

Base Menu Spreadsheet

Portion Values

Oct 14, 2025 thru Oct 31, 2025

|                          |                         |               |    |
|--------------------------|-------------------------|---------------|----|
| Menu Name:               | Nutrient Info Breakfast | Include Cost: | No |
| Site:                    |                         |               |    |
| Use Alternate Menu Name: | No                      |               |    |

Tuesday - 10/14/2025                      Reimbursable Meal Total 1

|                                               | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------------|--------------|-----------|----------|
| 990432 2-Burrito Egg Potato & Cheese          | each         | 1         | 2.46     |
| 990183 2-UBR Ultimate Breakfast Round         | each         | 1         | 41.93    |
| 990500 2-Bagel w/ Cream Cheese 3 oz           | serving      | 1         | 49.05    |
| 990378 2-Cereal, Cheerios w/ graham cracker   | each         | 1         | 42.00    |
| 990077 2-Cereal, Cheerios-only                | Each         | 1         | 21.00    |
| 990404 j-Cracker Graham                       | Serving      | 1         | 21.00    |
| 000493 2-Pear, diced, canned                  | 1/2 cup      | 1         | 17.12    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 1         | 16.00    |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 22.00    |
| 001666 2-Sauce, Taco, packet, 9 gram          | 1 each       | 1         | 1.00     |
| Weighted Daily Average                        |              |           | 246.56   |
| % of Calories                                 |              |           | 71.5%    |
| Weekly Nutrient Guideline                     |              |           |          |

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Wednesday - 10/15/2025                      Reimbursable Meal Total 1

|                                                      | Portion Size | Reimb Qty | Carb (g) |
|------------------------------------------------------|--------------|-----------|----------|
| 990294 2-Biscuit, Egg & Cheese                       | each         | 1         | 25.01    |
| 000840 2-Pancake on a Stick                          | Each         | 1         | 18.18    |
| 001711 2-PB&J - Breakfast                            | 1 each       | 1         | 69.18    |
| 990226 2-Cereal, Cinn Toast Crunch w/ graham cracker | bowl         | 1         | 43.00    |
| 003574 2-Cereal, Cinn Toast Crunch-only              | bowl         | 1         | 22.00    |
| 990404 j-Cracker Graham                              | Serving      | 1         | 21.00    |
| 000108 2-Apple, fresh, wh, 163 ct                    | 1/2 cup      | 1         | 13.98    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)        | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery               | 8 oz         | 1         | 16.00    |
| 001879 2-Milk, Chocolate, Crystal Cream              | 8 oz         | 1         | 22.00    |
| Weighted Daily Average                               |              |           | 263.35   |
| % of Calories                                        |              |           | 53.9%    |
| Weekly Nutrient Guideline                            |              |           |          |

Thursday - 10/16/2025                      Reimbursable Meal Total 1

Portion Values

Oct 14, 2025 thru Oct 31, 2025

|                                               | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------------|--------------|-----------|----------|
| 990455 2-Pancakes & Sausage Pattie            | Serving      | 1         | 55.68    |
| 990538 2-Yogurt w/ Chia Seeds                 | serving      | 1         | 51.30    |
| 990594 2-Breakfast Scone Dough Chocolate Chip | each         | 1         | 73.90    |
| 990402 2-Cereal, Cinn Chex w/ graham cracker  | 1 each       | 1         | 44.00    |
| 990501 2-Cereal, Cinn Chex-only               | 1 each       | 1         | 23.00    |
| 990404 j-Cracker Graham                       | Serving      | 1         | 21.00    |
| 000813 2-Raisins,Individual-1.5oz box         | 1/2 cup equ  | 1         | 27.18    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 1         | 16.00    |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 22.00    |
| Weighted Daily Average                        |              |           | 347.06   |
| % of Calories                                 |              |           | 70.9%    |
| Weekly Nutrient Guideline                     |              |           |          |

Friday - 10/17/2025                      Reimbursable Meal Total 1

|                                        | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------------|--------------|-----------|----------|
| 001713 2-Hot Ham& Cheese Breakfast     | each         | 1         | 32.01    |
| 990542 2-Muffin, Double Chocolate Chip | each         | 1         | 39.69    |
|                                        |              |           |          |

