

Menu Name:

HIGH SCHOOL LUNCH YCHS

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Wednesday - 08/13/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 50        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                  | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                  | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                      | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002004 PIZZA, PEPPERONI WG 14" YCUSD | SLICE          | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD    | SLICE          | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD    | SLICE          | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 002891 CHICKEN TERIYAKI BOWL NOODLE  | SERVINGS H #16 | 75        | 310                      | 2.33                   | 834                    | *6               | *N/A*            | 8.85      | *0.00      | 46          | 41.38    | 3.49      | 19.43     | *N/A*       | 19.5       | 0.08       | 2.49      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX     | #8 SCOOP       | 100       | 20                       | 0.00                   | 29                     | *0               | *N/A*            | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *N/A*       | 29.7       | 29.90      | 0.41      | \$0.000 |
| 002343 HS-TERIYAKI TOFU S/F YCUSD    | 1/4 CUP        | 25        | 25                       | 0.20                   | 37                     | *2               | *N/A*            | 1.40      | 0.00       | 0           | 3.18     | 0.00      | 0.00      | *N/A*       | 0.8        | 0.20       | 0.00      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP         | EACH           | 25        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK     | 3OZ SERVING    | 25        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET         | EACH           | 25        | 277                      | 5.13                   | 219                    | *0               | *N/A*            | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *N/A*       | 20.3       | 0.41       | 4.37      | \$0.000 |
| 000853 BURGER, BACON CHEESE          | EACH           | 40        | 400                      | 7.50                   | 770                    | *3               | *N/A*            | 20.50     | 0.74       | 70          | 28.00    | 4.00      | 26.00     | *N/A*       | 48.0       | 0.00       | 2.08      | \$0.000 |
| 003007 HS SALAD MACARONI SYSCO       | 3/4C           | 40        | 321                      | 3.63                   | 819                    | 6                | *N/A*            | 21.77     | 0.00       | 16          | 25.92    | 2.07      | 5.18      | *N/A*       | 0.0        | 0.00       | 1.49      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG     | SERVING        | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO   | 10 BARRELS     | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER   | 1/2 CUP        | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER   | 1/2 CUP        | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH         | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH          | EACH           | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH          | EACH           | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 910                      | 9.94                   | 1495                   | *35              | *1               | 35.70     | *0.08      | *61         | 114.92   | 12.10     | 35.72     | *0          | 481.4      | 52.90      | *5.78     | \$0.000 |
| % of Calories                         |              |           |                          | 9.83%                  |                        | *15.4%           | *0.4%            | 35.3%     | *0.1%      |             | 50.5%    |           | 15.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 08/14/2025

Reimbursable Meal Total 800

|                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger  | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH         | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                                  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002592 CHICKEN PATTY ON BUN RC                   | EACH            | 100       | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA                  | SERVING 10 EACH | 60        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG                    | SERVING (15)    | 52        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2                | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                        | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH                   | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS            | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP             | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP             | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                         | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                         | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                       | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD             | SLICE           | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD                | SLICE           | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD                | SLICE           | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER | SERVINGS        | 100       | 210                      | 4.00                   | 125                    | *0               | *0               | 14.00     | *0.00      | 125         | 0.09     | 0.01      | 20.01     | *N/A*       | 26.5       | 0.01       | 0.55      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                 | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO               | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003009 POTATO FRY<br>SIDEWINDER JR SMPLT    | 1/2 CUP      | 100       | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0                    | 0.00       | 0.83      | \$0.000 |
| 000643 POTATO, FRIES<br>SPICY TWISTER       | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES<br>PLAIN TWISTER       | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE<br>FRESH WHOLE          | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS<br>FRESH              | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES<br>FRESH              | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP,<br>PACKET                   | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE,<br>PACKET                | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD,<br>PACKET                   | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ<br>PACKET                 | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING,<br>RANCH PACKET 12<br>GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA,<br>COMMODITY                  | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS<br>BABY                 | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE<br>VEGGIE                | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                        | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 883                      | 9.67                   | 1418                   | *34              | *1               | 35.29     | *0.03      | *61         | 111.60   | 11.72     | 33.06     | *0          | 476.2      | 49.07      | *5.45     | \$0.000 |
| % of Calories                 |              |           |                          | 9.86%                  |                        | *15.4%           | *0.5%            | 36.0%     | *0.0%      |             | 50.6%    |           | 15.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 08/15/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 50        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1                   | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1                   | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1                   | 8.02       | 3.45      | \$0.000 |
| 003004 HS-NACHO BAR                   | SERVING         | 75        | 501                      | 7.42                   | 1004                   | *4               | *N/A*            | 20.66     | *0.79      | 93          | 46.21    | 8.54      | 32.28     | *N/A*       | 272.9                  | 14.37      | 1.85      | \$0.000 |
| 003127 HS CHICKEN GENERAL BOWL NOODLE | SERVINGS H #16  | 75        | 391                      | 2.50                   | 612                    | *14              | *N/A*            | 10.81     | *0.00      | 46          | 57.70    | 4.10      | 20.31     | *N/A*       | 24.3                   | 0.09       | 2.80      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 100       | 20                       | 0.00                   | 29                     | *0               | *N/A*            | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *N/A*       | 29.7                   | 29.90      | 0.41      | \$0.000 |
| 003059 TOFU NOODLE BOWL GENERAL TSO   | 4OZ. HEAP SPOOD | 25        | 212                      | 0.22                   | 169                    | *3               | *N/A*            | 5.74      | 0.00       | 0           | 27.28    | 2.01      | 14.54     | *N/A*       | 80.8                   | 0.00       | 3.25      | \$0.000 |
| 003152 1/4# Hot Dog on a bun          | 1 Hot Dog w/bun | 50        | 637                      | 12.93                  | 1639                   | *6               | *0               | 33.18     | 0.00       | 64          | 64.24    | 0.00      | 20.25     | *N/A*       | 207.4                  | 0.01       | 20.75     | \$0.000 |
| 003008 HS SALAD POTATO SYSCO          | 1/2C            | 50        | 207                      | 2.07                   | 581                    | 7                | *N/A*            | 12.44     | 0.00       | 10          | 21.77    | 2.07      | 3.11      | *N/A*       | 10.4                   | 0.00       | 0.37      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0                    | 8.79       | 0.26      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 965                      | 10.76                  | 1605                   | *37              | *1               | 37.87     | *0.10      | *61         | 123.68   | 12.79     | 36.25     | *0          | 519.4      | 54.16      | *7.02     | \$0.000 |
| % of Calories                         |              |           |                          | 10.04 %                |                        | *15.3%           | *0.4%            | 35.3%     | *0.1%      |             | 51.3%    |           | 15.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 08/18/2025

