

Gateway Community Charters (GCC): Family Resource Guide (2026-2027)



GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

Purpose: The Family & Community Resource Guide is designed to connect families and community members within our district to local resources. The relevant resources contained within this guide are based on the Community Needs Assessment Report. Therefore, this guide will be revised annually to ensure that the Community Engagement Department at Gateway Community Charters proactively addresses the needs of our families and community members.

For more assistance, please dial 2-1-1 or (916) 498-1000 or email info@211sacramento.org to receive further information about local resources.

Disclaimer: The information contained within the Family & Community Resource Guide is for general informational purposes only. Please note that the shared resources do not constitute legal or professional advice. Gateway Community Charters cannot guarantee that the organizations listed in the guide will aid our families and community members. THEREFORE, UNDER NO CIRCUMSTANCE SHALL GCC BE LIABLE FOR THE INFORMATION PROVIDED WITHIN THIS DOCUMENT.

GCC School Locations

School Name	Address	Contact info	Business Hours
Gateway Community Charters District Office	5112 Arnold Ave Suite A McClellan Park, CA 95652	Phone: (916) 286-5126 Website: https://www.gcccharters.org	Mon-Fri 8:00am-4:00pm
Community Collaborative Charter School (CCCS)	5715 Skvarla Ave McClellan Park, CA 95652	Phone: (916) 286-5161 Website: https://www.cccs-sacramento.org	Mon-Fri 8:00am-4:00pm
Community Collaborative Charter School (CCCS) Sac Youth Center	1901 Del Paso blvd Sacramento Ca, 95815	Phone: (916) 286-5161 Website: https://www.cccs-sacramento.org	Mon-Fri 8:00am-4:00pm
Community Outreach Academy of the Arts (COA) TK-5	5640 Dudley Blvd McClellan Park, CA 95652	Phone: (916) 286-5170 Website: https://www.gcccharters.org/	Mon-Fri 8:00am-4:00pm
Community Outreach Academy of the Sciences (COA) 6-8	3800 Bolivar Ave North Highlands, Ca 95660	Phone: (916) 286-1908 Website: https://www.coamiddle.org	Mon-Fri 8:00am-4:00pm
Empowering Possibilities International Charter School (EPIC)	2945 Ramco St #200 West Sacramento, CA 95691	Phone: (916) 286-1960 Website: https://www.epicib.org	Mon-Fri 8:00am-4:00pm
Futures High School	900 Grace Ave Sacramento, CA 95838	Phone: (916) 286-1902 Website: https://fhsc charter.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) Power Inn	5330 Power Inn Rd Sacramento, CA 95820	Phone: (916) 387-8063 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) Elk Grove	3141 Dwight Rd Elk Grove, CA 95758	Phone: (916) 428-3200 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) SIM Center	6207 Logan St Sacramento, CA 95824	Phone: (916) 286-1940 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Sacramento Academic and Vocational Academy (SAVA) North Natomas	214 N Market Blvd Sacramento, CA 95834	Phone: (916) 286-1920 Website: https://www.savacharterschool.org	Mon-Fri 8:00am-4:00pm
Gateway International School (GIS)	900 Morse Ave Sacramento, CA 95864	Phone: (916) 286-1985 Website: https://www.gischarter.org	Mon-Fri 8:00am-4:00pm
Higher Learning Academy (HLA)	900 Grace Ave Sacramento, CA 95838	Phone: (916) 286-5183 Website: https://www.hlacharter.org	Mon-Fri 8:00am-4:00pm
Virtual Academy		Phone: (916) 286-1915 Website: https://www.cccs-sacramento.org	Mon-Fri 8:00am-4:00pm
Connections Academy at Gateway		Phone: (916) 286-1915 Website: https://www.cccs-sacramento.org	Mondays: 12:00pm - 4:00pm Tues - Fri: 8:00am - 4:00pm

Table of Contents

Emergency Phone Numbers	5
Non-Emergency Phone Numbers	6
General Support Services.....	7
Food Resources	8-9
Clothing Resources	10
Housing.....	11
Employment	12-13
Mental Health	14-15
Health Clinics	16-17
Legal Services	18
Community Based Organizations.....	19-21
Education.....	22
Public Libraries	23
Community Centers & Sports Leagues.....	24-26
Transportation	27

Before making your phone call for a particular service, you may want to write down:

- **WHO** do you want to talk to?
- **WHAT** information do you want to know, or
- **WHY** do you need this service?
- **WHEN** are the services available?
- **REMEMBER** if this particular service is unable to assist you, can they make a referral to someone who can?
- **REMEMBER** to gather the name and contact information you need, for future reference.

EMERGENCY PHONE NUMBERS

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Police, Sheriff, & Fire, Department	Phone: 911	Serious injury, fire, crime in progress, ambulance	Mon-Sun 24 hours
Adult Protective Services	Phone: (916) 874-9377	Program dedicated to helping elders adults with disabilities	Mon-Fri 8:00am-5:00pm
CA Youth Crisis Line	Phone: (800) 843-5200	Free 24/7 confidential and anonymous hotline for youth	Mon-Sun 24 hours
Child Protective Services	Phone: (916) 875-5437	Report child abuse	Mon-Sun 24 hours
Sacramento County Emergency Child Abuse Reporting	Phone: (916) 875-5437	Report immediate child abuse	Mon-Sun 24 hours
Sacramento County Mental Health Crisis Line	Phone: (888) 881-4881	Individual/s experiencing mental health crisis	Mon-Sun 24 hours
Suicide Prevention Crisis Line	Phone: (916) 368-3111	Individual/s experiencing mental health crisis	Mon-Sun 24 hours
Poison Control	Phone: (800) 222-1222	Contact Poison Control right away if you suspect poisoning.	Mon-Sun 24 hours
National Domestic Violence Hotline	Phone: (800) 799-7233	Individual/s experiencing domestic violence	Mon-Sun 24 hours
Animal Control	Phone: (916) 368-7387	Dangerous, loose or stray animals that may cause harm. Can dispatch staff to retrieve the animal.	Tues-Sun 12:00pm-5:00pm