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|                                               |         |   |        |
|-----------------------------------------------|---------|---|--------|
| 990557 2-Burrito, Los Cabos                   | each    | 1 | 40.86  |
| 990492 2-Cereal, Trix w/ graham cracker       | bowl    | 1 | 45.00  |
| 990296 2-Cereal, Trix-only                    | bowl    | 1 | 24.00  |
| 990404 j-Cracker Graham                       | Serving | 1 | 21.00  |
| 990469 2-Strawberries,frzn,cupped             | 1/2 cup | 1 | 20.93  |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup | 1 | 13.00  |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz    | 1 | 16.00  |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz    | 1 | 22.00  |
| 001666 2-Sauce, Taco, packet, 9 gram          | 1 each  | 1 | 1.00   |
| Weighted Daily Average                        |         |   | 275.49 |
| % of Calories                                 |         |   | 66.4%  |
| Weekly Nutrient Guideline                     |         |   |        |

Monday - 10/20/2025

Reimbursable Meal Total 1

|                                                    | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------------------------|--------------|-----------|----------|
| 990281 2-Biscuit, Ham, Cheese & Egg                | each         | 1         | 25.52    |
| 990422 2-Breakfast Bar Oat Chocolate Chip, Benefit | EACH         | 1         | 47.00    |
| 990387 2-Donut, WG, Powdered, Sugar, IW, 1932      | Serving      | 1         | 49.00    |
| 990585 2-Cereal, Blueberry Chex w/ graham cracker  | bowl         | 1         | 44.00    |
|                                                    |              |           |          |

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|                                               |         |   |        |
|-----------------------------------------------|---------|---|--------|
| 990604 2-Blueberry Chex - only                | 1 oz    | 1 | 23.29  |
| 990404 j-Cracker Graham                       | Serving | 1 | 21.00  |
| 003187 2-Applesauce, cup                      | 1/2 cup | 1 | 13.95  |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup | 1 | 13.00  |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz    | 1 | 16.00  |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz    | 1 | 22.00  |
| 001661 2-Ketchup, packet, 9 gram              | 1 each  | 1 | 2.00   |
| Weighted Daily Average                        |         |   | 276.76 |
| % of Calories                                 |         |   | 61.2%  |
| Weekly Nutrient Guideline                     |         |   |        |

Tuesday - 10/21/2025                      Reimbursable Meal Total 1

|                                                    | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------------------------|--------------|-----------|----------|
| 990517 2-Breakfast Frittata Burrito                | serving      | 1         | 28.79    |
| 990541 2-Muffin, Blueberry                         | each         | 1         | 38.20    |
| 990422 2-Breakfast Bar Oat Chocolate Chip, Benefit | EACH         | 1         | 47.00    |
| 990492 2-Cereal, Trix w/ graham cracker            | bowl         | 1         | 45.00    |
| 990296 2-Cereal, Trix-only                         | bowl         | 1         | 24.00    |
| 990404 j-Cracker Graham                            | Serving      | 1         | 21.00    |
| 000493 2-Pear, diced,                              | 1/2 cup      | 1         | 17.12    |

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|                                                  |         |   |        |
|--------------------------------------------------|---------|---|--------|
| canned                                           |         |   |        |
| 001411 2-Juice, Orange<br>Tangerine, 100% (4oz.) | 1/2 cup | 1 | 13.00  |
| 001876 2-Milk, White,<br>Crystal Creamery        | 8 oz    | 1 | 16.00  |
| 001879 2-Milk, Chocolate,<br>Crystal Cream       | 8 oz    | 1 | 22.00  |
| 001666 2-Sauce, Taco,<br>packet, 9 gram          | 1 each  | 1 | 1.00   |
| Weighted Daily Average                           |         |   | 273.12 |
| % of Calories                                    |         |   | 65.5%  |
| Weekly Nutrient Guideline                        |         |   |        |

Wednesday - 10/22/2025                      Reimbursable Meal Total 1

|                                                            | Portion<br>Size | Reimb<br>Qty | Carb<br>(g) |
|------------------------------------------------------------|-----------------|--------------|-------------|
| 990385 2-Waffle Buttery<br>Maple                           | Each            | 1            | 37.00       |
| 990307 2-Smoothie,<br>Blueberry Banana<br>w/Graham Cracker | 12 oz           | 1            | 56.62       |
| 001711 2-PB&J - Breakfast                                  | 1 each          | 1            | 69.18       |
| 990402 2-Cereal, Cinn<br>Chex w/ graham cracker            | 1 each          | 1            | 44.00       |
| 990501 2-Cereal, Cinn<br>Chex-only                         | 1 each          | 1            | 23.00       |
| 990404 j-Cracker Graham                                    | Serving         | 1            | 21.00       |
| 000108 2-Apple, fresh, wh,<br>163 ct                       | 1/2 cup         | 1            | 13.98       |
| 001411 2-Juice, Orange<br>Tangerine, 100% (4oz.)           | 1/2 cup         | 1            | 13.00       |
| 001876 2-Milk, White,<br>Crystal Creamery                  | 8 oz            | 1            | 16.00       |

