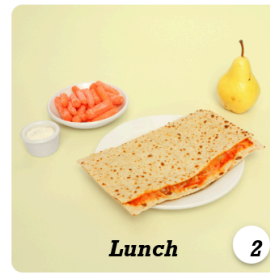
Lunch

BBQ Chicken Calzone with Baby Carrots & Pear (K-8)

Peanut free Seafood free

Tree-nut free Egg free

Sesame free Whole Grain



Lunch 2

Lunch

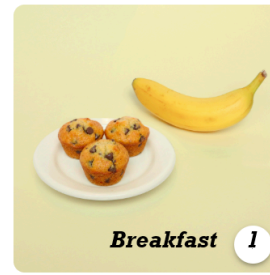
Cheese Pizza Calzone with Baby Carrots & Pear (K-8)

Peanut free Vegetarian

Seafood free Tree-nut free

Egg free Sesame free

Whole Grain



Breakfast 1

Breakfast

Protein Choco Chip Mini Muffins with Banana

Peanut free Vegetarian

Seafood free Tree-nut free

Sesame free Whole Grain



Breakfast 2

Breakfast

Rice Chex with Banana

Peanut free Vegetarian

Gluten free Seafood free

Tree-nut free Soy free

Dairy free Egg free

Sesame free Whole Grain



Breakfast 3

Breakfast

Honey Nut Cheerios BowlPak with String Cheese & Banana

Peanut free Vegetarian

Seafood free Tree-nut free

Soy free Egg free Sesame free

Whole Grain

All meals are prepared utilizing a novel approach developed and managed by Ordo Inc. All district meals are prepared by On the Roll Catering. The vast majority of meals are made from scratch daily, meet the strict USDA standards for the National School Lunch Program, and provide a superior experience compared to traditional, district-prepared meals. For more information, please contact Bernard Burchette, Chief Business Official, at bburchette@susd.net or 831-455-2550 x 333.