NON-EMERGENCY PHONE NUMBERS

Organization Name	Contact Info	Services Offered	Business Hours
211 Sacramento	Dial 211 https://211sacramento.org	Referrals for food, housing, utilities, healthcare, transportation, legal aid, employment	Online
FindHelp	https://www.findhelp.org	free resource databases in the U.S. Search by ZIP code for food, housing, healthcare, financial assistance, job training, and more.	Online
988 Suicide & Crisis Lifeline	Call or Text 988	Mental health crisis, suicidal thoughts, emotional distress	Mon-Sun 24 hours
Sacramento County Mental Health Access Team	Phone: (916) 875-1055	Mental health assessments, counseling referrals, behavioral health services	Mon-Sun 24 hours
Sacramento Police Department Non-Emergency	Phone: (916) 808-5471	Non-emergency police assistance within Sacramento city limits	Mon-Sun 24 hours
Sacramento Sheriff Department Non-Emergency	Phone: 916-874-5115	Report suspicious activity, minor property crimes, or to request police assistance for situations that do not pose an immediate threat to life or property	Mon-Sun 24 hours
WEAVE	24-Hour Support Line: (916) 920-2952 https://www.weaveinc.org/	Domestic violence, sexual assault, and human trafficking services in Sacramento County	Mon-Sun 24 hours

GENERAL SUPPORT SERVICES

Organization Name	Contact Info	Services Offered	Business Hours
Department of Human Assistance	5747 Watt Ave North Highlands CA, 95660 916-876-8000 3960 Research Drive, Sacramento Ca, 95838 916-648-0894 2450 Florin Rd, Sacramento Ca, 95822 916-875-8100	Assistance with Cal-fresh, welfare, childcare, EBT, Medi-Cal, General Assistance	Mon-Fri 8:00am-4:00pm
Department of Motor Vehicles	5209 North Ave Carmichael Ca, 95608 4700 Broadway, Sacramento Ca, 95820 800-777-0133 7775 La Mancha Way, Sacramento, CA 95823 800-777-0133	Driver's license and ID's, Vehicle registration and Driver Education	Mon-Fri 8:00am-5:00pm
California Department of Social Services	744 P St, Sacramento, CA 95814 (800) 952-5253	Cash Aid Programs for low income individuals and families. Food & Nutrition: Programs that enhance your food budget and nutrition . Child Services: Services to help protect children and assist families. Adult Services: Care and assistance programs for adults.	Mon-Fri 8:00am-5:00pm
BenefitCal	1725 28TH ST, SACRAMENTO, CA 95816, (800) 560-0976 Website: https://benefitscal.com/	Medi-Cal provides free or low-cost health care to people who qualify. CalWORKs helps with cash to pay for rent, housing, food, clothing, medical payments, and utilities for families with at least one child in the home. CALFresh: access to healthy food.	24/7
West Sacramento Family Resource Center (Yolo County Children's Alliance)	1200 Anna St., West Sacramento, CA 95605 (916) 572-0560	Resource navigation, CalFresh enrollment, Medi-Cal enrollment, diapers, hygiene supplies, emergency food, tax assistance, family support	Mon-Fri 8:30 AM-4:30 PM
USA Learns	Website: https://www.usalearns.org/student-registration	Online English classes designed to prepare you for employment, teach job skills, prepare you for the citizenship test	
Sacramento Food Bank and Family Services	Address: 1951 Bell Ave Sacramento Ca, 95838 Phone: 916 456-1980 Website: www.sacramentofoodbank.org	Addressing food insecurities, locations, day(s), time(s) for food distribution	Mon-Fri 8:00am-4:00pm

FOOD RESOURCES

Organization Name	Contact Info	Services Offered	Business Hours
BenefitCal	Phone: (800) 560-0976 https://benefitscal.com	CALFresh can help your family get access to healthy food. You can use CalFresh benefits at most grocery stores	24/7
North Highlands Christian Food Ministry	6125 Watt Ave., North Highlands , CA 95660	Groceries, produce, bread, frozen foods	Mon–Wed, 9:00 AM–12:00 PM
Sacramento Food Bank and Family Services	1951 Bell Ave, Sacramento , CA 95838 (916) 456-1980	Assist families with food insecurities, free diapers immigrant legal services, refugee resettlement services, CalFresh application assistance	Mon-Fri 8:00am-4:00pm
River City Food Bank	Midtown Physical Address: 1800 28th Street, Sacramento , CA 95816 Center at St. Matthew's Physical Address: 2300 Edison Ave. Sacramento , CA 95821	Food Distribution	Midtown: Tuesday & Thursday: 10:30a.m.–1:30p.m. Arden Arcade: Wednesday & Friday 10:30a.m.–1:30p.m.
The Salvation Army – North Highlands Family Services	3213 Orange Grove Ave., North Highlands , CA 95660 (916) 678-4010	Food boxes, fresh produce, senior food program, utility assistance	Tue–Thu: 9:00 AM–1:00 PM
Three Sisters Gardens	317 5th ST. West Sacramento Ca, 95605 916-291-8595 Website: www.3sistersgardens.com/	Using urban agriculture to engage community members to get involved in creating a food system that is good for us and the environment. Urban gardening while donating a vast majority of the food grown	Mon-Sat 7:00am-4:00pm
West Sacramento Family Resource Center (YCCA)	1200 Anna St., West Sacramento , CA 95605 (916) 572-0560	Parenting support, food distribution, diapers, CalFresh, Medi-Cal enrollment, tax preparation, referrals	Mon–Fri: 8:30 AM–4:30 PM
Shores of Hope	110 6th St., West Sacramento , CA 95605 (916) 372-0200	Emergency food, clothing closet, transportation assistance, youth transitional housing	Mon–Thu: 9:00 AM–3:00 PM
Manna Food Bank	4840 Marysville Blvd, Sacramento , CA 95838	Food Bank	Fridays from 9:30am to noon - ID is required
Sacramento Food Bank & Family Services	1951 Bell Ave Sacramento , CA 95838 (916) 456-1980	Access food distribution resources	Mon-Fri 8:00am-4:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