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|                                         |      |   |        |
|-----------------------------------------|------|---|--------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz | 1 | 22.00  |
| Weighted Daily Average                  |      |   | 315.78 |
| % of Calories                           |      |   | 64.0%  |
| Weekly Nutrient Guideline               |      |   |        |

Thursday - 10/23/2025

Reimbursable Meal Total 1

|                                               | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------------|--------------|-----------|----------|
| 990537 2-Bagel, Egg & Cheese                  | each         | 1         | 48.04    |
| 001281 2-Cinnamon Roll 2.25oz RICH'S          | each         | 1         | 57.26    |
| 990183 2-UBR Ultimate Breakfast Round         | each         | 1         | 41.93    |
| 990378 2-Cereal, Cheerios w/ graham cracker   | each         | 1         | 42.00    |
| 990077 2-Cereal, Cheerios-only                | Each         | 1         | 21.00    |
| 990404 j-Cracker Graham                       | Serving      | 1         | 21.00    |
| 000813 2-Raisins,Individual-1.5oz box         | 1/2 cup equ  | 1         | 27.18    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 1         | 16.00    |

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|                                         | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|--------------|-----------|----------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 22.00    |
| Weighted Daily Average                  |              |           | 309.41   |
| % of Calories                           |              |           | 71.1%    |
| Weekly Nutrient Guideline               |              |           |          |

Friday - 10/24/2025                      Reimbursable Meal Total 1

|                                                      | Portion Size | Reimb Qty | Carb (g) |
|------------------------------------------------------|--------------|-----------|----------|
| 001712 2-Grilled Cheese - breakfast                  | ea           | 1         | 32.00    |
| 990557 2-Burrito, Los Cabos                          | each         | 1         | 40.86    |
| 990544 2-Yogurt w/ Blueberries                       | serving      | 1         | 47.76    |
| 990226 2-Cereal, Cinn Toast Crunch w/ graham cracker | bowl         | 1         | 43.00    |
| 003574 2-Cereal, Cinn Toast Crunch-only              | bowl         | 1         | 22.00    |
| 990404 j-Cracker Graham                              | Serving      | 1         | 21.00    |
| 990469 2-Strawberries,frzn,cupped                    | 1/2 cup      | 1         | 20.93    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)        | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery               | 8 oz         | 1         | 16.00    |

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|                                         | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|--------------|-----------|----------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 22.00    |
| Weighted Daily Average                  |              |           | 278.55   |
| % of Calories                           |              |           | 63.1%    |
| Weekly Nutrient Guideline               |              |           |          |

Monday - 10/27/2025                      Reimbursable Meal Total 1

|                                                    | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------------------------|--------------|-----------|----------|
| 001712 2-Grilled Cheese - breakfast                | ea           | 1         | 32.00    |
| 990454 2-French Toast Sticks, WG                   | Serving      | 1         | 38.00    |
| 990422 2-Breakfast Bar Oat Chocolate Chip, Benefit | EACH         | 1         | 47.00    |
| 990291 2-Cereal, Cocoa Puffs w/ graham cracker     | bowl         | 1         | 44.53    |
| 990297 2-Cereal, Cocoa Puffs-only                  | bowl         | 1         | 23.53    |
| 990404 j-Cracker Graham                            | Serving      | 1         | 21.00    |
| 003187 2-Applesauce, cup                           | 1/2 cup      | 1         | 13.95    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)      | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery             | 8 oz         | 1         | 16.00    |

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|                                         | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|--------------|-----------|----------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 22.00    |
| Weighted Daily Average                  |              |           | 271.01   |
| % of Calories                           |              |           | 63.8%    |
| Weekly Nutrient Guideline               |              |           |          |

Tuesday - 10/28/2025                      Reimbursable Meal Total 1

|                                               | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------------|--------------|-----------|----------|
| 990432 2-Burrito Egg Potato & Cheese          | each         | 1         | 2.46     |
| 990183 2-UBR Ultimate Breakfast Round         | each         | 1         | 41.93    |
| 990500 2-Bagel w/ Cream Cheese 3 oz           | serving      | 1         | 49.05    |
| 990378 2-Cereal, Cheerios w/ graham cracker   | each         | 1         | 42.00    |
| 990077 2-Cereal, Cheerios-only                | Each         | 1         | 21.00    |
| 990404 j-Cracker Graham                       | Serving      | 1         | 21.00    |
| 000493 2-Pear, diced, canned                  | 1/2 cup      | 1         | 17.12    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 1         | 16.00    |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 22.00    |