Reimbursable Meal Total 800

|                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger  | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |



Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC        | EACH            | 50        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA       | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG         | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2     | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH             | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH        | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 002800 CHICKEN ORANGE NOODLE BOWL     | SERVINGS        | 62        | 292                      | 2.33                   | 421                    | *1               | *N/A*            | 8.85      | *0.00      | 46          | 37.18    | 3.42      | 18.92     | *N/A*       | 18.8       | 1.48       | 2.33      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 100       | 20                       | 0.00                   | 29                     | *0               | *N/A*            | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *N/A*       | 29.7       | 29.90      | 0.41      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                             | Portion<br>Size    | Reimb<br>Qty | Cals <sup>1</sup><br>(kcal) | S-Fat <sup>1</sup><br>(g) | Sodm <sup>1</sup><br>(mg) | Total<br>Sugars<br>(g) | Added<br>Sugars<br>(g) | T-Fat<br>(g) | Tr-Fat<br>(g) | Cholst<br>(mg) | Carb<br>(g) | Fiber<br>(g) | Protn<br>(g) | Vlt-A<br>(RAE) | Calcm<br>(mg) | Vit-C<br>(mg) | Iron<br>(mg) | Cost    |
|---------------------------------------------|--------------------|--------------|-----------------------------|---------------------------|---------------------------|------------------------|------------------------|--------------|---------------|----------------|-------------|--------------|--------------|----------------|---------------|---------------|--------------|---------|
| 002339 HS-HUNAN<br>ORANGE TOFU S/F<br>YUCSD | 4OZ. HEAP<br>SPOOD | 25           | 103                         | 0.20                      | 133                       | *1                     | *N/A*                  | 4.03         | 0.00          | 0              | 5.91        | 0.00         | 10.53        | *N/A*          | 71.2          | 1.40          | 1.90         | \$0.000 |
| 002229 HS-FRESH MEX                         | SERVING            | 50           | 559                         | 3.53                      | 757                       | *2                     | *N/A*                  | 15.95        | *0.79         | 67             | 73.97       | 11.10        | 30.36        | *N/A*          | 60.2          | 16.82         | 3.25         | \$0.000 |
| 003151 Bratwurst on a Bun                   | 1 Brat w/bun       | 55           | 660                         | 12.00                     | 1780                      | 6                      | 0                      | 36.00        | 0.00          | 70             | 63.00       | 0.00         | 22.00        | *N/A*          | 112.0         | 0.00          | 3.92         | \$0.000 |
| 003008 HS SALAD<br>POTATO SYSCO             | 1/2C               | 55           | 207                         | 2.07                      | 581                       | 7                      | *N/A*                  | 12.44        | 0.00          | 10             | 21.77       | 2.07         | 3.11         | *N/A*          | 10.4          | 0.00          | 0.37         | \$0.000 |
| 001123 HS-CONDO BAR,<br>HAM-HOT DOG         | SERVING            | 55           | 71                          | 0.97                      | 189                       | *2                     | *N/A*                  | 6.46         | *0.00         | 3              | 3.97        | 0.31         | 0.36         | *N/A*          | 7.4           | 3.50          | 0.14         | \$0.000 |
| 002676 POTATO, TATER<br>BARRELS SYSCO       | 10 BARRELS         | 200          | 170                         | 1.50                      | 360                       | 0                      | *N/A*                  | 9.00         | 0.00          | 0              | 19.00       | 1.00         | 2.00         | *N/A*          | 0.0           | 3.60          | 0.36         | \$0.000 |
| 000643 POTATO, FRIES<br>SPICY TWISTER       | 1/2 CUP            | 200          | 273                         | 5.97                      | 546                       | *N/A*                  | *N/A*                  | 13.65        | 0.00          | 2              | 34.13       | 3.41         | 3.41         | *N/A*          | 0.0           | 10.24         | 1.84         | \$0.000 |
| 002903 POTATO, FRIES<br>PLAIN TWISTER       | 1/2 CUP            | 200          | 130                         | 1.00                      | 40                        | 0                      | *N/A*                  | 5.00         | 0.00          | 0              | 20.00       | 1.00         | 2.00         | *N/A*          | 0.0           | 0.00          | 0.36         | \$0.000 |
| 002058 FRUIT, APPLE<br>FRESH WHOLE          | 1 EACH             | 300          | 100                         | 0.00                      | 0                         | 19                     | *N/A*                  | 0.00         | 0.00          | 0              | 25.00       | 4.00         | 0.00         | *N/A*          | 20.0          | 8.40          | 0.36         | \$0.000 |
| 000068 FRUIT, BANANAS<br>FRESH              | EACH               | 200          | 90                          | 0.11                      | 1                         | 12                     | *N/A*                  | 0.33         | 0.00          | 0              | 23.07       | 2.63         | 1.10         | *N/A*          | 5.0           | 8.79          | 0.26         | \$0.000 |
| 000086 FRUIT, ORANGES<br>FRESH              | EACH               | 300          | 69                          | 0.00                      | 2                         | *N/A*                  | *N/A*                  | 0.00         | 0.00          | 0              | 17.82       | 3.39         | 1.70         | *N/A*          | 59.4          | 82.98         | 0.15         | \$0.000 |
| 000222 KETCHUP,<br>PACKET                   | PACKET             | 500          | 9                           | 0.00                      | 82                        | 2                      | *N/A*                  | 0.01         | 0.00          | 0              | 2.47        | 0.03         | 0.09         | *N/A*          | 1.4           | 0.37          | 0.03         | \$0.000 |
| 001050 MAYONNAISE,<br>PACKET                | Pkt                | 500          | 58                          | 0.96                      | 48                        | *N/A*                  | *N/A*                  | 6.43         | 0.00          | 3              | 0.64        | 0.00         | 0.00         | *N/A*          | 0.0           | 0.00          | 0.00         | \$0.000 |
| 000223 MUSTARD,<br>PACKET                   | Pkt                | 500          | 4                           | 0.01                      | 62                        | *N/A*                  | *N/A*                  | 0.17         | 0.00          | 0              | 0.43        | 0.18         | 0.22         | *N/A*          | 4.4           | 0.16          | 0.10         | \$0.000 |
| 000902 SAUCE, BBQ<br>PACKET                 | PACKET             | 500          | 10                          | 0.00                      | 160                       | *N/A*                  | *N/A*                  | 0.00         | *N/A*         | 0              | 3.00        | 0.00         | 0.00         | *N/A*          | 0.0           | 0.00          | 0.00         | \$0.000 |