	website: https://www.sacramentofoodbank.org/find-food#googtrans(en/en)		
Shelby's Way	5983 Wilkinson St. Sacramento , CA 95824 916-800-8934	Food assistance	Saturday 11:00 AM - 1:00 PM 4th Sat of the Month
Elk Grove Food Bank Services	9820 Dino Dr, Elk Grove , CA 95624 (916) 685-8453	Emergency food assistance, clothing closet, utility assistance, CalFresh enrollment assistance, senior programs, holiday assistance	Monday - Friday: 10:00am to 3:00pm Saturday: 9:00am to 12:00pm
Elk Grove Unified Methodist Church	8986 Elk Grove Blvd, Elk Grove , CA 95624 (916) 686-8303	Free Meals, Necessities, and showers	Tuesday: Lunch 12:00pm to 1:00pm Thursday: Lunch 12:00pm to 1:00pm Saturday: Breakfast 8:30am to 10:00am
Union Gospel Mission Food Box Program	https://ugmsac.com/food-box-program (916) 447-3268	Weekly Food Box Pickup and Guidelines: To sign up, call during regular business hours Call by 11:30 AM on the day of pick-up to request a food box. Please note that requests must be made the same week. You can receive one food box per household every 30 days. You must bring your picture ID, proof of residence, and your current address, such as a utility bill.	regular business hours: Mon – Thurs, 8 AM–4 PM Friday, 9 AM–12 PM Food Box Pick Up: Tuesdays and Thursdays, beginning at 1:00 PM and ending at 3:00 PM
WIC(Women, Infants, and Children)	https://myfamily.wic.ca.gov/ 1-800-852-5770	Women, infants, and children program that provides food for low income pregnant and nursing mothers, infants, and children under 5.	Mon to Fri 8 a.m. to 5 p.m.
Wellspring Women's Center	3414 4th Avenue, Sacramento , CA 95817 (916) 454 - 9688	Nutritious Meals served from 8:30 AM - 11:30 AM To any woman and/or her child	Monday – Friday 8:30 – 11:30 am
Sierra Arden Neighborhood Food Closet	890 Morse Ave., Sacramento , CA 95864 (916) 483-1942	Emergency food pantry serving Sacramento County families; food available once every 21 days.; Arrive early; ID and proof of residence requested.	Food distribution: Mon, Wed, Fri at 9:30 AM; Thu at 9:30 AM and 3:30 PM.

CLOTHING RESOURCES

Organization Name	Contact Info	Services Offered	Business Hours
St. Anne Catholic Church	7724 24th St, Sacramento , CA, 95832 916-422-8380	Clothing and Shoes offered on the first Thursday of the month, rainy days excluded.	First Thursday of the month 9:00am - 10:00am
Dress the Part, Inc	Email info@dressthepart.org describing what you would like/need. 2121 Natomas Crossing Dr. STE 200-3 Sacramento , CA 95834	Provides business casual - formal attire for events such as job interviews, banquets, luncheons, prom, etc.	Email for details.
God's Little Lambs Free Store - New Beginnings Fellowship Fellowship Church	7008 10th St. Rio Linda , CA 95673 (916) 799-2099	A free store for anyone caring for a baby newborn up to 2yrs old. We help with diapers, formula, clothes, and more. Everything in the store is donated, so we also take donations of all baby items up to 5T. 25-50 free diapers per month.	Every Tuesday: 6:00pm - 7:00pm First Saturday every month: 9:00am - 1:00pm
Sisters In Christ - LifePointe Church	7200 Rio Linda Blvd, Rio Linda , CA 95673 (916) 991-4624	Free store with clothing and more.	Mon to Thurs 9AM - 3PM
Grandma Ellen's Clothes Closet	1820 28th Street Sacramento , CA 95816	Clothing Closet	Thursdays, 10 am - 1 pm

HOUSING

Organization Name	Contact Info	Services Offered	Business Hours
SHRA (Sacramento Housing and Redevelopment Agency)	916-389-7877 or 1-800-500-4931	Fair housing and tenants helpline. Can answer basic questions regarding tenants rights. Affordable renting house list and map.	Mon-Fri 8:00am-5:00pm
Open Doors Inc	1111 Howe Ave Suite 125 Sacramento, CA 95825 (916) 492-2591	Provides resettlement case management, trauma counseling, housing service for refugees, provide immigration legal services (asylum application assistance, deportation relief, DACA and citizenship application), financial support through career pathways development	Mon-Fri 9:00am-4:30pm
Volunteers of America	1001 Grand Ave , Sacramento CA, 95838 916-929-1951 www.voa-ncnn.org	Housing, emergency shelter, transitional housing, senior services, veteran services and employment services	Call to speak to someone about your situation.
First Step Communities	1400 N A St., Building A, Sacramento, CA 95811	Transitional housing, permanent supportive housing, case management, employment support	Mon-Fri 8:00 AM–5:00 PM
Mutual Housing California	3321 Power Inn Rd., Suite 320, Sacramento, CA 95826 (916) 453-8400	Affordable housing communities, resident services, financial education.	Mon-Fri 8:30 AM–5:00 PM

EMPLOYMENT

Organization Name	Contact Info	Services Offered	Business Hours
Employment Development Department: Youth Employment Opportunity Program	2901 50th Street Sacramento, CA 95817 (916) 227-0301	The Youth Employment Opportunity Program (YEOP) helps at-risk youth between the ages of 15 and 25	Mon-Fri 9:00am-4:00pm
Sacramento Works Job Center – Hillsdale	5655 Hillsdale Blvd #8, Sacramento, CA 95842 (916) 263-4100	Employment Agency	Mon - Thu 8:30am - 4:30pm Fri 8:30am - 12pm
SETA (Sacramento Employment and Training Agency)	925 Del Paso Blvd, Sacramento, CA 95815 916-263-3800 Website: https://www.seta.net/	SETA Refugee Program, SETA Sacramento Works, SETA head start and child development	Mon-Fri 8:00am-5:00pm
Yolo County Employment and Social Services	500 Jefferson Blvd Suite A100, West Sacramento, CA 95605 (916) 375-6290	employment assistance & food assistance	Mon-Fri 8:00am-4:00pm
Lao Family Community Development, INC	3205 Hurley Way, Sacramento, CA 95864, (916) 359-2788 https://lfcdd.org/	Employment and Community Services, One-Stop Career Services for Youth and Adults, Refugee Employment and Resettlement and Placement Services, CalWORKs LEP, MHSA Prevention and Early Intervention Services, Health Promotion and Navigation Program, Early Childhood Daycare; Clothing Closet, CAIRS Immigration Legal Services, Community Housing Board	Mon-Fri 8:30am-5:00pm
Employment Development Department	722 Capitol Mall #5098, Sacramento, CA 95814 (866)333-4606 website: https://edd.ca.gov/en/jobs	Employment listings, unemployment services	Mon-Fri 8:00am-5:00pm
Greater Sacramento Urban League	3725 Marysville Blvd, Sacramento CA, 95838 (916) 286-8600 website: www.gsul.org	Offers career and employment services and housing resources	Mon-Thurs 9:00am-5:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

