



Junior High Menu Spring 2026

BREAKFAST

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| Multigrain Cereal | Multigrain Cereal | Multigrain Cereal | Multigrain Cereal | Multigrain Cereal |
| Bagel & Cream Cheese | French Toast Sticks | Muffin | Yogurt & Granola | Muffin |
| Sausage, Egg & Cheese Breakfast Sandwich | Scrambled Eggs, Sausage & Pancakes | Breakfast Bagel Sandwich | Ham & Cheese Croissant | Sausage, Egg & Cheese Breakfast Sandwich |
| 2nd Chance Breakfast Muffin or Oatmeal Bar | 2nd Chance Breakfast Muffin or Oatmeal Bar | 2nd Chance Breakfast Muffin or Oatmeal Bar | 2nd Chance Breakfast Muffin or Oatmeal Bar | 2nd Chance Breakfast Muffin or Oatmeal Bar |



Pepperoni Pizza, Cheese Pizza, Cheeseburger, Hamburger, Veggie Burger, Chicken Tenders, PB&J Sandwich, Deli Sandwich, Specialty Salad

LUNCH

| | | | | |
|----------------------------------|---|---------------------------------|--|-------------------------------|
| Crispy Chicken with Mac & Cheese | Southern Chicken & Mashed Potatoes with Biscuit | Cup of Chili & Cornbread Muffin | Spaghetti with Meat Sauce & Breadstick | Chicken Noodle Soup & Biscuit |
| Chicken Wings & Biscuit | Specialty Wrap & Chips | Power Pack | Chicken Sandwich & Wedges | Burrito |
| | | Hot Deli Sandwich & Wedges | | COOKIE |

Must take ½ cup Fruit and/or Vegetable Daily. ½ pint of Nonfat Chocolate and 1% White offered at each meal.
Items in Green are entrees that can be made Gluten Free. These are for students with a medical meal accommodation form on file.