| 000332 DRESSING,<br>RANCH PACKET 12<br>GRAM | PACKET             | 500          | 45                          | 0.50                      | 120                       | *N/A*                  | *N/A*                  | 4.50         | 0.00          | *N/A*          | 1.00        | 0.00         | 0.00         | *N/A*          | 0.0           | 0.00          | 0.00         | \$0.000 |
| 001051 SALSA,<br>COMMODITY                  | #8 SCOOP           | 120          | 35                          | 0.00                      | 124                       | *N/A*                  | *N/A*                  | 0.00         | 0.00          | 0              | 7.09        | 3.54         | 0.00         | *N/A*          | 0.0           | 0.00          | 0.00         | \$0.000 |
| 000450 VEG, CARROTS<br>BABY                 | BAG                | 300          | 26                          | 0.00                      | 57                        | *N/A*                  | *N/A*                  | 0.00         | *N/A*         | 0              | 5.90        | 1.47         | 0.74         | *N/A*          | 22.1          | 6.19          | 0.66         | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003158 SALAD, SIDE VEGGIE     | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 943                      | 10.26                  | 1555                   | *36              | *1               | 37.03     | *0.08      | *57         | 121.23   | 12.51     | 34.82     | *0          | 491.2      | 54.02      | *5.91     | \$0.000 |
| % of Calories                 |              |           |                          | 9.79%                  |                        | *15.3%           | *0.4%            | 35.3%     | *0.1%      |             | 51.4%    |           | 14.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 08/19/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 100       | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 60        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 52        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH     | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH     | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS     | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH         | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING      | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE        | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE        | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE        | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 003014 CHICKEN BNLS WINGS HOT N SPICY | 5ea          | 100       | 201                      | 2.01                   | 342                    | 1                | *N/A*            | 10.05     | 0.00       | 45          | 10.05    | 1.00      | 19.10     | *N/A*       | 0.0        | 0.00       | 1.00      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 862                      | 9.32                   | 1387                   | *35              | *1               | 33.97     | *0.03      | *51         | 109.53   | 11.64     | 32.74     | *0          | 472.9      | 49.07      | *5.41     | \$0.000 |
| % of Calories                         |              |           |                          | 9.73%                  |                        | *16.2%           | *0.5%            | 35.5%     | *0.0%      |             | 50.8%    |           | 15.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 08/20/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | 1 Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 50        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002882 HS-CHICKEN, POPCORN WG         | SERVING (15)   | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2     | SERVING        | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH             | EACH           | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH        | EACH           | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS | SUB            | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH       | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH       | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS       | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH           | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING        | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE          | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE          | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE          | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 002891 CHICKEN TERIYAKI BOWL NOODLE   | SERVINGS H #16 | 75        | 310                      | 2.33                   | 834                    | *6               | *N/A*            | 8.85      | *0.00      | 46          | 41.38    | 3.49      | 19.43     | *N/A*       | 19.5       | 0.08       | 2.49      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP       | 100       | 20                       | 0.00                   | 29                     | *0               | *N/A*            | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *N/A*       | 29.7       | 29.90      | 0.41      | \$0.000 |
| 002343 HS-TERIYAKI TOFU S/F YCUSD     | 1/4 CUP        | 25        | 25                       | 0.20                   | 37                     | *2               | *N/A*            | 1.40      | 0.00       | 0           | 3.18     | 0.00      | 0.00      | *N/A*       | 0.8        | 0.20       | 0.00      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP          | EACH           | 25        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK      | 3OZ SERVING    | 25        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002130 HS-J LEE ROYS BRISKET          | EACH         | 25        | 277                      | 5.13                   | 219                    | *0               | *N/A*            | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *N/A*       | 20.3                   | 0.41       | 4.37      | \$0.000 |
| 000853 BURGER, BACON CHEESE           | EACH         | 40        | 400                      | 7.50                   | 770                    | *3               | *N/A*            | 20.50     | 0.74       | 70          | 28.00    | 4.00      | 26.00     | *N/A*       | 48.0                   | 0.00       | 2.08      | \$0.000 |
| 003007 HS SALAD MACARONI SYSCO        | 3/4C         | 40        | 321                      | 3.63                   | 819                    | 6                | *N/A*            | 21.77     | 0.00       | 16          | 25.92    | 2.07      | 5.18      | *N/A*       | 0.0                    | 0.00       | 1.49      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000230 MILK,1% WHITE          | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 910                      | 9.94                   | 1495                   | *35              | *1               | 35.70     | *0.08      | *61         | 114.92   | 12.10     | 35.72     | *0          | 481.4      | 52.90      | *5.78     | \$0.000 |
| % of Calories                 |              |           |                          | 9.83%                  |                        | *15.4%           | *0.4%            | 35.3%     | *0.1%      |             | 50.5%    |           | 15.7%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Thursday - 08/21/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 100       | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 60        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 52        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |



Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                                  | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002685 HS SAND, TURK SLICE WG W/CHIP             | SANDWICH     | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                         | SERVINGS     | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                         | EACH         | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                       | SERVING      | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD             | SLICE        | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD                | SLICE        | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD                | SLICE        | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER | SERVINGS     | 100       | 210                      | 4.00                   | 125                    | *0               | *0               | 14.00     | *0.00      | 125         | 0.09     | 0.01      | 20.01     | *N/A*       | 26.5       | 0.01       | 0.55      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG                 | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO               | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 003009 POTATO FRY SIDEWINDER JR SMPLT            | 1/2 CUP      | 100       | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0        | 0.00       | 0.83      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER               | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER               | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE                  | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH                      | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0        | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH                      | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                           | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET                        | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 883                      | 9.67                   | 1418                   | *34              | *1               | 35.29     | *0.03      | *61         | 111.60   | 11.72     | 33.06     | *0          | 476.2      | 49.07      | *5.45     | \$0.000 |
| % of Calories                         |              |           |                          | 9.86%                  |                        | *15.4%           | *0.5%            | 36.0%     | *0.0%      |             | 50.6%    |           | 15.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 08/22/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 50        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002882 HS-CHICKEN, POPCORN WG         | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2     | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH             | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH        | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 003004 HS-NACHO BAR                   | SERVING         | 75        | 501                      | 7.42                   | 1004                   | *4               | *N/A*            | 20.66     | *0.79      | 93          | 46.21    | 8.54      | 32.28     | *N/A*       | 272.9      | 14.37      | 1.85      | \$0.000 |
| 003127 HS CHICKEN GENERAL BOWL NOODLE | SERVINGS H #16  | 75        | 391                      | 2.50                   | 612                    | *14              | *N/A*            | 10.81     | *0.00      | 46          | 57.70    | 4.10      | 20.31     | *N/A*       | 24.3       | 0.09       | 2.80      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 100       | 20                       | 0.00                   | 29                     | *0               | *N/A*            | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *N/A*       | 29.7       | 29.90      | 0.41      | \$0.000 |
| 003059 TOFU NOODLE BOWL GENERAL TSO   | 4OZ. HEAP SPOOD | 25        | 212                      | 0.22                   | 169                    | *3               | *N/A*            | 5.74      | 0.00       | 0           | 27.28    | 2.01      | 14.54     | *N/A*       | 80.8       | 0.00       | 3.25      | \$0.000 |
| 003152 1/4# Hot Dog on a bun          | 1 Hot Dog w/bun | 50        | 637                      | 12.93                  | 1639                   | *6               | *0               | 33.18     | 0.00       | 64          | 64.24    | 0.00      | 20.25     | *N/A*       | 207.4      | 0.01       | 20.75     | \$0.000 |

# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 003008 HS SALAD POTATO SYSCO          | 1/2C         | 50        | 207                      | 2.07                   | 581                    | 7                | *N/A*            | 12.44     | 0.00       | 10          | 21.77    | 2.07      | 3.11      | *N/A*       | 10.4                   | 0.00       | 0.37      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 965                      | 10.76                  | 1605                   | *37              | *1               | 37.87     | *0.10      | *61         | 123.68   | 12.79     | 36.25     | *0          | 519.4      | 54.16      | *7.02     | \$0.000 |
| % of Calories                 |              |           |                          | 10.04 %                |                        | *15.3%           | *0.4%            | 35.3%     | *0.1%      |             | 51.3%    |           | 15.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Monday - 08/25/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 50        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 002800 CHICKEN ORANGE NOODLE BOWL     | SERVINGS        | 62        | 292                      | 2.33                   | 421                    | *1               | *N/A*            | 8.85      | *0.00      | 46          | 37.18    | 3.42      | 18.92     | *N/A*       | 18.8       | 1.48       | 2.33      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 100       | 20                       | 0.00                   | 29                     | *0               | *N/A*            | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *N/A*       | 29.7       | 29.90      | 0.41      | \$0.000 |
| 002339 HS-HUNAN ORANGE TOFU S/F YCUSD | 4OZ. HEAP SPOOD | 25        | 103                      | 0.20                   | 133                    | *1               | *N/A*            | 4.03      | 0.00       | 0           | 5.91     | 0.00      | 10.53     | *N/A*       | 71.2       | 1.40       | 1.90      | \$0.000 |
| 002229 HS-FRESH MEX                   | SERVING         | 50        | 559                      | 3.53                   | 757                    | *2               | *N/A*            | 15.95     | *0.79      | 67          | 73.97    | 11.10     | 30.36     | *N/A*       | 60.2       | 16.82      | 3.25      | \$0.000 |
| 003151 Bratwurst on a Bun             | 1 Brat w/bun    | 55        | 660                      | 12.00                  | 1780                   | 6                | 0                | 36.00     | 0.00       | 70          | 63.00    | 0.00      | 22.00     | *N/A*       | 112.0      | 0.00       | 3.92      | \$0.000 |
| 003008 HS SALAD POTATO SYSCO          | 1/2C            | 55        | 207                      | 2.07                   | 581                    | 7                | *N/A*            | 12.44     | 0.00       | 10          | 21.77    | 2.07      | 3.11      | *N/A*       | 10.4       | 0.00       | 0.37      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0       | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0        | 8.79       | 0.26      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 943                      | 10.26                  | 1555                   | *36              | *1               | 37.03     | *0.08      | *57         | 121.23   | 12.51     | 34.82     | *0          | 491.2      | 54.02      | *5.91     | \$0.000 |
| % of Calories                         |              |           |                          | 9.79%                  |                        | *15.3%           | *0.4%            | 35.3%     | *0.1%      |             | 51.4%    |           | 14.8%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Tuesday - 08/26/2025

Reimbursable Meal Total 800

|                                           | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger  | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC        | EACH            | 100       | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA       | SERVING 10 EACH | 60        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG         | SERVING (15)    | 52        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2     | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH             | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH        | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP  | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP  | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 003014 CHICKEN BNLS WINGS HOT N SPICY | 5ea             | 100       | 201                      | 2.01                   | 342                    | 1                | *N/A*            | 10.05     | 0.00       | 45          | 10.05    | 1.00      | 19.10     | *N/A*       | 0.0        | 0.00       | 1.00      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4        | 3.50       | 0.14      | \$0.000 |



# Base Menu Spreadsheet

Yuba City USD

## Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 862                      | 9.32                   | 1387                   | *35              | *1               | 33.97     | *0.03      | *51         | 109.53   | 11.64     | 32.74     | *0          | 472.9      | 49.07      | *5.41     | \$0.000 |
| % of Calories                 |              |           |                          | 9.73%                  |                        | *16.2%           | *0.5%            | 35.5%     | *0.0%      |             | 50.8%    |           | 15.2%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Wednesday - 08/27/2025      Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 50        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                      | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 001374 SALAD ADULT, CHEF             | SERVINGS       | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO             | EACH           | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE           | SERVING        | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD | SLICE          | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD    | SLICE          | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD    | SLICE          | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 002891 CHICKEN TERIYAKI BOWL NOODLE  | SERVINGS H #16 | 75        | 310                      | 2.33                   | 834                    | *6               | *N/A*            | 8.85      | *0.00      | 46          | 41.38    | 3.49      | 19.43     | *N/A*       | 19.5       | 0.08       | 2.49      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX     | #8 SCOOP       | 100       | 20                       | 0.00                   | 29                     | *0               | *N/A*            | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *N/A*       | 29.7       | 29.90      | 0.41      | \$0.000 |
| 002343 HS-TERIYAKI TOFU S/F YCUSD    | 1/4 CUP        | 25        | 25                       | 0.20                   | 37                     | *2               | *N/A*            | 1.40      | 0.00       | 0           | 3.18     | 0.00      | 0.00      | *N/A*       | 0.8        | 0.20       | 0.00      | \$0.000 |
| 002131 HS-J LEE ROYS TRI-TIP         | EACH           | 25        | 226                      | 3.63                   | 461                    | *1               | *N/A*            | 9.78      | *0.00      | 73          | 11.01    | 1.20      | 23.43     | *N/A*       | 33.2       | 1.63       | 1.99      | \$0.000 |
| 002129 HS-J LEE ROYS PULLED PORK     | 3OZ SERVING    | 25        | 202                      | 0.01                   | 199                    | *0               | *N/A*            | 4.11      | *0.00      | 96          | 3.43     | 0.40      | 32.23     | *N/A*       | 2.5        | 0.41       | 0.12      | \$0.000 |
| 002130 HS-J LEE ROYS BRISKET         | EACH           | 25        | 277                      | 5.13                   | 219                    | *0               | *N/A*            | 12.60     | *0.50      | 129         | 2.75     | 0.30      | 38.34     | *N/A*       | 20.3       | 0.41       | 4.37      | \$0.000 |
| 000853 BURGER, BACON CHEESE          | EACH           | 40        | 400                      | 7.50                   | 770                    | *3               | *N/A*            | 20.50     | 0.74       | 70          | 28.00    | 4.00      | 26.00     | *N/A*       | 48.0       | 0.00       | 2.08      | \$0.000 |
| 003007 HS SALAD MACARONI SYSCO       | 3/4C           | 40        | 321                      | 3.63                   | 819                    | 6                | *N/A*            | 21.77     | 0.00       | 16          | 25.92    | 2.07      | 5.18      | *N/A*       | 0.0        | 0.00       | 1.49      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG     | SERVING        | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4        | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO   | 10 BARRELS     | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER   | 1/2 CUP        | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0        | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER   | 1/2 CUP        | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0        | 0.00       | 0.36      | \$0.000 |