Asian Resources, Inc	6270 Elder Creek Rd., Sacramento, CA 95824 (916) 454-1892 https://asianresources.org/	Employment services, job training, financial literacy, refugee and immigrant employment programs	Mon–Fri: 8:30 AM–5:00 PM
Prime Time Teen	website: https://www.cityofsacramento.gov/ypce/youth-employment/prime-time-teen	An eight-week interactive workforce readiness and skill development program for youth ages 13-17. The program places an emphasis on engaging participants in the development of 21st Century workforce readiness skills and the creation of a youth-led community service project.	registration changes season to season, host site determines day(s) and time(s)
Pivot Sacramento	4625 44th Street, Room 3 Sacramento, CA 95820 (916) 496-7764	Free career coaching, résumé assistance, interview preparation, job search support, financial literacy, budgeting, affordable housing guidance, government job application assistance, workforce development, etc	Call for Hours
Charles A Jones Career and Education Center	5451 Lemon Hill Avenue Sacramento CA 95824 (916) 395-5800	Career training and Academic Programs	Call for hours
YoloWorks!	Address: 500 Jefferson Blvd., Suite B130, West Sacramento, CA 95605 Phone: (530) 379-3465	One-Stop Career Center	Mon–Fri: 8:00 AM–5:00 PM
Sacramento Job Corps Center	Address: 3100 Meadowview Rd, Sacramento, CA 95832 Phone: 9163940770 website: https://sacramento.jobcorps.gov/faqs#section1	Job Corps provides free career training and education for low-income 16- through 24-year-olds. Here, students get the experience they need to begin a career or apprenticeship, go on to college, or join the military. The best part? It's free.	Mon-Fri 8:00am-5:00pm

MENTAL HEALTH

Organization Name	Contact Info	Services Offered	Business Hours
La Familia Counseling Center, Inc	5523 34th St, Sacramento, CA 95820 916-452-3601	Improve the quality of life for at-risk youth and families of diverse backgrounds by offering multicultural counseling, support and outreach. program offers free mental health services to Spanish/English speaking families.	Mon-Fri 8:30am-5:30pm
Mental Health Urgent Care Clinic	2130 Stockton Blvd building 300, Sacramento, CA 95817 (916) 520-2460	provides services on a voluntary, walk-in basis to Sacramento County residents of all ages who are experiencing a mental health	Mon-Sun 24 hours
HeartLand Child & Family Services	2829 Watt Ave #200, Sacramento, CA 95821 (916) 418-0828	HeartLand is committed to Doing Whatever It Takes to cultivate resiliency and wellness in families and to empower them to meet life challenges with strength and confidence.	Mon-Fri 9:00am-6:00pm
Yolo county Health and Human Services	500 Jefferson BLVD #B160 West Sacramento Ca 95605 916-375-6350	Mental health assessments and services	Mon-Fri 8:00am-4:00pm
NAMI (National Alliance on Mental Illness)	7230 S. Land Park Dr., Suite 115, Sacramento, CA 95831 (916) 890-5467	Free mental health education, peer-led support groups, family support groups, resource navigation, advocacy, presentations, and classes.	Helpline: Mon-Fri 9:00 AM-5:00 PM
Harbor Oaks Outpatient Behavioral Health Center	2945 Ramco St #180, West Sacramento, CA 95691 (916) 480-5101	Harbor Oaks offers outpatient programs for clients who have recently completed an inpatient hospital stay, or for those who are experiencing a decline in daily functioning due to mental or emotional distress	Call for information.
Yolo Family Service Agency	3050 Beacon Blvd., Suite 103, West Sacramento, CA 95691 (530) 753-8674	Individual counseling, family counseling, child and adolescent therapy	Mon-Fri 8:00am-5:00pm
Pro Youth and Families	3780 Rosin Court., Suite 120 Sacramento, CA 95834 (916) 576-3300 Website: https://proyouthandfamilies.org/	PRO Youth & Families offers a diverse range of direct service programs, both in school and community-based settings. Programs include advocacy and civic engagement, mentoring, relationship skills, mental wellness, and substance misuse prevention.	Mon-Fri 9:00am-5:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

Sacramento Children's Home,	2750 Sutterville Rd, Sacramento, CA 95820 (916) 452-3981	Counseling Center	Mon-Fri 8:30am-5:00pm
Turning Point Community Programs	3440 Viking Dr, Sacramento, CA 95827 (916) 364-8395	THERAPEUTIC BEHAVIOR SERVICES (TBS) provides intensive in-home based services to youths aged 0-21 and their families who are experiencing behavior difficulties which place the child at risk for psychiatric hospitalization or loss of housing placement.	Mon-Fri 8:30am-5:00pm
WellSpace Health – Arden-Arcade	2425 Alhambra Blvd., Sacramento, CA 95817 (916) 737-5555	Mental health counseling, behavioral health, substance use treatment	Mon-Fri 8:00am-4:00pm
Mind Path Health	9381 East Stockton BLVD #204, Elk Grove Ca, 95624 916-567-7924 website: www.mindpath.com/location/sacramento/elk-grove/	Psychiatric evaluations, medication management and therapy	Mon-Fri 8:00am-5:00pm
Mindful health solutions	9245 Laguna springs dr #140 , Elk Grove Ca, 95758 844-867-8444 website: www.mindfulhealthsolutions.com/	Psychotherapy, medication Management, depression, OCD treatment, anxiety, child & adolescent psychiatry, ADHD treatment and bipolar disorder treatments	Mon-Fri 8:00am-6:00pm
A Different Path	4625 44th St Ste 33 , Sacramento Ca, 95820 916-395-5023 website: www.adifferentpath.info/	Counseling and psychotherapy for youth and adult 12 yrs and up	
Crestwood center	2600 Stockton blvd , Sacramento Ca, 95817 916-452-1431 website: www.crestwoodbehavioralhealth.com/	Recovery and mental health center	24/7

