



Junior High Menu Spring 2026

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Multigrain Cereal				
Bagel & Cream Cheese	French Toast Sticks	Muffin	Yogurt & Granola	Muffin
Sausage, Egg & Cheese Breakfast Sandwich	Scrambled Eggs, Sausage & Pancakes	Breakfast Bagel Sandwich	Ham & Cheese Croissant	Sausage, Egg & Cheese Breakfast Sandwich
2nd Chance Breakfast Muffin or Oatmeal Bar				

LUNCH

Pepperoni Pizza, Cheese Pizza, Cheeseburger, Hamburger, Veggie Burger, Chicken Tenders, PB&J Sandwich, Deli Sandwich, Specialty Salad

Crispy Chicken with Mac & Cheese	Southern Chicken & Mashed Potatoes with Biscuit	Cup of Chili & Cornbread Muffin Power Pack Hot Deli Sandwich & Wedges	Spaghetti with Meat Sauce & Breadstick Chicken Sandwich & Wedges	Chicken Noodle Soup & Biscuit Burrito
Chicken Wings & Biscuit	Specialty Wrap & Chips			COOKIE

Must take $\frac{1}{2}$ cup Fruit and/or Vegetable Daily. $\frac{1}{2}$ pint of Nonfat Chocolate and 1% White offered at each meal.

Items in Green are entrees that can be made Gluten Free. These are for students with a medical meal accommodation form on file.