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0                  | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 910                      | 9.94                   | 1495                   | *35              | *1               | 35.70     | *0.08      | *61         | 114.92   | 12.10     | 35.72     | *0          | 481.4                  | 52.90      | *5.78     | \$0.000 |
| % of Calories                         |              |           |                          | 9.83%                  |                        | *15.4%           | *0.4%            | 35.3%     | *0.1%      |             | 50.5%    |           | 15.7%     |             |                        |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |                        |            |           |         |

Thursday - 08/28/2025

Reimbursable Meal Total 800

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                                  | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|--------------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich        | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ            | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC                   | EACH            | 100       | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA                  | SERVING 10 EACH | 60        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG                    | SERVING (15)    | 52        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2                | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                        | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH                   | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS            | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP             | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP             | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |
| 001374 SALAD ADULT, CHEF                         | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3      | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO                         | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0      | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE                       | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4      | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD             | SLICE           | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1       | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD                | SLICE           | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1       | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD                | SLICE           | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1       | 8.02       | 3.45      | \$0.000 |
| 003106 CHICKEN WINGS BONE IN RAW COUNTRY BUTCHER | SERVINGS        | 100       | 210                      | 4.00                   | 125                    | *0               | *0               | 14.00     | *0.00      | 125         | 0.09     | 0.01      | 20.01     | *N/A*       | 26.5       | 0.01       | 0.55      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING      | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS   | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 003009 POTATO FRY SIDEWINDER JR SMPLT | 1/2 CUP      | 100       | 166                      | 0.83                   | 465                    | 0                | *N/A*            | 6.64      | 0.00       | 0           | 26.54    | 1.66      | 1.66      | *N/A*       | 0.0                    | 0.00       | 0.83      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP      | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP      | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0                    | 8.79       | 0.26      | \$0.000 |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4                   | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4                    | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4                    | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0                    | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1                   | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0                   | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0                  | 1.20       | 0.00      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                               | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000228 MILK, NONFAT CHOCOLATE | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average        |              |           | 883                      | 9.67                   | 1418                   | *34              | *1               | 35.29     | *0.03      | *61         | 111.60   | 11.72     | 33.06     | *0          | 476.2      | 49.07      | *5.45     | \$0.000 |
| % of Calories                 |              |           |                          | 9.86%                  |                        | *15.4%           | *0.5%            | 36.0%     | *0.0%      |             | 50.6%    |           | 15.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline     |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

Friday - 08/29/2025

Reimbursable Meal Total 800

|                                           | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 003150 Country Butcher Hamburger Sandwich | I Hamburger     | 100       | 450                      | 9.00                   | 285                    | *0               | *0               | 25.00     | 0.00       | 80          | 31.00    | 3.00      | 26.00     | *N/A*       | 150.0      | 0.00       | 11.80     | \$0.000 |
| 002283 BURRITO, BEAN&CHSEIW WG 5.95OZ     | EACH            | 100       | 312                      | 4.71                   | 447                    | *N/A*            | *N/A*            | 10.64     | 0.00       | 0           | 41.28    | 7.62      | 15.30     | *N/A*       | 195.1      | 8.54       | 3.06      | \$0.000 |
| 002592 CHICKEN PATTY ON BUN RC            | EACH            | 50        | 182                      | 2.00                   | 423                    | 0                | *N/A*            | 9.02      | 0.00       | 20          | 12.27    | 3.04      | 12.07     | *N/A*       | 0.5        | 0.00       | 1.81      | \$0.000 |
| 002881 HS-CHICKEN, NUGGETS 10EA           | SERVING 10 EACH | 50        | 360                      | 4.00                   | 840                    | 0                | *N/A*            | 18.00     | 0.00       | 40          | 24.00    | 6.00      | 24.00     | *N/A*       | 80.0       | 0.00       | 3.60      | \$0.000 |
| 002882 HS-CHICKEN, POPCORN WG             | SERVING (15)    | 50        | 270                      | 3.00                   | 630                    | 0                | *N/A*            | 13.50     | 0.00       | 30          | 18.00    | 4.50      | 18.00     | *N/A*       | 60.0       | 0.00       | 2.70      | \$0.000 |
| 001757 HS CORN DOG, TURKEY 4 OZ 2         | SERVING         | 50        | 480                      | 5.00                   | 780                    | *N/A*            | *N/A*            | 16.00     | 0.00       | 80          | 60.00    | 10.00     | 18.00     | *N/A*       | 160.0      | 0.00       | 3.60      | \$0.000 |
| 002892 HS-PBJ GRAPE LUNCH                 | EACH            | 50        | 856                      | 7.00                   | 817                    | *48              | *N/A*            | 39.00     | *0.00      | 0           | 113.90   | 14.48     | 20.74     | *N/A*       | 140.1      | 14.59      | 4.38      | \$0.000 |
| 002893 HS-PBJ STRAWBERRY LUNCH            | EACH            | 25        | 846                      | 8.00                   | 817                    | *49              | *27              | 37.00     | *0.00      | 0           | 113.90   | 14.47     | 20.74     | *N/A*       | 146.1      | 14.59      | 3.38      | \$0.000 |
| 002687 HS SANDWICH, VEGGIE WG W/CHIPS     | SUB             | 10        | 700                      | 17.00                  | 1213                   | *6               | *N/A*            | 35.02     | *0.00      | 80          | 63.34    | 8.52      | 30.47     | *N/A*       | 95.8       | 13.53      | 2.66      | \$0.000 |
| 002686 HS SAND, TURK HAM CHEE W/CHIP      | SANDWICH        | 10        | 681                      | 13.91                  | 1541                   | *8               | *N/A*            | 30.15     | *0.00      | 114         | 63.66    | 8.46      | 39.49     | *N/A*       | 97.3       | 3.70       | *2.68     | \$0.000 |
| 002685 HS SAND, TURK SLICE WG W/CHIP      | SANDWICH        | 5         | 537                      | 6.87                   | 1179                   | *6               | *N/A*            | 17.75     | *0.00      | 72          | 62.54    | 8.64      | 32.52     | *N/A*       | 114.2      | 11.45      | 3.65      | \$0.000 |