HEALTH CLINICS

Organization Name	Contact Info	Services Offered	Business Hours
Elica Health Centers – North Highlands	4815 Watt Ave, North Highlands, CA 95660 (916) 454-2345	Primary care, pediatrics, women's health, behavioral health, immunizations, dental care	Mon–Fri: 8:00 AM–5:00 PM
WellSpace Health-North Highlands Community health center and Birth & Beyond	6015 Watt Ave #2 , North Highlands CA, 95660 916-737-5555	Birth & Beyond Family Resource Center, Counseling & Prevention, Dental Care for Children & Adolescents Pediatrics	Mon-Fri 8:00am-5:00pm
WellSpace Health – Del Paso Heights / Research Dr. Area	3441 Marysville Blvd, Sacramento, CA 95838 (916) 737-5555	Medical care, mental health, substance use treatment, supportive services; accepts Medi-Cal, Medicare, and uninsured patients.	M-F 8 am - 5 pm *closed for lunch 12 - 1 pm
Well Space Health	4150 Truxel Road C , Sacramento Ca, 95834 916-515-1698	Immediate Care, Adult primary care, Child/Adolescent primary care, Dental care for children & Adolescents, women's health and pregnancy care, Immunizations, behavioral health and prevention	Call for details, schedule varies daily
Norwood Community Health Center	3946 Norwood Ave, Sacramento, CA 95838 Primary Care: (916) 737-5555 Women's Health: (916) 392-2290	Primary Care - Adult Women's Health Assuring Neonatal Kinship and Health CPSP Health Education Specialty Care - Acupuncture	M-F 8 am - 5 pm *closed for lunch 12 - 1 pm
River Bend Medical Associates	2101 Stone Blvd. West Sacramento Ca, 95691 916-371-4939 Website: www.rbmafamilydocs.com/	Offers a large variety of services categorized as Everyday Wellness, Chronic Condition Care and specialty medicine. Call for specifics	Mon-Fri 8:00am-5:00pm
CommuniCare – VIDA Family Health Center	955 Sacramento Ave., West Sacramento, CA 95605 (866) 268-4489	Primary care, pediatrics, prenatal care, women's health, behavioral health, dental, substance use services	Monday – Friday 8:00 AM – 5:00 PM Closed for Lunch 12:00 PM – 1:00 PM
Sacramento Family Medical Clinic/WellSpace Health	3441 Marysville Blva , Sacramento Ca, 95838 916-563-7200	Medi-Cal facility with general health care options, appointments necessary	Mon-Fri 8:00am-5:00pm
Sacramento Community Clinic-Del Paso	2200 Del Paso Blvd, Sacramento Ca, 95815 916-642-1867	services include, family medicine, dentistry, behavioral health, pediatric services, prenatal and postpartum care, women's	Mon-Fri 8:00am-5:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

	Website: www.halocares.org/	health, dermatology, podiatry and acupuncture. Call for specifics and appointments.	
Sacramento Life Center	2316 Bell Executive Ln , Sacramento Ca, 95825 916-451-4357 website: www.saclife.org/	Women's health clinic offering free medical services and patient advocacy for pregnant women. Pregnancy testing, limited ultrasounds, options consultations, health exams, std testing, OB/GYN referral, baby needs center, vitamins, loss recovery and more	Mon-Fri 9:00am-4:00pm
One Community Health	1442 Ethan Way , Sacramento Ca, 95825 916-443-3299 website: www.onecommunityhealth.com/	Walk in clinic, pharmacy, primary care, dental care, specialty services, behavioral health, laboratory, perinatal care, HIV programs, substance abuse programs, gender health services.	Tues/Thurs 10:00am-7:00pm Mon/Wed/Fri 8:00am-5:00pm
Sac Valley Women's Health	2316 Bell Executive Lane, Sacramento, CA 95825 916-451-2273 or 916-451-4357 to schedule an appointment	Free pregnancy testing, limited obstetric ultrasounds, STI education, options counseling, parenting education, community referrals, pregnancy and infant loss support	Monday - Thursday: 9:00 AM - 4:00 PM Fridays: 9:00 AM - 7:00 PM
Natomas Family Practice	2410 Del Paso Road , Sacramento Ca, 95834 916-928-0856 website: www.natomasfamilypractice.com/	Family medicine, Senior Care, pediatric care, women's health, weight loss, esthetics, health physicals and immunizations	Mon-Fri 8:00am-5:00pm
Sutter Walk In Care	4810 Elk Grove Blvd. Elk Grove Ca, 95757 800-972-5547 website: www.sutterhealth.org/find-location/facility/elk-grove-walk-in-care	Mental health, pregnancy and childbirth, imaging, pediatrics, orthopedics, cancer, heart and vascular care, dermatology, physical therapy, Ear Nose and throat, labs, Urology, neuroscience, and women's health	Mon-Sun 11:00am-7:00pm
South Valley Community Health Campus	8233 E. Stockton Blvd. Ste A, Sacramento, CA Primary Care : (916) 737-5555 Dental Care: (916) 822-8958	Primary Care Integrated Behavioral Health	M-F 8 am - 5 pm *closed for lunch 12-1 pm
Sacramento Community Clinic	5524 Assembly Ct ., Sacramento CA, 95823 916-642-1867 website: www.halocares.org/	Clinic that offer family services, including Family medicine, dentistry, behavioral health, pediatric Services, prenatal & postpartum care, women's health services, dermatology, podiatry, and acupuncture.	Mon-Fri 8:00am-5:00pm

LEGAL SERVICES

Organization Name	Contact Info	Services Offered	Business Hours
University of the Pacific & McGeorge School of Law: Immigration Law Clinic	Address: 3200 Fifth Ave. Sacramento, CA 95817 Phone: (916) 340-6080	Low-income clients are provided legal assistance with immigration matters, including referrals, legal advice, form preparation, other brief assistance; direct representation in adjustment of status and naturalization matters, such as family petitions; citizenship applications.	Mon-Fri 10:00am-4:00pm
Capital Pro Bono Inc	Address: 1860 Howe Avenue Sacramento, CA 95825 Phone: 916-5512102 Website: https://capitalprobono.org/	Conservatorships, Guardianships, Bankruptcy, consumer law, employment law, estate planning, family law and probate	
US Social Security Administration	Address: 825 Riverside Pkwy #1000, West Sacramento, CA 95605 Phone: (800) 772-1213	individuals must schedule an in person appointment in order to obtain their social security number card: please use like to access application https://www.ssa.gov/forms/ss-5.pdf	Mon-Fri 9:00am-4:00pm
Legal Services of Northern California	Address: 515 12th St, Sacramento, CA 95814 Phone: 916-551-2150 Website: https://lsnc.net/	Legal help for housing, health, natural disaster, CalWORKs, CalFresh, unemployment and general assistance	Mon-Fri 8:30am-5:00pm

