



Glide
Elementary
School
Menu
November 2025

Students must choose 3 of 4 Breakfast Items 1 MUST BE FRUIT or Vegetable, A Minimum of a ½ cup

Everyday Lunch Choices

Peanut or Sun Butter & Jelly Sandwich

Lunch: Students must choose 3 of the 5 components & 1 Must be a ½ cup of Fruit or Vegetable

Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk.

All grains offered are whole grain.

Breakfast and lunch are available at No Charge to Students

| 3 | 4 | 5 | 6 | 7 |
|----------------------------|----------------------------------|--|-----------------------------|----------------------|
| Breakfast: Apple Frudel | Breakfast: Maple Mini | Breakfast: Chocolate Chip | Breakfast: Pancakes | No School on Friday |
| w/String Cheese or Yogurt | | Breakfast Round or Peachy | w/Peaches N' Cream Dip or | |
| w/Graham Crackers | Smoothie w/Graham Cracker | , | Bagel w/Cream Cheese | |
| III Granam Granters | Chinestine til Grantani Graentei | i dilak | Bager W/ Oreant Cheese | |
| Lunch: Cheese/Hamburger | Lunch: Teyas Chili w/\/\/G | Lunch: Orange Chicken | Lunch: Cheesy Breadsticks | |
| w/ Tots or Chef Salad w/WG | Tortilla Chine or Turkov & | | | |
| Roll | Cheese Sub | | with Tangy Tomato Sauce or | |
| Koli | Cheese Sub | Chicken Salad w/WG Roll | Ham & Cheese Hoagie | |
| 10 | 11 | 12 | 13 | 14 |
| Breakfast: Apple Cinnamon | | Breakfast: Breakfast Burrito | Breakfast: Strawberry Cream | |
| Muffin w/String Cheese or | No ochool | | Cheese Stuffed Bagel or | No School on Friday |
| Food Court Orange | * * * * * * * * * * * * * * * | or roguit w/Granam Gracker | Peachy Parfait | |
| | | | Peachy Panait | |
| Smoothie w/Graham | | | | |
| Crackers | | | Lunch: Pizza Bagel or Local | |
| | thank you | , | Tuna Sub Sandwich | |
| Lunch: Crispy Chicken | VETERANS | Roll | | |
| Sandwich w/HB Patty or | | | | |
| Chef Salad w/WG Roll | | | | |
| 17 | 18 | 19 | 20 | 21 |
| Breakfast: Bagel w/Cream | Breakfast: Peachy Overnight | Breakfast: Maple Mini | Breakfast: Blueberry Muffin | No School on Friday |
| Cheese or Ultimate | Oats, or Apple Frudel w/String | | w/String Cheese or | |
| Chocolate Chip Breakfast | Cheese | Cheese | Strawberry Citrus Smoothie | |
| Round w/String Cheese | 0110000 | 0110000 | w/Graham Crackers | |
| Round Wouling Officese | | | W/Oranam Crackers | |
| Lunch, Change/Hamburger | Lunch, Cranda Boof Burrita | Lunch: Chieken Denne Deete | Lunch: Chassy Brandsticks | |
| | | Lunch: Chicken Penne Pasta | , | |
| | or Turkey & Cheese Sub | or Chef Salad w/WG Roll | w/Tangy Red Sauce or Local | |
| w/WG Roll | | | Tuna Sub Sandwich | |
| 24 | 25 | 26 | 27 | 78 |
| = : | Breakfast: Apple Pie | 20 | | No School on Friday |
| w/Peaches N' Cream Dip or | | 2 | | 140 Oction of Friday |
| • | Frudel w/String Cheese | 94 | | |
| Bagel w/Cream Cheese | rruder w/String Cheese | The Contract of the Contract o | 1 10 | |
| | | | | |
| | Lunch: Turkey Gravy | | | |
| Sandwich w/HB Patty or | w/Mashed Potatoes or Turkey | 200c | મુખ્યું 🛴 | |
| Crispy Chicken Salad w/WG | & Cheese Hoagie | hanvo | edining. | |
| Roll | | | 3.0 | |
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Menu subject to change



This institution is an equal opportunity provider.