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size    | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------------------|------------|-----------|---------|
| 001374 SALAD ADULT, CHEF              | SERVINGS        | 10        | 455                      | 6.74                   | 882                    | *3               | *N/A*            | 23.62     | *0.00      | 57          | 42.32    | 6.89      | 20.19     | *N/A*       | 106.3                  | 32.81      | *1.79     | \$0.000 |
| 001376 SALAD ADULT, TACO              | EACH            | 10        | 1009                     | 15.73                  | 1351                   | *1               | *N/A*            | 70.11     | *2.39      | 106         | 61.88    | 10.91     | 29.95     | *N/A*       | 108.0                  | 65.17      | 2.34      | \$0.000 |
| 000596 SALAD ADULT, VEGGIE            | SERVING         | 10        | 734                      | 16.98                  | 1014                   | *3               | *N/A*            | 50.66     | *0.00      | 74          | 50.04    | 7.78      | 20.55     | *N/A*       | 133.4                  | 72.31      | 1.86      | \$0.000 |
| 002004 PIZZA, PEPPERONI WG 14" YCUSD  | SLICE           | 48        | 456                      | 7.60                   | 1073                   | *2               | *N/A*            | 17.72     | *0.00      | 46          | 54.25    | 1.51      | 20.99     | *N/A*       | 46.1                   | 0.00       | 3.75      | \$0.000 |
| 002002 PIZZA, CHEESE WG 14" YCUSD     | SLICE           | 48        | 435                      | 7.02                   | 990                    | *2               | *N/A*            | 15.31     | *0.00      | 43          | 54.59    | 1.51      | 21.10     | *N/A*       | 46.1                   | 0.00       | 3.41      | \$0.000 |
| 001581 PIZZA, VEGGIE WG 14" YCUSD     | SLICE           | 12        | 453                      | 7.33                   | 1073                   | *2               | *N/A*            | 16.41     | *0.00      | 44          | 55.81    | 1.91      | 21.49     | *N/A*       | 46.1                   | 8.02       | 3.45      | \$0.000 |
| 003004 HS-NACHO BAR                   | SERVING         | 75        | 501                      | 7.42                   | 1004                   | *4               | *N/A*            | 20.66     | *0.79      | 93          | 46.21    | 8.54      | 32.28     | *N/A*       | 272.9                  | 14.37      | 1.85      | \$0.000 |
| 003127 HS CHICKEN GENERAL BOWL NOODLE | SERVINGS H #16  | 75        | 391                      | 2.50                   | 612                    | *14              | *N/A*            | 10.81     | *0.00      | 46          | 57.70    | 4.10      | 20.31     | *N/A*       | 24.3                   | 0.09       | 2.80      | \$0.000 |
| 002025 HS-STIR FRY VEGETABLE MIX      | #8 SCOOP        | 100       | 20                       | 0.00                   | 29                     | *0               | *N/A*            | 0.01      | *0.00      | 0           | 4.41     | 1.40      | 1.19      | *N/A*       | 29.7                   | 29.90      | 0.41      | \$0.000 |
| 003059 TOFU NOODLE BOWL GENERAL TSO   | 4OZ. HEAP SPOOD | 25        | 212                      | 0.22                   | 169                    | *3               | *N/A*            | 5.74      | 0.00       | 0           | 27.28    | 2.01      | 14.54     | *N/A*       | 80.8                   | 0.00       | 3.25      | \$0.000 |
| 003152 1/4# Hot Dog on a bun          | 1 Hot Dog w/bun | 50        | 637                      | 12.93                  | 1639                   | *6               | *0               | 33.18     | 0.00       | 64          | 64.24    | 0.00      | 20.25     | *N/A*       | 207.4                  | 0.01       | 20.75     | \$0.000 |
| 003008 HS SALAD POTATO SYSCO          | 1/2C            | 50        | 207                      | 2.07                   | 581                    | 7                | *N/A*            | 12.44     | 0.00       | 10          | 21.77    | 2.07      | 3.11      | *N/A*       | 10.4                   | 0.00       | 0.37      | \$0.000 |
| 001123 HS-CONDO BAR, HAM-HOT DOG      | SERVING         | 55        | 71                       | 0.97                   | 189                    | *2               | *N/A*            | 6.46      | *0.00      | 3           | 3.97     | 0.31      | 0.36      | *N/A*       | 7.4                    | 3.50       | 0.14      | \$0.000 |
| 002676 POTATO, TATER BARRELS SYSCO    | 10 BARRELS      | 200       | 170                      | 1.50                   | 360                    | 0                | *N/A*            | 9.00      | 0.00       | 0           | 19.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 3.60       | 0.36      | \$0.000 |
| 000643 POTATO, FRIES SPICY TWISTER    | 1/2 CUP         | 200       | 273                      | 5.97                   | 546                    | *N/A*            | *N/A*            | 13.65     | 0.00       | 2           | 34.13    | 3.41      | 3.41      | *N/A*       | 0.0                    | 10.24      | 1.84      | \$0.000 |
| 002903 POTATO, FRIES PLAIN TWISTER    | 1/2 CUP         | 200       | 130                      | 1.00                   | 40                     | 0                | *N/A*            | 5.00      | 0.00       | 0           | 20.00    | 1.00      | 2.00      | *N/A*       | 0.0                    | 0.00       | 0.36      | \$0.000 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH          | 300       | 100                      | 0.00                   | 0                      | 19               | *N/A*            | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*       | 20.0                   | 8.40       | 0.36      | \$0.000 |
| 000068 FRUIT, BANANAS FRESH           | EACH            | 200       | 90                       | 0.11                   | 1                      | 12               | *N/A*            | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | *N/A*       | 5.0                    | 8.79       | 0.26      | \$0.000 |



Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

|                                       | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| 000086 FRUIT, ORANGES FRESH           | EACH         | 300       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*       | 59.4       | 82.98      | 0.15      | \$0.000 |
| 000222 KETCHUP, PACKET                | PACKET       | 500       | 9                        | 0.00                   | 82                     | 2                | *N/A*            | 0.01      | 0.00       | 0           | 2.47     | 0.03      | 0.09      | *N/A*       | 1.4        | 0.37       | 0.03      | \$0.000 |
| 001050 MAYONNAISE, PACKET             | Pkt          | 500       | 58                       | 0.96                   | 48                     | *N/A*            | *N/A*            | 6.43      | 0.00       | 3           | 0.64     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000223 MUSTARD, PACKET                | Pkt          | 500       | 4                        | 0.01                   | 62                     | *N/A*            | *N/A*            | 0.17      | 0.00       | 0           | 0.43     | 0.18      | 0.22      | *N/A*       | 4.4        | 0.16       | 0.10      | \$0.000 |
| 000902 SAUCE, BBQ PACKET              | PACKET       | 500       | 10                       | 0.00                   | 160                    | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 3.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000332 DRESSING, RANCH PACKET 12 GRAM | PACKET       | 500       | 45                       | 0.50                   | 120                    | *N/A*            | *N/A*            | 4.50      | 0.00       | *N/A*       | 1.00     | 0.00      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 001051 SALSA, COMMODITY               | #8 SCOOP     | 120       | 35                       | 0.00                   | 124                    | *N/A*            | *N/A*            | 0.00      | 0.00       | 0           | 7.09     | 3.54      | 0.00      | *N/A*       | 0.0        | 0.00       | 0.00      | \$0.000 |
| 000450 VEG, CARROTS BABY              | BAG          | 300       | 26                       | 0.00                   | 57                     | *N/A*            | *N/A*            | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*       | 22.1       | 6.19       | 0.66      | \$0.000 |
| 003158 SALAD, SIDE VEGGIE             | 1 CUP        | 50        | 74                       | 0.02                   | 144                    | *3               | *N/A*            | 0.41      | *0.00      | 0           | 14.70    | 4.31      | 3.16      | *N/A*       | 29.0       | 13.30      | 0.54      | \$0.000 |
| 000230 MILK,1% WHITE                  | CARTON       | 300       | 130                      | 1.50                   | 160                    | 15               | *N/A*            | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*       | 400.0      | 1.20       | 0.00      | \$0.000 |
| 000228 MILK, NONFAT CHOCOLATE         | CARTON       | 500       | 120                      | 0.00                   | 150                    | 19               | *N/A*            | 0.00      | 0.00       | 5           | 22.00    | 0.00      | 9.00      | *N/A*       | 300.0      | 0.00       | 0.36      | \$0.000 |
| Weighted Daily Average                |              |           | 965                      | 10.76                  | 1605                   | *37              | *1               | 37.87     | *0.10      | *61         | 123.68   | 12.79     | 36.25     | *0          | 519.4      | 54.16      | *7.02     | \$0.000 |
| % of Calories                         |              |           |                          | 10.04 %                |                        | *15.3%           | *0.4%            | 35.3%     | *0.1%      |             | 51.3%    |           | 15.0%     |             |            |            |           |         |
| Weekly Nutrient Guideline             |              |           | 750 - 850                | <10                    | 1280                   |                  |                  | <=0       |            |             |          |           |           |             |            |            |           |         |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost    |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|------------------|-----------|------------|-------------|----------|-----------|-----------|-------------|------------|------------|-----------|---------|
| Weighted Averages |  | 914                      | 10                     | 1495                   | *35              | *1               | 36.04     | *0.07      | *59         | 116.32   | 12.16     | 34.63     | *0          | 489        | 51.89      | *5.95     | \$0.000 |
| % of Calories     |  |                          | 9.87%                  |                        | *15.3%           | *0.4%            | 35.5%     | *0.1%      |             | 50.9%    |           | 15.2%     |             |            |            |           |         |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*

*NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*