COMMUNITY BASED ORGANIZATIONS

Organization Name	Contact Info	Services Offered	Business Hours
Community Resource project	3628 Madison Ave, North Highlands, CA 95660 916-567-5220	Provides health services, energy efficiency, and utility assistance	Mon-Fri 7:30am-4pm
Sacramento Cultural & Linguistic Center	1610 Arden Way Sacramento, Ca 95815	Interpretation, Free of Charge Immigration Services, Free legal services, Refugee Resource and Referral, Free Car Seat service through Birth & Beyond, Domestic Violence resources, Multi Lingual Vouchers and Bus Routes for SacRT, Counseling Referral and Resources	Mon-Fri 8:30am-5:00pm
Slavic Community Center Inc.	4811 Chippendale Dr Suite 708, Sacramento CA (916) 633-5247	Immigration service, green card application/renewal, all immigrant and nonimmigrant visas assistance, U.S. Passport service assistance, legal assistance, notary services, translation services	Mon-Fri 9:00am-6:00pm
Brother 2 Brother	3730 Marysville Blvd, Sacramento Ca, 95838 916-333-3544 Website: www.brother2brothermentoring.org	Brother to Brother is a community-based organization dedicated to assisting and engaging those individuals seeking to make positive life changes within our community. Through individually customized programs, we provide the structure and guidance necessary for self-correction.	Mon-Thurs 8:00am-5:00pm Friday 8:00pm-12:00am Saturday 12:00am-5:00pm
Neighborhood Wellness Foundation	3805 Clay Street Sacramento Ca, 95838 Website: www.neighborhoodwellness.org	Neighborhood Wellness addresses chronic toxic stress, legacies of incarceration, poverty, violence, and drug addiction, and low educational attainment to improve lives and build resilience. Programs and services focus on addressing the root cause of our disparities and finding pathways to improve.	Mon-Thurs 9:00am-4:00pm Friday 9:00am-12:00pm
Mutual Assistance Network	810 Grand Ave , Sacramento Ca 95838 916-567-9576 Website: www.mutualassistance.org	Pregnancy and parenting information for Black infant health and Birth & Beyond. Economic Development, youth services, athletic fields via sports complex, parenting classes	Mon-Fri 9:00am-5:00pm
Sacramento Youth Center	1901 Del Paso BLVD , Sacramento Ca, 95815 916-248-1081 Website: www.sacyouthcenter.org	Mentoring, youth spaces, café, place to do community service, youth focused events and parent resources.	Mon-Fri 12:00pm-6:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

Cal Voices	720 Howe Ave , Sacramento Ca, 95825 916-376-7736 website: www.calvoices.org/	Improving the lives of residents of Sacramento through advocacy, education, research, and culturally relevant services	Mon-Fri 8:30am-5:00pm
Compassion Planet	3407 Arden Way , Sacramento Ca, 95825 916-352-3050 website: www.compassionplanet.org/	Workforce Development, Basic Life Skills trainings, mental health coaching, Soft Skills Groups, Thumbs and Hands training, career related certifications, hire me next coaching	Mon-Fri 8:00am-6:00pm
Youth Development Network	2801 Arden way #661602 Sacramento Ca, 95825 916-979-8673 website: www.ydnetwork.org/	Support network that offers customized development solutions to educational and business organizations so they can create a culture where people are encouraged to do their best	Tues-Fri 8:00am-6:00pm
Sacramento Children's Home – Family Resource Center	1565 River Park Dr. Sacramento, CA 95815 916-679-3743	Parenting education, youth development, family support	Mon - Fri: 8:00 am - 4:30 pm
El Hogar Community Services	3870 Rosin Ct #130 , Sacramento Ca, 95834 916-363-1553 website: www.elhogarinc.org/	Focused on mental health, homelessness and seniors	Mon-Fri 8:00am-4:00pm
North Natomas Jibe	1918 Del Paso Road , Sacramento Ca, 95834 916-419-9955 website: www.jibe.org	Nonprofit organization that makes it easier for the North Natomas Community to walk, bike, and use public transportation. offering Services, programs, education, and placemaking projects that are a community benefit, available to all North Natomas residents and businesses	Mon-Fri 8:30am-5:00pm
Valley Hi Family Resource Center	7000 Franklin BLVD #820 Sacramento Ca, 95823 916-290-8281 website: https://valleyhifrc.com/our-services/	Home visitations, Intervention Specialist, parenting classes, Birth and Beyond, car seat safety, safe sleep baby and children play and learn groups	Mon-Fri 8:30am-5:00pm
Chicks in Crisis	9455 E Stockton Blvd , Elk Grove Ca, 95624 916-896-0031 website: www.chicksincrisis.org/	Prenatal care, parenting assistance, clothing, baby supplies, essentials, resources and appropriate referrals	Tues & Thurs 10:00am-4:00pm
916 Ink	3301 37th ave Sacramento Ca, 95824 916-826-7323 website: www.916ink.org/	Arts-based creative writing and literacy nonprofit that provides workshops and tutoring to transform Sacramento youth into strong readers, confident communicators, and published authors.	Mon-Fri 9:00am-5:00pm
ACCE Sacramento	4600 47th Ave #206 Sacramento Ca, 95824 916-288-8829 website: www.acceaction.org/	ACCE is dedicated to raising the voices of everyday Californians, neighborhood by neighborhood, to fight for the policies and programs we need to improve our communities and create a brighter future	Call for details

GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

Daughters of Zion Enterprises Inc	6489 47th st , Sacramento Ca, 95823 916-422-3875 website: www.dozenterpryz.org/	Youth focused mentoring, youth retreats, food and clothing distribution	Food: Every Wed 4:30 -6:30
Alchemist Community Development	4625 44th street Ste 33 Sacramento Ca, 95820 916-204-8260 website: www.alchemistcdc.org/	Advocacy group focused on land, food and opportunities. Operator of 3 farmers markets with Cal-fresh access, food entrepreneurship courses, community gardens	
Fruitridge Community Collaborative	4625 44th st, Sacramento Ca, 95820 916-233-5153 website: www.fruitridgecc.com/	Organization dedicated to improving the quality of life for families in the area. programs, employment and events	
Collins Teen Center	Address: 1541 Merkley Ave West Sacramento Ca, 95691 Phone: 916-375-0681	Teen center for youth grades 7th - 12th. Parent permission required	Mon-Fri 1:45pm-5:30pm
Firehouse Community Center	Address: 810 Grand Ave Sacramento Ca 95838 Phone: 916-567-9576 Website: www.mutualassistance.org	Family programs, computer access, parenting resources, Birth & Beyond	Mon-Fri 9:00am-5:00pm
National Coalition Against Domestic Violence	website: https://www.teens4healthyrelationships.org/	Take a Stand FOR Healthy Relationships: A Teen Dating Violence Prevention Curriculum	Mon-Sun 24 hours

