

Douglas City School Cross Country 2026

Date	Day	Place	Meet Start	Leave Time	Approx Return Time
9/11/2026	Fri	Trinity Prep	1:30pm	12:45pm	3:00pm
9/14/2026	Mon	Practice			
9/16/2026	Wed	Practice			
9/18/2026	Fri	Mount Shasta	12:50pm	9:45am	5:00pm
9/22/2026	Tues	Practice			
9/24/2026	Thurs	Practice			
9/25/2026	Fri	Douglas City	2:00pm		
9/29/2026	Tues	Practice			
10/1/2026	Thurs	Etna	1:00pm	10:00am	6:00pm
10/6/2026	Tues	Practice			
10/13/2026	Tues	Practice			
10/14/2026	Wed	Hayfork	2:30pm	1:15pm	5:00pm

Practices will be held from 3:40-4:50pm, typically two days per week. Practice days may vary from week to week, so please be sure to check the schedule regularly for specific dates.

9/11/2026

Coach: Sally Cousins

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