



**Glide
Elementary
School
Menu
November 2025**

**Students must choose 3 of 4 Breakfast Items
1 MUST BE FRUIT or Vegetable, A Minimum of a
½ cup**

Everyday Lunch Choices

Peanut or Sun Butter & Jelly Sandwich

**Lunch: Students must choose 3 of the 5 components &
1 Must be a ½ cup of Fruit or Vegetable**

Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk.
All grains offered are whole grain.

Breakfast and lunch are available at No Charge to Students

3	4	5	6	7
Breakfast: Apple Frudel w/String Cheese or Yogurt w/Graham Crackers Lunch: Cheese/Hamburger w/ Tots or Chef Salad w/WG Roll	Breakfast: Maple Mini Waffles or Blueberry Smoothie w/Graham Cracker Lunch: Texas Chili w/WG Tortilla Chips, or Turkey & Cheese Sub	Breakfast: Chocolate Chip Breakfast Round or Peachy Parfait Lunch: Orange Chicken w/Brown Rice or Popcorn Chicken Salad w/WG Roll	Breakfast: Pancakes w/Peaches N' Cream Dip or Bagel w/Cream Cheese Lunch: Cheesy Breadsticks with Tangy Tomato Sauce or Ham & Cheese Hoagie	No School on Friday
10	11	12	13	14
Breakfast: Apple Cinnamon Muffin w/String Cheese or Food Court Orange Smoothie w/Graham Crackers Lunch: Crispy Chicken Sandwich w/HB Patty or Chef Salad w/WG Roll	No School 	Breakfast: Breakfast Burrito or Yogurt w/Graham Cracker Lunch: BBQ Pork Sandwich w/Tots or Chef Salad w/WG Roll	Breakfast: Strawberry Cream Cheese Stuffed Bagel or Peachy Parfait Lunch: Pizza Bagel or Local Tuna Sub Sandwich	No School on Friday
17	18	19	20	21
Breakfast: Bagel w/Cream Cheese or Ultimate Chocolate Chip Breakfast Round w/String Cheese Lunch: Cheese/Hamburger w/HB Patty or Chef Sald w/WG Roll	Breakfast: Peachy Overnight Oats, or Apple Frudel w/String Cheese Lunch: Grande Beef Burrito or Turkey & Cheese Sub	Breakfast: Maple Mini Waffles or Yogurt w/String Cheese Lunch: Chicken Penne Pasta or Chef Salad w/WG Roll	Breakfast: Blueberry Muffin w/String Cheese or Strawberry Citrus Smoothie w/Graham Crackers Lunch: Cheesy Breadsticks w/Tangy Red Sauce or Local Tuna Sub Sandwich	No School on Friday
24	25	26	27	28
Breakfast: Pancakes w/Peaches N' Cream Dip or Bagel w/Cream Cheese Lunch: Crispy Chicken Sandwich w/HB Patty or Crispy Chicken Salad w/WG Roll	Breakfast: Apple Pie Overnight Oats or Apple Frudel w/String Cheese Lunch: Turkey Gravy w/Mashed Potatoes or Turkey & Cheese Hoagie			No School on Friday

Menu subject to change



**This institution is an equal
opportunity provider.**