

# LOHS *Bell Schedules*

## *Regular Day*

Period 0	7:37-8:25
Period 1	8:30-9:22
Period 2	9:27-10:15
<b>Nutrition Break</b>	<b>10:15-10:24</b>
Period 3	10:24-11:12
Period 4	11:17-12:05
<b>Lunch</b>	<b>12:05-12:45</b>
Period 5	12:50-1:38
Period 6	1:43-2:31
Period 7	2:36-3:25



Period 0	7:37-8:25
Period 1	8:30-9:13
Period 2	9:18-10:01
<b>Nutrition Break</b>	<b>10:01-10:10</b>
Period 3	10:10-10:53
Period 4	10:58-11:41
Period 5	11:46-12:29
<b>Lunch</b>	<b>12:29-1:09</b>
Period 6	1:14-1:57
Period 7	2:02-2:45
<b>Rally</b>	<b>2:50-3:25</b>

## *Rally*

## *Minimum Day*

Period 0	7:37-8:25
Period 1	8:30-9:06
Period 2	9:11-9:45
Period 3	9:50-10:24
<b>Nutrition Break</b>	<b>10:24-10:33</b>
Period 4	10:33-11:07
Period 5	11:12-11:46
Period 6	11:51-12:25
Period 7	12:30-1:04

Period 0	7:37-8:25
<b>Assembly</b>	8:30-9:05
Period 1	9:10-9:53
Period 2	9:58-10:41
<b>Nutrition Break</b>	<b>10:41-10:50</b>
Period 3	10:50-11:33
Period 4	11:38-12:21
<b>Lunch</b>	<b>12:21-1:01</b>
Period 5	1:06-1:49
Period 6	1:54-2:37
Period 7	2:42-3:25

## *Assembly*