EDUCATION

Organization Name	Contact Info	Services Offered	Business Hours
USA Learns	Website: https://www.usalearns.org/	Free online learning platform that teachers English skills to immigrants (students & parents)	Mon-Sun 24 hours
Twin Rivers Adult School	5703 Skvarla Ave, McClellan Park, CA 95652 (916) 566-2785	Construction classes offered at Vista Nueva High School. For more info please contact Michelle Montiel (michelle.montiel@trused.net)	Mon-Thu 3:00pm-5:00pm
La Cooperativa Campesina de California	1107 9th St #420, Sacramento, CA 95814 (916) 388-2220	Educational Programming for adults, Vocational and Career Training	Mon-Fri 8:00am-5:00pm
California Learning Center	3400 Cottage Way Suite C, Sacramento CA (916) 486-2646	Provides homework support in person after school hours (math, reading, writing, study skills)	Mon-Thu 10:00am-9:00am
Homework Help	(916) 264-2920 Website: https://www.saclibrary.org/Education/Students-Educators/Homework-Help	Connect with an online tutor for free (services TK-12th), subjects offered math, English, History, science	Mon-Fri 10:00am-10:00pm
Khan Academy	Website: https://www.khanacademy.org/	Online learning platform that improve academic achievement (math, language arts, life skills, science, history)	Mon-Sun 24 hours
Learn To Be	Website: https://www.learntobe.org/about-us	free online tutoring sessions	
Math Tutoring Buddies Program- online	website: https://www.csus.edu/college/natural-sciences-mathematics/mathematics-statistics/math-activities.html	The Department of Mathematics & Statistics at Sacramento State is offering a new tutoring program for high school students. The mission of the Math Tutoring Buddies Program is to provide free, high-quality one-on-one tutoring to high school students in the local community that will enrich the learning opportunities for both university and middle/high school students.	Mon-Sun 24 hours
Improve Your Tomorrow	1901 Royal Oaks Dr, Sacramento, CA website: https://www.improveyourtomorrow.org/	Mentorship for students	Mon-Fri 9:00am-5:00pm
Elk Grove Adult & Community Education (EGACE)	8401 Gerber Rd., Sacramento, CA 95828 (916) 686-7717	Adult diploma, GED, ESL, career technical education, workforce training	Mon-Fri: 8:00 AM-4:30 PM
Elk Grove Teen Center USA	8978 Elk Grove Blvd, Elk Grove, CA 95624	Mentoring program	Mon-Fri 3:00pm-6:00pm

PUBLIC LIBRARIES

Organization Name	Contact Info	Services Offered	Business Hours
Sacramento Public Library – North Highlands–Antelope Branch	4235 Antelope Rd., Antelope, CA 95843 (916) 264-2920	Free Wi-Fi, computers, homework help, literacy programs, ESL resources, children's programs.	Tue-Sat 10:00am-6:00pm
Arthur F. Turner Community Library	1212 Merkley Ave., West Sacramento, CA 95691 (530) 666-8005	Homework help, free Wi-Fi, computers, printing, literacy programs, children's and teen programs	Monday 12 – 7pm Tues-Thursday 11am – 7pm Fri-Saturday 10am – 5:30pm
Arden-Dimick Library	891 Watt Ave, Sacramento, CA 95864 (916) 264-2920	Homework help, computers, Wi-Fi, literacy programs, children's activities	Tues-Sat 10:00am - 6:00pm
North Natomas Library	4660 Via Ingoglia, Sacramento, CA 95835 (916) 264-2920	Homework help, computers, Wi-Fi, children's programs, literacy	Tues - Sat 10am - 6pm
Colonial Heights Library	4799 Stockton Blvd, Sacramento, CA 95820 (916) 264-2920	Homework help, computers, tutoring, Wi-Fi	Tues - Sat 10:00am - 6:00pm

COMMUNITY CENTERS & SPORTS LEAGUES

Organization Name	Contact Info	Services Offered	Business Hours
West Sacramento Community Center	1075 W Capitol Ave West Sacramento Ca, 95691 916-617-4620 Website: www.cityofwestsacramento.org/government/departments/parks-recreation	West Sacramento Parks & Recreation consists of four separate functions: a Parks Division, Recreation Division, Early Learning Services, and our Tree Program. The Parks Department provides recreation and leisure opportunities with its park facilities and recreation programming.	Mon-Fri 8:00am-5:00pm
West Sacramento Recreation Center	2801 Jefferson Blvd. West Sacramento Ca, 95691 916-617-4770 Website: www.cityofwestsacramento.org/government/departments/parks-recreation/recreation-center-pool	Operated by the city of west Sacramento, this facility has access to a pool, tennis and pickleball courts, youth/teen center, basketball courts, Rockwall, group exercise class along with cardio and strength groups	Mon-Fri 5:30am-9:30pm Sat-Sun 8:00am-8:00pm
Foothill Farms Little League	4799 Robert Frost Way Sacramento CA, 95842 916-784-3355	Little league baseball for youth 3-15 yrs. of age. Prices vary based on age and division. \$90-\$180 per season	Please call to receive hours of operation
Hagginwood Community Center	3271 Marysville Blvd. Sacramento CA, 95815 916-808-6439	Room rentals, amenities, Rec Express, Teen scene, hot spot, tai chi, Qi Gong, Senior Cafe, senior Big Bang Bingo, Senior tech time. Call for information and program details	Mon-Fri 9:00am-5:00pm
North Highlands Antelope Youth Soccer Club	7909 Walerga Rd 112 Antelope CA, 95843 Website: www.nhaysc.com/home	Youth soccer organization for youth ages 4-18 yrs. total cost per player is \$140 per season	Please call to receive hours of operation
North Highlands Community Center	6040 Watt Ave, North Highlands CA, 95660 (916) 332-7440	The facility offers the capacity to host community events	Mon-Fri 9:00am-4:30pm
The House Athletics	200 N 16th ST Sacramento CA, 95811 916-818-1417	Sports fitness training facility with groups and position specific opportunities. QB training, combine, lineman, batting cages, rugby and semi-private training.	Mon-Fri 6:00am-8:00pm
Robertson Community Center	3525 Norwood Ave Sacramento Ca 95838 Phone: 916-696-6689	Activity center for youth sports, athletic fields, youth and senior activities, room rentals available for private events.	Mon-Sat 9:00am-9:00pm
Grant Youth Sports	3730 Marysville Blvd, Sacramento Ca, 95838 916-333-3544	Football & Basketball mentoring, youth development	Mon-Thurs: 8:00am-5:00pm Friday: 8:00pm-12:00am Saturday: 12:00am-5:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