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|                                      | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------------|--------------|-----------|----------|
| 001666 2-Sauce, Taco, packet, 9 gram | 1 each       | 1         | 1.00     |
| Weighted Daily Average               |              |           | 246.56   |
| % of Calories                        |              |           | 71.5%    |
| Weekly Nutrient Guideline            |              |           |          |

Wednesday - 10/29/2025                      Reimbursable Meal Total 1

|                                                      | Portion Size | Reimb Qty | Carb (g) |
|------------------------------------------------------|--------------|-----------|----------|
| 990294 2-Biscuit, Egg & Cheese                       | each         | 1         | 25.01    |
| 000840 2-Pancake on a Stick                          | Each         | 1         | 18.18    |
| 001711 2-PB&J - Breakfast                            | 1 each       | 1         | 69.18    |
| 990226 2-Cereal, Cinn Toast Crunch w/ graham cracker | bowl         | 1         | 43.00    |
| 003574 2-Cereal, Cinn Toast Crunch-only              | bowl         | 1         | 22.00    |
| 990404 j-Cracker Graham                              | Serving      | 1         | 21.00    |
| 000108 2-Apple, fresh, wh, 163 ct                    | 1/2 cup      | 1         | 13.98    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.)        | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery               | 8 oz         | 1         | 16.00    |

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|                                         | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|--------------|-----------|----------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 22.00    |
| Weighted Daily Average                  |              |           | 263.35   |
| % of Calories                           |              |           | 53.9%    |
| Weekly Nutrient Guideline               |              |           |          |

Thursday - 10/30/2025                      Reimbursable Meal Total 1

|                                               | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------------|--------------|-----------|----------|
| 990455 2-Pancakes & Sausage Pattie            | Serving      | 1         | 55.68    |
| 990538 2-Yogurt w/ Chia Seeds                 | serving      | 1         | 51.30    |
| 990594 2-Breakfast Scone Dough Chocolate Chip | each         | 1         | 73.90    |
| 990402 2-Cereal, Cinn Chex w/ graham cracker  | 1 each       | 1         | 44.00    |
| 990501 2-Cereal, Cinn Chex-only               | 1 each       | 1         | 23.00    |
| 990404 j-Cracker Graham                       | Serving      | 1         | 21.00    |
| 000813 2-Raisins,Individual-1.5oz box         | 1/2 cup equ  | 1         | 27.18    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 1         | 16.00    |

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Oct 14, 2025 thru Oct 31, 2025

|                                         | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|--------------|-----------|----------|
| 001879 2-Milk, Chocolate, Crystal Cream | 8 oz         | 1         | 22.00    |
| Weighted Daily Average                  |              |           | 347.06   |
| % of Calories                           |              |           | 70.9%    |
| Weekly Nutrient Guideline               |              |           |          |

Friday - 10/31/2025                      Reimbursable Meal Total 1

|                                               | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------------|--------------|-----------|----------|
| 001713 2-Hot Ham& Cheese Breakfast            | each         | 1         | 32.01    |
| 990542 2-Muffin, Double Chocolate Chip        | each         | 1         | 39.69    |
| 990557 2-Burrito, Los Cabos                   | each         | 1         | 40.86    |
| 990492 2-Cereal, Trix w/ graham cracker       | bowl         | 1         | 45.00    |
| 990296 2-Cereal, Trix-only                    | bowl         | 1         | 24.00    |
| 990404 j-Cracker Graham                       | Serving      | 1         | 21.00    |
| 990469 2- Strawberries,frzn,cupped            | 1/2 cup      | 1         | 20.93    |
| 001411 2-Juice, Orange Tangerine, 100% (4oz.) | 1/2 cup      | 1         | 13.00    |
| 001876 2-Milk, White, Crystal Creamery        | 8 oz         | 1         | 16.00    |
| 001879 2-Milk, Chocolate, Crystal Cream       | 8 oz         | 1         | 22.00    |

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Oct 14, 2025 thru Oct 31, 2025

|                                      | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------------|--------------|-----------|----------|
| 001666 2-Sauce, Taco, packet, 9 gram | 1 each       | 1         | 1.00     |
| Weighted Daily Average               |              |           | 275.49   |
| % of Calories                        |              |           | 66.4%    |
| Weekly Nutrient Guideline            |              |           |          |

|                   |  |          |
|-------------------|--|----------|
|                   |  | Carb (g) |
| Weighted Averages |  | 284.97   |
| % of Calories     |  | 65.0%    |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*  
*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*  
*<sup>1</sup> - denotes required nutrient values*  
*Added Sugars target is informational only, with an effective date of July 1, 2027.*

*NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*