Swanston Community Center	2350 Northrop Ave , Sacramento Ca, 95825 916-333-6464 website: www.morpd.com/swanston-community-center	located in the mission oaks recreation and park district, the facility has spaces available for small business meetings, social gatherings, parties and weddings.	
Arden Park Soccer Club	1000 La Sierra Dr. Sacramento Ca, 95864 website: www.apsoccer.org/	Recreational soccer league that is devoted to skill development and joy of the game. Age range is 4-18 yrs.	Mon-Sat 9:00am-5:00pm
Rio Del Oro Sports Club	119 Scripps dr. Sacramento Ca, 95825 916-696-8790 website: www.sparetimesportsclubs.com/clubs/rio-del-oro/	We offer personal trainers, small group training, group exercise classes, yoga, and a wide variety of sports programs, including tennis and pickleball. exercise classes, yoga, and a wide variety of sports programs, including tennis and pickleball.	Mon-Fri 5:00am-10:00pm Sat-Sun 7:00am-9:00pm
North Natomas Community Center	2631 New Market Drive Sacramento Ca, 95835 916-808-5146 website: www.cityofsacramento.gov/ypce/community-centers/north-natomas-center	City operated community center with activities and rooms for private events	Call for schedules as it may vary
California Youth Soccer Association Cal North Soccer	2081 Arena BLVD #190 Sacramento Ca, 95834 916-426-5437 website: www.calnorth.org	Local soccer league that offers soccer for all ages and skill levels. Extensive coaches' development and teams that play locally, regionally and nationally.	Mon-Fri 8:00am-5:00pm
Davis Sports Academy	1513 Sports Drive #400 Sacramento Ca, 95834 916-692-8899 website: www.davissportsacademy.com	A center of excellence for baseball and softball instruction, where skill refinement and character building are seamlessly integrated into our training philosophy. Our academy is dedicated to the advancement of our athletes through focused skill development in all facets of the game	Call for schedules as it may vary
Oasis Recreational center	8013 Poppy Ridge Rd Elk Grove Ca, 95757 website: www.cosumnescsd.gov/	Outdoor recreational space with adapted equipment, recreational programs and special events	Mon-Sun 7:00am-8:00pm
Laguna Youth Baseball	5050 Laguna Blvd #112 Elk Grove Ca, 95758 website: www.lagunayouthbaseball.org/home	local youth baseball organization	Mon-Sun 8:00am-6:00pm
Elk Grove Soccer Club	9766 Waterman Rd #H Elk Grove Ca, 95624 916-682-6500	Soccer program for people 4-19 years of age. Both recreational and competitive.	Tues-Thurs 10:00am-4:00pm

GATEWAY COMMUNITY CHARTERS: FAMILY RESOURCE GUIDE (2026-2027)

Barbara Morse Wackford Community & Aquatic Complex	9014 Bruceville Rd, Elk Grove, CA 95758 (916) 405-5600	Recreation, aquatics, youth programs, fitness, classes	Mon - Fri 8:00am - 8:00pm Sat - Sun 8:00am - 5:00pm
Boys and Girls club of greater Sacramento	5212 Lemon Hill Ave Sacramento Ca, 916-392-2582 website: www.bgcsac.org/	Youth club that operates programs and activities that focus on Academic and career success, Character and leadership, and healthy lifestyles.	Mon-Fri 12:00pm-6:00pm
Fruitridge Community and Aquatics Center	4000 Fruitridge rd. Sacramento Ca, 95820 916-422-7610		Mon-Fri 9:00am-2:00pm
George Sims Community Center	6207 Logan st, Sacramento Ca, 95824 916-808-3761 website: www.cityofsacramento.gov/ypce/community-centers/sim-center	Friday night hot spot, laptop lending, open gym (Monthly), Rec express, Senior fit & Fun, Teen scene. Tons of amenities, and premiere rental spaces.	Mon-Fri 8:00am-8:00pm Sat 8:00am-12:00pm
Oak Park Community Center	342 Martin Luther King jr blvd Sacramento Ca, 85817 916-808-6151 website: www.cityofsacramento.gov/ypce/community-centers/oak-park-center	Room reservations, tons of amenities. Rec Express, Teen scene, Hot spot, super Saturdays, Recreation station, youth jamming gym basketball, ping pong, gym fitness, drum fit classes and senior room. See website for specifics and details.	Mon-Fri 9:00am-8:00pm Sat 11:00am-3:00pm
Maple Neighborhood Center	3301 37th Ave Sacramento Ca, 95824 916-210-8773 website: www.lafcc.org/	provides multicultural counseling, outreach and support services to low income, at-risk youth and families in Sacramento County	Mon-Fri 9:00am-5:30pm

TRANSPORTATION

Organization Name	Contact Info	Services Offered	Business Hours
RydeFreeRT	1225 R Street (adjacent to the 13th Street Light Rail Station), 916-321-BUSS (2877).	The RydeFreeRT program offers fare-free transit for youth and students in grades TK through 12.	Mon-Fri 8:00am-5:00pm
Zipcar	www.zipcar.com/join	App based car rental service, 24/7 access to sedans, SUV's, EV, and Cargo Vans. \$9 monthly membership fee. \$10 per hour or \$83 per day	Mon-Sun 24 hours
Sac Metro Air Quality District	www.airquality.org/our-community-carshare	Free membership , available in certain areas only, reserve to run errands, go to appointments, and take local trips. Reserve up to 4 hours a day or 12 hours a week.	Mon-Fri 8:00am-5:00pm
Yolobus	(530) 661-0816 or (530) 666-2877	Local and regional bus service connecting West Sacramento with Sacramento, Davis, Woodland, and surrounding areas.	